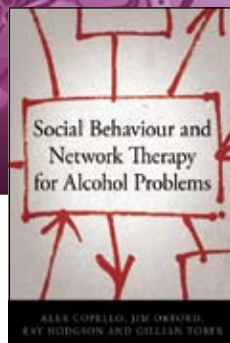
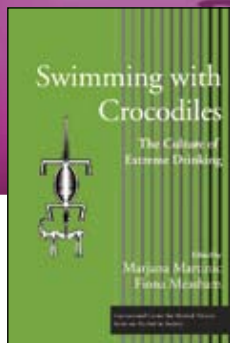
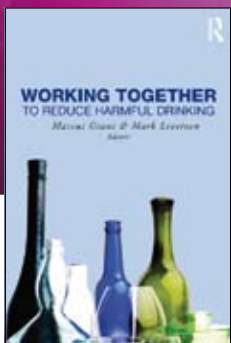


ROUTLEDGE MENTAL HEALTH

Addiction Disorders

NEW BOOKS AND SELECTED BACKLIST



Routledge
Taylor & Francis Group

Forthcoming!

400 Rabbits

The Pleasure and Pain of Drunkenness

Edited by **Anne Fox**, anthropologist and an expert in drug and alcohol issues, and **Mike MacAvoy**, CEO of Drinkwise, Australia

Interpretations by different disciplines about the terms intoxication and drunkenness are often inconsistent, creating confusion and inefficiencies in their efforts to combat the negative effects of these behaviors. With this in mind, ICAP and DrinkWise Australia collaborated on a joint project which seeks to resolve this issue by preparing a publication that provides consensus on the nature of intoxication and drunkenness.

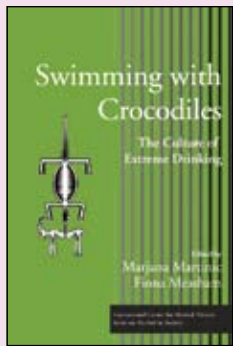
400 Rabbits promotes more streamlined approaches towards combating the negative effects of drunkenness; encourages the development of more effective communication strategies to effect behavioral change among the general public; and clarifies aims and objectives for reducing the incidence and prevalence of intoxication and drunkenness in society, thereby providing greater accuracy in evaluating successes and failures.

CONTENTS: Part I: *MacAvoy, Grant*, Introduction: Contextualizing/ Positioning the Intoxication and Drunkenness Debate. *Measham, Fox, Saunders, Thom*, The Phenomenon of High-Level Drinking / "Binge Drinking" / Extreme Drinking. *Saunders, Stockley*, The Biology of Intoxication. **Part II:** *Fox, Measham, Roche, Eisenbach-Stangl, Thom*, Social, Cultural and Historical Factors Shaping the Boundaries of Drunkenness. *Fox, Measham, Roche, Eisenbach-Stangl, Thom*, The Social Meaning of Drunkenness. *Fox, Coussins, Martinic, Atansova, Nahoum-Grappe*, The Social Outcomes of Intoxication and Drunkenness. **Part III:** *Hanum, Robson*, Bridging the Disciplines. *Martinic, Hanum, Measham, Berridge, Hamilton, Thom*, Lessons Learned: How Have Drinking Cultures Changed? *Coussins, Robson, Hanum, Measham, Pedlow, Hogg, Botha*, Responses. *Worth*, Concluding Chapter – Practical Consequences.

July 2010: 256pp.

Hb: 978-0-415-99213-8: £33.00/\$60.00

ICAP Series on Alcohol in Society



Swimming with Crocodiles

The Culture of Extreme Drinking

Edited by **Marjana Martinic**, Vice President for Public Health, International Center for Alcohol Policies (ICAP), Washington, USA, and **Fiona Measham**, Lancaster University, UK

This book examines the rapid and heavy drinking behavior by young people, described

in a number of countries, positioning it within its appropriate social, historical and cultural contexts. The book argues in favor of a new term, "extreme drinking," to fully encapsulate the many facets of this behavior, taking into account the underlying motivations for the heavy, excessive and unrestrained drinking patterns of many young people. It also acknowledges the drinking process itself and accommodates greater focus on outcomes that are likely to follow. In many ways, "extreme drinking" is not so far removed from other "extreme" behaviors, such as extreme sports – all offer a challenge, their pursuit is motivated by an expectation of pleasure, and they are, by design, not without risk to those who engage in them, others around them and society as a whole.

Edited by Marjana Martinic and Fiona Measham, *Swimming with Crocodiles* is the ninth volume in the ICAP Series on Alcohol in Society. The authors discuss the factors that motivate extreme drinking, address the developmental, cultural and historical contexts that have surrounded it, and offer a new approach to addressing this behavior through

prevention and policy. The centerpiece of the book is a series of focus groups conducted with young people in Brazil, China, Italy, Nigeria, Russia, South Africa, and the United Kingdom, which examine their views on extreme drinking, motivations behind it and the cultural similarities and differences that exist, conferring at once risk and protective factors.

CONTENTS: *Martinic, Measham*, A Case for the Term "Extreme Drinking". *Measham*, A History of Intoxication: Changing Attitudes to Drunkenness and Excess in the United Kingdom. *Nahoum-Grappe*, Beyond Boundaries: Youth and the Dream of the Extreme. *Choquet*, Case Study: Drinking Among Young People in France. *Leigh, Lee*, What Motivates Extreme Drinking? *Measham*, Case Study: Drinking Among Young People in the United Kingdom. Focus Group Results. *Gorgulho, Da Ros*, Brazil. *Newman, China. Tempesta*, Italy. *Odejide, Omigbodun, Ajuwon, Makanjuola, Bamgboye, Oshiname*, Nigeria. *Koshkina*, Russia. *Makan*, South Africa. *March*, United Kingdom (Scotland). *Leverson, Evans*, Stakeholders and Their Roles. *Martinic, Alexander*, Extreme Drinking, Young People, and Feasible Policy. *Pérez-Fragero*, Case Study: Botellón in Spain. *Gorgulho, Tamendarova*, Tackling Extreme Drinking in Young People: Feasible Interventions. *Kilmer, Larimer*, Case Study: United States: Drinking Among Sorority and Fraternity Students. *Martinic, Measham*, Afterword. Annex 1: Procedures for Focus Groups on Extreme Drinking. Annex 2: Guiding Questions for Focus Groups.

2008: 296pp.

Hb: 978-0-415-95548-5: £37.95/\$60.00

ICAP Series on Alcohol in Society

ALSO IN THE SERIES



Grant/O'Connor, Eds.: Corporate Social Responsibility and Alcohol: The Need and Potential for Partnership

Hb: 978-0-415-94948-4: 2005: 240pp. £39.99/\$59.95



Martinic/Leigh: Reasonable Risk: Alcohol in Perspective

Hb: 978-0-415-94636-0: 2004: 200pp. £40.00/\$59.95



Haworth/Simpson, Eds.: Moonshine Markets: Issues in Unrecorded Alcohol Beverage Production and Consumption

Hb: 978-0-415-93547-0: 2003: 224pp. £42.50/\$63.95



Houghton/Roche, Eds.: Learning About Drinking

Hb: 978-1-58391-316-1: 2001: 320pp. £35.95/\$54.95

60-day examination copy available



Heath: Drinking Occasions: Comparative Perspectives on Alcohol and Culture

Hb: 978-1-58391-047-4: 2000: 208pp. £38.00/\$60.95

60-day examination copy available



Peele/Grant, Eds.: Alcohol and Pleasure: A Health Perspective

Hb: 978-1-58391-015-3: 1999: 419pp. £49.95/\$84.95

60-day examination copy available

Grant, Ed.: Alcohol and Emerging Markets: Patterns, Problems, and Responses

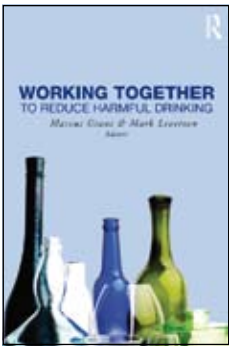
Hb: 978-0-87630-978-0: 1998: 384pp. £50.50/\$80.95

60-day examination copy available

Grant/Litvak, Eds.: Drinking Patterns and Their Consequences

Hb: 978-1-56032-718-9: 1997: 352pp. £50.50/\$80.95

60-day examination copy available



New!

Working Together to Reduce Harmful Drinking

Edited by **Marcus Grant**, President, International Center for Alcohol Policies (ICAP), USA and **Mark Leverton**, Director, Alcohol Policy and Industry Issues, Diageo, UK

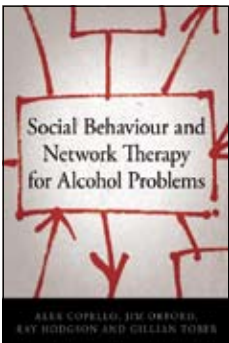
This book is intended to contribute to the World Health Organization's (WHO) global

strategy to reduce the harmful use of alcohol. It explores areas where alcohol producers' technical competence can and does make a positive contribution to reducing harmful drinking and where industry input has been welcomed by WHO. The book describes each of these areas: producing beer, wine, and spirits; addressing availability of noncommercial beverages; pricing, marketing, and selling beverage alcohol; encouraging responsible choices; and working with others. The final chapter sets out views of how alcohol producers can contribute to reducing harmful drinking in countries where they are present.

CONTENTS: Grant, Leverton, Introduction. Simpson, Producing Beer, Wine, and Spirits. Botha, Understanding Alcohol Availability: Noncommercial Beverages. Sinclair, Marketing Beverage Alcohol. Robson, Pricing Beverage Alcohol. Willersdorf, Selling and Serving Beverage Alcohol. Martinic, Making Responsible Choices. Bivans, Orley, Working Together. Leverton, Grant, Implementing the WHO Global Strategy to Reduce Harmful Use of Alcohol: The Producers' Contributions.

October 2009: 224pp.

Hb: 978-0-415-80087-7: £38.95/\$69.95



New!

Social Behaviour and Network Therapy for Alcohol Problems

Alex Copello, and Jim Orford, both at University of Birmingham, UK, Ray Hodgson, Alcohol Education & Research Council, Cardiff, UK, and Gillian Tober, Leeds Addiction Unit, UK

"Much more than a manual for the delivery of SBNT, this book provides a clarion call for

treating alcohol problems via social and familial networks. Packed throughout with research evidence, practical tools and case studies, practitioners are clearly led through the steps needed to support positive change among all those connected with problem drinking."

- Don Shenker, Chief Executive, Alcohol Concern

This book serves as a manual for clinicians working with people with alcohol problems. The manual is based on previous research in addiction treatment, including family and social network interventions, as well the authors' own work developing and evaluating Social Behaviour and Network Therapy (SBNT) for example in the United Kingdom Alcohol Treatment Trial (UKATT).

Containing a range of ideas the book is guided by a key principle: the development of social support for a positive change in drinking behaviour. Featuring a series of practical handouts, this book will be essential reading for clinicians, counsellors, nurses, psychologists and all those involved in the treatment of alcohol misuse and dependence.

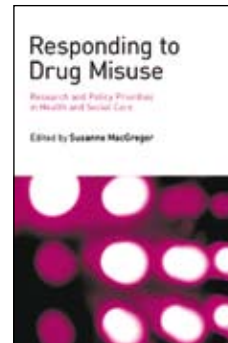
CONTENTS: Part I: Background, Evidence Base, Treatment Content and Format. Manual Format. Theoretical and Research Basis for SBNT. The Therapist. The Treatment. **Part II: Core Components of Social Behaviour**

and Network Therapy. Phase 1: Identifying the Social Network. The First Session: Setting the Scene. Phase 2: Core Topics. Core Topic: Communication. Core Topic: Coping. Core Topic: Enhancing Social Support. Core Topic: Network Based Relapse Management. Phase 3: Final Meeting. Planning for the Future and Termination. **Part III: Elective Topics, Training and Common Questions.** Elective Topics. Basic Information about Alcohol. Increasing Pleasant and Joint Activities. Employment. Active Development of Positive Support. Minimising Support for Problem Drinking. Training, Assessment and Supervision. Common Questions and Issues Raised by Therapists Learning to Deliver SBNT. Appendices: Handouts/Prompt Sheets. Appendices.

June 2009: 176pp.

Pb: 978-1-58391-803-6: £22.99/\$39.95

www.routledgejournalhealth.com/social-behaviour-network-therapy



New!

Responding to Drug Misuse

Research and Policy Priorities in Health and Social Care

Edited by **Susanne MacGregor**, London School of Hygiene and Tropical Medicine, University of London, UK

"A stimulating and diverse collection of perspectives on responding to the Drugs problem, and a welcome focus on the important personal and family aspects of health and social care responses – a thought-provoking and rewarding read." - **Professor John Strang**, Director, National Addiction Centre, London, UK

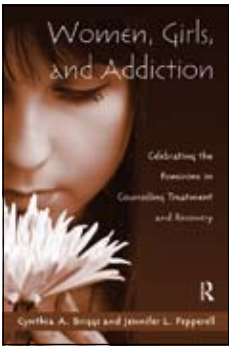
Responding to Drug Misuse provides a unique insight into the current shape of the drugs treatment system in England.

Reporting findings from research linked to the government's ten year drugs strategy *Tackling Drugs to Build a Better Britain*, the book places these in the context of policy, practice, and service development. It goes on to discuss the implications of these findings for the government's new strategy *Drugs: Protecting Families and Communities*. Throughout the book contributors reflect on current debates on drug strategies and social policy and consider the relevance of the findings for policy and practice.

CONTENTS: MacGregor, Policy Responses to the Drugs Problem. Duke, The Focus on Crime and Coercion in UK Drugs Policy. Macleod, Drug-taking and its Psycho-social Consequences. Raistrick, Tober, Godfrey, Parrott, Treatment as Usual. Weaver, Goyder, Hart, Fehler, Metrebian, Crawford, Care Co-ordination in Drug Treatment Services. Donmall, Millar, The Effect of Waiting for Treatment. Radcliffe, Stevens, Early Exit: Estimating and Explaining Early Exit from Drug Treatment. Neale, Godfrey, Parrott, Sheard, Tompkins, Barriers to the Effective Treatment of Injecting Drug Users. Metrebian, Sell, Shanahan, Carnwath, Alcorn, Ruben, Mehdikhani, Stimson, Prescribing Injectable Opiates for the Treatment of Opiate Dependence. Kouimtsidis, Drummond, Cognitive Behaviour Therapy for Opiate Misusers in Methadone Maintenance Treatment. Crawford, Patterson, Agath, Weaver, Involving Service Users in Efforts to Improve the Quality of Drug Misuse Services. Weaver, Charles, Barnes, Tyrer, Co-morbidity in Treatment Populations. Frisher, Crome, Martino, Bashford, Croft, Epidemiology of Drug Misuse and Psychiatric Co-morbidity in Primary Care. Orford, Copello, Simon, Waheed, Fazil, Graham, Mahmood, McNeil, Roberts, Offering a Service to BME Family Members Affected by Close Relatives' Drug Problems. Clay, Corlyon, A Review of Services for Children and Young People with Drugs Misusing Carers. Kroll, Taylor, Dilemmas in Intervening Effectively in Families Where There is Parental Drug Misuse. MacGregor, Evidence and New Policy Questions.

September 2009: 272pp.

Hb: 978-0-415-47470-2: £39.95/\$69.95



New!

Women, Girls, and Addiction

Celebrating the Feminine in Counseling Treatment and Recovery

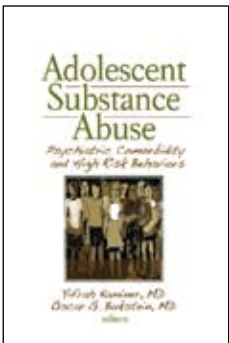
Cynthia A. Briggs, Winona State University, Minnesota, USA and **Jennifer L. Pepperell**, Minnesota State University, Mankato, USA

Women, Girls, and Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective. Part I of the book provides an overview of feminist theory and addiction counseling, followed by an historical look at women and addiction (research, treatment, demographics). The three chapters in part two give an in-depth look at the biological, psychological, and social factors of the experience of addiction as unique in women. The final section of the book presents a series of chapters spanning the lifespan, which each feature age-specific special issues, treatment strategies, interventions, and commonly encountered topics in therapy with the population.

CONTENTS: Part I: Overview of Women, Girls and Addiction. Feminist Theory and Addiction Counseling. Women, Girls, and Addiction: An Historical Perspective. **Part II: Biopsychosocial Influences.** Biological Factors. Psychological Factors. Social Factors. **Part III: Prevention, Treatment, and Relapse Prevention Across the Lifespan.** Children and Adolescents. Adult Women. Women in Late Adulthood.

June 2009: 220pp.

Hb: 978-0-415-99352-4: £18.00/\$32.95



Adolescent Substance Abuse

Psychiatric Comorbidity and High Risk Behaviors

Edited by **Yifrah Kaminer**, University of Connecticut Health Center, USA, and **Oscar G. Bukstein**, University of Pittsburgh School of Medicine, Pennsylvania, USA

"The book Adolescent Substance Abuse by Yifrah Kaminer and Oscar G. Bukstein is a

must-have for anyone interested in the most up-to-date knowledge in adolescent substance abuse. This is likely one of the most comprehensive texts to cover the knowledge base on adolescent dual diagnosis."

- **Lisa R. Fortuna**, Psychiatric Services

Adolescent Substance Abuse: Psychiatric Comorbidity and High Risk Behaviors presents leading experts offering insightful viewpoints and dynamic suggestions on how to best provide simultaneous treatment and integrated services to these youths. The book covers the state of the art in the field of substance use disorders, and reviews different psychiatric disorders and high risk behaviors, and then addresses the issue of integrated services and ethical, legal, and policy issues pertaining to this population.

2008: 528pp.

Hb: 978-0-7890-3171-6: £56.00/\$89.95

Pb: 978-0-7890-3172-3: £37.50/\$59.95

60-day examination copy available



New!

Pharmacology and Treatment of Substance Abuse

Evidence and Outcome Based Perspectives

Edited by **Lee M. Cohen**, Texas Tech University, USA, **Frank L. Collins Jr.**, University of North Texas, USA, **Alice Young**,

Texas Tech University, USA, **Dennis E. McChargue**, University of Nebraska, USA, **Thad R. Leffingwell**, Oklahoma State University-Stillwater, USA, and **Katrina L. Cook**, Texas Tech University, USA

Given the prevalence of substance abuse in general clinical populations, it is important for healthcare providers to have knowledge and skill in the treatment of these problems. Evidence-Based Practice (EBP) involves the integration of the best evidence with clinical expertise and patient values. This text is designed as a bridge for practitioners that will provide up-to-date evidence reviews as well as information on how to best keep up with emerging trends in the field.

SELECTED CONTENTS: *Young, Cohen*, Part I: Psychopharmacology and Neurobiology of Substance Abuse. *Collins, Leffingwell*, Part II: Conceptual Models and Principles of Substance Abuse Treatment. *Cohen, McChargue*, Part III: Assessment and Treatment of Substance Abuse. *Collins, Cohen*, Part IV: Special Topics.

June 2009: 704pp.

Hb: 978-0-8058-5968-3: £100.00/\$200.00

Pb: 978-0-8058-5969-0: £45.00/\$79.95

Series: *Counseling and Psychotherapy*

www.routledgeentalhealth.com/counseling-and-psychotherapy



New!

Solution-Focused Substance Abuse Treatment

Teri Pichot, Program Manager, Substance Abuse Counseling Program, Jefferson County Department of Health and Environment, with **Sara A. Smock**, Texas Tech University, USA

Solution-Focused Substance Abuse Treatment describes the standard of care for substance

abuse treatment, demonstrates how solution-focused brief therapy exceeds this standard, and shows how it can effectively be used in substance abuse evaluation, case management, and both individual and group treatment. Beginning and advanced concepts are provided to address the questions of even the most advanced clinician, all placed in the context of cultural awareness.

CONTENTS: What to Expect From This Book. Substance Abuse Treatment: An Overview. Solution-Focused Brief Therapy: The Basics. Beyond the Solution-Focused Basics. Assessment and Evaluation. Case Management and Individual Work With Clients. Solution-Focused Group Therapy. A More In-depth Look at Working With Groups. Additional Applications and Practice Issues. Forms and Handouts. Appendix: Resources.

March 2009: 254pp.

Hb: 978-0-7890-3722-0: £38.99/\$69.95

Pb: 978-0-7890-3723-7: £19.50/\$34.95

60-day examination copy available



Handbook of the Medical Consequences of Alcohol and Drug Abuse

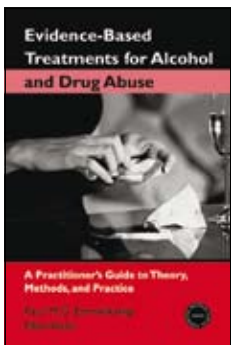
Second Edition

Edited by **John Brick**, Fellow, American Psychological Association, Executive Director Intoxikon International

The *Handbook of the Medical Consequences of Alcohol and Drug Abuse, Second Edition* is the newly-updated classic reference text that provides even more detailed and expanded information on the pharmacological, toxicological, and neuropsychological consequences of alcohol and drug abuse. Eight new chapters of crucial information have been added. Written by leading experts in the fields of medical physiology, psychopharmacology, and neuropsychology, this valuable resource provides the detailed alcohol and drug information health professionals in all fields need to know.

2008: 642pp.
Hb: 978-0-7890-3573-8: £99.50/\$160.00
Pb: 978-0-7890-3574-5: £55.00/\$89.95

60-day examination copy available



Evidence-Based Treatments for Alcohol and Drug Abuse

A Practitioner's Guide to Theory, Methods, and Practice

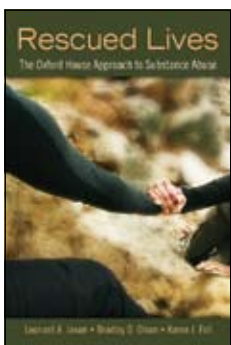
Paul M. G. Emmelkamp, and **Ellen Vedel**, both at the University of Amsterdam, The Netherlands

The third volume in the *Practical Clinical Guidebooks Series (PCG)*, *Evidence-Based Treatments for Alcohol and Drug Abuse*, defines the characteristics, classification, and prevalence of substance use disorders, and provides the clinician with practical guidelines applicable across a variety of treatment settings and patient groups.

2006: 304pp.
Hb: 978-0-415-95285-9: £50.00/\$80.00
Pb: 978-0-415-95286-6: £17.00/\$26.95

Series: *Practical Clinical Guidebooks*

www.routledgeentalhealth.com/practical-clinical-guidebooks



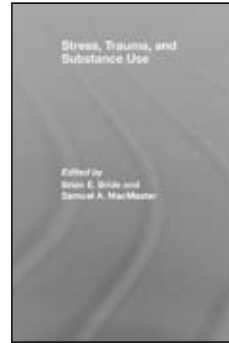
Rescued Lives: The Oxford House Approach to Substance Abuse

Leonard A. Jason, Director, Center for Community Research, DePaul University, Chicago, Illinois, USA, **Bradley D. Olson**, Northwestern University, Illinois, USA, and **Karen J. Foli**, Indiana University, USA

Rescued Lives provides a comprehensive thought-provoking look at just how the innovative Oxford House model inspires

positive action on one of our country's most serious problems – substance abuse. This powerful book presents the success stories of the people living in these community homes and explains just how it has worked for them.

2008: 250pp.
Hb: 978-0-7890-3630-8: £65.00/\$100.00
Pb: 978-0-7890-3631-5: £19.99/\$29.95



Stress, Trauma, and Substance Use

Edited by **Brian E. Bride**, University of Georgia, USA, and **Samuel A. MacMaster**, University of Tennessee, USA

The editors of *Stress, Trauma, and Substance Use* have gathered a collection of innovative chapters written by cutting edge researchers that depict both the breadth of the relationships between stress, trauma, and substance use, as well as how closely these

phenomena are all too often linked.

2008: 150pp.
Hb: 978-0-415-40045-9: £75.00/\$140.00



Alcohol and Drug Misuse

A Handbook for Students and Health Professionals

G. Hussein Rassool, University of Sao Paulo, Brazil

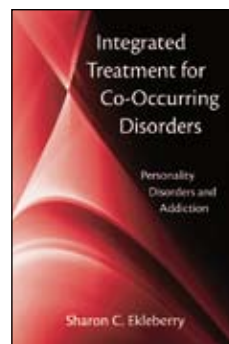
Written by an experienced author and lecturer, this five part text presents an introduction to drug and alcohol misuse.

Alcohol and Drug Misuse takes into account

current policy initiatives and practice for substance use and misuse and includes a range of pedagogical features to enhance learning. It is essential reading for nursing and health students taking substance misuse modules, as well as related CPD courses for health care professionals.

2008: 480pp.
Hb: 978-0-415-40965-0: £75.00/\$150.00
Pb: 978-0-415-40967-4: £25.99/\$51.95

60-day examination copy available



Integrated Treatment for Co-Occurring Disorders

Personality Disorders and Addiction

Sharon C. Ekleberry, Community Services Board, Transformation Initiatives, Virginia, USA

Integrated Treatment for Co-Occurring Disorders addresses a complex client population, which presents service providers with significant professional challenges. Underlying personality

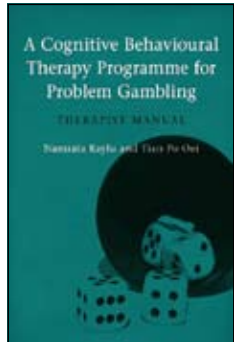
disorders compromise treatment effectiveness for medical, other psychiatric, or trauma services, as well as the ability these individuals have in adhering to probation, parole, or court-ordered treatment requirements. A co-occurring substance use disorder amplifies the difficulties experienced by personality-disordered individuals, exacerbates the precarious nature of their relationships, and raises the skill level needed by service providers attempting to help them.

2008: 202pp.

Hb: 978-0-7890-3692-6: £56.50/\$90.00

Pb: 978-0-7890-3693-3: £19.95/\$34.95

60-day examination copy available



Forthcoming!

A Cognitive Behavioural Therapy Program for Problem Gambling

Therapist Manual

Namrata Raylu, University of Queensland, Australia, and Tian Po Oei, The University of Queensland and Toowong Private Hospital, Australia

A Cognitive Behavioural Therapy Program for Problem Gambling is a comprehensive manual providing guidance for therapists treating clients with gambling addictions.

In this book Namrata Raylu and Tian Oei use a cognitive behavioural approach to identify a session by session guide for overcoming problem gambling. The authors cover essential topics including:

- assessment
- identifying and challenging specific thinking
- problem solving and goal setting
- managing negative emotions
- relapse prevention
- maintaining a balanced lifestyle.

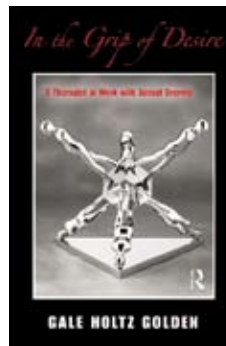
The book also supplies detailed information to help the therapist and client understand gambling behaviours, as well as practical advice on techniques that can be used with the client to change these behaviours.

This practical guide includes handouts and exercises that can be downloaded by purchasers of the print edition upon publication. It will provide helpful guidance for addiction counsellors and therapists worldwide.

CONTENTS: Overview. Review of the Problem Gambling Treatment Literature. Session One: Assessment. Session Two: Psychoeducation and Self-management Strategies to Stabilize Gambling. Session Three: Cognitive Restructuring I: Identifying Gambling Specific Thinking Errors. Session Four: Cognitive-restructuring II: Challenging Gambling Specific Thinking Errors. Session Five: Cognitive-restructuring III: Identifying and Challenging Other/General Thinking Errors. Session Six: Relaxation and Imaginal Exposure. Session Seven: Problem Solving and Goal Setting Skills Training. Session Eight: Management of Negative Emotions. Session Nine: Relapse Prevention and Maintenance of Therapeutic Gains I: Balanced Lifestyle. Session Ten: Relapse Prevention and Maintenance of Therapeutic Gains II: Coping with High Risk Situations. Elective Session: Assertiveness Skills Training. Elective Session: Getting Out of Debt. Elective Session: Teaching Significant Others Strategies to Cope/Deal with the Gambler's Behaviors. Appendices.

March 2010: 220pp.

Pb: 978-0-415-54816-8: £29.99/\$52.00



New!

In the Grip of Desire A Therapist at Work with Sexual Secrets

Gale Holtz Golden, in private practice, Vermont, USA

Written in a first-person, narrative style, *In the Grip of Desire* gives both the professional and lay reader the rare opportunity to experience the sequestered world of the therapist as she

works with people who have sexual secrets and behaviors.

Referencing the academic literature and research, using rich case material, and a broad use of literary references, the book unpretentiously demonstrates the basic concepts and issues in treating compelling and legal sexual behaviors.

The book also offers a uniquely jargon-free, human view of the subject. Golden compassionately and non-judgmentally speaks to the universality of the experience of sexual obsessions and compelling sexual behaviors and their impact on relationships, families, and society.

CONTENTS: Introduction: Above All Do No Harm. Becoming Transparent. Denial: The Silent Dialogue. Anamnesis: Past History in Present Time. Treatment: A Time for Action. "I Sing the Body Electric": Techno-sex in the Post-modern World. The Legal Side of Sex: A Cautionary Tale. Some Call it Love: Unique Sexual Issues of Women. Stabilizing the Family System. Rapprochement and Relapse: "There is Still a Future". Epilogue: "Cradlers of Secrets".

May 2009: 262pp.

Hb: 978-0-415-99157-5: £24.99/\$39.95

ALSO OF INTEREST



New

Changepower! 37 Secrets to Habit Change Success

Meg Selig, St. Louis Community College, Florissant Valley, USA

"This book grabs your attention and doesn't let go. The secrets revealed in *Changepower!* will help you change your life, as well as your habit." - Bill O'Hanlon, author of *Change 101* and *Do One Thing Different*

In *Changepower!* author Meg Selig guides readers through a step-by-step process that will help them achieve any habit change goal. Whether the reader wants to break a hurtful habit like smoking or overeating, or build a healthy habit like exercising or speaking up, *Changepower!* provides a springboard for change.

Research has shown that most changes take place in stages rather than overnight. Selig provides a step-by-step plan for each stage, leaving plenty of room for flexibility depending on each person's needs. First-person stories, pithy quotes, and how-to exercises provide inspiration, humor, and encouragement as readers embark on their habit change journeys.

October 2009: 281pp.

Pb: 978-0-415-80066-2: £10.95/\$19.95

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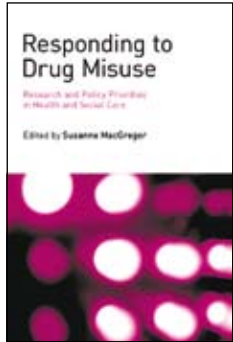
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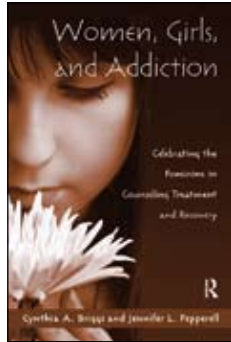
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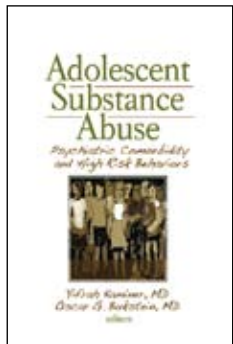
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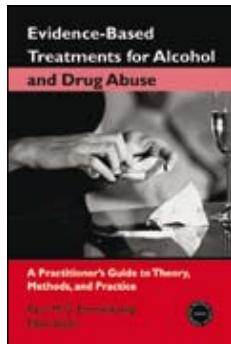
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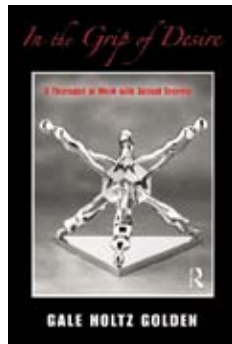
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