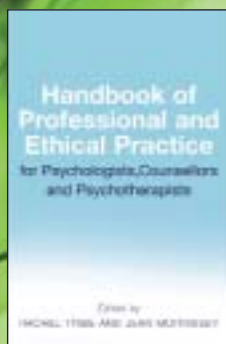
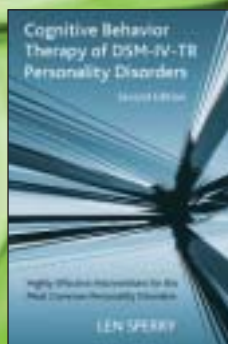


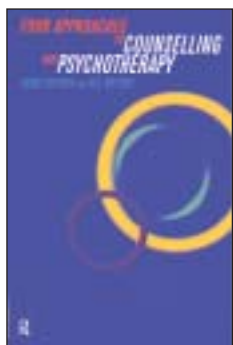
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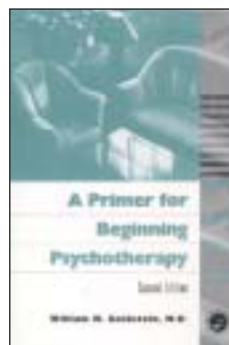
*(both the client's first time, and the therapist's)!... In addition, in a unique format, the students are offered views of the authors' internal workings as they have learned to master counseling skills themselves over the years. Their wisdom and wit prevail in this primer for counseling."* - Lorna Hecker, Professor, Marriage and Family Therapy, Purdue University Calumet, USA

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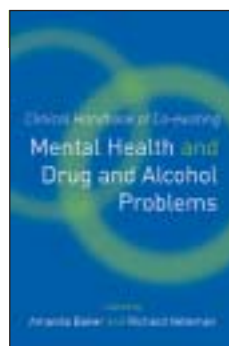
*"This concise and clearly written book is, as its title suggests, an excellent primer for students and mental health professionals at the early stages of their careers. This*

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Designed especially for students and mental health professionals in the early stages of their careers, this primer is a practical guide to psychotherapy.

2000: 152pp.

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New!

## Clinical Handbook of Co-existing Mental Health and Drug and Alcohol Problems

Edited by Amanda Baker, Centre for Mental Health Studies, University of Newcastle, Australia, and Richard Velleman, University of Bath, UK

Foreword by Wayne Hall, and Michael Farrell

*"The editors have pulled together a veritable 'who's who' of the fields of substance use and mental health from many parts of the world... If the messages of this book about assessment and treatment are heeded... then the quality of treatment provided for co-existing disorders will be substantially improved."* - Wayne Hall and Michael Farrell, from the Foreword

Co-existing mental health and drug and alcohol problems occur frequently in primary care and clinical settings. Despite this, health professionals rarely receive training in how to detect, assess and formulate interventions for co-existing problems and few clinical guidelines exist.

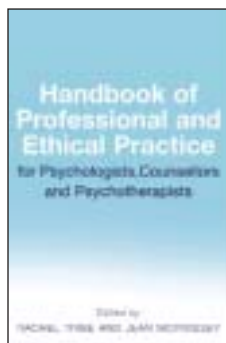
This *Handbook* provides an exciting and highly useful addition to this area. Leading clinicians from the UK, the US and Australia provide practical descriptions of assessments and interventions for co-existing problems. These will enable professionals working with co-existing problems to understand best practice and ensure that people with co-existing problems receive optimal treatment. The *Clinical Handbook of Co-existing Mental Health and Drug and Alcohol Problems* will enhance clinicians' confidence in working with people with co-existing problems. It will prove a

valuable resource for all psychologists, psychiatrists, counsellors, social workers and all those working in both primary and secondary care health settings.

**SELECTED CONTENTS:** Baker, Velleman, Preface. Hall, Farrell, Foreword. Part I: Overview: Detection and Decisions. Part II: General Processes When Working with People with Co-existing Mental Health and Drug and Alcohol Problems. Part III: Adapting Approaches with Specific Populations or Specific Problems. Part IV: Training, Supervision and Future Directions.

January 2007: 424pp.

Pb: 1-58391-776-4 / 978-1-58391-776-3: £27.99/\$49.95



## Handbook of Professional and Ethical Practice for Psychologists, Counsellors and Psychotherapists

Edited by Rachel Tribe, University of East London, UK, and Jean Morrissey, Trinity College, Dublin, Ireland

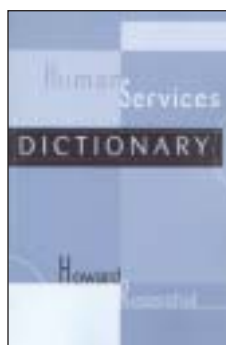
*"This is a major addition to the professional literature... the book deserves to become standard reading on all counselling training course modules on professional practice."* - **Counselling and Psychotherapy Journal**

The *Handbook of Professional and Ethical Practice* brings together leading therapists and psychologists who have a wealth of knowledge and experience of their subjects. Each chapter places particular emphasis on the current codes of practice and ethical principles underpinning safe ethical practice and the implications for practitioners. Comprehensive coverage of the legal, clinical and ethical considerations involved in research and training is provided and the reflective questions at the end of every chapter serve to prompt further discussion of the issues.

**SELECTED CONTENTS:** Part I: Professional Practice and Ethical Considerations. Part II: Working with Diversity: Professional Practice and Ethical Considerations. Part III: Legal Considerations and Responsibilities. Part IV: Clinical Considerations and Responsibilities. Part V: Research, Supervision and Training.

2004: 288pp.

Pb: 1-58391-969-4 / 978-1-58391-969-9: £17.99/\$31.95



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Howard Rosenthal, St. Louis Community College, Florissant Valley, USA

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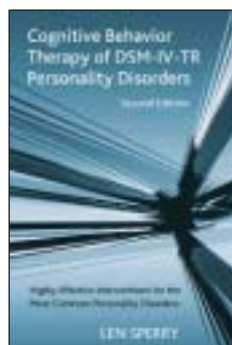
include: extensive cross-referencing, a directory of human service organizations, short biographies of important figures in the profession, a short history of human services, and specialized and slang terms specific to the human service profession.

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2003: 304pp.

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New!

## Cognitive Behavior Therapy of DSM-IV-TR Personality Disorders

Highly Effective Interventions for the Most Common Personality Disorders

Second Edition

Len Sperry, Florida Atlantic University, USA

*"... some of the best descriptions and clearest CBT treatment conceptualizations available anywhere."* - **Arthur Freeman, From the Foreword**

*Cognitive Behavior Therapy of DSM-IV-TR Personality Disorders* is a timely addition to clinical practice, as personality disorders have received steadily increasing attention in recent years and Cognitive Behavior Therapy is now the most widely practiced theoretical orientation. Thoroughly revised from the first edition, the book offers an overview of the field, with significant updates to reflect the most recent advances in CBT in the treatment of personality disorders. Invaluable as both a text and a professional reference, it emphasizes developmental psychopathology and integrative CBT treatment conceptualizations. It provides busy clinicians with the most effective practical clinical strategies – illustrated with compelling case material – that they need to work effectively with personality-disordered individuals.

**CONTENTS:** Freeman, Foreword. **Part I: Cognitive Behavior Therapy of the Personality Disorders.** Cognitive Behavior Therapy of the Personality Disorders: Basic Considerations. Cognitive Behavior Therapy Interventions with Personality Disorders: I. Cognitive Behavior Therapy Interventions with Personality Disorders: II. **Part II: CBT Strategies with Specific Personality Disorders.** Avoidant Personality Disorder. Borderline Personality Disorder. Dependent Personality Disorder. Narcissistic Personality Disorder. Histrionic Personality Disorder. Obsessive-Compulsive Personality Disorder.

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