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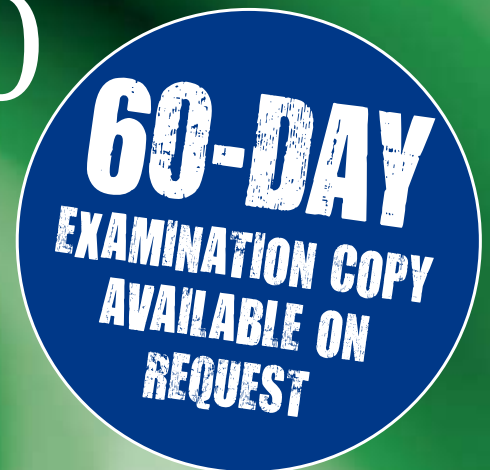
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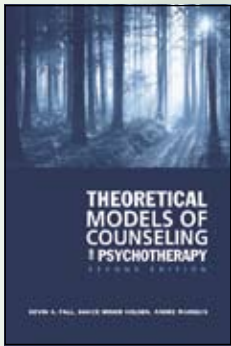
ROUTLEDGE MENTAL HEALTH



Textbooks Spring Catalog Psychotherapy and Counseling 2010

NEW AND FORTHCOMING BOOKS





Instructor Resources Available!

Theoretical Models of Counseling and Psychotherapy

Second Edition

Kevin A. Fall, Loyola University, New Orleans, USA, **Janice Miner Holden**, University of North Texas, USA, and **Andre Marquis**, University of Rochester, New York, USA

Theoretical Models of Counseling and Psychotherapy presents a comprehensive overview of a variety of major counseling theories. Written for both student and practitioner, this text gives the reader an easily accessible venue through which to explore the deeper layers of each theory, and provides a bridge from classroom study to practice. Chapters blend current literature with primary source material and include illustrative case examples, which help the reader more readily apply theory to practice. This book is unique in its attention to the philosophical underpinnings of each theory, it also includes theory-specific information on diagnosis, psychopharmacology, multicultural issues, spirituality, and gender issues.

The second edition includes a brand new chapter on constructivist approaches to counseling, and information has been updated throughout. Even more case examples are included, along with additional reflective questions and exercises. The availability of a newly created online *Instructor's Manual* (available on publication) will increase the teachability of the material and enhance the pedagogical features of the text, making for a more engaging learning experience.

CONTENTS: Introduction. Classical Psychoanalysis. Self Psychology. Adlerian Counseling/Individual Psychology. Existential Counseling. Person-centered Counseling. Gestalt Counseling. Behavioral Counseling. Cognitive Counseling. Rational Emotive Behavioral Therapy. Reality Therapy and Choice Theory. Constructivist Approaches. Systems Approaches. Integral Counseling.

March 2010: 520pp.
Hb: 978-0-415-99476-7: £33.00/\$59.95

60-day examination copy available

Instructor Resources – Available for review and use upon request.
Contact your local sales representative for more information.

Forthcoming!

A Guide to Practicum and Internship for School Counselors-in-Training

Edited by **Jeannine R. Studer**, and **Joel Diambra**, both at the University of Tennessee, USA

There are numerous books available for counseling students who are entering their practicum and internship experience that provide them with an overview of the different details of the program and the knowledge they need to complete it successfully. What is lacking among these titles, however, is a focus on and discussion of the important information needed by those students who specifically intend to enter the school counseling field. Studer and Diambra have finally filled this gap with *A Guide to Practicum and Internship for School Counselors-in-Training*. Geared specifically at future school mental health professionals, this book addresses all the pertinent topics, issues, and concerns missing in the current literature.

This effective blend of the general practicum experience with the specific knowledge needed to become a school counselor is an indispensable guide for any counseling student wishing to work in this field.

The authors begin with an overview of the role of a counselor within a school, the organization of schools and school districts, and what to expect when working with students, teachers, school administrators, and parents. This is used as a framework within which Studer and Diambra provide a thorough overview of the practicum and internship experience, describing, for example, the purposes of supervision, the philosophical background of the supervisors, and the responsibilities of all parties involved. The next section discusses the current ASCA National Model for professional school counselors and its components before covering such useful information as developing lesson plans, strategies for classroom management, study skills strategies, planning with individual students, and responsive services. Developmental issues of students in all grade levels are addressed, along with those pertaining to gifted and special needs children. Finally, the authors explore the various counseling theories employed by school counselors, which students are exposed to in their training.

CONTENTS: Part I: The Practicum and Internship Journey. Getting Started. Understanding the School Culture. Popular Counseling Theories Used by School Counselors. Overview of Supervision. A Developmental Passage – Models of Supervision. **Part II: The ASCA National Model as a Structure for Understanding the Role of the Professional School Counselor.** The ASCA National Model Components as a Supervisory Guide. The Foundation Component. The Management Component. The Delivery System Component. Accountability and the School Counselor-in-Training. Applying the ASCA Ethical Standards. **Part III: Guidelines for Working with Special Populations.** Understanding Differences in Schools. Developmental Issues of Students. **Part IV: Competing the Clinical Experiences.** Transitioning Forward.

March 2010: 258pp.
Pb: 978-0-415-99747-8: £22.00/\$39.95

60-day examination copy available

Forthcoming!

A Counseling Primer

An Introduction to the Profession

Mary Guindon, in private practice, Maryland, USA

This introductory, professional orientation text is intended for use by beginning counseling students and can serve as a review for students at internship stage and those in early practice. It covers Standard One, Professional Identity, one of the eight core areas of the Council for Accreditation of Counseling and Related Educational Programs (CACREP) curriculum. Guindon has structured the text around the series of “W” questions – Who, What, Where, When, Why, and How. In so doing, the text quickly orients readers to who counselors (and counseling students) are, what counseling actually is, where and when it is practiced, and why people seek counseling help. The text also presents very basic attending and communicating skills (the ‘how’ of counseling) that will form the foundation of the rest of the coursework and training for the beginning counselor.

CONTENTS: Part I: Questions Beginning Counselors Ask. Introduction. Who? Answers about Counselors and Clients. What? Answers about the Meaning of Counseling, its Past and its Present. What? Answers about the Body of Knowledge: Ethics, Social and Cultural Diversity, Human Growth and Development, and Career Development. What? Answers about the Body of Knowledge: Helping Relationships, Group Work, Assessment, and Research and Program Development. Where? Answers about Settings and Surroundings. When? Answers about Processes, Phases, and Procedures. Why? Answers about Caring and Changing. **Part II: How? Answers about Skills and Practices.** Basic Attending Skills. Basic Responding Skills: Responding to Content and Process. Questioning Skills and Systematic Inquiry. Affect and Empathic

Understanding Skills. Responding to Thoughts and Behaviors: The Working Alliance. **Appendices.** Appendix A: Personal Journal. Appendix B: Training Forms. Appendix C: Internet Resources for Professional Counselors.

September 2010: 360pp.

Hb: 978-0-415-87534-9: £61.00/\$110.00

Pb: 978-0-415-87535-6: £24.95/\$44.95

60-day examination copy available

Forthcoming!

Counseling Older Adults

John Blando, San Francisco State University, USA

Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity to the contexts in which older adults live, are essential in working successfully with this population. This book provides an introduction to gerontological counseling, covering theories of aging (including a theory of gerontological counseling) and their practical application in counseling work with older adults; basic counseling skills and the counseling process in the context of work with older adults; contextual factors (race-ethnicity, social class, etc.); and a discussion of social justice issues.

CONTENTS: Theories of Aging and Life Span Development. Counseling Skills in Work with Older Adults. Basic Problem Solving Skills in Work with Older Adults. Psychodynamic and Existential Foundations in Work with Older Adults. The Counseling Process in Work with Older Adults. Specific Counseling Interventions for Older Adults. Context: The Culture of Old Age. Spirituality and Counseling Older Adults. Multicultural Gerontological Counseling. Social Justice and Counseling Older Adults. Older Adults and Career, College, and School Issues: Retirement, Reentry Students, and Grandparenting. Health and Rehabilitation Counseling with Older Adults. Family Issues in Community and Mental Health Counseling of Older Adults. Psychological Issues in Community and Mental Health Counseling of Older Adults. Future Trends in Aging and Counseling.

September 2010: 288pp.

Pb: 978-0-415-99051-6: £24.95/\$37.95

60-day examination copy available

New!

On Becoming a Group Member

Personal Growth and Effectiveness in Group Counseling

Muhyiddin Shakoor, State University of New York at Brockport, USA

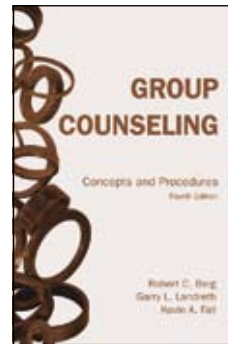
While there are many excellent books on the market on the subject of leading groups, Shakoor takes the simple yet insightful perspective that learning to be an effective group member is an important part of becoming an effective group leader. This book expands on the individual, practical, and experiential aspects of group work by focusing on the needs of the individual student as a participant, providing a counter-balance to current group literature. Each chapter is built around a case example to illustrate the concepts presented, and concludes with reflection questions. Topics like cultural diversity, ethics and confidentiality, involvement strategies and skills are included in a practical, user-friendly manner.

CONTENTS: Introduction. Orientation Prologue. Orientation Glossary. Group Stage. Beginning Stage. Early Middle Stage. Late Middle Stage. Ending Stage: Termination. Leaders and Group Leadership. A Word on Ethical Concerns. Appendices.

January 2010: 168pp.

Pb: 978-0-415-96522-4: £18.00/\$27.95

60-day examination copy available



Group Counseling Concepts and Procedures

Fourth Edition

Robert C. Berg, and Garry L. Landreth, both at University of North Texas, USA, and Kevin A. Fall, Loyola University-New Orleans, USA

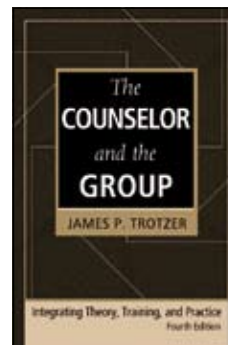
The fourth edition of this well-respected text, first published in 1979, is a timely and thorough revision of the existing

material. *Group Counseling* has done well over the years, due in large part to its comprehensive history of group work as a counseling specialty, the practical nature of the authors' explanations, the diversity of sources the authors draw upon, and the international acclaim of Dr. Landreth's work on play and filial therapy. This text will provide both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge.

2006: 464pp.

Pb: 978-0-415-95219-4: £31.00/\$49.95

60-day examination copy available



The Counselor and the Group

Integrating Theory, Training, and Practice

Fourth Edition

James P. Trotzer, consulting psychologist

"I have followed Trotzer's work from the first edition of his group book to this

current edition... His fourth edition has moved the group work process a level higher... Trotzer's outstanding book just got better, making it a must have for those teaching graduate-level group courses."

- Arthur Horne, University of Georgia, USA

This more streamlined version of the 1999 third edition brings the existing materials and references up to date and omits information now readily available online and elsewhere. The updated material in *The Counselor and the Group* makes this book an excellent resource for those who are both learning and practicing by providing a structured problem-solving approach to group work.

2006: 616pp.

Hb: 978-0-415-95197-5: £37.95/\$59.95

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