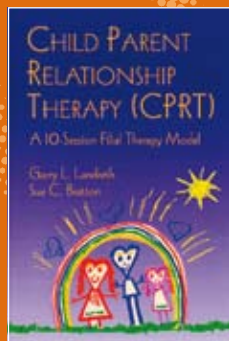
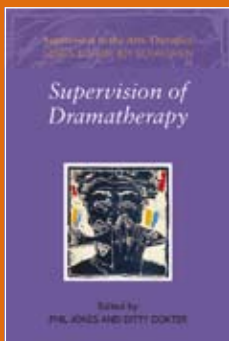
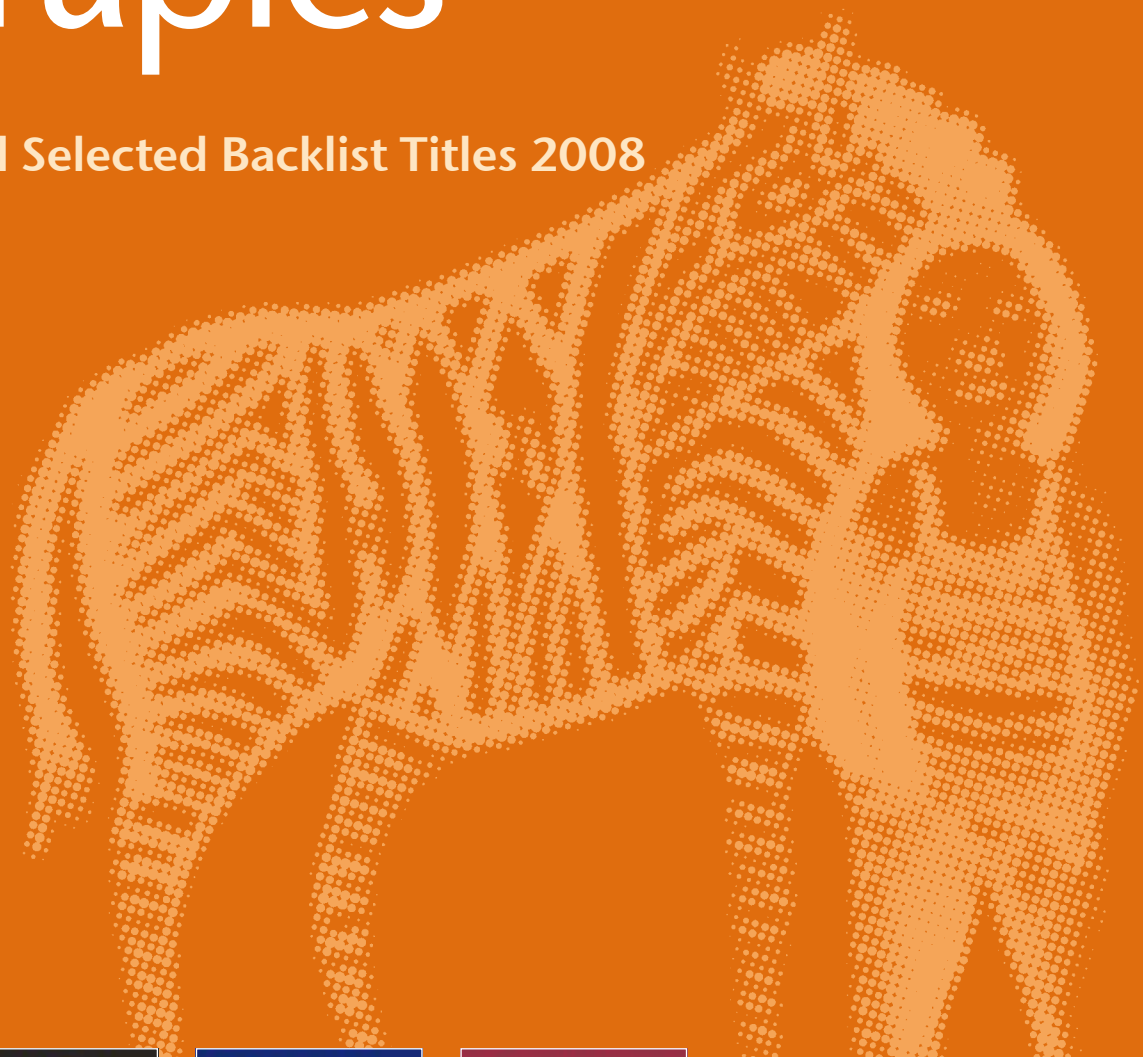


ROUTLEDGE MENTAL HEALTH

Expressive Therapies

New Books and Selected Backlist Titles 2008

Art Therapy
Dance Therapy
Dramatherapy
Music Therapy
Play Therapy



ROUTLEDGE

Routledge
Taylor & Francis Group

ART THERAPY

FORTHCOMING TITLES BY **JUDITH A. RUBIN**,
UNIVERSITY OF PITTSBURGH, USA

Forthcoming!

Introduction to Art Therapy Sources and Resources

Second Edition

Judith A. Rubin

This book clarifies the differences between artists or teachers who provide "therapeutic" art activities, psychologists or social workers who request drawings or suggest creative tasks in their work, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. Thoroughly updated to reflect the changing landscape of art therapy and the needs of those who use it, *Introduction to Art Therapy: Sources and Resources, Second Edition* is a groundbreaking and useful addition to any collection.

CONTENTS: Introduction to Revised Edition. Previews. What is Art Therapy? History. The Basics. Approaches. Assessment. Technique. People We Serve. Problems We Address. Places We Practice. Education and Standards. What Next. Appendix.



February 2009: 325pp.
Hb: 978-0-415-96093-9: £29.00/\$52.95
Approx 150 illustrations

Forthcoming!

The Art of Art Therapy

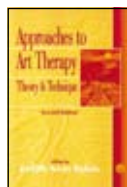
Second Edition

Judith A. Rubin

The Art of Art Therapy invites the reader to consider closely the main elements of the discipline embodied in its name: the Art Part and the Therapy Part. This new edition thoroughly revises the chapters to reflect the significant expansion of the field of art therapy in the period since the book was first written.

September 2009: 280pp.
Hb: 978-0-415-96094-6: £27.99/\$49.95

ALSO BY **JUDITH A. RUBIN**



**Approaches to Art Therapy
Theory and Technique**
Second Edition

Judith Aron Rubin

Hb: 978-1-58391-070-2: 2001: 384pp. £26.95/\$46.95

INVITATION TO AUTHORS

If you would like to submit or discuss your book proposal with our Publisher, George Zimmar, please email george.zimmar@taylorandfrancis.com

FROM **CAROLINE CASE**, KNOWLE CLINIC,
BRISTOL, UK, AND **TESSA DALLEY**, IN PRIVATE
PRACTICE, UK



Art Therapy with Children From Infancy to Adolescence

Edited by **Caroline Case**, and
Tessa Dalley

"This fascinating book brings art therapy with children bang up to date... The editors and their contributors make

important contributions to theory that come alive through moving and thoughtful casework. Together they make a significant contribution to the evidence base of art therapy with children and adolescence." - **Andrea Gilroy**, Goldsmiths, University of London, UK

Art Therapy with Children: From Infancy to Adolescence takes the reader through the child's development by describing the specialist work of the art therapist in each developmental stage. This passionate and exciting book demonstrates the wide theoretical base of art therapy presenting new areas of clinical practice.

New to the literature is innovative work with mothers and babies, a study of the sibling bond in looked after children, trans-generational work in kinship fostering, gender disorder and multi-family work with anorexic young people.

The detail of clinical process brings alive the significance of the relationship between the art therapist, child and the art forms made.

CONTENTS: *Hall*, Painting Together. An Art Therapy Approach to Mother-Infant Relationships. *O'Brien*, Attachment Patterns Through the Generations: Internal and External Homes. *Boronska*, 'I'm the King of the Castle'. The Sibling Bond: Art Therapy Groups with Siblings in Care. *Dalley*, The Use of Clay as a Medium for Working through Loss and Separation in the Case of Two Latency Boys. *Reddick*, Working with the Whole Class in Primary Schools. *Case*, Playing Ball – Oscillations Within the Potential Space. *Patterson*, From Beanie to Boy. *Damarell*, *Paisley*, Growing Up Can Be So Hard To Do: The Role of Art Therapy During Crucial Life Transitions and Change in the Lives of Children with Learning Disabilities. *Retford-Muir*, Gender Disorder in the Treatment of a Young Person in Care. *Tipple*, Paranoia and Paracosms – Brief Art Therapy with a Youngster with Asperger's Syndrome. *Welsby*, Seen and Unseen: Art Therapy in a Girls' Comprehensive School. *Dalley*, 'I wonder if I Exist?': A Multi-family Approach to the Treatment of Anorexia in Adolescence. *Meyerowitz-Katz*, 'Other People Have a Secret That I Do Not Know' Art Psychotherapy in Private Practice with an Adolescent Girl with Asperger's Syndrome.

2007: 288pp.
Hb: 978-0-415-38629-6: £60.00/\$105.00
Pb: 978-0-415-38630-2: £20.99/\$34.95



Imagining Animals Art, Psychotherapy and Primitive States of Mind

Caroline Case

"This gem of a book will enrich the thinking of all those working analytically with states of mind in which autistic and psychotic defences predominate. Case distils many

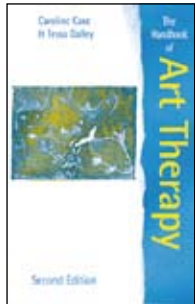
years of clinical experience with 'difficult to reach' child patients into a sensitively crafted work." - **Katherine Killick**, Society of Analytical Psychology

Imagining Animals explores the making of animal images in art therapy and child psychotherapy.

2005: 256pp.

Hb: 978-1-58391-957-6: £50.00/\$90.00

Pb: 978-1-58391-958-3: £19.99/\$34.00



The Handbook of Art Therapy

Second Edition

Caroline Case, and Tessa Dalley

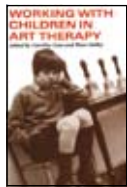
This new edition of *The Handbook of Art Therapy* is thoroughly revised and updated and includes new sections on neurobiological research, and a current review of literature and contemporary practice.

2006: 328pp.

Hb: 978-1-58391-791-6: £55.00/\$100.00

Pb: 978-1-58391-792-3: £20.99/\$35.95

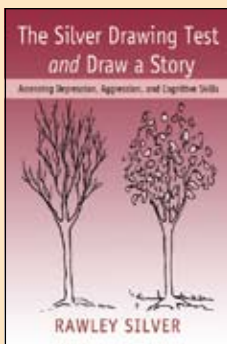
ALSO BY **CAROLINE CASE AND TESSA DALLEY**



Case/Dalley, Eds.: Working with Children in Art Therapy

Pb: 978-0-415-01738-1: 1990: 240pp. £20.99/\$33.95

for a further title by Caroline Case see page 11



The Silver Drawing Test and Draw a Story

Assessing Depression, Aggression, and Cognitive Skills

Second Edition

Rawley Silver, former director of the National Institute of Education project

"Silver's new book is an indispensable resource for all art therapists, as well as anyone who works with at-risk youth. This is an exceptional reworking of her earlier work and includes new research, a wealth of applications in a range of settings, and a dynamic synthesis of Silver's lifework." - **Donna Kaiser**, Albertus Magnus College, USA

In *The Silver Drawing Test and Draw a Story*, Rawley Silver draws on her years of experience using therapeutic art with hearing-impaired children, stroke patients, and others with learning disabilities or emotional disturbances. The book's original art assessments use stimulus drawings to elicit responses that provide access to a patient's emotions and attitudes toward themselves and others, while also testing for the ability to solve problems and convey ideas. Offering tools to assess cognitive skills that often escape detection on verbal tests of intelligence or achievement, the book helps in identifying those at risk for violent behavior or masked depression.

SELECTED CONTENTS: List of Figures. Turner, Foreword. Introduction and Theoretical Background. Part I: Draw a Story, Screening for Depression and Aggression. Part II: The Silver Drawing Test of Cognition and Emotion. Part III: Use of Both Assessments by Practitioners in Florida and Abroad. Part IV: Developmental Techniques and Concluding Observations. Part V: Appendices.

2007: 320pp.

Pb: 978-0-415-95534-8: £28.00/\$44.95

ALSO BY **RAWLEY SILVER**



Silver: Aggression and Depression Assessed Through Art: Using Draw-A-Story to Identify Children and Adolescents at Risk

Pb: 978-0-415-95015-2: 2004: 232pp. £22.99/\$34.95

Forthcoming!

Expressive Therapies Continuum

A Framework for Using Art in Therapy

Lisa D. Hinz, Clinical Psychiatrist and registered art therapist

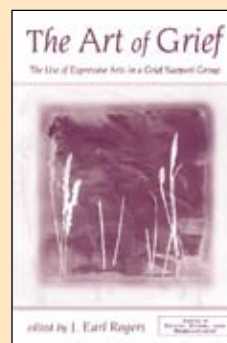
Expressive Therapies Continuum is distinctive in its use of a foundational theory in the field of art therapy. First developed by Vija Lusebrink, this theory can be used by persons of any orientation and has the ability to unite art therapists of varying backgrounds. The information contained in the book demonstrates how the Expressive Therapies Continuum provides a framework for organizing assessment information, the formulation of treatment goals, and planning art therapy interventions. The book provides rich clinical detail and many case examples which enliven the text and promote student engagement and learning.

CONTENTS: Introduction to the Expressive Therapies Continuum. History and Evolution of the ETC. Kinesthetic Component of the ETC. The Sensory Component of the ETC. Perceptual Component of the ETC. The Affective Component of the ETC. The Cognitive Component of the ETC. The Symbolic Component of the ETC. The Creative Component of the ETC. Using the Expressive Therapies Continuum in Therapy. Special Topics.

January 2009: 225pp.

Hb: 978-0-415-96347-3: £44.50/\$79.95

Pb: 978-0-415-99585-6: £22.00/\$39.95



The Art of Grief

The Use of Expressive Arts in a Grief Support Group

Edited by **J. Earl Rogers**, in private practice, The Wake Kendall Group, USA

Creative activities are commonly used in group and individual psychotherapy programs, but it is only relatively recently that these expressive modalities have been employed within the context of clinical grief

work in structured settings. Packed with pictures and instructional detail, this book includes an eight-session curriculum for use with grief support groups as well as alternative modalities of grief art therapy.

CONTENTS: The Use of Expressive Arts in a Grief Group. Introduction. Leading Grief Support Groups. Basics of Grief and Loss. Children and Teens. How to Use This Book. **The Grief Support Group Curriculum.** *Albert*, The Storytellers: Oral History and Writing Yourself Well. The Written Story: Creative

Writing, Journalism and Poetry. Sandtray: An Accessible Strategy for Grief Process. The Body of Grief. The Art of Collage. *Burgess*, The Music. *Chandler*, Drama and Theater. *Rogers*, Grief and the Sacred Art of Ritual. Alternative Art Forms, Programs and Stories of Healing Art. *Koff-Chapin*, *McIntyre*, *Koeleman*, The Painters. *Baker*, *Phillips*, The Writers. *Mier*, The Programs. *Thomae*, *McNamee*, Arts in Hospice. *Baughman*, *Kiser*, Programs for Teens and Children. *Feldman*, *Rogers*, Alternative Art Forms. *Walsh*, *Moore*, *Wayman*, *Allport*, Stories of Art, Grief and Healing. *Rogers*, *Mispireta*, Conclusion.

2007: 224pp.

Pb: 978-0-415-95535-5: £18.95/\$29.95

Series in *Death, Dying and Bereavement*

www.routledgejournalhealth.com/death-dying-and-bereavement



Family Art Therapy

Foundations of Theory and Practice

Christine Kerr, Long Island University, USA, **Janice Hoshino**, Antioch University, USA, **Judy Sutherland**, in private practice, Illinois, USA, **Sharyl Thode Parashak**, Southern Illinois University – Edwardsville, USA, and **Linda Lea McCarley**, in private practice, Texas, USA

Family Art Therapy is designed to help the reader incorporate clinical art therapy intervention techniques into family therapy practice. Expressive modalities are often used in work with families, particularly visual art forms, and there is already considerable evidence and literature that point to a positive link between the two. This text is unique in that it draws together, for the first time in a single volume, an overview of the evolution of the theories and techniques from the major schools of classic family therapy.

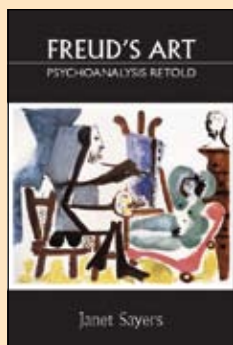
CONTENTS: Introduction. Family Art Images in Historical and Social Perspectives. The Development of Family Art Therapy. Object Relations and Attachment: The Creativity of Mother and Child in a Single Parent Family. Bowenian Family Therapy and Family Art Therapy. Structural Family Art Therapy. Experiential Family Therapy. Adlerian Family Art Therapy. Filial Family Art Therapy. Narrative Art Therapy Within a Multicultural Framework. Conclusion.

2007: 256pp.

Hb: 978-0-415-95464-8: £24.95/\$39.95

Series: *Family Therapy and Counseling*

www.routledgejournalhealth.com/family-therapy-counseling



Freud's Art – Psychoanalysis Retold

Janet Sayers, University of Kent / East Kent Health Trust, UK

"This book is a lively, engaging, original account of several themes in the relationship between psychoanalytic technique, and the theory of art." - **Susan Budd**, Member, The British Psychoanalytical Society

In *Freud's Art – Psychoanalysis Retold* Janet Sayers provides a refreshing new introduction to psychoanalysis by retelling its story through art. She does this by bringing together experts from psychoanalysis, art history, and art education to show how art and psychoanalysis illuminate each other.

Illustrated throughout with fascinating case histories, examples of well known and amateur art, doodles, drawings, and paintings by both analysts and their patients, *Freud's Art* provides a compelling account of psychoanalysis for all those studying, working in, or simply intrigued by psychology, mental health and creativity today.

2007: 240pp.

Hb: 978-0-415-41567-5: £60.00/\$99.00

Pb: 978-0-415-41568-2: £21.99/\$34.95

Forthcoming!

Materials and Media in Art Therapy

Critical Understandings of Diverse Artistic Vocabularies

Edited by **Catherine Moon**, School of the Art Institute of Chicago, USA

Materials and Media in Art Therapy presents a review of the theory and methods related to material and media use in art therapy, and proposes developments in theoretical models for understanding the significance of materials as part of the art therapy encounter. The diverse theoretical, personal, and practical perspectives of the contributing authors offer an expanded vision of practice in the field.

SELECTED CONTENTS: Introduction. Part I: Art Therapy Materials and Media: History, Theory and Research. Part II: From Artist to Art Therapist: How Art Therapists' Art Practices Inform their Work as Therapists. Part III: Contemporary Media and Materials in Art Therapy Practice.

May 2009: 302pp.

Hb: 978-0-415-99313-5: £27.95/\$49.95

BACKLIST TITLE

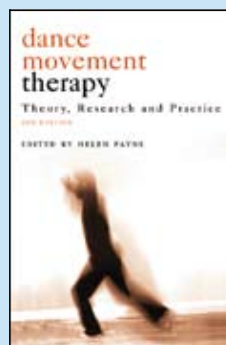


Kalmanowitz/Lloyd, Eds.: Art Therapy and Political Violence: With Art, Without Illusion

Hb: 978-1-58391-955-2: 2005: 264pp. £50.00/\$87.50

Pb: 978-1-58391-956-9: 2005: 264pp. £19.99/\$31.95

DANCE THERAPY



Dance Movement Therapy

Theory, Research and Practice

Second Edition

Edited by **Helen Payne**, University of Hertfordshire, UK

This thoroughly updated edition of *Dance Movement Therapy* echoes the increased

world-wide interest in dance movement therapy and makes a strong contribution to the emerging awareness of the nature of embodiment in psychotherapy. Recent research is incorporated, along with developments in theory and practice, to provide a comprehensive overview of this fast-growing field.

2006: 288pp.

Hb: 978-1-58391-702-2: £50.00/\$90.00

Pb: 978-1-58391-703-9: £20.99/\$35.95

for a further title by Helen Payne see page 11

DRAMATHERAPY



Drama as Therapy Theory, Practice and Research

Second Edition

Phil Jones, Leeds Metropolitan University,
UK

*"Phil Jones' Second Edition of Drama as
Therapy is a comprehensive, erudite,
and grounded illumination of the field of
drama therapy... He is a brilliant, open, and*

*modest author whose book continues to be one of the most significant
contributions to the drama therapy literature."* - **David Read Johnson**,
Director of the Institute for the Arts in Psychotherapy, New York, USA

This new edition of *Drama as Therapy* presents a coherent review
of the practice and theory of dramatherapy. With a unique
combination of practical guidance, clinical examples and research
vignettes this fully revised second edition considers developments
in the field over the last decade and researches the impact of the
'core processes' on clinical practice.

The book shows how dramatherapy can be used with a wide
range of clients and applied to their individual needs. Therapists
working in different parts of the world contribute examples of their
practice, alongside their research interviews demonstrating the
effectiveness of dramatherapy.

CONTENTS: What is Dramatherapy? From Amphitheatre to Operating
Theatre? Drama, Theatre and Therapy – A History. The Emergence
of Dramatherapy. Dramatherapy and Philosophy: Belief and Proof.
Dramatherapy: Therapeutic Core Processes. Dramatic Projection. Play and
Playing. Role. The Dramatic Body. Symbol and Metaphor. Dramatherapy
and Ritual. Assessment, Recording and Evaluation in Dramatherapy.

2007: 384pp.

Hb: 978-0-415-41555-2: £60.00/\$105.00

Pb: 978-0-415-41556-9: £22.99/\$40.00

ALSO BY PHIL JONES

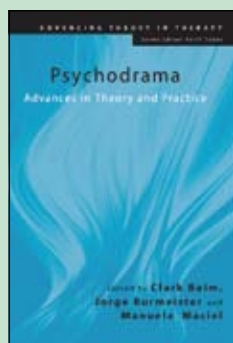


Jones: The Arts Therapies: A Revolution in Healthcare

Hb: 978-1-58391-813-5: 2004: 312pp. £55.00/\$87.50

Pb: 978-1-58391-812-8: 2004: 312pp. £19.99/\$33.95

.....
for a further title by Phil Jones see page 8



Psychodrama Advances in Theory and Practice

Edited by **Clark Baim**, Psychodrama
Trainer, UK, **Jorge Burmeister**, Trainer
and Supervisor in Psychodrama and
CBT, Spain, and **Manuela Maciel**,
Psychodrama Director, Portugal

*"This volume pays homage to the genius
of J. L. Moreno, who has inspired us all. The*

*element that is basic to all of the instruments he gave us is that of The
Encounter: eye-to-eye, face to face, nothing standing between us. His*

*activities underscore the need for all of us to continue to join him in his
endeavor to enable The Encounter."* - **Zerka T. Moreno**, co-creator of
psychodrama, sociometry and group psychotherapy

Psychodrama: Advances in Theory and Practice provides a
comprehensive overview of developments in the theory and
practice of psychodrama, integrating different psychodramatic
schools of thought. The editors of this volume bring together
contributions from Europe, South America, Australia, Israel and the
USA to explain and explore recent innovations.

2007: 344pp.

Hb: 978-0-415-41913-0: £55.00/\$100.00

Pb: 978-0-415-41914-7: £19.99/\$35.95

Series: *Advancing Theory in Therapy*

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www.routledgejournalhealth.com/att



The Quintessential Zerka

Writings by Zerka Toeman Moreno on Psychodrama, Sociometry and Group Psychotherapy

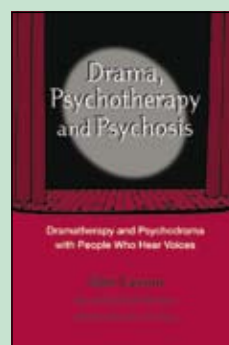
Edited by **Toni Horvatin**, social worker and counsellor
at a substance abuse recovery centre, New York, USA, and
Edward Schreiber, Director of the Moreno Institute East,
Northampton, Massachusetts, USA

*"The Quintessential Zerka traces the development of empowering
methods in psychodrama and group therapy. Practitioners of all
orientations and all levels of experience will find techniques and
orientations that will immensely foster their creativity and effectiveness."*
- **Jeffrey K. Zeig**, Director, The Milton H. Erickson Foundation

The Quintessential Zerka documents the origins and development
of the theory and practice of psychodrama, sociometry and group
psychotherapy through the work and innovation of its co-creator,
Zerka Toeman Moreno. This comprehensive handbook brings
together history, philosophy, methodology and application. It shows
the pioneering role that Zerka, along with her husband J. L. Moreno,
played in the development, not only of the methods of psychodrama
and sociometry, but of the entire group psychotherapy movement
worldwide.

2006: 352pp.

Hb: 978-1-58391-728-2: £29.95/\$53.95



Drama, Psychotherapy and Psychosis

Dramatherapy and Psychodrama with People Who Hear Voices

John Casson, psychotherapist and
supervisor in private practice

Foreword by **Zerka Moreno**

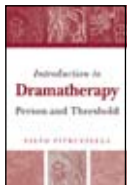
*"In this impressive book, the author has more than realised the promise
hinted in the title, that is a very thorough consideration of the particular
challenges that are implicit in dramatherapy and psychodrama*

psychotherapy research... this volume is certainly a significant and valuable contribution to the field... I thoroughly recommend it."
 - **Michael Barham**, Counselling and Psychotherapy Research

Drama, Psychotherapy and Psychosis explores the use of drama and theatre in the challenging area of working with people who hear voices, focusing especially on survivors of abuse and those diagnosed as suffering from schizophrenia.

2004: 304pp.
 Hb: 978-1-58391-804-3: £55.00/\$80.00
 Pb: 978-1-58391-805-0: £19.99/\$31.95

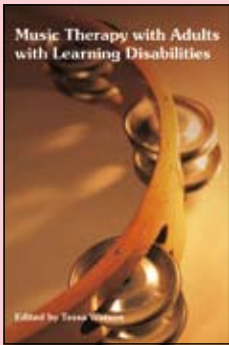
BACKLIST TITLE!



Introduction to Dramatherapy: Person and Threshold

Salvo Pitruzzella
 Hb: 978-1-58391-974-3: 2004: 208pp. £45.00/\$75.00
 Pb: 978-1-58391-975-0: 2004: 208pp. £16.99/\$26.95

MUSIC THERAPY



Music Therapy with Adults with Learning Disabilities

Edited by **Tessa Watson**, Roehampton University, UK

"This book is well resourced, guiding, inspiring, and helps us to understand why people with learning disabilities find music therapy so relevant for them."
 - **Professor Tony Wigram**

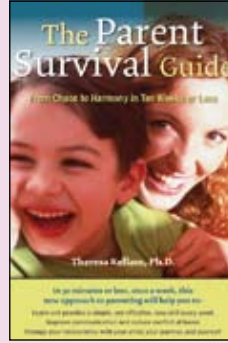
Music Therapy with Adults with Learning Disabilities explores how music therapists work in partnership with people with learning disabilities to encourage independence and empowerment and to address a wide variety of everyday issues and difficulties.

Comprehensive and wide-ranging, this book describes in detail the role and work of the music therapist with adults with learning disabilities. Many clinical examples are used, including casework with people with autism, asperger's syndrome, profound and multiple learning disabilities and a dual diagnosis of learning disability and mental health problems. The book also explores issues of team work and collaborative working, considering how music therapists and their colleagues can best work together.

CONTENTS: *Wigram*, Foreword. *Watson*, Introduction. *Watson*, Valuing People: A New Framework. *Watson*, Music Therapy with Adults with Learning Disabilities: Sharing Stories. *Saville*, Music Therapy and Autistic Spectrum Disorder. *Warner*, Challenging Behaviour: Working With the Blindingly Obvious. *Richards*, 'What Bit of My Head is Talking Now?': Music Therapy with People with Learning Disabilities and Mental Illness. *Fillingham*, Friendship and Group Work. *Watson*, Community, Culture and Group Work. *Watson*, Working with People with Profound and Multiple Learning Disabilities in Music Therapy. *Saul*, Looking in From the Outside: Communicating Effectively about Music Therapy Work. *Twyford, Watson*, Multidisciplinary Working and Collaborative Working in Music Therapy. Appendices.

2007: 176pp.
 Hb: 978-0-415-37908-3: £55.00/\$96.00
 Pb: 978-0-415-37909-0: £19.99/\$34.00

PLAY THERAPY



Client Resource to use in CPRT training. Contact our sales team for information on discounts and bulk orders!

The Parent Survival Guide
From Chaos to Harmony in Ten Weeks or Less

Theresa Kellam, in private practice, Texas, USA

In *The Parent Survival Guide: From Chaos to Harmony in Ten Weeks or Less*, Theresa Kellam presents a way to strengthen the relationship with the child that simultaneously promotes the parent's own emotional healing and wellness. Grounded in a research-supported therapeutic technique that uses structured play time as the catalyst for interpersonal connection and growth, Kellam's model is subtle in its simplicity. Through a series of guided exercises, Kellam gives parents the skills they need to begin to set aside special playtimes with their children during which the most important part of the process is simply "being there" in a way that promotes healing, growth, and communication. The beauty of this approach is that in only 30 minutes, once a week, the results can be seen in only a few weeks

CONTENTS: Introduction: This Program is Different. Making a Loving Connection. The Wonder of Play: Speaking Your Child's Language. A Window to Your Child's Inner World. Promoting Your Child's Emotional Maturity. Connecting with Your Child. Gaining Your Child's Respect. Facilitating Your Child's Healing. Nurturing Your Child's Inner Wisdom. Understanding Your Child's Emotional Needs. Conclusion - You Did It!

November 2008: 185pp.
 Pb: 978-0-415-98934-3: £11.00/\$19.95

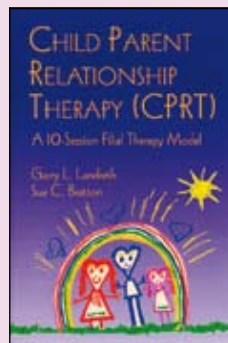


Forthcoming!

CPRT Package

This package includes one copy of *Child Parent Relationship Therapy (CPRT)* by Landreth and Bratton, *Child Parent Relationship Therapy (CPRT) Treatment Manual* by Bratton, Landreth, Kellam and Blackard, and *The Parent Survival Guide* by Kellam, sold at a discount of 20% off the total retail price of the three books.

November 2008
 Pack: 978-0-415-99633-4: £41.65/\$74.95



Child Parent Relationship Therapy (CPRT)

A 10-Session Filial Therapy Model

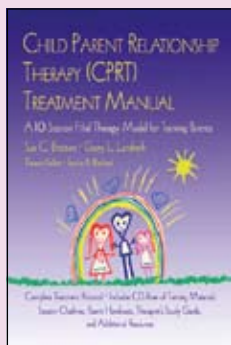
Garry L. Landreth, and **Sue C. Bratton**, both at the University of North Texas, USA

"This book provides a wealth of detailed and helpful information about the process and practice of filial therapy. It is likely to prove an invaluable guide to all practicing and aspiring filial therapists." - **The British Association of Play Therapists**

This book offers a survey of the historical and theoretical development of the filial therapy approach and presents an overview of filial therapy training and then filial therapy processes.

2005: 512pp.

Hb: 978-0-415-95110-4: £24.99/\$39.95



Child Parent Relationship Therapy (CPRT) Treatment Manual

A 10-Session Filial Therapy Model for Training Parents

Sue C. Bratton, Garry L. Landreth, both at the University of North Texas, USA, **Theresa Kellam**, in private practice, Lexington, USA, and **Sandra R. Blackard**, independent consultant in communication and training

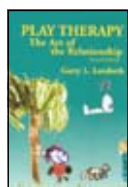
"If you want to use this well established program, you will want to have this manual to guide you. It provides everything that the therapist and parent need to know to carry out their respective CPRT roles effectively." - **Louise Guernsey**, The National Institute of Relationship Enhancement, Bethesda, USA

This manual is the highly recommended companion to *CPRT: A 10-Session Filial Therapy Model*. Accompanied by a CD-Rom of training materials and parent handouts, which allows for ease of reproduction and enhanced usability, the workbook will help the facilitator of the filial training and will provide a much needed educational outline to allow filial therapists to pass their knowledge on to parents.



2006: 272pp.

Pb: 978-0-415-95212-5: £23.95/\$37.50



ALSO BY GARRY L. LANDRETH

Play Therapy: The Art of the Relationship, Second Edition

Garry L. Landreth

Hb: 978-1-58391-327-7: 2002: 432pp. £26.50/\$44.95

Forthcoming!

Innovations in Filial Therapy

Sue C. Bratton, University of North Texas, USA

Innovations in Filial Therapy focuses primarily on the application of filial therapy to unique populations and innovative structural/procedural models for providing intensive filial therapy training. Each chapter is a stand-alone step-by-step detailed description of how to utilize filial therapy with the unique population or how to structure innovative intensive models of filial therapy training.

Hb: 978-0-415-96211-7: May 2009: 328pp. £26.95/\$42.95



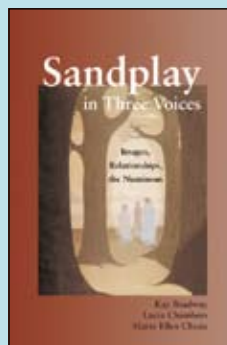
BACKLIST TITLE!

Cattanach: Introduction to Play Therapy

Hb: 978-1-58391-247-8: 2003: 208pp. £40.00/\$69.95

Pb: 978-1-58391-248-5: 2003: 208pp. £16.99/\$26.95

SANDPLAY THERAPY



Sandplay in Three Voices

Images, Relationships, the Numinous

Kay Bradway, founding member, C.G. Jung Institute of San Francisco, USA, **Lucia Chambers**, co-founder, Sandplay Therapists of America, and **Maria Ellen Chiaia**, Jungian analyst and teaching member of the international and national societies of Sandplay Therapy

Sandplay in Three Voices provides a unique and engaging understanding of sandplay – a growing modality of psychotherapy. Emerging out of informal conversations among three senior therapists, it examines the essential aspects of sandplay therapy as well as the depth and breadth of the human psyche.

2005: 232pp.

Hb: 978-1-58391-729-9: £29.95/\$53.00



ALSO BY KAY BRADWAY

Bradway/McCoard: Sandplay - Silent Workshop of the Psyche

Hb: 978-0-415-15074-3: 1997: 264pp. £55.00/\$96.95

Pb: 978-0-415-15075-0: 1997: 264pp. £21.99/\$34.95

EXPRESSIVE THERAPIES



New Edition!

Using the Creative Arts in Therapy and Healthcare

A Practical Introduction

Third Edition

Edited by **Bernie Warren**, University of Windsor, Ontario, Canada

Using the Creative Arts in Therapy and Healthcare provides a practical introduction to the uses of arts and other creative processes to promote health and encourage healing.

This latest edition includes newly edited chapters from the original and second edition covering the therapeutic use of dance, drama, folklore and ritual, story telling and the visual arts. Information on guidelines, preparations and practical hints for leader and facilitators has also been updated. New chapters provide an international perspective in the field of the arts and healthcare, and show how the artist can alleviate distress for patients through art, music and drama.

CONTENTS: Warren, Looking Backwards, Looking Forwards: A Preface and Introduction to Using the Creative Arts in Therapy and Healthcare. Warren, Guidelines, Preparations and Practical Hints: A Brief Checklist for Workshop Leaders. Warren, Don't Forget to Breathe and Smile: Breathing Exercises as

Warm-ups for Art Activities in Healthcare Settings. *Watling, James*, Folklore and Ritual as a Basis for Creative Therapy. *Nadeau*, Using the Visual Arts to Expand Personal Creativity. *Warren, Coaten*, Dance: Developing Self-image and Self-expression Through Movement. *Yon*, Expanding Human Potential Through Music. *Warren*, Drama: Using the Imagination as a Stepping-stone for Personal Growth. *Neill*, Storymaking and Storytelling: Weaving the Fabric That Creates Our Lives. *Welch*, Creating Community: Ensembling Performance Using Masks, Puppets and Theatre. *Rollins*, Arts for Children in Hospitals: Helping to Put the "Art" Back in Medicine. *Pointe, Serviss*, Friends Arts in Healthcare Programs at The University of Alberta Hospital: Fostering a Healing Environment. *Warren*, Healing Laughter: The Role and Benefits of Clown-doctors Working in Hospitals and Healthcare. *Schamberger*, Songlines: Developing Innovative Arts Programs for Use with Children Who Are Visually Impaired or Brain Injured. *Spitzer*, Laughterboss: Introducing a New Position in Aged Care.

January 2008: 288pp.

Hb: 978-0-415-40403-7: £55.00/\$99.00

Pb: 978-0-415-40404-4: £19.99/\$34.00

ALSO OF INTEREST



Corrigal et al, Eds.: **About a Body: Working with the Embodied Mind in Psychotherapy**

Hb: 978-0-415-40071-8: 2006: 248pp. £55.00/\$100.00

Pb: 978-0-415-40072-5: 2006: 248pp. £20.99/\$34.95

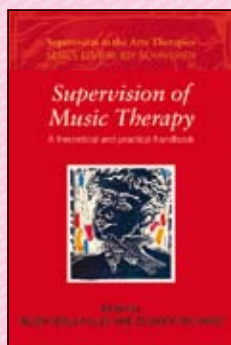
SUPERVISION IN THE ARTS THERAPIES SERIES

Series Editor: Joy Schaverien

"This splendid series breaks new ground in its depth, breadth and scope... With each volume, the reader is invited to imagine, explore, and reflect on the expressive qualities of a particular art form in clinical supervision... These five volumes will make a lasting contribution as essential reading for supervisors and supervisees across the psychotherapies." - **Joan Chodorow**

This innovative series comprises five edited volumes, each focusing on one of the arts therapies – art, music, drama, dance or sandplay – and reflects on the dynamic nature of the presentation of that art form in supervision.

www.routledge-mentalhealth.com/supervision-arts-therapies



Forthcoming!

Supervision of Music Therapy

A Theoretical and Practical Handbook

Edited by **Helen Odell-Miller**, and **Eleanor Richards**, both at Anglia Polytechnic University, UK

Supervision of Music Therapy discusses the theoretical bases underlying approaches to supervision in music therapy, as well as focusing on the distinctive aspects of music therapy supervision from both clinical and conceptual perspectives. In this book, leading music therapy supervisors and researchers demonstrate how music therapy trainees and practising clinicians can be supported through supervision, allowing them to develop confidence and authenticity in their work. Contributors discuss

supervision of clinical work with a variety of patients in a range of settings, from special education to forensic psychiatry, including work in schools, children's services and a dedicated music therapy centre. A chapter on the academic supervision of music therapists undertaking doctoral research is provided, together with an overview of the history and continuing development of the field.

Supervision of Music Therapy contributes to current debates about approaches to supervision in music therapy, and offers the reader fresh perspectives on the subject, making this a book of value to practising therapists, supervisors and students alike.

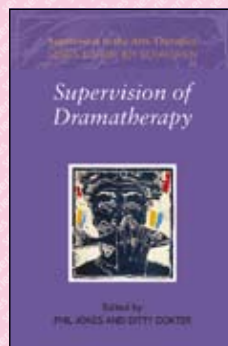
CONTENTS: *Odell-Miller, Richards*, Introduction. *Odell-Miller*, The History and Background of Supervision in Music Therapy. *Richards*, Whose Handicap? Issues Arising in the Supervision of Trainee Music Therapists in their First Experience of Working with Adults with Learning Disabilities. *Pedersen*, Music Therapy Supervision with Students and Professionals: The Use of Music and Analysis of Counter Transference Experiences in the Triadic Field. *Glyn*, Two's Company, Three's a Crowd: Hatred of Triangulation in Music Therapy, and its Supervision in a Forensic Setting. *John*, Getting Better: Some Thoughts on the Growth of the Therapist. *Odell-Miller, Krueckeberg*, Music Therapy Supervision with Trainees in Adult Psychiatry. *Brown*, Supervision in Context: A Balancing Act. *Oldfield*, Supervision of Music Therapists Working with Children in Schools. *Davies, Sloboda*, Turbulence at the Boundary. *Wigram*, Supervision of PhD Doctoral Research.

October 2008: 216pp.

Hb: 978-0-415-41125-7: £55.00/\$100.00

Pb: 978-0-415-41126-4: £19.99/\$34.95

Series: *Supervision in the Arts Therapies*



Forthcoming!

Supervision of Dramatherapy

Edited by **Phil Jones**, Leeds Metropolitan University, UK, and **Ditty Dokter**, Hertfordshire Partnership Trust, UK

Supervision of Dramatherapy offers a thorough overview of dramatherapy supervision and the issues that can arise during the supervisory task.

Phil Jones and Ditty Dokter bring together experts from the field to examine supervision in a range of contexts with different client groups, including dramatherapy with children, forensic work, and intercultural practice.

Using illustrative examples, *Supervision of Dramatherapy* provides practical guidance and theoretical grounding, appealing to supervisors and supervisees alike, as well as psychotherapists interested in the use of dramatic methods in the supervisory setting.

CONTENTS: Introduction. *Jones*, The State of the Art of Supervision: Review and Research. *Dokter, Jones*, Researching Contemporary Supervision: Method and Findings. *Jones*, From Role to Play: Research into Action Techniques in Supervision. *Dokter*, Training Supervision in Dramatherapy. *Andersen-Warren, Seymour*, Theatre Model of Dramatherapy Supervision. *Jenkyns*, Transference and Countertransference in Relation to the Dramatic Form in Supervision Training. *Dokter, Khasnavis*, Intercultural Supervision: The Issue of Choice. *Blatner, Collins*, Using Psychodrama and Dramatherapy Methods in Supervising Dramatherapy Practicum Students. *Hubbard*, Applying Generic Clinical Supervision Training to Arts Therapy Supervision. *Carr, Ramsden*, An Exploration of Supervision in Education. *Blackman*, Making Space for Thought? Supervision in a Context Working with People with a Learning Disability. *Stamp*, Supervision in a Forensic Setting. *Jones, Dokter*, Information About Supervision.

October 2008: 240pp.

Hb: 978-0-415-44702-7: £55.00/\$100.00

Pb: 978-0-415-44703-4: £19.99/\$34.95

Series: *Supervision in the Arts Therapies*

for further titles by Phil Jones see page 5

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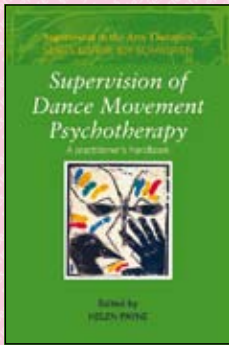
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Forthcoming!

Supervision of Dance Movement Psychotherapy

A Practitioner's Handbook

Edited by **Helen Payne**, University of Hertfordshire, UK

Supervision of Dance Movement

Psychotherapy is the first book of its kind to explore the supervisory process in the psychotherapeutic practice of movement and dance. Helen Payne brings together international contributors to discuss how the language of the body plays an important part in the supervisory experience for psychotherapists and counsellors.

Contributors consider a variety of models and examine the role of supervision in a range of professional and cultural settings, forming a theoretical base to current practice in dance movement psychotherapy.

Outlining key concepts from both theory and practice, this book contributes towards a deeper understanding of the mentor-trainee relationship and the curative power of movement and dance. Supervisors and supervisees in dance movement psychotherapy as well as the arts therapies, counselling, and psychotherapy will find it invaluable.

CONTENTS: *Schaverien*, Preface. *Payne*, Supervision in Dance Movement Psychotherapy: An Overview. *Meekums*, Spontaneous Symbolism in Clinical Supervision: Moving Beyond Logic. *Govoni, Pallero*, The Supervision Process in Training. *Federman, Gabor*, A Proposed Group Model for Supervision in Training. *Panhofer*, Forgotten Moments in Supervision: The Challenge for Their Recuperation. *Figueira*, From Here and Elsewhere: Transcultural Issues in Supervision. *Wyman-McGinty*, The Use of Authentic Movement in Supervising Dance Movement Therapists. *Young*, We Could Dance at the Opera House: A Novice Practitioner's Experience of In-session Supervision in Training. *Fiedler*, The Balint Group Model Applied to Dance/Movement Therapy Supervision. *Best*, Interactive Reflections: Moving Between Modes of Expression as a Model for Supervision. *Penfield*, Three Makes One: A Journey of Growth through Supervision.

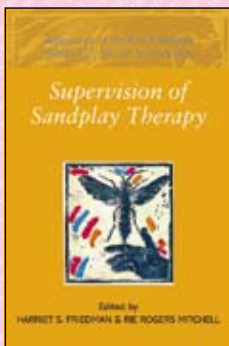
September 2008: 208pp.

Hb: 978-0-415-41343-5: £55.00/\$100.00

Pb: 978-0-415-41344-2: £19.99/\$34.95

Series: *Supervision in the Arts Therapies*

for a further title by Helen Payne see page 4



Supervision of Sandplay Therapy

Edited by **Harriet S. Friedman**, in private practice, Los Angeles, USA, and **Rie Rogers Mitchell**, California State University, Northridge, USA

Supervision of Sandplay Therapy, the first book on this subject, is an internationally-based volume that describes the state

of the art in supervision of sandplay therapy. Recognizing that practitioners are eager to incorporate sandplay therapy into their practice, Harriet Friedman and Rie Rogers Mitchell respond to the need for new information, and successfully translate the theories of sandplay therapy into supervision practice.

The book provides a meaningful connection and balance between theoretical principles, practical application, and ongoing therapeutic encounter involved in sandplay.

Supervision of Sandplay Therapy expands the vision of what is possible in supervision and will be vital reading for those studying supervision and sandplay therapy, as well as for those wanting to provide a depth-oriented approach during supervision.

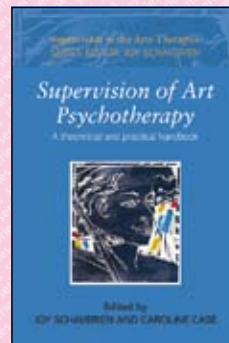
CONTENTS: *Bradway*, Foreword. *Friedman, Mitchell*, Preface. Part I: Creating Original Supervision Models. Part II: Designing Contemporary Supervision Models. Part III: Meeting Special Challenges in Supervision. Part IV: Moving into the Cross-cultural World. Part V: Supervising Special Groups. Part VI: Making Connections with Other Expressive Therapies.

2007: 248pp.

Hb: 978-0-415-41089-2: £55.00/\$100.00

Pb: 978-0-415-41090-8: £20.99/\$34.00

Series: *Supervision in the Arts Therapies*



Supervision of Art Psychotherapy

A Theoretical and Practical Handbook

Edited by **Joy Schaverien**, in private practice, UK, and **Caroline Case**, Knowle Clinic, Bristol, UK

Supervision of Art Psychotherapy will be an

inspiration for advanced practitioners and students in training. It is the first book to formulate a unique theoretical base to current practice in art psychotherapy supervision. A central theme is the nature of the image in supervision, defining its difference from other forms of supervision in the mental health professions. Clinical practice is brought to life through vivid vignettes from diverse settings with a variety of client groups.

A vital contribution to the literature in the context of Continuing Professional Development, this volume establishes the image as central in the supervision of art psychotherapists.

SELECTED CONTENTS: *Schaverien*, Introduction. *Case*, Review of the Literature on Art Therapy Supervision. **Part I: Theoretical Innovations in Individual Supervision.** *Damarell*, The Supervisor's Eyes. *Schaverien*, Framing Enchantment: Countertransference in Analytical Art Psychotherapy Supervision. *Dalley*, Piecing Together the Jigsaw Puzzle: Thinking about the Clinical Supervision of Art Therapists Working with Children and Young People. *Henley*, Supervisory Responses to Child Art Therapy: Assessment, Intervention and Outcome. *Case*, Imagery in Supervision: The Non-verbal Narrative of Knowing. **Part II: Theoretical Innovations in Group Supervision.** *Laine*, Image Consultation: Supporting the Work of Art Therapists. *Skaife*, Working in Black and White: An Art Therapy Supervision Group. *Robbins*, The Art of Supervision. *Brown, Meyerowitz-Katz, Ryde*, Thinking with Image Making: Supervising Student Art Therapists. **Part III: Purposes and Challenges in Supervision and Research.** *Wood*, Agency and Attention: Purposes of Supervision. *Killick*, Working with Ambivalence in the Clinical Supervision of Art Therapists. *Gilroy*, In Pursuit of an Object: The Supervision of Art Therapy Research.

2007: 256pp.

Hb: 978-0-415-40960-5: £55.00/\$100.00

Pb: 978-0-415-40961-2: £20.99/\$34.95

Series: *Supervision in the Arts Therapies*

for further titles by Caroline Case see page 3

Forthcoming!

The Handbook of Play Therapy and Therapeutic Play

Second Edition

Linnet McMahon, Retired, University of Reading, UK

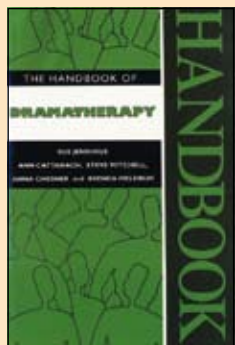
This completely revised and updated edition provides a comprehensive introduction to using play to communicate with traumatised children and their families, and to heal emotional damage. Drawing on psychodynamic, systemic and attachment theory, this book provides an integrated theory base for using play in therapeutic work with children.

CONTENTS: Introduction: The State of Play. The Development of Play. Approaches to Therapeutic Play. The Process of Therapeutic Play and Play Therapy. Therapeutic Play in the Early Years. Play in Helping Troubled Families. Therapeutic Play for Children with Disabilities and Illness. Therapeutic Play for Children Experiencing Separation, Loss and Bereavement in Their Families. Therapeutic Play with Children who have Experienced Continual Trauma and Loss. Therapeutic Play in Daily Living with Abused and Traumatized Children. Play in Therapeutic Work with Children Moving to New Families.

January 2009: 288pp.

Hb: 978-0-415-43941-1: £60.00/\$104.00

Pb: 978-0-415-43942-8: £20.99/\$36.00



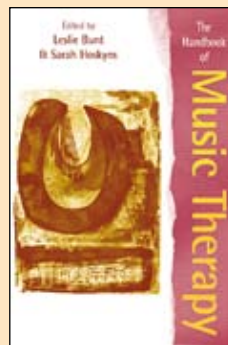
The Handbook of Dramatherapy

Sue Jennings, Ann Cattanach, Steve Mitchell, Anna Chesner, and Brenda Meldrum

The Handbook of Dramatherapy brings together five authors who have considerable experience of clinical, artistic and educational work to provide an easy-to-read introduction to the major models of dramatherapy.

1993: 240pp.

Pb: 978-0-415-09056-8: £20.99/\$33.95



The Handbook of Music Therapy

Edited by Leslie Bunt, University of West England, UK, and Sarah Hoskyns, Guildhall School of Music and Drama, London, UK

This *Handbook* traces the history of recent developments in music therapy and the range of current applications and outlines practical requirements for the work and

some basic prerequisites for and philosophies of training. *The Handbook of Music Therapy* is illustrated with many case studies and clinical examples throughout, placed within a variety of different theoretical and philosophical perspectives.

2002: 376pp.

Hb: 978-0-415-15707-0: £55.00/\$78.95

Pb: 978-0-415-15708-7: £20.99/\$32.95



The Handbook of Psychodrama

Edited by Marcia Karp, Paul Holmes, and Kate Bradshaw Tavvon

Foreword by Zerka T. Moreno

This *Handbook* provides a comprehensive introduction to the theory and practice of psychodrama for professional and trainee psychodramatists. Following an introduction to the history and

philosophy of psychodrama the theory is then brought to life by detailed first-hand accounts of psychodrama sessions.

1998: 328pp.

Hb: 978-0-415-14845-0: £55.00/\$96.95

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