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## Arenas

Our Child and Adolescent Mental Health Arena is a subject-focused selection of our books and journals in Child and Adolescent Mental Health, allowing you to quickly and easily browse the subject area you're interested in. All of our books are available at a special **10% discount** if you order them from the Arena, with **free shipping** on orders to the US, Canada and UK if you spend more than \$35/£20.



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web: [www.routledgementalhealth.com](http://www.routledgementalhealth.com)

### Invitation to authors

If you would like to submit or discuss your book proposal with our Publisher, **George Zimmar**, please email [George.Zimmar@taylorandfrancis.com](mailto:George.Zimmar@taylorandfrancis.com)

## Read and Recommend



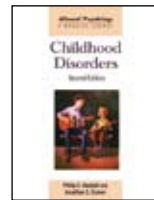
### Routledge Series on Counseling and Psychotherapy with Boys and Men

Series Editor: **Mark S. Kiselica**  
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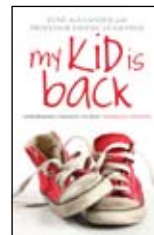
### Dropping the Baby and Other Scary Thoughts Breaking the Cycle of Unwanted Thoughts in Motherhood

**Karen Kleiman** and **Amy Wenzel**  
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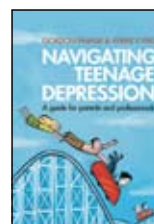
### Childhood Disorders Second Edition

**Philip C. Kendall**  
and **Jonathan S. Comer**  
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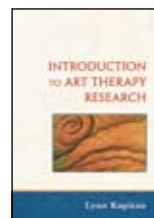
### My Kid is Back Empowering Parents to Beat Anorexia Nervosa

**June Alexander** with **Daniel Le Grange**  
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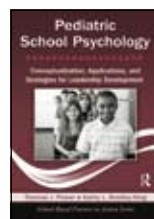
### Navigating Teenage Depression A Guide for Parents and Professionals

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### Introduction to Art Therapy Research

**Lynn Kapitan**  
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### School-Based Practice in Action Series

Series Editors: **Rosemary B. Mennuti**  
and **Ray W. Christner**  
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# Conferences

Routledge Mental Health ensures its books are represented at all major conferences. The calendar of events from late 2010 to mid 2011 are listed below. Routledge will be exhibiting all recent and relevant key books at these meetings. Please visit the Routledge stand where all books will be available for sale at a **20% conference discount** with **free global shipping**.



- **118th Annual Convention of the American Psychological Association**  
12-15 August 2010, San Diego, USA
- **40th Annual Congress of European Association for Behavioural and Cognitive Therapies (EABCT)**  
7-10 October 2010, Milan, Italy
- **American Academy of Child and Adolescent Psychiatry (AACAP) 57th Annual Meeting 2010**  
26-31 October 2010, New York, USA
- **BPS Division of Clinical Psychology Annual Conference 2010**  
1-3 December 2010, Manchester, UK
- **National Association of School Psychologists (NASP) 2011 Annual Convention**  
22-25 February 2011, San Francisco, USA
- **American Counseling Association (ACA) Annual Conference 2011**  
23-27 March 2011, New Orleans, USA
- **Psychotherapy Networker Symposium 2011**  
24-27 March 2011, Washington D.C., USA
- **10th London International Eating Disorders Conference 2011**  
29-31 March 2011, London, UK
- **17th Annual BACP Research Conference 2011**  
6-7 May 2011, Liverpool, UK
- **American Psychiatric Association Annual Meeting 2011**  
14-18 May 2011, Hawaii, USA
- **Padesky Workshop**  
23-24 May 2011, London, UK
- **7th International Congress of Cognitive Psychotherapy (ICCP)**  
2-5 June 2011, Istanbul, Turkey
- **British Association for Behavioural and Cognitive Psychotherapies (BABCP) 39th Annual Conference**  
20-23 July 2011, Guildford, UK

# Top 10

- 

**Kolberg/Nadeau:** ADD-Friendly Ways to Organize Your Life: Strategies that Work from a Professional Organizer and a Renowned ADD Clinician  
Pb: 978-1-58391-358-1: 2002: 280pp. £13.50/\$21.95
- 

**Landreth:** Play Therapy: The Art of the Relationship, *Second Edition*  
Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/\$44.95
- 

**Gerhardt:** Why Love Matters: How Affection Shapes a Baby's Brain  
Pb: 978-1-58391-817-3: 2004: 256pp. £9.99/\$18.00
- 

**Winnicott:** Playing and Reality, *Second Edition*  
Pb: 978-0-415-34546-0: 2005: 240pp. £14.99/\$27.50  
Series: *Routledge Classics*
- 

**Bratton et al.:** Child Parent Relationship Therapy (CPRT) Treatment Manual: A 10-Session Filial Therapy Model for Training Parents  
Pb: 978-0-415-95212-5: 2006: 272pp. £23.95/\$37.50
- 

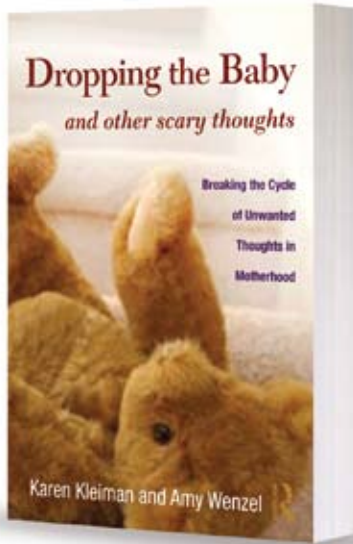
**Treasure et al.:** Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method  
Pb: 978-0-415-43158-3: 2007: 248pp. £13.50/\$24.95
- 

**Mortola et al.:** BAM! Boys Advocacy and Mentoring: A Leader's Guide to Facilitating Strengths-Based Groups for Boys  
Pb: 978-0-415-96318-3: 2007: 192pp. £23.95/\$37.50  
*Routledge Series on Counseling and Psychotherapy with Boys and Men*
- 

**Kendall/Comer:** Childhood Disorders, *Second Edition*  
Pb: 978-0-415-48642-2: May 2010: 304pp. £16.50/\$29.95  
Series: *Clinical Psychology: A Modular Course*  
Published by Psychology Press
- 

**DeGangi/Kendall:** Effective Parenting for the Hard-to-Manage Child: A Skills-Based Book  
Pb: 978-0-415-95546-1: 2007: 304pp. £14.95/\$24.95
- 

**Alexander/Le Grange:** My Kid is Back: Empowering Parents to Beat Anorexia Nervosa  
Pb: 978-0-415-58115-8: Feb 2010: 272pp. £9.99/\$17.95



What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. *Dropping the Baby and Other Scary Thoughts* addresses the nature of these intrusive, negative and unwanted thoughts.

**Dropping the Baby and Other Scary Thoughts**

Breaking the Cycle of Unwanted Thoughts in Motherhood

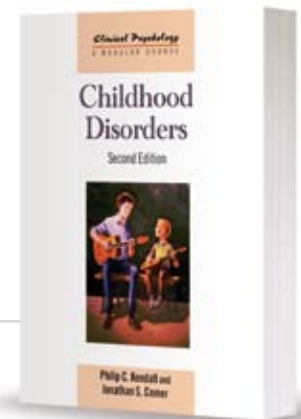
**Karen Kleiman and Amy Wenzel**

December 2010: 267pp.

Hb: 978-0-415-87700-8: £13.99/\$24.95

**Page 6**

In this revised edition of *Childhood Disorders*, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder.



**Childhood Disorders**

Second Edition

**Philip C. Kendall and Jonathan S. Comer**

May 2010: 304pp.

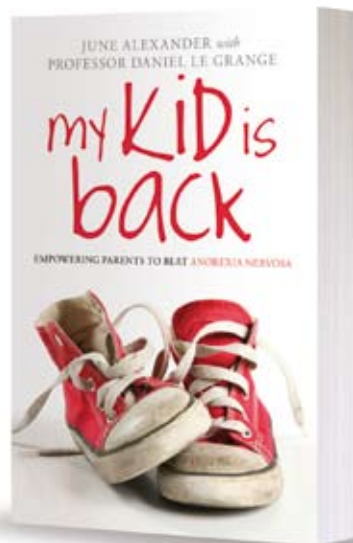
Hb: 978-0-415-48641-5: £47.50/\$85.00

Pb: 978-0-415-48642-2: £16.50/\$29.95

Series: *Clinical Psychology: A Modular Course*

Published by Psychology Press

**Page 10**



*My Kid is Back* explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

**My Kid is Back**

Empowering Parents to Beat Anorexia Nervosa

**June Alexander with Professor Daniel Le Grange**

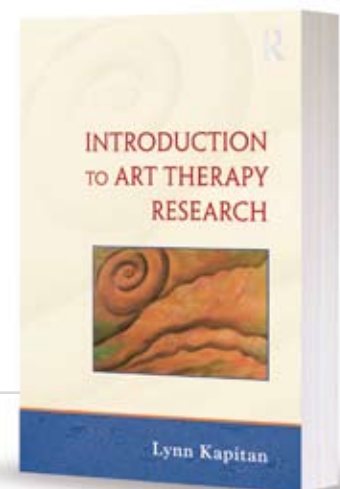
February 2010: 272pp.

Pb: 978-0-415-58115-8: £9.99/\$17.95

**Page 13**

[www.routledgementalhealth.com/my-kid-is-back](http://www.routledgementalhealth.com/my-kid-is-back)

*Introduction to Art Therapy Research* is a pragmatic text that introduces readers to the basics of research design in quantitative and qualitative methodology. It is written in the language of art therapy, with particular attention to the field's unique aspects, current thinking, and exemplars from published art therapy research studies.



**Introduction to Art Therapy Research**

**Lynn Kapitan**

June 2010: 328pp.

Hb: 978-0-415-87147-1: £22.50/\$39.95

**Page 20**



## Routledge Series on Counseling and Psychotherapy with Boys and Men

Series Editor: Mark S. Kiselica

The *Routledge Series on Counseling and Psychotherapy with Boys and Men* captures the burgeoning body of knowledge about the emotional and psychological lives of boys and men and the process of counseling them in a male-friendly manner. **Page 4**

[www.routledge.com/mentalhealth.com/boys-and-men](http://www.routledge.com/mentalhealth.com/boys-and-men)



## Clinical Psychology: A Modular Course Series

Series Editor: Chris R. Brewin

*Clinical Psychology: A Modular Course* was designed to overcome problems faced by the traditional textbook in conveying what psychological disorders are really like. All the books in the series, written by leading scholars and practitioners in the field, can be read as stand-alone texts, but they will also integrate with other modules to form a comprehensive resource in clinical psychology. **Page 10**

[www.psypress.com/clinicalmodular](http://www.psypress.com/clinicalmodular)



## CBT with Children, Adolescents and Families Series

Series Editor: Paul Stallard

The *CBT with Children, Adolescents and Families Series* is designed to provide clinicians and trainees with the latest evidence-based clinical programmes and materials for a range of common problems in a concise and accessible format. **Page 15**

[www.routledge.com/mentalhealth.com/cbt-with-children](http://www.routledge.com/mentalhealth.com/cbt-with-children)



## Adolescence and Society Series

Series Editor: John Coleman

In the 20 years since it began, this series has published some of the key texts in the field of adolescent studies. The series has covered a very wide range of subjects, almost all of them being of central concern to students, researchers and practitioners.

The primary aim of the series is to make accessible to the widest possible readership important and topical evidence relating to adolescent development. **Page 18**

[www.psypress.com/adolescence-and-society](http://www.psypress.com/adolescence-and-society)



## Series in Death, Dying, and Bereavement

Series Editor: Robert Neimeyer

Volumes published within the prestigious *Series in Death, Dying and Bereavement* are representative of the multidisciplinary nature of the intersecting fields of death studies, suicidology, end-of-life care, and grief counseling. **Page 24**

[www.routledge.com/death-dying-and-bereavement](http://www.routledge.com/mentalhealth.com/death-dying-and-bereavement)



## School-Based Practice in Action Series

Series Editors: Rosemary B. Mennuti, and Ray W. Christner

This series provides school-based practitioners with concise practical guidebooks that are designed to facilitate the implementation of evidence-based programs into school settings, putting the best practices in action.

**Page 27**

[www.routledge.com/school-based-practice-in-action](http://www.routledge.com/mentalhealth.com/school-based-practice-in-action)

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# Routledge Series on Counseling and Psychotherapy with Boys and Men

**Forthcoming!**

## Engaging Boys in Treatment

### Creative Approaches to the Therapy Process

Edited by **Craig Haen**, Adolescent Services for Kids in Crisis, Connecticut, USA

This edited book is the first of its kind to focus on creative approaches to

the treatment of boys, providing a valuable resource for both students and professionals seeking new and effective strategies for reaching their young male clients. Chapters discuss the theory behind and implementation of various creative approaches to therapy with boys, such as play therapy, including sports, movement, and gross-motor activity; animal-assisted therapy; the use of computers and digital animation; the use of superheroes in role play, metaphor, and play therapy; and art therapy.

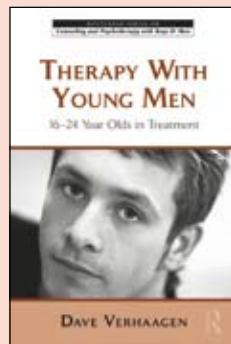
**CONTENTS: Part I: Overview.** Haen, Boys and Therapy: The Need for Creative Reformulation. Crenshaw, Barker, Depathologizing Masculine Strivings in Individual Psychotherapy with Boys. Malekoff, Principles and Practice for Strengths-based Group Work with Boys. **Part II: Creative Approaches.** Harvey, Physical Play with Boys of all Ages. Fine, Incorporating Animal-assisted Interventions in Therapy with Boys at Risk. Austin, Engaging At-risk Adolescent Boys Using Computers as a Therapeutic Medium. Haen, The Therapeutic Use of the Superhero in the Treatment of Boys. Cruz, Breaking through with Art: Creative Art Therapy Approaches for Working with At-risk Boys. **Part III: Special Populations.** Currie, Doing Anger Differently: Working Creatively with Angry and Aggressive Boys. Grönlund, Renck, Body-based Treatment Approaches for Young Boys Diagnosed with ADHD. Creeden, Bergman, Attunement is an Experiential Verb: Treating Issues of Attachment and Self-regulation in Young Males with Sexual Behavior Difficulties. Caldwell, Mincy, Klempin, Rafferty, De Loney, Strengthening Bonds Between Non-resident African American Fathers and Sons as a Way to Reduce or Prevent Youth Risky Behaviors. Moore, Beauregard, Creative Approaches to Working with Gender Variant and Sexual Minority Boys.

**March 2011: 352pp.**

**Hb: 978-0-415-87405-2: £56.00/\$100.00**

**Pb: 978-0-415-87406-9: £21.95/\$39.95**

*Routledge Series on Counseling and Psychotherapy with Boys and Men*



**New!**

## Therapy With Young Men

### 16-24 Year Olds in Treatment

**Dave Verhaagen**, Managing Partner/CEO, Southeast Psychological Services, USA

*"Drawing on more than 20,000 hours of treatment with young men, Dave*

*Verhaagen has developed a comprehensive therapeutic strategy to engage young men – not only in therapy, but actually engage them in their own lives. This book is more than 'useful' – it's vitally necessary."* - **Michael Kimmel**, SUNY Stony Brook; author, *Guyland: The Perilous World Where Boys Become Men*

Young adult men in their late teens and early twenties are statistically the least happy of any group of males surveyed. What's more, scholarly research tells us that adolescent boys and young men have the highest rates of behavioral problems, completed suicides, and drug and alcohol problems of any demographic group. Young men frequently come into therapy with unresolved identity issues, behavioral problems, and drug and alcohol problems.

In *Therapy with Young Men*, Verhaagen presents a comprehensive model of therapy with young men that address each of these concerns, beginning with the rapport and engagement process, and then moving to ways to increase motivation for changing problem behaviors and increasing adaptive skills. The book describes a wide range of novel, effective cognitive-behavioral interventions that can readily be employed in the therapeutic process.

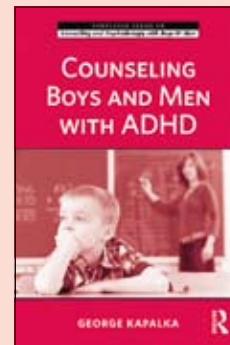
**CONTENTS:** The Culture of Young Men. What's Going on Developmentally? Are Men and Women Different? Qualities of Great Therapists. Prelude to Therapy. The Tone of Therapy. Creating a Context of Change. Guiding Principles of Therapy with Young Men. Beginning Therapy. Going Deeper. Helping Identity Formation. Improving Emotional Intelligence. Working on Behavioral and Substance Problems. Improving Relationship Skills.

**June 2010: 235pp.**

**Hb: 978-0-415-80446-2: £38.95/\$69.95**

**Pb: 978-0-415-80447-9: £19.50/\$34.95**

*Routledge Series on Counseling and Psychotherapy with Boys and Men*



## Counseling Boys and Men with ADHD

**George Kapalka**, Monmouth University, New Jersey, USA

*"Dr. Kapalka has written a clinically sensitive treatise on ADHD in males across the developmental spectrum... A must-read for clinicians working with ADHD at any age."* - **Mary Fristad**, Ohio State University, USA

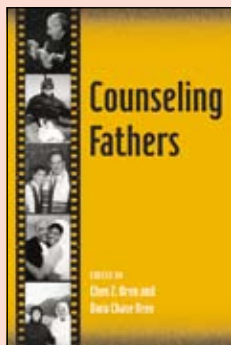
This guidebook provides a review of the counseling, educational, and medical interventions that can benefit boys and men with ADHD. Kapalka begins with a review of symptoms, etiology, assessment, and diagnosis and then discusses a variety of specific interventions: individual counseling, parenting techniques, classroom interventions, and group counseling techniques. The use of medication in conjunction with counseling is also considered. Throughout all of the topics covered, Kapalka emphasizes what it is like to be male and have ADHD and describes the impacts that masculinity and gender expectations can have on the expression of and response to the disorder.

**CONTENTS: Part I: Etiology, Epidemiology, and Course.** Symptoms of ADHD. Epidemiology and Course. Etiology. **Part II: Assessment and Diagnosis.** Assessment. Differential Diagnosis. **Part III: Counseling and Psychotherapy.** Individual Counseling with Boys and Young Teens. Parenting Techniques. Individual Counseling with Men and Older Teens. Working with Spouses and Partners of Men with ADHD. Group Techniques. **Part IV: Educational Interventions.** Educational Modification. Student Behavior Management. **Part V: Medical Approaches.** Stimulant Medications. Nonstimulant Medications. Nutritional and Herbal Interventions.

**2009: 373pp.**

**Pb: 978-0-415-99344-9: £24.95/\$39.95**

*Routledge Series on Counseling and Psychotherapy with Boys and Men*



## Counseling Fathers

Edited by **Chen Z. Oren**, and **Dora Chase Oren**, both at Phillips Graduate Institute, California, USA

*Counseling Fathers* is designed to bridge the gap between fathers and professional helpers. This book provides the mental health practitioner with a guide for working with fathers in therapy, whether the issues of fathering are at the

center of the discussions or in the background. The organization of the book speaks to the variety of today's fathers and the issues that they face.

**CONTENTS:** *Pleck*, Foreword. *Oren, Oren*, Preface: Counseling Diverse Populations of Fathers. **Part I: Historical Perspectives and Current Directions.** *Levant, Wimer*, The New Fathering Movement. *Oren, Englar-Carlson, Stevens, Oren*, Counseling Fathers from a Strength-based Perspective. *O'Neill, Luan*, An Assessment Paradigm for Fathers and Men in Therapy Using Gender Role Conflict Theory. **Part II: Counseling Fathers Across Ethnic Groups.** *Cervantes*, Mexican American Fatherhood: Culture, Machismo, and Spirituality. *Seto, Becker, Narang*, Working with Asian American Fathers. *Franklin*, Another Side of Invisibility: Present and Responsible Black Fathers. *Owen, Glass*, Counseling Caucasian Fathers: Affirming Cultural Strengths While Addressing White Male Privilege. **Part III: Counseling Specific Populations of Fathers.** *Robertson*, Challenges and Clinical Issues in Counseling Religiously Affiliated Fathers. *Berger*, Increasing Clinical and Contextual Awareness When Working with New Fathers. *Rochlen, McKelley*, Working Therapeutically with Stay-at-Home Fathers. *Arcinue, Prince*, Counseling Teen Fathers: A Developmentally Sensitive Strength-based Approach. *Alonzo*, Counseling Gay Fathers: Stepping into the New Frontier. *Remer, Massoth, Crumpton, Oren, Oren*, Counseling Older Fathers.

2009: 344pp.

Pb: 978-0-415-98864-3: £22.00/\$34.95

*Routledge Series on Counseling and Psychotherapy with Boys and Men*

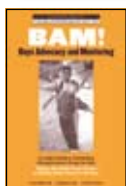
## Also in the Series



### Counseling Troubled Boys A Guidebook for Professionals

Edited by **Mark S. Kiselica**, **Matt Englar-Carlson**, and **Arthur M. Horne**

Pb: 978-0-415-95547-8: 2007: 336pp. £23.95/\$37.50



### BAM! Boys Advocacy and Mentoring

**A Leaders Guide to Facilitating Strengths-Based Groups for Boys – Helping Boys Make Better Contact by Making Better Contact with Them**

**Peter Mortola**, **Howard Hiton**, and **Stephen Grant**

Pb: 978-0-415-96318-3: 2007: 192pp. £23.95/\$37.50

[www.routledge mentalhealth.com/boys-and-men](http://www.routledge mentalhealth.com/boys-and-men)

## Books for Parents and Therapists

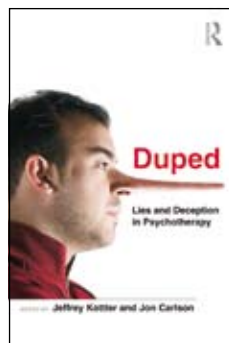
Forthcoming!

### Duped

#### Lies and Deception in Psychotherapy

Edited by **Jeffrey Kottler**, California State University, USA, and **Jon Carlson**, Governors State University, Illinois, USA

In this book, Jeffrey Kottler and Jon Carlson turn their well-polished therapy microscopes onto the subjects of lying,



falsehood, deceit, and the loss of trust in the counseling room. What do clients lie about and why? When do therapists mislead or withhold information from their clients? What does it all mean? In their exploration of this taboo material, the authors interview and share stories from dozens of their peers from all practice areas and modalities and ranging from neophytes to established master practitioners.

November 2010: 298pp.

Hb: 978-0-415-87623-0: £53.00/\$95.00

Pb: 978-0-415-87624-7: £19.95/\$34.95

New Edition!

### The Resilient Practitioner

#### Burnout Prevention and Self-Care Strategies for Counselors, Therapists, Teachers, and Health Professionals

Second Edition

**Thomas Skovholt**, and **Michelle Trotter-Mathison**, both at University of Minnesota, USA

This informative and inspirational volume creates a map for new mental health practitioners – one that provides a positive trinity of validity, clarity, and hope for novices, their teachers, and their supervisors.

December 2010: 304pp.

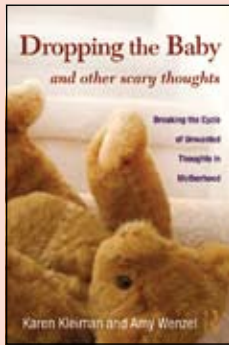
Hb: 978-0-415-98938-1: £56.00/\$95.00

Pb: 978-0-415-98939-8: £22.00/\$39.95

Series: *Counseling and Psychotherapy*

e-Examination copy available

[www.routledge mentalhealth.com/counseling-and-psychotherapy](http://www.routledge mentalhealth.com/counseling-and-psychotherapy)



Forthcoming!

## Dropping the Baby and Other Scary Thoughts

### Breaking the Cycle of Unwanted Thoughts in Motherhood

**Karen Kleiman**, The Postpartum Stress Center, Pennsylvania, USA, and **Amy Wenzel**, University of Pennsylvania, USA

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. *Dropping the Baby and Other Scary Thoughts* addresses the nature of these intrusive, negative and unwanted thoughts. Kleiman and Wenzel offer answers to the women who seek information, clarification, and validation in this useful resource for healthcare professionals working with these mothers. Written by two clinicians who have established themselves as leading experts and authors in this specialized field, this book maintains a compassionate tone that will be a voice familiar to many women in the postpartum community.

**CONTENTS: Part I: What's Going On.** A Mother's Anxiety. A Closer Look. Why Am I Having Scary Thoughts? **Part II: Clinical Concerns.** How Do You Know if You Need Help? Barriers to Relief. Screening for Scary Thoughts. **Part III: Breaking the Cycle of Scary Thoughts.** Things You Can Do to Feel Better. Can You Really Change How You Think? Professional Treatment Options. How Others Can Help. Your Personal Treatment Plan. Living with Uncertainty. *Barsky*, Afterword.

December 2010: 267pp.

Hb: 978-0-415-87700-8: £13.99/\$24.95



applied by all professionals in a variety of settings. Informed by a psychodynamic perspective, it identifies how we can avoid pathologising the behaviour of children by instead considering:

- the meaning of behaviour as an important source of communication
- the commonality of all experience for children, parents and families
- the emotional milestones of development
- the core principles of assessment and therapeutic communication and how they are applied.

Through the presentation of sound clinical evidence and research *Core Principles of Assessment and Therapeutic Communication with Children, Parents and Families* creates connections between clinical practice and community action and, as such, is essential reading for anyone working to promote child and family wellbeing.

**CONTENTS: Part I: Point of Departure.** The Rationale for the Book: A Return to Core Principles. Finding the Meaning in Communication: Setting the Scene for Work with Children, Young People and their Parents – How the Child 'Speaks' the Family. Providing a Developmental Scaffold for Effective Practice: Understanding Emotional Milestones. **Part II: The Clinical Core.** Practicalities of the Assessment Process: How to Begin. Practicalities of Therapeutic Communication: How to Continue. **Part III: Application of Core Principles of Assessment and Therapeutic Communication.** Applying Core Principles of Assessment and Therapeutic Communication in Schools, Early Childhood and Health Settings. Assessment and Therapeutic Communication in Working with Separation, Loss and Trauma. Towards an Organisational Understanding of Assessment and Therapeutic Communication: How the Professional 'Speaks' their Organisation. Toward the Promotion of Child and Family Wellbeing: Identifying the Commonality of all Experience for Children, Parents and Families.

May 2010: 192pp.

Hb: 978-0-415-55242-4: £60.00/\$100.00

Pb: 978-0-415-55243-1: £22.99/\$39.95

## Also by Karen Kleiman



### Therapy and the Postpartum Woman

#### Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help

Hb: 978-0-415-98996-1: 2008: 360pp. £26.95/\$42.50



New!

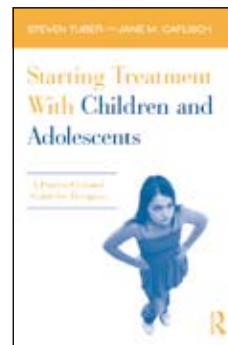
## Core Principles of Assessment and Therapeutic Communication with Children, Parents and Families

### Towards the Promotion of Child and Family Wellbeing

**Ruth Schmidt Neven**, Centre for Child and Family Development, Australia

Practitioners today are confronted by a bewildering array of therapies as 'cure alls.' This book provides an integrated approach to working with children, parents and families that can be

Forthcoming!



## Starting Treatment With Children and Adolescents

### A Process-Oriented Guide for Therapists

**Steven Tuber**, and **Jane M. Cafilisch**, both at City University of New York, USA

*Starting Treatment With Children and*

*Adolescents* provides new therapists with a time-tested framework for treatment and moment-by-moment guides to the first few sessions with a new patient. In twelve remarkable case studies, the authors lay out a different individual play-therapy session that includes a verbatim transcript, a running commentary on the techniques and theory used in each session, and an analysis of what worked, what didn't, and what else the clinician could have done to make the session as productive as possible. Clinicians will come away from the book with a clear sense of how other therapists actually work and how to best manage a therapy session.

**CONTENTS:** Preface: Process and Purpose. Setting the Frame for Psychologically-minded Treatment. **Part I: Setting the Frame.** A 13-Year-Old Boy. A 7-Year-Old Boy. A 9-Year-Old Girl. A 14-Year-Old Boy. **Part II: Responding to Challenges to the Frame.** A 9-Year-Old Girl. A 9-Year-Old Girl. A 5-Year-Old Girl. A 9-Year-Old Girl. **Part III: Broadening the Frame.** A 5-Year-Old Boy. A 7-Year-Old Girl. An 11-Year-Old Girl. A 7-Year-Old Boy. Conclusion.

March 2011: 272pp.

Hb: 978-0-415-88557-7: £62.99/\$100.00

Pb: 978-0-415-88558-4: £21.99/\$34.95

e-Examination copy available

New Edition!

## Hypnosis and Hypnotherapy with Children

Fourth Edition

**Daniel P. Kohen**, University of Minnesota, USA, and  
**Karen Olness**, Case Western Reserve University, Ohio, USA

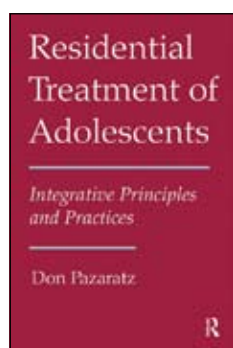
Updated and revised in response to developments in the field, this fourth edition of *Hypnosis and Hypnotherapy with Children* describes the research and clinical historical underpinnings of hypnosis and hypnotherapy with children and adolescents, and presents an up-to-date compendium of the pertinent world literature regarding this topic. The authors focus on the wide variety and scope of applications for hypnotherapy; including an integrated description of both clinical and evidence-based research as it relates to understanding approaches to various clinical situations, case studies of practical aspects, and how-to elements of teaching hypnotherapeutic skills to clients.

**CONTENTS: Part I: Hypnosis with Children.** Scenes of Childhood. Early Uses of Hypnosis with Children. Norms of Hypnotizability in Children. Correlates of Childhood Hypnotic Responsiveness. Hypnotic Induction for Children: Techniques, Strategies, and Approaches. **Part II: Hypnotherapy with Children.** General Principles of Child Hypnotherapy. Therapeutic Communication – Uses of Language. Hypnotherapy for Children with Psychological Issues. Hypnotherapy for Autism Spectrum Disorders. Hypnotherapy for Habit Disorders and Disorders of Elimination. Hypnotherapy for Problems in Learning, Performance, and Attentional Disorders. Hypnotherapy for Pain Control. Hypnotherapy for Pediatric Medical Problems. Hypnotherapy in Pediatric Surgery and Emergencies. Hypnotherapy in Palliative Care, Grief, and Bereavement. Biofeedback, Other Mind–Body Interventions and Hypnotherapy with Children. Self-Hypnosis: A Tool for Prevention and Prophylaxis. Psychoneuroimmunology. Global Hypnosis. Ethical and Legal Considerations. Teaching Child Hypnotherapy. Looking to the Future.

March 2011: 544pp.

Hb: 978-0-415-87627-8: £33.50/\$59.95

e-Examination copy available



## Residential Treatment of Adolescents

### Integrative Principles and Practices

**Don Pazaratz**, President and Founder,  
Warren Youth Services, USA

In *Residential Treatment of Adolescents*, Pazaratz discusses how practitioners can remain emotionally available for the needs of their residents without feeling

overwhelmed. Readers will be apprised of ways to deal judiciously with residents who try to circumvent, con, play workers off each other, and even attempt to seduce or manipulate the worker.

**CONTENTS:** Principles and Practices of Residential Treatment and of the Four Phase System. Evaluation. Psychosocial Assessment by Child and Youth Care Workers. Group Living. Family Work in Residential Treatment. Modifying Behaviour Through the Use of a Level/Reinforcement System. The Role of Direct Care Staff in Residential Treatment. Positive Discipline. Therapeutic Programming. The Role of Education in Residential Treatment. Residential Treatment of a Disturbed Adolescent: A Case Study. Afterword.

2009: 242pp.

Hb: 978-0-415-99708-9: £24.99/\$44.95



## Kids' Club Letters

### Narrative Tools for Stimulating Process and Dialogue in Therapy Groups for Children and Adolescents

**Georgia A. DeGangi**, in private practice, ITS (Integrated Therapy Services) for Children and Families, Inc., Maryland, USA, and **Marc A. Nemiroff**, Washington School of Psychiatry, Washington, D.C., USA

*Kids' Club Letters* provides an innovative approach to group psychotherapy for school-aged children who experience a range of social and emotional problems. A narrative therapy approach is adapted, taking the form of letters written by the therapist in the voice of a child who is asking for advice about interpersonal or emotional problems. The child in the letter is asking for guidance from the participants in the group. These letters were devised and written for the purpose of structuring responses in group psychotherapy, allowing the participants to address relevant issues for them individually and at the group level. The children in the groups had previously experienced difficulty discussing these issues spontaneously. Hence the 'Dear Group' letter format was born. The children did not know that the therapist had written the letters.

**CONTENTS: Part I: Identity Formation and Understanding Oneself.**

"Mirror, Mirror on the Wall: Who is the Smartest, Cleverest, Cutest, and Bravest of Them All?" Children Talk about Identity. The Square Peg in a Round Hole. Jack Sprat Got Too Fat, His Wife Got Too Lean. From Butterfly to Moth: Adolescent Metamorphosis. Back-stage or On-stage. To Be or Who to Be: The Question for Parents and the Budding Adolescent. An Unfocused Lens – The ADHD Child's Perspective. "What's Wrong With Me?" "Jumping Out of My Skin." **Part II: Interpersonal Effectiveness.** Living with a Short Fuse. Behind Closed Doors. Who's the Boss? "I'm the Boss!" Alone on a Desert Island. Tell Me Master What to Do! I'll Do Anything... To Be Popular Like You. The Sibling Battleground: Friend or Foe? Aliens and Earthlings: Which One Am I? I'm the Best! Right? Impulsivity vs. Social Inhibition: "I'm Too Scared to Speak" vs. "I Couldn't Help Myself." **Part III: Emotional Regulation.** "Feeling Blue" Look Out! I'm Going to Explode! Wringing My Hands!

2009: 256pp.

Pb: 978-0-415-99432-3: £27.95/\$49.95

## Also by Georgia A. DeGangi



### Effective Parenting for the Hard-to-Manage Child: A Skills-Based Book

**Georgia A. DeGangi and Anne Kendall**

Pb: 978-0-415-95546-1: 2007: 304pp. £14.95/\$24.95



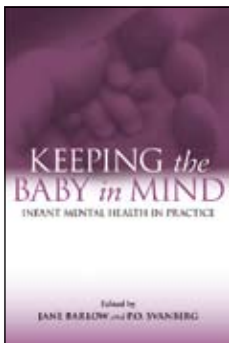
## Child Psychotherapy and Research

### New Approaches, Emerging Findings

Edited by **Nick Midgley**, Anna Freud Centre, London, UK, **Jan Anderson**, North Essex Partnership NHS Foundation Trust, UK, **Eve Grainger**, North-East London NHS Foundation Trust, UK, **Tanja Nesic-Vuckovic**, South Essex Partnership NHS Trust, UK, and **Cathy Urwin**, Tavistock Clinic, London, UK

*Child Psychotherapy and Research* brings together some of the most exciting and innovative research activity taking place within psychoanalytic child psychotherapy today. Drawing on the expertise of an international range of contributors, this book describes work at the cutting edge of research in psychoanalytic child psychotherapy and related areas.

2009: 248pp.  
Hb: 978-0-415-42202-4: £60.00/\$100.00  
Pb: 978-0-415-42203-1: £22.99/\$40.00



## Keeping the Baby in Mind

### Infant Mental Health in Practice

Edited by **Jane Barlow**, University of Warwick, UK, and **P.O. Svanberg**, Tyne and Wear NHS Trust, UK

*Keeping the Baby in Mind* builds on the expanding evidence pointing to the crucial importance of parents in

facilitating their baby's development, and brings together expert contributors to examine a range of innovative psychological and psychotherapeutic interventions that are currently being used to support parents and their infants. It not only provides an overview of the many projects that are now available but also makes recommendations for future practice.

2009: 224pp.  
Hb: 978-0-415-44297-8: £55.00/\$95.00  
Pb: 978-0-415-44298-5: £19.99/\$34.95



## Parenting with Reason

### Evidence-Based Approaches to Parenting Dilemmas

**Esther Yoder Strahan**, Clinical Psychologist, Ohio, USA, **Wallace E. Dixon, Jr.**, East Tennessee State University, USA, and **J. Burton Banks**, Medical Practitioner, Southwest Virginia, USA

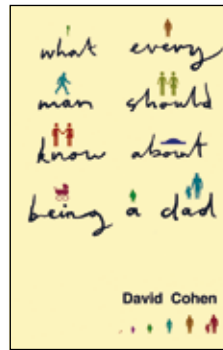
This is a rich common-sense manual on "evidence-based parenting." Grounded in the best research available, it provides

parents with the evidence to help them make the "tough parenting decisions" that they face.

2009: 376pp.  
Hb: 978-0-415-41328-2: £34.95/\$62.95  
Pb: 978-0-415-41329-9: £11.95/\$19.95

Series: *Parent and Child*

[www.parentingwithreason.com](http://www.parentingwithreason.com)



## What Every Man Should Know About Being a Dad

**David Cohen**, writer, psychologist and film maker

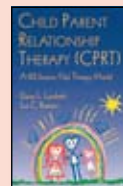
This book provides a guide for men on how to be a good dad. Dealing directly with the key issues and the many stresses that fathers can face, it looks at the psychological research on child development, parenting and fathering in particular.

2009: 240pp.  
Hb: 978-0-415-48616-3: £19.95/\$34.95  
Pb: 978-0-415-48617-0: £8.99/\$15.95

Series: *Parent and Child*

[www.psympress.com/dad](http://www.psympress.com/dad)

## Books from Garry L. Landreth



**Winner – Best Practices in Parent/Family Education Award for 2010 from the Texas Association of Parent Educators!**

**Landreth/Bratton: Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model**

Hb: 978-0-415-95110-4: 2005: 512pp. £26.95/\$42.50

**e-Examination copy available**



**Bratton et al.: Child Parent Relationship Therapy (CPRT) Treatment Manual: A 10-Session Filial Therapy Model for Training Parents**

Pb: 978-0-415-95212-5: 2006: 272pp. £23.95/\$37.50

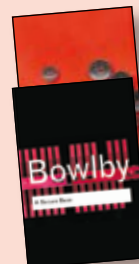


**Landreth et al.: CPRT Package**

Pack: 978-0-415-99633-4: 2008: £41.95/\$74.95

for a further book by Garry L. Landreth please see page 23

## Books by John Bowlby



**The Making and Breaking of Affectional Bonds**

Pb: 978-0-415-35481-3: 2005: 224pp. £9.99/\$19.95

Series: *Routledge Classics*

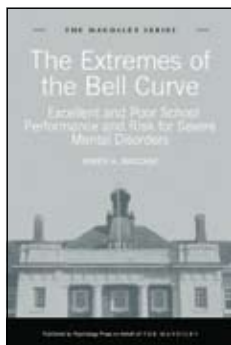
**A Secure Base**

Pb: 978-0-415-35527-8: 2005: 212pp. £11.50/\$19.95

Series: *Routledge Classics*

[www.routledge.com/classics](http://www.routledge.com/classics)

# Child and Adolescent Clinical Psychology and Psychiatry



**New!**

## The Extremes of the Bell Curve

### Excellent and Poor School Performance and Risk for Severe Mental Disorders

**James H. MacCabe**, Institute of  
Psychiatry, King's College London, UK

It has long been claimed that there is a strong association between high intelligence, or exceptional creativity, and mental illness. In this book, James MacCabe investigates this claim, using evidence from Swedish population data. He finds evidence that children who achieve either exceptionally high, or very low grades at school, are at greater risk of adult mental health disorders.

This book opens with an introduction to the epidemiology of psychosis with particular emphasis on cognitive performance and creativity. It goes on to provide a detailed description of the rationale, methods and results of a population study involving nearly a million individuals, conducted by Dr MacCabe in collaboration with colleagues in Stockholm, Sweden, and London, UK.

**CONTENTS:** Background. Intelligence, Creativity and Mental Illness. Premorbid Neuropsychological Functioning in Schizophrenia and Bipolar Disorder: A Review of the Published Literature. The Study of Premorbid School Performance in Schizophrenia and Other Psychoses. School Performance and Psychosis: Unadjusted Analyses. Confounding and Interaction: Finding the Model That Best Describes the Data. School Performance in Individual School Subjects. General Discussion. Appendix.

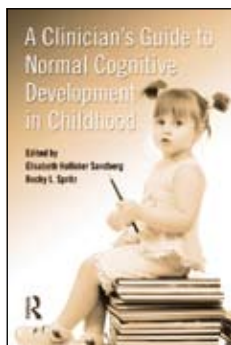
**March 2010: 200pp.**

**Hb: 978-1-84872-045-9: £25.95/\$44.95**

*The Maudsley Series*

**Published by Psychology Press**

[www.routledge/mentalhealth.com/maudsley](http://www.routledge/mentalhealth.com/maudsley)



## A Clinician's Guide to Normal Cognitive Development in Childhood

Edited by **Elisabeth Hollister Sandberg**,  
Suffolk University, Massachusetts, USA,  
and **Becky L. Spritz**, Roger Williams  
University, Rhode Island, USA

In *A Clinician's Guide to Normal Cognitive Development in Childhood*, every chapter provides students and established professionals with an accessible set of descriptions of normal childhood cognition, accompanied by suggestions for how to think about normal development in a clinical context. Each sub-topic within cognitive development is explicated through a succinct presentation

of empirical data in that area, followed by a discussion of the ethical implications. With an extensive review of data and clinical practice techniques, professionals and students alike will benefit enormously from this resource.

**2009: 267pp.**

**Hb: 978-0-415-99183-4: £21.99/\$34.95**

**New Edition!**

## Supervision and Clinical Psychology

### Theory, Practice and Perspectives

**Second Edition**

Edited by **Ian Fleming**, and **Linda Steen**,  
both at University of Manchester, UK

Supervision is crucial to good professional practice, and an essential part of training and continuing professional development. This second edition of *Supervision and Clinical Psychology* has been fully updated to include the recent developments in research, policy and the practice of supervision.

With contributions from senior trainers and clinicians who draw on both relevant research and their own experience, this book is rooted in current best practice and explores the main issues important to supervision. New areas of discussion include:

- the impact of the recent NHS policy
- developments in supervisor training
- practical aspects of supervision
- a consideration of future trends.

*Supervision and Clinical Psychology, Second Edition* is essential reading for clinical psychology supervisors as well as being invaluable to those who work in psychiatry, psychotherapy and social work.

**August 2011: 312pp.**

**Hb: 978-0-415-49511-0: £60.00/\$104.00**

**Pb: 978-0-415-49512-7: £22.99/\$40.00**



## Self-Esteem Across the Lifespan

### Issues and Interventions

Edited by **Mary H. Guindon**, Johns  
Hopkins University, Maryland, USA

*"Self-esteem luminary Mary Guindon and her all-star cast of experts deliver the definitive guide to understanding and enhancing self-esteem across the lifespan."*

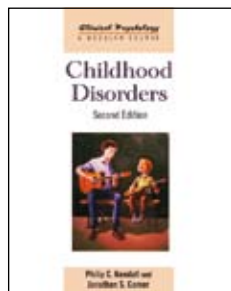
- **W. Brad Johnson**, United States Naval  
Academy, USA

As long as clinicians write "increase self-esteem" on treatment plans without knowing precisely what that means, there is a need for information on the construct of self-esteem and how its many components can have an effect on outcomes. This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention. Principles and concepts are applied to various clinical concerns faced by clients in each of the five developmental life stages: childhood, adolescence, young adulthood, midlife, and late life.

**2009: 387pp.**

**Hb: 978-0-415-99699-0: £24.95/\$44.95**

## Clinical Psychology: A Modular Course Series



Read and Recommend!

### Childhood Disorders

Second Edition

**Philip C. Kendall**, Temple University, Philadelphia, USA, and  
**Jonathan S. Comer**, Columbia University, New York, USA

"In this well written and highly informative textbook, Kendall and Comer lay out the rationale for and characteristics of a cognitive-behavioral approach to treating childhood mental disorders. The book is accessible, evidence-based, up-to-date, and full of clinical pearls." - **John S. March**, Duke University Medical Center, North Carolina, USA

In this revised edition of *Childhood Disorders*, Philip C. Kendall and Jonathan S. Comer present current information about the full range of psychological disorders that occur in childhood, and discuss the major models that guide the thinking about each disorder. Specific criteria for diagnosis are presented alongside the latest research findings to provide an overview of methods used for treating childhood disorders.

**CONTENTS:** Getting to Know the Children. Models of Childhood Disorders. Issues Facing the Disorders of Childhood. Conduct Disorders. Attention-Deficit Hyperactivity Disorder. Anxiety Disorders. Depression. Eating Disorders. Mental Retardation and Learning Disorders. Pervasive Developmental Disorders. Tics and Elimination Disorders. Questions for Your Consideration.

May 2010: 304pp.

Hb: 978-0-415-48641-5: £47.50/\$85.00

Pb: 978-0-415-48642-2: £16.50/\$29.95

Series: *Clinical Psychology: A Modular Course*

Published by Psychology Press



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### Hammen/Watkins: Depression, Second Edition

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### Emmelkamp/Kamphuis: Personality Disorders

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### Rachman: Anxiety, Second Edition

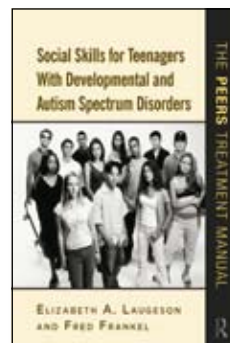
Hb: 978-1-84169-515-0: 2004: 224pp. £47.50/\$85.00

Pb: 978-1-84169-516-7: 2004: 224pp. £16.50/\$29.95

Examination copies available

[www.psypress.com/clinicalmodular](http://www.psypress.com/clinicalmodular)

## Child and Adolescent Clinical Problems



New!

### Social Skills for Teenagers With Developmental and Autism Spectrum Disorders

The PEERS Treatment Manual

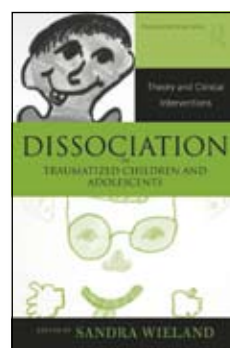
**Elizabeth A. Laugeson**, UCLA Semel Institute for Neuroscience and Human Behavior, California, USA, and **Fred Frankel**, UCLA School of Medicine, California, USA

This book is essential reading for any clinician or researcher working with teens with autism spectrum disorders. This parent-assisted intervention for teens is based on a comprehensive, evidence-based, 14-week program at UCLA's Semel Institute for Neuroscience and Human Behavior, the manualization of the popular UCLA PEERS Program, and the success of the *Children's Friendship Training* (Routledge, 2002) manual for children. After reviewing techniques designed to help parents and therapists tailor the manual to the needs of the teens with whom they are working, the text moves on to the individual treatment sessions and strategies for tackling issues such as developing conversational skills, choosing friends and using humor.

**CONTENTS: Part I: Introduction. Part II: Preparing for Treatment Screening. Part III: Treatment Sessions.** Session 1: Introduction and Conversational Skills I – Trading Information. Session 2: Conversational Skills II – Two-way Conversations. Session 3: Conversational Skills III – Electronic Communication. Session 4: Choosing Appropriate Friends. Session 5: Appropriate Use of Humor. Session 6: Peer Entry I – Entering a Conversation. Session 7: Peer Entry II – Exiting a Conversation. Session 8: Get-togethers. Session 9: Good Sportsmanship. Session 10: Rejection I – Teasing and Embarrassing Feedback. Session 11: Rejection II – Bullying and Bad Reputations. Session 12: Handling Disagreements. Session 13: Rumors and Gossip. Session 14: Graduation and Termination. Case Examples. List of Key Terms. **Appendix.** Assessment Measures. Session Materials.

May 2010: 448pp.

Pb: 978-0-415-87203-4: £27.99/\$49.95



Forthcoming!

### Dissociation in Traumatized Children and Adolescents

Theory and Clinical Interventions

Edited by **Sandra Wieland**, in private practice, Centre for Counselling and Therapy, British Columbia, Canada

*Dissociation in Traumatized Children and Adolescents* is a groundbreaking text for the study of dissociation in young people. In eight unique and compelling case studies, the authors lay out detailed narratives that illustrate both the therapy's progression as well as the therapist's reactions and

thought process during case development. These case studies present many aspects of working with traumatized children who dissociate – trauma processing, attachment work, work with the family, interactions with the community – and give frank analysis of the difficulties clinicians encounter in various therapeutic situations and how and why they arrived at particular therapeutic decisions.

**CONTENTS:** *Wieland*, Dissociation: What It Is, How It Presents, and How to Understand It. *Baita*, Dalma (4 Years Old): Recognition and Treatment of DID in a Toddler. *Grimminck*, Emma (6 Years Old): Treatment of the Early Sexual Abuse Led to Integration. *Potgieter Marks*, Jason (7 Years Old): Two Week Intensive Therapy for Adopted Child with Dissociation. *Waters*, Ryan (9 Years Old): Treatment of Somatoform Dissociation (Encopresis and Multiple Physical Complaints) in Young Boy. *Wieland*, Joey (12 Years Old): Treatment of Child with DDNOS Following Early Family Trauma. *Silberg*, Angela (14 Years Old): Working with a Dissociative Teen with Medical Trauma. *Yehuda*, Leroy (7 Years Old) Speech Therapy and Consulting for a Dissociative Child in a School Setting. *Wieland*, Discussion and Conclusion.

November 2010: 384pp.

Hb: 978-0-415-87749-7: £24.99/\$44.95

Series: *Psychosocial Stress*

e-Examination copy available

[www.routledgeclinicalhealth.com/pss](http://www.routledgeclinicalhealth.com/pss)

Forthcoming!

## Progressive Counting Within a Phase Model of Trauma-Informed Treatment

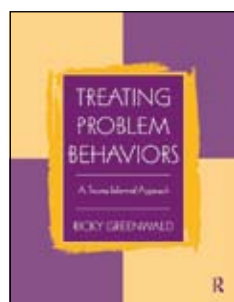
**Ricky Greenwald**, Trauma Institute/Child Trauma Institute, Massachusetts, USA

Clinicians are always looking for an intervention that may be more effective, more efficient, better tolerated by clients, or easier to master. Progressive counting is a significant advance in trauma treatment: a study comparing progressive counting to eye movement desensitization and reprocessing (EMDR, the prior leader in trauma treatment efficiency) found progressive counting to be as efficient as EMDR and as well tolerated by clients. Moreover, progressive counting is much simpler to learn and to do properly and is preferred over EMDR by most therapists trained in both. Now that progressive counting has been proven effective and efficient in controlled research, this book is here to show you how to do it.

**CONTENTS:** Introduction. Understanding Trauma. The Structure of Trauma-Informed Treatment. The Research on This Treatment Approach. Setting Up Treatment. History. Trauma-Informed Case Formulation. Making a Treatment Contract. Safety and Stabilization. Coping Skills. Enhancing Attachment. Trauma Resolution with PC. PC Problem-solving. After Trauma Resolution. Case Examples. Challenging Cases: Applying the Model. Appendices.

May 2011: 304pp.

Pb: 978-0-415-88743-4: £28.99/\$44.95



## Treating Problem Behaviors

### A Trauma-Informed Approach

**Ricky Greenwald**, Trauma Institute/Child Trauma Institute, Massachusetts, USA

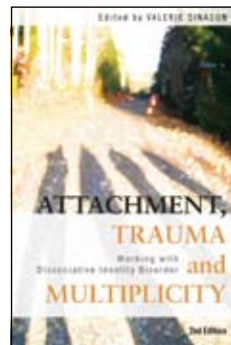
The book is designed as a user-friendly textbook/manual for mental health professionals. It teaches a trauma-

informed treatment approach as an organizing framework for a series of empirically supported interventions including motivational interviewing, cognitive-behavioral skills training, trauma resolution, and relapse prevention. Although it notes the importance of a systemic treatment approach, the focus is on the individual component of treatment.

**CONTENTS:** Introduction. Trauma-Informed Treatment for Problem Behaviors. Initial Interview. History. Motivation. Treatment Contract. Avoid High Risk. Self-control Skills. More Skills and Strategies. Reduce Stress. Trauma Resolution. Anticipate Future Challenges. Challenging Cases. Appendices.

2009: 376pp.

Pb: 978-0-415-99801-7: £25.00/\$44.95



New Edition!

## Attachment, Trauma and Multiplicity

### Working with Dissociative Identity Disorder

Second Edition

Edited by **Valerie Sinason**, Clinic for Dissociative Studies, UK

This revised edition of *Attachment, Trauma and Multiplicity* investigates the subject of Dissociative Identity Disorder. With brand new chapters on police work and attachment theory it has been fully updated to include new research and the latest understanding of patterns of attachment theory that lead to dissociation.

With contributions from psychotherapists, psychiatrists, psychoanalysts and service users this book covers the background history and a description of the condition along with the issues of diagnoses and treatment. It also looks at:

- the phenomenon of DID
- the conflicting models of the human mind that have been found to try and understand DID
- the political conflict over the subject including problems for the police
- clinical accounts and personal writing of people with DID.

*Attachment, Trauma and Multiplicity, Second Edition* will prove essential reading for therapists and mental health workers as well as being a valuable resource for graduates and researchers.

**CONTENTS: Part I: Mapping the Territory: Childhood Aetiology, Abuse, Attachment Theory Research, Dissociation, Dissociative Identity Disorder.** *Sinason*, Introduction. *Fonagy*, Multiple Voices versus Meta-cognition: An Attachment Theory Perspective. *Steele*, Multiplicity Revealed in the Adult Attachment Interview: When Integration and Coherence Means Death. *Bentovim*, Undoing the Effects of Complex Trauma – Creating a Lifespan Trauma Narrative with Children and Young People. *Swartz*, Dissociation and Spirit Possession in Non-Western Countries: Notes Towards a Common Research Agenda.

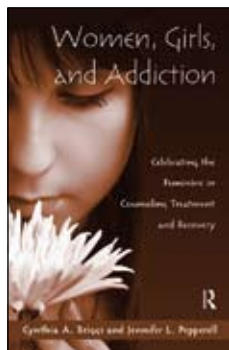
**Part II: Attachment Focus: Mainly Theory.** *Sachs*, As Thick as Thieves, Or: The Ritual Abuse Family – An Attachment Perspective on a Forensic Relationship. *Southgate*, A Theoretical Framework for Understanding Multiplicity and Dissociation. *Zulueta*, Post-Traumatic Stress Disorder and Dissociation: The Traumatic Stress Service in the Maudsley Hospital. *Mollon*, Dark Dimensions of Multiple Personality. **Part III: Attachment Focus – Mainly Practice.** *Sinason*, The Shoemaker and the Elves. *Goodwin*, Snow White and the Seven Diagnoses. *Richardson*, Will You Sit By Her Side? An Attachment-based Approach to Work with Dissociative Conditions. *Whewell*, Profound Desolation: The Working Alliance with Dissociative Patients in an NHS Setting. **Part IV: Other Frames of Reference: Linguistic, Diagnostic, Forensic and Historic Issues.** *Galton*, Dissociation Sounds More Scientific. *Coleman*, Dissociative Disorders: Recognition within Psychiatry and RAINS. *Sinason*, Interview

With Detective Chief Inspector Clive Driscoll. *Kahr*, Multiple Personality Disorder and Schizophrenia: An Interview with Professor Flora Rheta Schreiber. Information for People With DID and Professionals Working With Them.

December 2010: 248pp.

Hb: 978-0-415-49179-2: £60.00/\$104.00

Pb: 978-0-415-49181-5: £22.99/\$40.00



## Women, Girls, and Addiction

### Celebrating the Feminine in Counseling Treatment and Recovery

**Cynthia A. Briggs**, Winona State University, Minnesota, USA, and **Jennifer L. Pepperell**, Minnesota State University – Mankato, USA

*"In this landmark text, [the authors] have given a voice to a population and attention*

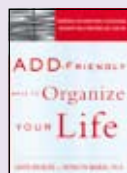
*to a problem that heretofore has been overlooked, underserved, or inappropriately treated. Readers will find within these pages a wealth of ways to productively work with addicted women and girls. This book is both a first and a foremost contribution to the field of addiction."* - **Samuel T. Gladding**, Wake Forest University, USA; former president of the American Counseling Association

*Women, Girls, and Addiction* is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women, and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective.

2009: 220pp.

Hb: 978-0-415-99352-4: £18.00/\$32.95

Bestseller!



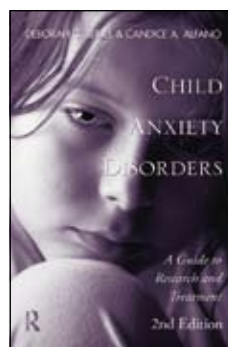
Over 100,000 Copies in Print!

### ADD-Friendly Ways to Organize Your Life

Strategies that Work from a Professional Organizer and a Renowned ADD Clinician

**Judith Kolberg** and **Kathleen Nadeau**

Pb: 978-1-58391-358-1: 2002: 280pp. £13.50/\$21.95



New Edition!

## Child Anxiety Disorders

### A Guide to Research and Treatment

Second Edition

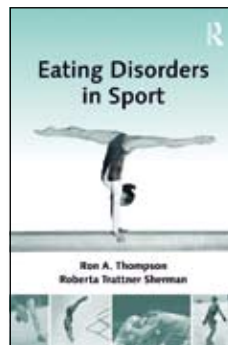
**Deborah C. Beidel**, University of Central Florida, Florida, USA, and **Candice A. Alfano**, The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment, primarily from pharmacological and cognitive-behavioral perspectives. Addressing these perspectives is the second edition of *Child Anxiety Disorders*, by Drs. Beidel and Alfano. They pay close attention to new pharmacological and psychological interventions as well as multi-center trials that compare single and combined treatment modalities.

**CONTENTS: Part I: Overview of Childhood Anxiety Disorders.** An Introduction to Children's Fears. An Introduction to Childhood Anxiety Disorders. Developmental Considerations. Sleep and Anxiety Disorders. Etiological Factors in the Development of Anxiety Disorders. **Part II: Anxiety Disorders in Children.** Excessive Worry and Generalized Anxiety Disorder. Sleep Phobias. Separation Anxiety Disorder. Social Phobia and Selective Mutism. Obsessive-Compulsive Disorder and Trichotillomania. Panic Disorder. Posttraumatic Stress Disorder.

January 2011: 500pp.

Hb: 978-0-415-87373-4: £27.95/\$49.95



New!

## Eating Disorders in Sport

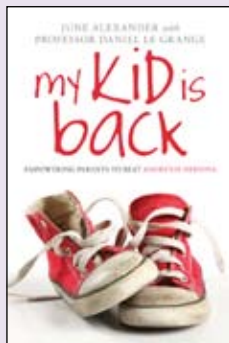
**Ron A. Thompson**, and **Roberta Trattner Sherman**, both in private practice, Indiana, USA

In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders, and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.

**CONTENTS:** Introduction. Eating Disorders: Clinical and Subclinical Conditions. Eating Disorders and Disordered Eating in Sport: A Review of the Literature. Risk Factors for the Development of Problem Eating. Identification of Eating Disorders and Related Conditions. Management of Eating Problems in the Sport Environment. Treatment Issues. Medical Considerations. Prevention and Education.

January 2010: 300pp.

Hb: 978-0-415-99836-9: £28.00/\$49.95



Read and Recommend!

## My Kid is Back Empowering Parents to Beat Anorexia Nervosa

June Alexander, writer, Australia,  
with Daniel Le Grange, University  
of Chicago, Illinois, USA

"My Kid is Back is packed with  
practical, helpful and inspiring  
information. It gives parents a

powerful message of hope – that recovery from an eating  
disorder is possible." - Susan Ringwood, Chief Executive, Beat, UK

*My Kid is Back* explains how family-based treatment can  
greatly reduce the severity of anorexia nervosa in children and  
adolescents, allowing the sufferer to return to normal eating  
patterns, and their families to return to normal family life.

In this book ten families share their experiences of living with  
anorexia. Parents describe their frustrations in seeking help  
for their child and dealing with their behaviour and sufferers  
discuss how the illness gets into their mind and takes over  
their personality.

By focusing on the Maudsley family approach and expert  
advice from Professor Daniel Le Grange, and including clear  
lists of illness symptoms, strategies for parents and carers  
to follow, and information on getting further treatment and  
support, this book proves an essential resource for families  
who want to win the battle with anorexia nervosa.

**CONTENTS:** Introduction. *Le Grange*, Family-based Treatment of  
Adolescent Anorexia Nervosa: The Maudsley Approach. **Family Case  
Studies.** Chloe. Matthew. Kelly. Kristen. Hayley. Claire. Kylie. Billie.  
Annabelle. Alice. What Are Parents to Do? *Le Grange*, How to Tell if Your  
Child Has Anorexia Nervosa. Navigating the Search for Family-based  
Treatment. Appendix: Listing of Providers and Support Services.

February 2010: 272pp.

Pb: 978-0-415-58115-8: £9.99/\$17.95

[www.routledgeclinicalhealth.com/my-kid-is-back](http://www.routledgeclinicalhealth.com/my-kid-is-back)



Translated into Prevention or Resilience. *Byrne, Dove*, Obesity and Eating  
Disorders. **Part II.** *Lyster-Mensch*, Introduction. *Birmingham*, Physical Effects  
of Eating Disorders. *Russell, Hart, Wakefield, Collins*, The Role of Nutrition.  
*David, Broft, Walsh*, Pharmacotherapy of Eating Disorders. *Wade, Watson*,  
Psychotherapies in Eating Disorders. *Hoste, Celio-Doyle, Le Grange*,  
Families as an Integral Part of the Treatment Team. *Milstein, Arnold*,  
Effectively Engaging the Family in Treatment. *Treasure, Goddard, Raenker*,  
Involving Carers. *Evans, Waller*, The Therapeutic Relationship in CBT for  
Adults with Eating Disorders. *Federici, Wisniewski*, Integrating Dialectical  
Behaviour Therapy and Family Based Treatment for Multi Diagnostic  
Adolescent Patients. *Bulik, Baucom, Kirby*, Couple Therapy for Anorexia  
Nervosa. *Olmsted, Pike, Carter*, Relapse Prevention. **Part III.** *Cawley*,  
Introduction. *Doyle, Smyth, Le Grange*, Childhood and Adulthood. *Madden*,  
Recognising and Diagnosing Early Onset of Eating Disorders. *O'Toole*,  
Food Phobia. *Claudino, Morgan*, Unravelling Binge Eating Disorder.  
*Gilbert*, Eating Disorders in African American Women. *Sundgot-Borgen*,  
*Bratland-Sanda*, Eating Disorders and Athletes. *Morgan*, Male Eating  
Disorders. **Part IV.** *Vickery*, Introduction. *Von Ranson, Laverty*, Narrowing  
the Psychotherapy Research-Practice Gap. *Ringwood*, Why Carers Need to  
Know about Research. *Grefe*, Promote Full Agenda of Rights. *Tantillo*, The  
Patient-Family-Clinician-Researcher Quest for Quality Care.

July 2011: 264pp.

Hb: 978-0-415-58145-5: £65.00/\$110.00

Pb: 978-0-415-58146-2: £24.99/\$44.95

## Also by Janet Treasure



**Treasure et al: The Clinician's Guide to  
Collaborative Caring in Eating Disorders:  
The New Maudsley Method**

Hb: 978-0-415-48424-4: 2009: 304pp. £65.00/\$110.00

Pb: 978-0-415-48425-1: 2009: 304pp. £24.99/\$42.95

**Treasure et al.: Skills-based Learning for  
Caring for a Loved One with an Eating  
Disorder: The New Maudsley Method**

Pb: 978-0-415-43158-3: 2007: 248pp. £13.50/\$24.95

**Treasure: Anorexia Nervosa: A Survival  
Guide for Families, Friends and Sufferers**

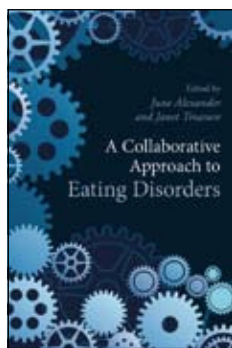
Pb: 978-0-86377-760-8: 1997: 176pp. £13.50/\$24.95

**Treasure/Schmidt: Clinician's Guide:  
Getting Better Bit(e) by Bit(e): A Survival  
Kit for Sufferers of Bulimia Nervosa and  
Binge Eating Disorders**

Hb: 978-0-86377-730-1: 1997: 240pp. £25.95/\$47.50

**Schmidt/Treasure: Getting Better Bit(e)  
by Bit(e): A Survival Kit for Sufferers  
of Bulimia Nervosa and Binge Eating  
Disorders**

Pb: 978-0-86377-322-8: 1993: 160pp. £13.50/\$26.95



Forthcoming!

## A Collaborative Approach to Eating Disorders

Edited by June Alexander, writer,  
Australia, and Janet Treasure, Maudsley  
Hospital and King's College London, UK

While many aspects of eating disorders  
remain a mystery, there is growing  
evidence that collaboration is an

essential element for treatment success. This book emphasises  
and explains the importance of family involvement as part of a  
unified team approach towards treatment and recovery.

*A Collaborative Approach to Eating Disorders* draws on up-to-  
date evidence based research as well as case studies and clinical  
vignettes to illustrate the seriousness of eating disorders and the  
impact on both the sufferer and others.

**CONTENTS:** *Katzman*, Foreword. **Part I.** *Arnold*, Introduction.  
*Konstantellou, Eisler, Campbell*, The Family Context. *Treasure, Kanakam*,  
The Links Between Genes and the Environment in the Shaping of  
Personality. *Kaye, Ursula, Klabunde*, Neurobiology Explanations for  
Puzzling Behaviours. *Zucker, Moskovich, Vinson, Watson*, Emotion and  
Empathic Understanding. *Paxton*, Modifiable Risk Factors that Can be

## From Bryan Lask and Rachel Bryant-Waugh



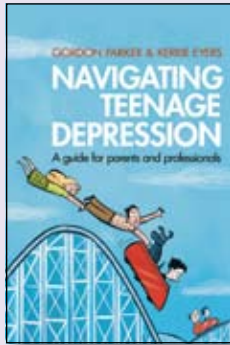
**Eating Disorders in Childhood  
and Adolescence, Third Edition**

Hb: 978-0-415-39457-4: 2007: 424pp. £65.00/\$120.00

Pb: 978-0-415-42589-6: 2007: 424pp. £23.95/\$42.50

**Eating Disorders:  
A Parents' Guide, Revised Edition**

Pb: 978-1-58391-860-9: 2004: 192pp. £9.99/\$18.00



Read and Recommend!

## Navigating Teenage Depression A Guide for Parents and Professionals

**Gordon Parker**, University of New South Wales & Black Dog Institute, Sydney, Australia, and **Kerrie Eyers**, Black Dog Institute, Sydney, Australia

*"If you suspect your teenager is depressed, read this book. It contains the distilled wisdom of Professor Gordon Parker and Kerrie Eyers, who have been successfully helping young people overcome depression at their Black Dog Institute in Australia for many years. This book is a ray of light that shows the way out of a dark place."* - **Alan Carr**, University College Dublin, Ireland

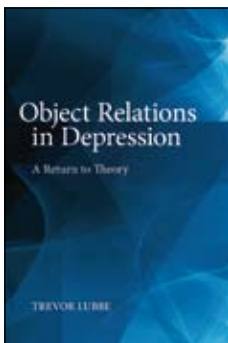
First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. How can you tell whether it is just typical teenage ups and downs that will pass, or something more serious? How can we reliably identify and support teenagers with depression?

In this book experienced clinician and researcher Gordon Parker explains how to systematically identify different mood disorders and contributing factors. He and co-author Kerrie Eyers explain when clinical treatment is required and outline treatment options.

**CONTENTS:** Navigating the Maze: Three Stories of Teenage Depression. Background Stresses: Teenagers Shoulder Some Heavy Baggage. What Depression Feels Like: Young People Describe its Effects. Getting to Assessment: Some Ways to Overcome Teenage Reluctance. Making the Diagnosis: Guidelines for a Systematic Approach. The Assessment Report: And How Teenagers Adjust to the Diagnosis. A Quick Look at Treatment and Management: And the Impact of Personality Style. Maintaining Good Mental Health: Tips from Teens and Their Supporters. Appendix I: Examining the Use and Effectiveness of Antidepressants in Teens. Appendix II: Assessing the Risk of Harm in Teenagers with Depression. Appendix III: Teenagers Share their Most Effective Wellbeing Strategies. Appendix IV: The Mood Assessment Program (MAP).

March 2010: 240pp.

Pb: 978-0-415-58337-4: £9.99/\$17.95



Forthcoming!

## Object Relations in Depression A Return To Theory

**Trevor Lubbe**, in private practice, South Africa

*"This is a unique book that brings together in a coherent and meaningful developmental sequence psychoanalytic ideas about depression... The book,*

*beautifully illustrated with clinical vignettes, provides an essential guide for clinicians accumulating the wisdom of generations of psychoanalytic thinkers."* - **Peter Fonagy**, University College London, UK

This book examines the role of British Object Relations Theory in order to explore our understanding and treatment of depression. It challenges current conceptualizations of depression whilst



simultaneously discussing the complex nature of depression, its long lasting and chronic implications and the susceptibility to relapse many may face.

*Object Relations in Depression* offers a psychoanalytic discussion of the multifaceted nature of depression and as such will be of great interest to all those in the psychoanalytic field.

**CONTENTS:** Depression Today: A Critical Point in Understanding and Treatment. Freud's Theory of Depression. Karl Abraham's Theory of Depression. Melanie Klein's Theory of Depression. When the Body Gets Depressed: Henri Rey. Winnicott on Depression. A Note on Fairbairn's Concept of 'Futility'. Analytic Sub-types of Depression. A Theoretical Contribution to the Problem of Relapse. The Correlation Between Dream Work and the Work of Mourning. Case Study: A Type of Identification Found in Depression-related Loss. The Depressed Child: The Scandal of Prescribing Antidepressants. Freud's Depression. Klein's Depression. Bion's Depression.

December 2010: 160pp.

Hb: 978-0-415-57676-5: £50.00/\$80.00

Pb: 978-0-415-57677-2: £19.99/\$31.95

for further books on Child and Adolescent Psychoanalysis please see pages 16, 25



New!

## Protecting Children from Violence Evidence-Based Interventions

Edited by **James Michael Lampinen**, University of Arkansas, USA, and **Kathy Sexton-Radek**, Elmhurst College, Illinois, USA

Providing an evidence-based understanding of the causes and consequences of violence against children, experts in the field examine the best practices used to help protect children from violence. Various types of violence are reviewed including physical and sexual abuse, (cyber-)bullying, human trafficking, online predators, abductions, and war.

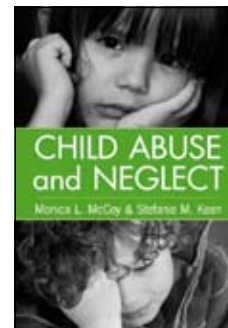
April 2010: 392pp.

Hb: 978-1-84872-840-0: £49.95/\$75.00

Pb: 978-1-84872-841-7: £22.50/\$34.95

Published by Psychology Press

e-Examination copy available



## Child Abuse and Neglect

Edited by **Monica L. McCoy**, Converse College, South Carolina, USA, and **Stefanie M. Keen**, University of South Carolina Upstate, USA

Child abuse and neglect are examined in this new book – the latest research, what it entails, and how to recognize and report it. Federal law mandates the reporting of suspected child

maltreatment by many professionals. This book will appeal to those who one day find themselves in the role of a mandated reporter.

2009: 312pp.

Hb: 978-0-8058-6244-7: £32.50/\$59.95

Published by Psychology Press

e-Examination copy available

# Child and Adolescent Cognitive Behavior Therapy

Forthcoming!

## Teaching Child Psychiatrists (and Other Busy Mental Health Professionals!) Cognitive Behavioral Therapy

### Rubrics and Rudiments

**Robert D. Friedberg, Angela A. Gorman, and Laura Hollar-Wilt**, all at Penn State Milton Hershey Medical Center, USA, **Adam Biuckians**, in private practice, Pennsylvania, and **Michael Murray**, Penn State Milton Hershey Medical Center, USA

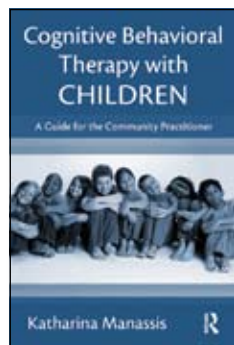
Illustrations by **Jolene H. Garcia**

*Teaching Child Psychiatrists Cognitive Behavioral Therapy* is an essential resource for clinical child psychologists, psychiatrists and psychotherapists, and mental health professionals. Since 2001, psychiatry residency programs have required resident competency in five specific psychotherapies, including cognitive-behavioral therapy. This unique text is a guidebook for instructors and outlines fundamental principles, while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff.

**CONTENTS:** Introduction: The Whys and Wherefores of this Book. Case Conceptualization. Therapeutic Stance. Session Structure. Psychoeducation. Self Monitoring. Behavioral Techniques. Cognitive Restructuring and Problem Solving Interventions. Rational Analysis. Behavioral Experiments and Exposure. Incorporating CBT Concepts into Medication Management. Improving as a CB Psychotherapist.

February 2011: 304pp.

Hb: 978-0-415-99127-8: £22.00/\$39.95



## Cognitive Behavioral Therapy with Children

### A Guide for the Community Practitioner

**Katharina Manassis**, University of Toronto, Canada

This book aims to bridge the gap between child cognitive behavioral therapy (CBT) as practiced in academic

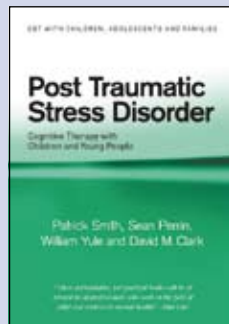
centers and its use in community settings. Because CBT is considered the 'gold standard' in the treatment of a variety of child mental health conditions and has been evaluated in numerous randomized controlled trials, practitioners often face pressure to "do CBT" for children meeting criteria for certain disorders, especially anxiety and depression. This book uses a step-by-step, practical approach to spell out child CBT assessment and treatment considerations that are often not detailed in treatment manuals but are highly relevant to community practitioners.

2009: 288pp.

Pb: 978-0-415-99670-9: £22.50/\$39.95

Examination copy available

# CBT with Children, Adolescents and Families Series



## Post Traumatic Stress Disorder

### Cognitive Therapy with Children and Young People

**Patrick Smith, Sean Perrin, William Yule, and David M. Clark**, all at Institute of Psychiatry, King's College London, UK

*"Written by leading experts in the field... this book will be an invaluable resource for mental health professionals who work with traumatized children and adolescents and their parents."*

- **Professor Anke Ehlers**, King's College London, UK

*Post Traumatic Stress Disorder* provides the therapist with instructions on how CT models can be used with children and young people to combat the disorder.

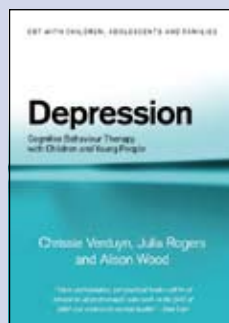
The authors provide case studies and practical tips, as well as examples of self-report measures and handouts for young people and their parents which will help the practitioner to prepare for working with this difficult client group.

2009: 224pp.

Hb: 978-0-415-39163-4: £55.00/\$95.00

Pb: 978-0-415-39164-1: £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



## Depression

### Cognitive Behaviour Therapy with Children and Young People

**Chrissie Verduyn**, Central Manchester & Manchester Children's University Hospitals NHS Trust, UK, **Julia Rogers**, Berkshire Healthcare NHS Foundation Trust, UK, and **Alison Wood**, in private practice, Manchester, UK

*"This is a well-written, well-researched and clearly presented book. If you are training or trained in CBT and working in the area of depression with children or adolescents, this is the book for you."*

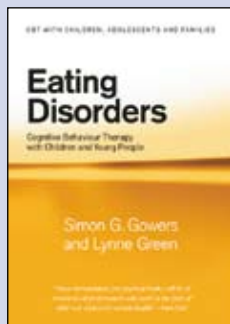
- **Caroline Anstiss**, *Counselling Children and Young People*

*Depression: Cognitive Behaviour Therapy with Children and Young People* provides an accessible guide to recognising and treating depression in young people. Based on a successful manual developed for research trials, this book presents an overview of a cognitive behavioural model for working with this age group, as well as practical ideas about how to start therapy.

2009: 216pp.

Pb: 978-0-415-39978-4: £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



## Eating Disorders Cognitive Behaviour Therapy with Children and Young People

**Simon G. Gowers**, University of Liverpool, UK, and **Lynne Green**, Cheshire and Merseyside Eating Disorders Service for Adolescents, UK

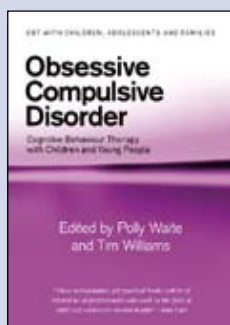
In this book, Simon Gowers and Lynne Green bring together up-to-date research, clinical examples and useful tips to guide practitioners in working with young people, as well as helping families of children and adolescents to deal with their difficulties. *Eating Disorders* provides the clinician with an introduction about how CBT can be used to challenge beliefs about control, restraint, weight and shape, allowing young people to manage their eating disorder.

**2009: 200pp.**

**Hb: 978-0-415-44462-0: £55.00/\$95.00**

**Pb: 978-0-415-44463-7: £19.99/\$34.95**

Series: *CBT with Children, Adolescents and Families*



## Obsessive Compulsive Disorder Cognitive Behaviour Therapy with Children and Young People

Edited by **Polly Waite**, and **Tim Williams**, both at the University of Reading, UK

In this concise, accessible book experienced contributors provide detailed guidance on carrying out assessments and treatment for children and young people with OCD from a cognitive behavioural perspective. This approach has been developed from extensive research and clinical work with young people with OCD and associated problems.

**2009: 208pp.**

**Hb: 978-0-415-40388-7: £55.00/\$95.00**

**Pb: 978-0-415-40389-4: £19.99/\$34.95**

Series: *CBT with Children, Adolescents and Families*

### Also in the Series



## Anxiety Cognitive Behaviour Therapy with Children and Young People

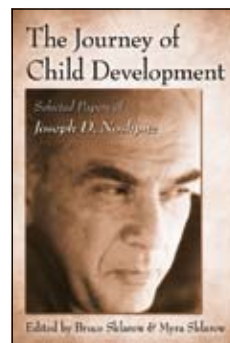
**Paul Stallard**

**Hb: 978-0-415-37256-5: 2008: 224pp. £60.00/\$110.00**

**Pb: 978-0-415-37255-8: 2008: 224pp. £19.99/\$37.50**

for **FREE** downloadable resources for books in this series  
visit [www.routledgejournalhealth.com/cbt-with-children](http://www.routledgejournalhealth.com/cbt-with-children)

## Child and Adolescent Development



**New!**

## The Journey of Child Development Selected Papers of Joseph D. Noshpitz

Edited by **Bruce Sklarew**, in private practice, Maryland, USA, and **Myra Sklarew**, American University, Washington, D.C., USA

As founder and past president of the American Academy of Child and Adolescent Psychiatry and president of the American Association of Children's Residential Centers, Joseph Noshpitz was at the forefront of psychodynamic treatment and research with children and adolescents for more than forty years. His breadth of knowledge and wisdom ranged well beyond the traditional areas of diagnosis and therapeutic interventions, envisioning the child as an individual within the family and the wider culture. Based on psychoanalytic ideas and without jargon, Noshpitz's innovative ideas are grounded in the developmental theories of Freud, Mahler, and Kernberg.

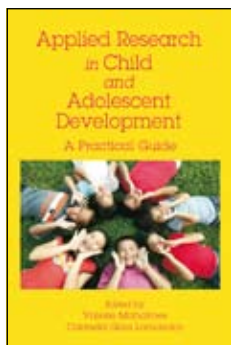
These previously unpublished papers demonstrate Noshpitz's scope and the depth to which he conceived the psychic life of the child. Each paper is introduced by experts who contemporize and contextualize the work for the modern reader. The wide-ranging papers include ethics in child development, narcissism in the grade school years, tomboyism, idealization, negative ego ideals, and self-destructiveness in adolescence. More applied papers delve into the formative appeal of literature for adolescent girls, the developmental lessons of Ninja Turtles, and the creative early motivations behind art, music, dance, mime, and poetry. The papers present an unyielding advocacy for the progressive development of the child interacting with the society at large, most evidenced in the extraordinarily far-reaching proposal for wider preventive family interventions.

**CONTENTS:** *Sklarew, Sklarew*, Editors' Preface. *Benoit, Feinstein*, Introduction: Joseph D. Noshpitz. *Stone*, Ethics in Child Development. *Mayes*, Idealization. *Mayes*, Idealization and Psychopathology. *Feinstein*, Music. *Rose*, Visual Art. *Shapiro*, Prose and Poetry. *Rashkin*, Mime and Dance. *Bleiberg*, Infantile Narcissism in the Grade School Years. *McDermott*, Teenage Mutant Ninja Turtles. *Lock*, Nancy Drew and The Baby-Sitters Club. *Harris, Coates*, Gender Identity in Latency Girls. *Harris, Coates*, The Tomboy, Puberty, and Beyond. *Apter, Gvion*, The Effects of Trauma on the Development of Self-destructiveness in Adolescence. *Stone*, Beyond School. *Spilka*, The Ethics of Rage. *Wallerstein*, Afterword.

**October 2010: 304pp.**

**Hb: 978-0-415-87664-3: £22.99/\$39.95**

for further books on **Child and Adolescent Psychoanalysis**  
please see pages 14, 25

**New!**

## Applied Research in Child and Adolescent Development

### A Practical Guide

Edited by **Valerie Maholmes**, and **Carmela Gina Lomonaco**, both at the National Institute of Child Health and Human Development (NICHD), Maryland, USA

Developed for an NIH training institute, this volume is organized around the most frequently asked questions by researchers starting their careers in applied research in child and adolescent development. With contributions from the leading scholars in the field, actual research experiences highlight the challenges one faces in conducting such research. The techniques and theoretical frameworks most suitable for guiding the applied research process are reviewed along with related ethical and cultural considerations.

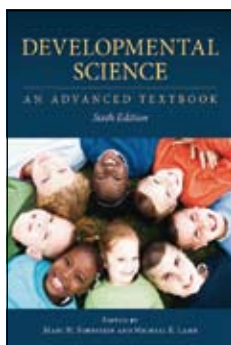
April 2010: 340pp.

Hb: 978-1-84872-814-1: £54.95/\$90.00

Pb: 978-1-84872-815-8: £27.50/\$44.95

Published by Psychology Press

e-Examination copy available

**New Edition!**

## Developmental Science

### An Advanced Textbook

#### Sixth Edition

Edited by **Marc H. Bornstein**, Eunice Kennedy Shriver National Institute of Child Health and Human Development, USA, and **Michael E. Lamb**, University of Cambridge, UK

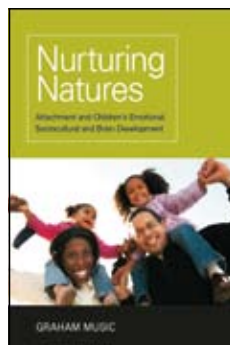
Noted as one of the most comprehensive textbooks in the field, *Developmental Science, Sixth Edition* introduces readers to all of the areas in developmental psychology: neuroscience, genetics, perception, cognition, language, emotion, self, and social interaction.

September 2010: 760pp.

Hb: 978-1-84872-871-4: £55.00/\$85.00

Published by Psychology Press

e-Examination copy available

**New!**

## Nurturing Natures

### Attachment and Children's Emotional, Sociocultural and Brain Development

**Graham Music**, Tavistock Clinic, London, UK

*"This book is a tour de force... It is beautifully written, highly accessible and inspiring... This superb book should be on the bookshelf of all child mental health professionals."*

- **Peter Fonagy**, University College London, UK

This book provides an indispensable account of current understandings of children's emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy to digest text.

**SELECTED CONTENTS:** Part I: Beginnings of Emotional and Social Development. Part II: Over-arching Bodies of Ideas. Part III: Developmental Capacities and Stages. Part IV: Not Just Mothers. Part V: Consequences of Early Experiences.

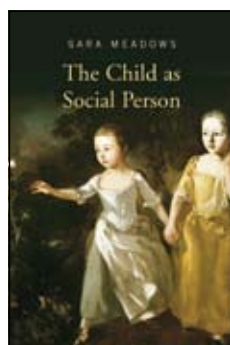
September 2010: 336pp.

Hb: 978-1-84872-052-7: £45.00/\$80.00

Pb: 978-1-84872-057-2: £24.95/\$42.50

Published by Psychology Press

e-Examination copy available



## The Child as Social Person

**Sara Meadows**, University of Bristol, UK

*"Both students new to this area and established researchers will benefit from this integrative text... The cross-referencing of topics within and between areas is excellent... A must read!"* - **Dawn Watling**, Royal Holloway, University of London, UK

This book provides a critical review of the psychological literature on the

development of personality, social cognition, social skills, social relations and social outcomes from birth to early adulthood. It uses Bronfenbrenner's model of the development of the person and up-to-date evidence to analyse normal and abnormal social development and prosocial and antisocial behaviour, within and across cultures.

2009: 408pp.

Hb: 978-0-415-45199-4: £49.95/\$90.00

Pb: 978-0-415-45200-7: £24.95/\$44.95

e-Examination copy available

**New Edition!**

## Adolescent Rationality and Development

### Cognition, Morality, and Identity

#### Third Edition

**David Moshman**, University of Nebraska – Lincoln, USA

Frequently cited in scholarly books and journals and praised by students, this book focuses on developmental changes and processes in adolescence rather than on the details and problems

## Developmental Psychology arena

NEWS • BOOKS  
JOURNALS • RESOURCES

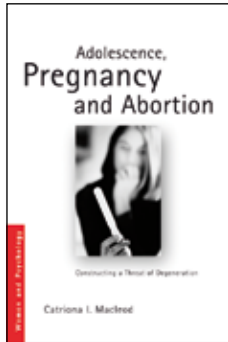
[www.developmentalpsychologyarena.com](http://www.developmentalpsychologyarena.com)

Brought to you by Psychology Press [www.psypress.com](http://www.psypress.com)

of daily life. Major developmental changes associated with adolescence are identified. Noted for its exceptionally strong coverage of cognitive, moral, and social development, this brief, inexpensive book can be used independently or as a supplement to other texts on adolescence.

December 2010: 288pp.  
Hb: 978-1-84872-860-8: £44.95/\$70.00  
Pb: 978-1-84872-861-5: £17.50/\$34.95  
Published by Psychology Press

e-Examination copy available



New!

## Adolescence, Pregnancy and Abortion

### Constructing a Threat of Degeneration

Catriona I. Macleod, Rhodes University, South Africa

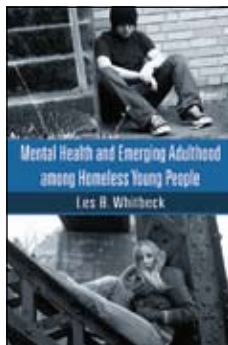
This book outlines a critical view of “teenage pregnancy” and abortion, arguing that the negative view of these issues relies on a particular understanding of adolescence. Important issues are explored, using data from international studies, such as the invention of adolescence, teenage pregnancy and abortion as social problems; issues of race, culture and tradition in relation to teenage pregnancy; and health service provider practices.

July 2010: 184pp.  
Hb: 978-0-415-55339-1: £45.00/\$80.00  
Pb: 978-0-415-55338-4: £14.95/\$27.50

Series: *Women and Psychology*

e-Examination copy available

[www.psyppress.com/women-and-psychology](http://www.psyppress.com/women-and-psychology)



## Mental Health and Emerging Adulthood among Homeless Young People

Les B. Whitbeck, University of Nebraska-Lincoln, USA

Findings from a three-year study of homeless and runaway adolescents that examined the consequences of runaway episodes are explored in this compelling

book. The only longitudinal study of this hard to access population, the study paints a picture of the lives of adolescent runaways and evaluates the occurrence of mental and substance abuse disorders, suicidal behaviors, and the potential for future negative impact on such things as intimate relationships, education, and employment.

2009: 312pp.  
Hb: 978-1-84169-751-2: £35.00/\$65.00  
Pb: 978-1-84169-752-9: £18.99/\$34.95

Published by Psychology Press

e-Examination copy available

## Adolescence and Society Series



Forthcoming!

## Illegal Leisure Revisited

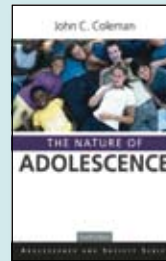
### Changing Patterns of Alcohol and Drug Use in Adolescents and Young Adults

Judith Aldridge, Fiona Measham, Howard Parker, and Lisa Williams

This book updates the progress into adulthood of 14-year-olds that were tracked for the first edition, using qualitative interviews and self-report surveys. The new edition shows them moving into the world of work, relationships and parenthood.

Hb: 978-0-415-49552-3: February 2011: 280pp. £45.00/\$79.00  
Pb: 978-0-415-49553-0: February 2011: 280pp. £21.95/\$39.95

e-Examination copy available



New Edition!

## The Nature of Adolescence

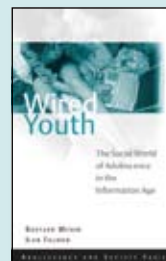
### Fourth Edition

John C. Coleman

The new edition of this successful textbook provides an up-to-date introduction to all of the key features of adolescent development.

Hb: 978-0-415-56419-9: December 2010: 276pp. £52.50/\$95.00  
Pb: 978-0-415-56420-5: December 2010: 276pp. £18.50/\$32.50

Examination copy available



New!

## Wired Youth

### The Social World of Adolescence in the Information Age

Gustavo Mesch, and Ilan Talmud

This book investigates the driving forces of social interaction and shows how online activities are closely associated with offline social behavior.

Hb: 978-0-415-45993-8: March 2010: 184pp. £49.95/\$88.00  
Pb: 978-0-415-45994-5: March 2010: 184pp. £19.95/\$34.95

e-Examination copy available



## Moving Out, Moving On

### Young People's Pathways In and Through Homelessness

Shelley Mallett, Doreen Rosenthal, Deb Keys, and Roger Averill

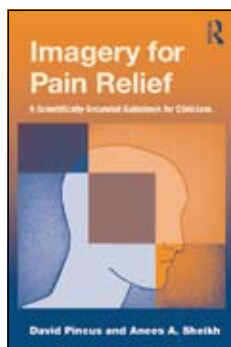
Based on a large longitudinal study, this book examines the factors that impact on homeless young people's long-term outcomes.

Hb: 978-0-415-47029-2: 2009: 216pp. £44.95/\$80.95  
Pb: 978-0-415-47030-8: 2009: 216pp. £19.95/\$35.95

e-Examination copy available

[www.psyppress.com/adolescence-and-society](http://www.psyppress.com/adolescence-and-society)

## Expressive Therapies



### Imagery for Pain Relief

#### A Scientifically Grounded Guidebook for Clinicians

**David Pincus**, Chapman University, California, USA, and **Anees A. Sheikh**, Marquette University, Wisconsin, USA

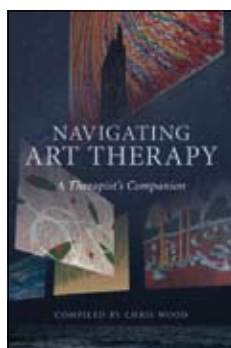
*Imagery for Pain Relief*, the first book of its kind, familiarizes the reader with basic scientific information about pain

and mental imagery and shows why imagery is a valuable tool for pain management. Scientifically grounded and easy-to-read, it provides readers with a wealth of practical information, including imagery techniques that have been successfully used in the past.

2009: 310pp.

Hb: 978-0-415-99702-7: £33.50/\$59.95

## Art Therapy



Forthcoming!

### Navigating Art Therapy

#### A Therapist's Companion

Compiled by **Chris Wood**, Art Therapy Northern Programme, Sheffield, UK

From *Art-making as a Defence to Works of Art*, this anthology will help you navigate your way through the ever growing world of art therapy.

Art therapy is used in an increasing range of settings and is influenced by a range of disciplines, including psychotherapy, social psychiatry, social work and education. *Navigating Art Therapy* is an essential companion for both seasoned art therapists and those new to the field as it offers a comprehensive guide to key terms and concepts.

With contributions from art therapists around the world, entries cover:

- forms of interpretation
- processes of adaptation
- history of art therapy
- the inspiration provided by artworks and popular culture.

This book is an ideal source of reference as the concise, cross-referenced entries enable easy navigation through ideas and terms integral to the discipline.

December 2010: 336pp.

Hb: 978-0-415-22318-8: £60.00/\$100.00

Pb: 978-0-415-22319-5: £24.99/\$39.95

From **Judith A. Rubin**,  
University of Pittsburgh, USA

New Edition!

### The Art of Art Therapy

#### What Every Art Therapist Needs to Know

Second Edition

**Judith A. Rubin**

*The Art of Art Therapy*, first published in 1984, was written primarily to help art therapists first define and then refine a way of thinking about their work. This new edition contains thoroughly revised material that reflects the significant expansion of the field of art therapy in the period since the book was first written. Specifically, this second edition invites the reader to first consider closely the main elements of the discipline embodied in its name: *The Art Part* and *The Therapy Part*. Chapters dealing with each of these topics comprise the first two parts of the book. The third section, *The Interface*, contains chapters dealing with putting the two together in an integrated way, i.e. Doing Art Therapy (step-by-step) and doing it artistically. Included with this edition is a DVD containing chapter related video content.

**CONTENTS:** Foreword to the Revised Edition. Introduction. **Part I: The Art Part.** Knowing Materials. Knowing Processes. Knowing Products. **Part II: The Therapy Part.** Knowing Development. Knowing Dynamics and Deviations. Knowing Therapy. Knowing Art Therapy. **Part III: The Interface.** Setting the Stage. Evoking Expression. Enabling Creation. Facilitating Reflection. Working Artfully. **Part IV: Applications.** Different Populations. Different Settings. Different Modes. **Part V: Related Service.** Knowing Teaching. Knowing Supervision. Knowing Consultation. Knowing Research. Knowing Theory. Addendum: Knowing What You Don't Know. Appendix A: Books on Art Therapy and Related Subjects. Appendix B: DVD Contents.



January 2011: 288pp.

Hb: 978-0-415-96094-6: £27.99/\$49.95

Examination copy available



### Introduction to Art Therapy

#### Sources & Resources

Second Edition

**Judith A. Rubin**

*Introduction to Art Therapy: Sources and Resources*, is the thoroughly updated and revised second edition of Judith Rubin's landmark 1999 text, the first to describe the history of art in both assessment and

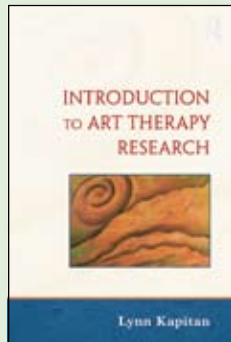
therapy, and to clarify the differences between artists or teachers who provide "therapeutic" art activities, psychologists or social workers who request drawings, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips for much richer illustration than is possible with figures alone.



2009: 356pp.

Hb: 978-0-415-96093-9: £29.00/\$52.95

Examination copy available



Read and Recommend!

## Introduction to Art Therapy Research

Lynn Kapitan, Mount Mary College, Wisconsin, USA

*"Dr. Kapitan has performed a valuable service to the art therapy community by writing a book that has long been needed – a thorough and even-*

*handed introduction to the topic. It will inform both students and practitioners and should stimulate more and better research in art therapy."* - **Judith A. Rubin**, University of Pittsburgh, Pennsylvania, USA

*Introduction to Art Therapy Research* is a pragmatic text that introduces readers to the basics of research design in quantitative and qualitative methodology. It is written in the language of art therapy, with particular attention to the field's unique aspects, current thinking, and exemplars from published art therapy research studies. This combination of a broad, standard approach to research design plus art therapy's particular perspective and major contributions to the subject make the text suitable for courses in introductory research, survey of art therapy history and literature, art therapy assessment, and ethics.

**CONTENTS: Part I: Overview of Art Therapy.** Art Therapy Research Ideas, Tools, and Steps in the Process. How Art Informs Art Therapy Research. **Part II: Art Therapy Research Methods.** Quantitative Models of Art Therapy Research. Outcomes Research to Generate Evidence-based Practice. Investigating the Field: Participant-observation. Researching the Phenomena of Conscious Experience. Art-based Inquiry: An Emerging Paradigm in Art Therapy. **Part III: Doing Art Therapy Research.** Before You Begin: The Research Proposal and Other Ethical Safeguards. Models of Good Research: Conducting the Study and Reporting Results. Writing for Publication in *Art Therapy* and Other Scholarly Journals. Glossary of Research Terminology.

June 2010: 328pp.

Hb: 978-0-415-87147-1: £22.50/\$39.95

Examination copy available



## Expressive Therapies Continuum

### A Framework for Using Art in Therapy

Lisa D. Hinz, clinical psychiatrist and registered art therapist, USA

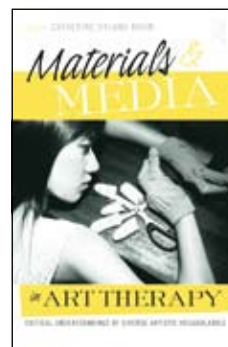
*Expressive Therapies Continuum* is distinctive in its application as a foundational theory in the field of art therapy. First developed by Vija

Lusebrink, this theory can be used by persons of any theoretical orientation, and has the ability to unite art therapists of varying backgrounds. The information contained in this book demonstrates how the Expressive Therapies Continuum provides a framework for the organization of assessment information, the formulation of treatment goals, and the planning of art therapy interventions.

2009: 309pp.

Hb: 978-0-415-96347-3: £44.50/\$79.95

Pb: 978-0-415-99585-6: £22.00/\$39.95



New!

## Materials & Media in Art Therapy

### Critical Understandings of Diverse Artistic Vocabularies

Edited by **Catherine Hyland Moon**, School of the Art Institute of Chicago, USA

*"Moon's book is a welcome addition to the literature... It will provoke more thought, reflection, and writing about the characteristics of different art materials and their potential impact on art therapy processes."* - **Susan Hogan**, University of Derby, UK

In art making, materials and media are the intermediaries between private ideas, thoughts and feelings, and their external manifestation in a tangible, sensual form. Thus, materials provide the core components of the exchange that occurs between art therapists and clients. This book focuses on the sensory-based, tangible vocabulary of materials and media and its relevance to art therapy. It provides an historical account of the theory and use of materials and media in art therapy, as well as an examination of the interface between art therapy, contemporary art materials and practices, and social/critical theory. An accompanying DVD contains media clips, as well as 69 color images.

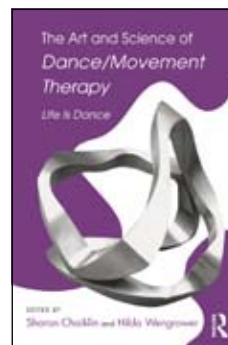
**SELECTED CONTENTS:** Part I: Art Therapy Materials and Media: History and Theory. Part II: From Artist to Art Therapist: How Art Therapists' Use of Materials, Media, and Practices Informs the Work as Therapists. Part III: Materials and Media Applications in Art Therapy.



March 2010: 335pp.

Hb: 978-0-415-99313-5: £27.95/\$49.95

## Dance Therapy



## The Art and Science of Dance/Movement Therapy

### Life Is Dance

Edited by **Sharon Chaiklin**, Marian Chace Foundation of the American Dance Therapy Association, and **Hilda Wengrower**, University of Barcelona, Spain

*The Art and Science of Dance/Movement Therapy* offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

2009: 380pp.

Hb: 978-0-415-99657-0: £49.99/\$89.95

Pb: 978-0-415-99656-3: £24.99/\$44.95

# Dramatherapy

**Forthcoming!**

## Dramatherapy and Destructiveness

### Developing the Evidence Base

Edited by **Ditty Dokter**, Hertfordshire Partnership Trust and Roehampton University, UK, **Pete Holloway**, Kent and Medway Partnership Trust and Roehampton University, UK, and **Henri Seebohm**, Roehampton University, London and West London Mental Health Trust, UK

Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field.

*Dramatherapy and Destructiveness* discusses working with those suffering from conduct disorders, mood disorders, schizophrenia and personality disorders. Divided into three parts, topics of discussion include:

- theory and research underpinning the understanding of working with destructiveness
- in-depth case studies of dramatherapy with a wide range of clients
- analysis and evaluation of the evidence base for dramatherapy with these clients
- guidelines for best practice.

*Dramatherapy and Destructiveness* covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

**July 2011: 208pp.**

**Hb: 978-0-415-55850-1: £60.00/\$104.00**

**Pb: 978-0-415-55851-8: £22.99/\$40.00**



**New!**

## Drama as Therapy

### Clinical Work and Research into Practice

#### Volume 2

Edited by **Phil Jones**, Leeds Metropolitan University, UK

*"Phil Jones' second volume of Drama as Therapy is a significant and much needed addition to the dramatherapy literature.*

*Of note are his innovative dialogues with leading practitioners and theorists in the field."* - **Robert J. Landy**, New York University, USA

This book examines the many ways clients and therapists explore the therapeutic possibilities of drama. Whilst the first volume combined theory, practice and research in the field, this second volume concentrates on clinical material from a range of contexts, with thorough description and analysis of therapeutic work.

*Drama as Therapy Volume 2: Clinical Work and Research into Practice* is not only a welcome companion to the first volume, but also is an important stand alone work which will be of great interest to all those studying, practicing or with an interest in dramatherapy.

**CONTENTS: Part I: Clinical Practice: Contexts, Research and Dialogues.** Jones, The Nature of Practice and Practitioner Research. Jones, The Social and Political Contexts of Dramatherapy. Jones, The Theory Within the Practice: Dialogues with Key Theorists. **Part II: Clinical Practice and Practitioner Research.** Novy, The Narratives of Change Project: Dramatherapy and Women in Conflict with the Law. Haste, McKenna, Clinical Effectiveness of Dramatherapy in the Recovery from Severe Neuro-trauma. Chipman, Expanding the Frame: Self Portrait Photography in Dramatherapy with a Young Adult Living with Cancer. Meyer, Dramatherapy with Adolescents Living with HIV: Story Making, Drama and Body Mapping. Ramsden, Guarnieri, Dramatherapy and Victim Empathy: A Workshop Approach in a Forensic Setting. Gardner-Hynd, Dramatherapy, Learning Disabilities and Acute Mental Health. Sajjani, Minding the Gap: Facilitating Transformative Witnessing Amongst Audiences. Dokter, Embodying Difference – To Join or Not to Join the Dance. Powis, Cinderella – The Role Fights Back. Vaughan, 'The River of My Life – Where Things Can Break and Things Can Mend': Ruth's Nine Years Therapy Programme at Family Futures and Three Sessions that Stand Out, An Account by Ruth and her Therapist. Madan, Saisir Les Étoiles: Fostering a Sense of Belonging with Child Survivors of War.

**March 2010: 320pp.**

**Hb: 978-0-415-47607-2: £60.00/\$100.00**

**Pb: 978-0-415-47608-9: £22.99/\$41.95**

## Volume 1



## Drama as Therapy

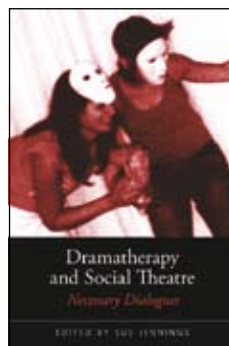
### Theory, Practice and Research

#### Second Edition

**Phil Jones**

**Hb: 978-0-415-41555-2: 2007: 384pp. £65.00/\$120.00**

**Pb: 978-0-415-41556-9: 2007: 384pp. £23.95/\$42.50**



## Dramatherapy and Social Theatre

### Necessary Dialogues

Edited by **Sue Jennings**, Dramatherapist, Play Therapist, Performer and Storyteller, UK, Malaysia, Romania and Kazakhstan

*Dramatherapy and Social Theatre: Necessary Dialogues* considers the nature of drama, theatre and dramatherapy, examining how dramatherapy has

evolved over the past decade and how the relationship between dramatherapy and social theatre has developed as a result.

In this book Sue Jennings brings together international dramatherapists and theatre practitioners to challenge, clarify, describe and debate some of the theoretical and practical issues in dramatherapy and social theatre.

*Dramatherapy and Social Theatre* is illustrated throughout with case vignettes providing examples of how theatre and therapeutic processes can be brought together. It will be valuable reading for both professionals and students involved in dramatherapy and theatre studies.

**2009: 264pp.**

**Hb: 978-0-415-42206-2: £65.00/\$110.00**

**Pb: 978-0-415-42207-9: £22.99/\$39.95**

## Music Therapy

Forthcoming!

### Therapeutic Uses of Rap Music

Edited by **Susan Hadley**, Slippery Rock University, Pennsylvania, USA, and **George Yancy**, Duquesne University, Pennsylvania, USA

*Therapeutic Uses of Rap Music* is the first anthology to examine the use of rap music in the therapeutic context. It provides a rationale for the use of rap music in therapy and encourages music therapists to validate rap music's value as a therapeutic tool, and by extension to validate the experiences of those for whom rap music is a significant mode of expression.

**CONTENTS:** *Hadley, Yancy*, Introduction. *Hara*, RAP: Requisite, Ally, Protector and the Desperate Contemporary Adolescent. *Elligan*, The Need and Challenges of Incorporating Rap Music into Psychotherapy. *Vioga*, The Hero's Journey in Hip Hop and its Applications to Music Therapy. *Baker, Dingle*, "Must be the Ganja" (Eminem, 2009): Rap Music in Drug and Alcohol Rehabilitation. *Tyson*, Hip Hop Healing: Applying Hip Hop-based Interventions in Grief Work with Youth. *O'Brien*, Creating Original Songs Using Rap Music with Women with Cancer. *Veltre*, "A Diva is a Female Version of a Hustler" (Beyonce, 2008): The Effects of Rap Music on Gender Roles in At-risk Adolescents. *Vioga, MacDonald*, Hear Our Voice: The Little Saints and the Use of Rap Music in a Community After School Songwriting Program. *McFerran*, This is My World: Encouraging the Hip Hop Artist in Youth At-risk. *Donnenwerth*, Rap Lyric Discussion with At-risk Adolescents. *Ierardi, Jenkins*, Rap Composition and Improvisation in a Short-term Juvenile Detention Facility. *Dickinson*, Rapping Round the System: The Journey of a Young Black Man through High Secure Hospital Treatment in the UK. *Ahmadi, Oosthuizen*, Naming My Story and Claiming My Self. *Hart, Baker*, The Fusion of Rap and Sudanese Music to Promote Enculturation and Identity Formation in Sudanese Adolescent Refugees. *Horesh, Ben-Ari*, Rap Music as a Source of Emotional and Social Identification for Minority Youth in Israel. *Gravish*, You Are Not Alone: Recreating Rap Music with Medically Fragile Children. *Steele*, Beat It: The Affects of Rap Music on Adolescents in the Pediatric Medical Setting.

September 2011: 368pp.

Hb: 978-0-415-88473-0: £56.50/\$89.95

Pb: 978-0-415-88474-7: £21.95/\$34.95

e-Examination copy available

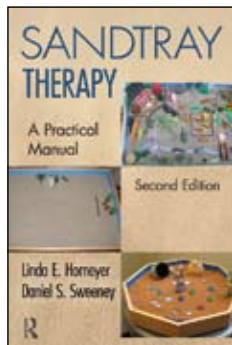
## Play Therapy

New Edition!

### Sandtray Therapy A Practical Manual Second Edition

**Linda E. Homeyer**, Texas State University, USA, and **Daniel S. Sweeney**, George Fox University, Oregon, USA

This manual is intended for play therapists, counselors, and other mental health practitioners seeking to incorporate sandtray work into their clinical repertoire. Chapters cover the history and rationale for sandtray therapy, the materials needed for successful sessions, and how to conduct and process a therapy session. New to this edition is a discussion of the incorporation of verbal techniques, group sandtray therapy, working with couples and families, assessment in sandtray, and a review of the relevant research support.



**CONTENTS:** Introduction. Some History and Rationale for Sandtray Therapy. Sand and Sandtray. Miniatures and Arrangement. Conducting a Sandtray Therapy Session. Protocol for Processing the Sandtray. Application of Verbal Techniques to the Sandtray. Group Sandtray Therapy. Couples and Families Sandtray Therapy. Assessment in the Sandtray. Research Review. Appendices.



December 2010: 128pp.

Pb: 978-0-415-88334-4: £16.95/\$29.95

Forthcoming!

### Advanced Play Therapy Essential Conditions, Knowledge, and Skills for Child Practice

**Dee Ray**, University of North Texas, USA

The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrates them to help the play therapist gain a holistic understanding of how play therapy works.

An accompanying CD includes a Child-Centered Play Therapy Treatment Manual and materials for use in supervision, self-reporting, and other tools the advanced play therapy student would find of use.

**CONTENTS: Part I: Concepts in Advanced Play Therapy.** From Play to Play Therapy: The Role of Play in Child Development. A Primer on Child Development. A Philosophy of Working with Children: The Child Centered Way. The Person of the Play Therapist. The Basics of Child Centered Play Therapy. Limit Setting. Themes in Play Therapy. Measuring Progress. Parent Consultation. **Part II: Special Topics in Play Therapy.** Aggression In and Out of the Playroom. Group Play Therapy. Play Therapy in Schools. Play Therapy in Agencies and Private Practice. Research in Play Therapy. Appendix: Child-Centered Play Therapy Treatment Manual for Research Purposes.

February 2011: 337pp.

Hb: 978-0-415-88604-8: £27.95/\$44.95

Examination copy available



### The Handbook of Play Therapy and Therapeutic Play

Second Edition

**Linnet McMahon**, Retired, University of Reading, UK

This completely revised and updated second edition provides a comprehensive introduction to using play to communicate with troubled or traumatized children and their families, and to heal emotional damage. The book gives examples of good practice in different settings and situations, including schools, hospitals, residential settings, families and foster carers. It also includes a consideration of the support needs of workers and carers.

Drawing on psychodynamic, systemic and attachment theory, the book provides an integrated theory base for using play in therapeutic work with children. It emphasizes non-directive approaches to therapeutic play and play therapy, based on

supporting the child's developing self within the safe boundaries provided by the setting and the worker's emotional holding and containment.

2009: 296pp.

Hb: 978-0-415-43941-1: £60.00/\$100.00

Pb: 978-0-415-43942-8: £20.99/\$36.95

Bestseller!



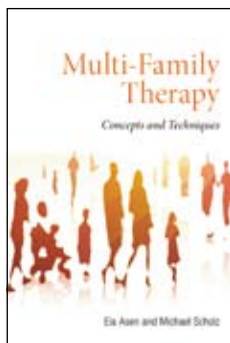
**Landreth: Play Therapy: The Art of the Relationship, Second Edition**

Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/\$44.95

Examination copy available

for further books by Garry L. Landreth please see page 8

## Family Therapy



New!

### Multi-Family Therapy Concepts and Techniques

**Eia Asen**, CNWL NHS Trust, UK, and  
**Michael Scholz**, University of Dresden,  
Germany

Multi-Family Therapy (MFT) involves the bringing together of different families in a therapeutic context in order to work jointly to overcome each of their specific and very individual problems. This

innovative book combines the theory and concepts of MFT with detailed practical examples of techniques and exercises which have been proven to help with problematic children, teenagers and adults.

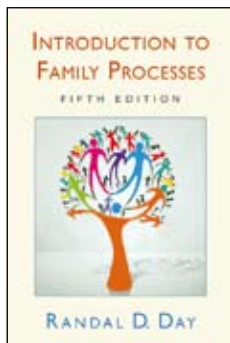
In this book Asen and Scholz discuss how MFT has been developed over the past 30 years and has been applied nationally and internationally across a range of settings with a variety of clients.

**CONTENTS:** Introduction and Acknowledgements. Concepts and Principles. Basic Techniques. Group Exercises. Family-oriented Exercises. Problem-focused Exercises. Working with Multi-problem Families. Working with and in Schools. Managing Eating Disorders, Psychosis and Mood Disorders. Pragmatic Considerations.

June 2010: 184pp.

Hb: 978-0-415-55780-1: £60.00/\$99.00

Pb: 978-0-415-55781-8: £22.99/\$40.00



### Introduction to Family Processes

Fifth Edition

**Randal D. Day**, Brigham Young  
University, Utah, USA

What goes on "behind closed doors" in families is examined in this text.

Through his storytelling style, Randy Day introduces readers to the family processes approach – the strategies and behaviors families use to achieve

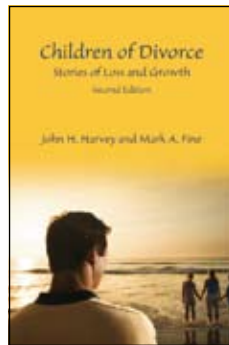
goals. The emphasis is on how families work and interact rather

than on the psychological, sociological, or economic processes. It examines emotions in families, communication, relationship formation/dissolution, family rituals, and power and conflict.

2009: 288pp.

Hb: 978-1-84169-761-1: £32.50/\$59.95

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New Edition!

### Children of Divorce Stories of Loss and Growth Second Edition

**John H. Harvey**, University of Iowa, USA,  
and **Mark A. Fine**, University of Missouri/  
Columbia, USA

Featuring excerpts of essays collected from over one thousand young adults while in the throes of divorce, this

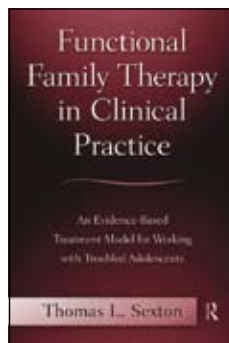
book paints a picture of the pain and the hope shown by the storytellers. By framing the narratives with an analysis of the most recent divorce literature, the authors provide readers with a greater and more vivid understanding of the effects of divorce.

June 2010: 192pp.

Hb: 978-0-415-87256-0: £29.95/\$49.95

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New!

### Functional Family Therapy in Clinical Practice

An Evidence-Based  
Treatment Model for  
Working with Troubled  
Adolescents

**Thomas L. Sexton**, Indiana University, USA

*"This book is a milestone in the development of FFT... It should be read by all professionals who work with the families of troubled adolescents. It is a masterpiece."* - **Alan Carr**, University College Dublin, Ireland; Associate Editor, *Journal of Family Therapy*

*Functional Family Therapy* develops a comprehensive presentation that serves as a systematic guide to understanding the FFT clinical model, the FFT service delivery system, the theoretical principles that serve as the foundation of FFT, and the mechanism of therapeutic change that gives FFT its potency. Clinically relevant, theoretically sound, and scientifically based, this book contains systematic discussions of topics and theoretical perspectives, as well as illustrative clinical examples that demonstrate the manner in which principles are applied in FFT.

**CONTENTS: The Development of Functional Family Therapy:**

**A Dynamic and Evolutional Model.** The Evolution of FFT: Traditional Theory to Evidence-based Practice. Meeting the Needs of Troubled Youth: Clinical Problems, Theoretical Principles, and Scientific Foundations.

**The Clinical Change Model: Empowering Youth and Families.**

Engagement and Motivation Phase. Behavior Change Phase. Generalization Phase. **The Clinical and Community Based Applications of FFT.** FFT

"In the Room": Clinical Case Examples of the FFT Model. Successfully Transporting Functional Family Therapy into Community Settings.

July 2010: 272pp.

Hb: 978-0-415-99691-4: £52.95/\$95.00

Pb: 978-0-415-99692-1: £27.95/\$49.95

## Series in Death, Dying, and Bereavement

Forthcoming!

### Grief and Bereavement in Contemporary Society Bridging Research and Practice

Edited by **Robert A. Neimeyer**, University of Memphis, USA, **Howard R. Winokuer**, The Winokuer Center for Counseling and Healing, North Carolina, USA, **Darcy L. Harris**, King's University College, Ontario, Canada, and **Gordon F. Thornton**, Indiana University of Pennsylvania, USA

*Grief and Bereavement in Contemporary Society* is an authoritative guide to the study of and work with major themes in bereavement. Its chapters synthesize the best of research-based conceptualization and clinical wisdom across 30 of the most important topics in the field, including the implementation of specific models in clinical practice, family therapy for bereavement, complicated grief, spirituality, and more.

May 2011: 432pp.

Hb: 978-0-415-88480-8: £62.50/\$100.00

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### Helping Grieving People – When Tears Are Not Enough A Handbook for Care Providers Second Edition

**J. Shep Jeffreys**, in private practice, Maryland, USA

*Helping Grieving People* is a training manual for care providers who provide support and counseling to those grieving death, illness, and other losses. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief.

April 2011: 384pp.

Hb: 978-0-415-87701-5: £24.95/\$44.95

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### Counting Our Losses Reflecting on Change, Loss, and Transition in Everyday Life

Edited by **Darcy L. Harris**, King's University College, Ontario, Canada

This text is intended to be a resource for clinicians who work with clients dealing with non-death and ambiguous losses in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research. The specific and unique aspects of different types of loss are discussed, such as infertility, aging, chronic illnesses and degenerative conditions, divorce and separation, immigration, adoption, loss of beliefs, and loss of employment.

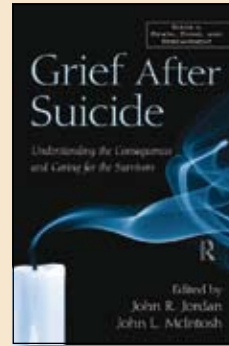
**SELECTED CONTENTS: Part I: Introduction. Part II: Loss of View of the World and/or Others.** Part A: Loss of Safety and Security. Part B: Relational Losses. **Part III: Loss of Meaning or of a Sense of Justice in the World. Part IV: Loss of the View of Self as Worthy or Valuable.** Part A: Loss of Identity. Part B: Loss of Functionality. **Part V: Coping with Losses in Life.**

December 2010: 274pp.

Hb: 978-0-415-87528-8: £53.00/\$95.00

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*Series in Death, Dying, and Bereavement*



New!

### Grief After Suicide Understanding the Consequences and Caring for the Survivors

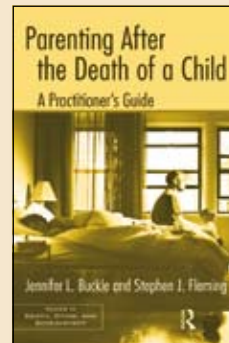
Edited by **John R. Jordan**, Director, The Family Loss Project, Massachusetts, USA, and **John L. McIntosh**, Indiana University South Bend, USA

This edited volume addresses the need for an up-to-date, professionally oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity.

October 2010: 574pp.

Hb: 978-0-415-99355-5: £24.95/\$39.95

*Series in Death, Dying, and Bereavement*



New!

### Parenting After the Death of a Child A Practitioner's Guide

**Jennifer L. Buckle**, Sir Wilfred Grenfell College, Memorial University of Newfoundland, Canada, and **Stephen J. Fleming**, York University, Toronto, Canada

The death of a child has a tremendous and overwhelming impact on parents and siblings, completely altering the psychological landscape of the family. How can someone attempt to cease parenting a deceased child while maintaining this role with his/her other children?

*Parenting After the Death of a Child* addresses this complex and daunting dilemma. Following on the heels of a qualitative research study that involved interviewing bereaved parents, Buckle and Fleming have put together several different stories of loss and recovery to create an invaluable resource for clinicians, students, and grieving parents.

**CONTENTS:** Setting the Stage: Impact of the Death of a Child on Parents. Discovering the Theory of Bereaved Parenting: Method, Participants, Overview of Results. **Part I: Devastation.** The Devastation of Parental Bereavement. **Part II: Regeneration.** Picking Up the Pieces: Regeneration of Self. Picking Up the Pieces: Regeneration of Family. **Part III: Parenting.** Dual Tasks of Parenting and Grieving. Control. Parenting Bereaved Children. Implications and Future Directions.

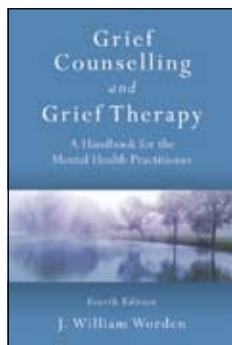
August 2010: 226pp.

Hb: 978-0-415-99573-3: £22.00/\$39.95

*Series in Death, Dying, and Bereavement*

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## Grief and Bereavement



### Grief Counselling and Grief Therapy A Handbook for the Mental Health Practitioner Fourth Edition

**J. William Worden**, Harvard Medical School, Massachusetts, and Rosemead Graduate School of Psychology, California, USA

*"The fourth edition of this book retains all the theoretical strengths and clinical wisdom of past editions, while incorporating emerging theories and cutting-edge research. It is required reading for any counselor, educator, or researcher who wishes to understand grief."* - **Kenneth J. Doka**, The Graduate School, The College of New Rochelle; Senior Consultant, The Hospice Foundation of America, USA

This highly anticipated fourth edition builds on the success of the previous editions which received worldwide acclaim for their sensitive, insightful, and practical approach to grief counselling. Worden incorporates emerging theories and cutting edge research into this fully revised edition.

*Grief Counselling and Grief Therapy* is an essential resource for everyone working with the bereaved, from those just entering the field, to seasoned practitioners.

2009: 328pp.

Hb: 978-0-415-55998-0: £39.99

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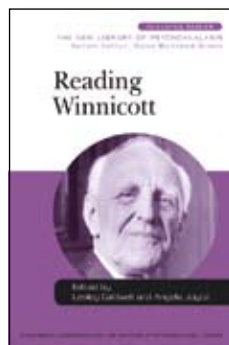
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### Reading Winnicott

Edited by **Lesley Caldwell**, University College London, UK, and **Angela Joyce**, Anna Freud Centre, London, UK

*Reading Winnicott* brings together a selection of papers by the psychoanalyst and paediatrician Donald Winnicott, providing an insight into his work and charting its impact on the well being of mothers, babies, children and families.

With individual introductions summarising the key features of each of Winnicott's papers this book not only offers an overview of Winnicott's work but also links it with Freud and later theorists.

*Reading Winnicott* will be essential reading for all students wanting to learn more about Winnicott's theories and their impact on psychoanalysis and the wider field of mental health.

**CONTENTS:** *Robinson*, Preface. The Observation of Infants in a Set Situation (1941). Primitive Emotional Development (1945). Hate in the Countertransference (1947). Mind and its Relation to the Psyche-Soma (1949). Transitional Objects and Transitional Phenomena (1951; 1971). Metapsychological and Clinical Aspects of Regression Within the Psychoanalytical Set-Up (1954). The Theory of the Parent-Infant Relationship (1960). The Development of the Capacity for Concern (1963). Communicating and not Communicating Leading to a Study of Certain Opposites (1963). Fear of Breakdown (1963). A Clinical Study of the Effect of a Failure of the Average: Expectable Environment on a Child's Mental Functioning (1965). Playing: A Theoretical Statement (1968). The Use of an Object and Relating Through Identifications (1968). Creativity and its Origins (1971).

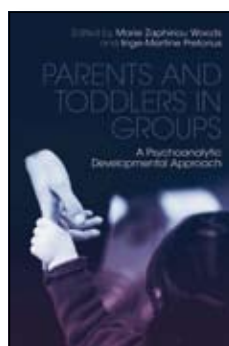
January 2011: 312pp.

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New!

### Parents and Toddlers in Groups

#### A Psychoanalytic Developmental Approach

Edited by **Marie Zaphiriou Woods**, and **Inge-Martine Pretorius**, both at the Anna Freud Centre, London, UK

This book explores how psychoanalytic principles can be applied when working with parents and toddlers in groups. Illustrated with lively observations, it discusses how these parent-toddler groups can be an effective medium for early intervention during a period which is critical for the negotiation of a child's central emotional issues.

*Parents and Toddlers in Groups* demonstrates the particular challenges of the toddler phase and its contribution to an individual's future development and relationships.

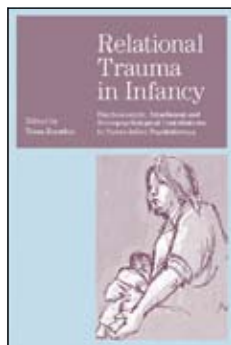
This book will be a valuable resource for practitioners wanting to reach parents and young children in community, educational and a variety of other settings. It will also appeal to child psychotherapists and psychologists working in CAMHS teams.

**CONTENTS:** Introduction. **Part I: The Anna Freud Centre Parent-Toddler Groups.** Pretorius, A Historical Background of the Anna Freud Centre Parent-Toddler Groups and the Use of Observation to Study Child Development. Zaphiriou Woods, Normal Toddler Development: Excursions and Returns. Zaphiriou Woods, The Anna Freud Centre Approach to Running a Parent-Toddler Group. Stoker, The Role of Play. Plagerson, Normally Difficult and Difficult Normality. A Toddler Observation Paper. Pretorius, Wallace, Being Seen to be Able: The Relationship Between a Partially Sighted Father and his Daughters Born with Floppy Baby Syndrome. **Part II: Adaptations and Applications of the Anna Freud Centre Model.** Stoker, Difference and Disability: Experiences in a Specialist Toddler Group. Bennett, Running a Toddler Group on a Council Housing Estate; Invisibility, Intrusion, Dislocation and the Importance of Boundaries. Pluckrose, Building a Toddler Group in a Hostel for Homeless Families: An Iterative Technique. Martínez del Solar, Reaching Out to Vulnerable Parents and Toddlers: Establishing a Parent-Toddler Group in a Deprived Area of South London. Ivanova, Vasilyeva, Integrating Parents and Toddlers with Special Needs: Parent-Toddler Groups in St. Petersburg. Navridi, Integration, Sharing and Separation: Introducing the Concept of Toddlers and Toddler Groups in Greece. Barrantes, Piazzon, Finding Our Own Path: Engaging Working Parents in a Toddler Group in Peru. **Part III: Research and Evaluation.** Asquith, Introduction. Kitson, Barros, Midgley, A Qualitative Study of the Experience of Parents Attending a Psychoanalytic Parent-Toddler Group. Rivera, Asquith, Prützel-Thomas, Thinking About My Toddler: Can a Psychoanalytic Toddler Group Enhance Reflective Functioning Capacities in Parents? Holmes, Prützel-Thomas, Asquith, Snack Time at an Anna Freud Centre Parent-Toddler Group: Microanalysis of Social Eating in Toddlerhood. Target, Allison, Conclusion. Appendix.

October 2010: 216pp.

Hb: 978-0-415-48639-2: £55.00/\$99.00

Pb: 978-0-415-48640-8: £20.99/\$35.95



## Relational Trauma in Infancy

### Psychoanalytic, Attachment and Neuropsychological Contributions to Parent-Infant Psychotherapy

Edited by **Tessa Baradon**,  
Anna Freud Centre, UK

*"For all those trying to address serious difficulties in early parent-infant*

*relationships, this book will be an invaluable and timely resource. It is a work of impressive contemporary scholarship and brings a wealth of clinical experience and authority to this vitally important arena."*

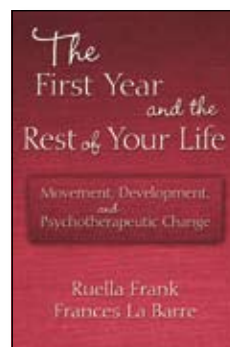
- **Peter Toolan**, The Maudsley Perinatal Psychotherapy Service, London, UK

This book presents an interdisciplinary discussion between researchers and clinicians about trauma in the relationship between infants and their parents. It makes an innovative contribution to the field of infant mental health in bringing together previously separated paradigms of relational trauma from psychoanalysis, attachment and the neurosciences.

2009: 248pp.

Hb: 978-0-415-47374-3: £60.00/\$100.00

Pb: 978-0-415-47375-0: £20.99/\$34.95



**New!**

## The First Year and the Rest of Your Life

### Movement, Development, and Psychotherapeutic Change

Edited by **Ruella Frank**, New York Institute for Gestalt Therapy, USA, and **Frances La Barre**, in private practice, New York, USA

*"This fascinating and undeniably important book will do nothing less than widen and reorient your perception of human movement. Reading Frank and La Barre will actually change what you see... If you are interested in mother-infant observational studies, the interaction of parent couples, or individual psychotherapy, this is essential reading."* - **Donnel Stern**, Training and Supervising Analyst, William Alanson White Institute, USA

The movement repertoire that develops in the first year of life is a language in itself and conveys desires, intentions, and emotions. This early life in motion serves as the roots of ongoing nonverbal interaction and later verbal expression – in short, this language remains a key element in communication throughout life.

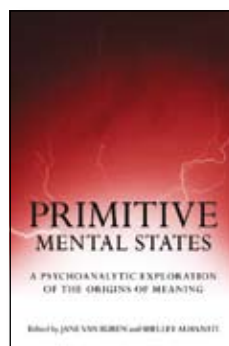
In their path-breaking book, gestalt therapist Ruella Frank and psychoanalyst Frances La Barre give readers the tools to see and understand the logic of this nonverbal realm. They demonstrate how observations of fundamental movement interactions between babies and parents cue us to coconstructed experiences that underlie psychological development.

**CONTENTS:** The Significance of the First Year. Why Movement? Six Fundamental Movements. Kinetic Temperament. Embodied History. Working with Parent Couples. Working with Individual Adults. Postscript: Explorations to Enhance the Experience of Moving.

September 2010: 200pp.

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## Primitive Mental States

### A Psychoanalytic Exploration of the Origins of Meaning

Edited by **Jane Van Buren**, in private practice, California, USA, and **Shelley Alhanati**, Psychoanalytic Institute of Northern California, USA

*"This is an exceptional book... the scholarship is outstanding and the integrity of the authors and their work is evident throughout."* - **Thomas H. Ogden**, Director, Centre for the Advanced Study of the Psychoses; Personal and Supervising Analyst, Psychoanalytic Institute of Northern California, USA

This book considers a radical evolution in contemporary psychoanalytic theory developed from a combination of ultrasound studies, infant analysis, and observation of mothers and babies. These findings demonstrate how much mental life exists even before birth and considers unevolved, unborn and barely born aspects of the self such as the birth of emotion and the birth of alpha functioning.

2009: 240pp.

Hb: 978-0-415-46893-0: £60.00/\$99.00

Pb: 978-0-415-46894-7: £22.99/\$36.95

From **Monica Lanyado** and **Ann Horne**



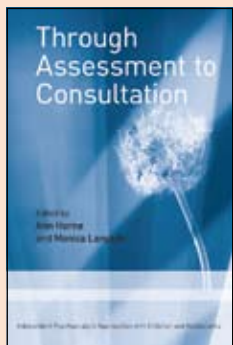
## The Handbook of Child and Adolescent Psychotherapy

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Edited by **Monica Lanyado**, training supervisor at the British Association of Psychotherapists, UK, and **Ann Horne**, Senior member of the British Association of Psychotherapists, UK

This second edition provides a uniquely comprehensive guide to the practice and principles of child and adolescent psychotherapy around the world.

2009: 480pp.  
Hb: 978-0-415-46368-3: £60.00/\$100.00  
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## Through Assessment to Consultation

**Independent Psychoanalytic Approaches with Children and Adolescents**

Edited by **Ann Horne**, Senior member of the British Association of Psychotherapists, UK, and **Monica Lanyado**, training supervisor at the British Association of Psychotherapists, UK

Drawing from the Independent tradition in psychoanalysis, *Through Assessment to Consultation* explores the application of psychoanalytic thinking to daily work, reflecting on what is actually done and why.

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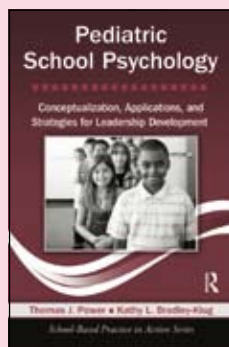
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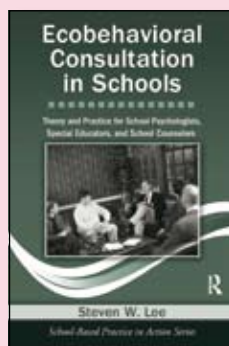
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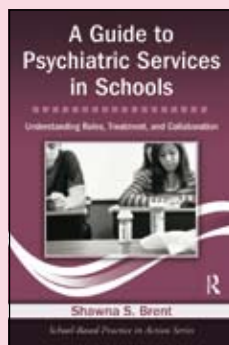
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**Shawna S. Brent**, Psychiatric Associates of Central Pennsylvania, USA

The purpose of this text is to provide the practical information to school professionals that is necessary to meet the educational and treatment needs of students with different psychiatric diagnoses. The text begins with the necessary background information on the process and content of psychiatric evaluations and formulations, as well as a discussion of the roles psychiatry has in the counseling and education



of students. A brief introduction to pharmacology to help the reader understand the specifics of psychiatric medications used is also included. Next, a variety of psychiatric diagnoses and treatment options are discussed in detail; those covered include behavioral, mood, anxiety, eating, psychotic, and autism spectrum disorders. Where appropriate, other methods of treatment, such as cognitive-behavioral therapy, are discussed. Finally, the author considers ways to effectively manage mental health crises in the school setting.

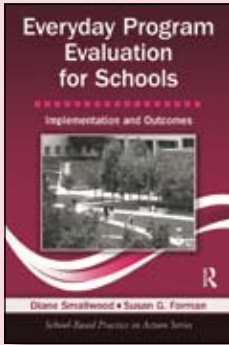


**August 2011: 224pp.**  
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**Forthcoming!**

## Comprehensive Children's Mental Health Services in Schools and Communities

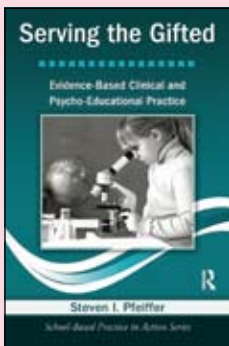
**Rick Jay Short**, Middle Tennessee State University, USA, and **Robyn S. Hess**, University of Northern Colorado, USA

In this text, the authors propose a public health model for comprehensive children's mental health services that encompasses, rather than replaces, the traditional model in school psychology. The background and theoretical perspective for this public health model is discussed as an important way to solve problems and accomplish goals in schools, after which the authors outline and develop a clear, practical procedure for implementing and evaluating programs based on public health ideas.

**CONTENTS: Part I: Overview and Introduction.** Children's Mental Health: A Growing Problem. Why Comprehensive Services? Why Public Health? **Part II: Basic Principles.** Overview of the Public Health Service Continuum. Comprehensive Children's Mental Health Services. A Comprehensive Mental Health Services Problem-solving Model. **Part III: Guidelines for Service.** Problem Identification and Problem Analysis. Intervention. Progress Monitoring and Measuring Outcomes. **Part IV: Some Examples: Evidence-based Comprehensive Mental Health Programs.** Descriptions of Comprehensive Programs. Commonalities Across Schools. Implications for School Psychology Practice. **Part V: Concluding Comments.** **Part VI: Practitioner Resources.** **Part VII: References.**



**February 2011: 224pp.**  
**Hb: 978-0-415-80448-6: £53.00/\$95.00**  
**Pb: 978-0-415-80449-3: £19.95/\$34.95**  
*Series: School-Based Practice in Action*



**Forthcoming!**

## Serving the Gifted Evidence-Based Clinical and Psycho-Educational Practice

**Steven I. Pfeiffer**, Florida State University, USA

Designed specifically for school psychologists and school counselors, this volume is intended to serve as a practical and easy-to-use resource for working with gifted students, their teachers, and their parents and families. It provides timely, practical, evidence-based techniques and guidelines to help these practitioners better help an underserved group.



**New!**

## The Power of Family-School Partnering (FSP) A Practical Guide for School Mental Health Professionals and Educators

**Cathy Lines**, Cherry Creek School District, Colorado, USA, **Gloria Miller**, University of Colorado, USA, and **Amanda Arthur-Stanley**, Cherry Creek School District, Colorado, USA

Ongoing, strategic family-school partnering (FSP) is an essential component of every educational community. FSP is a multi-dimensional process in which schools, families, and communities



engage in shared actions to ensure a child's academic, social, and emotional success. With this text, the authors intend to offer a practical guide that demonstrates how this partnering can be strategically implemented in all levels of schooling. The main focus of the text is how to plan, implement, and evaluate FSP within existing school structures and resources.

**CONTENTS:** Framing Family-School Partnering (FSP). Building an FSP Foundation. Creating Universal FSP Processes and Practices. Adapting Targeted-intensive FSP Processes and Practices. Planning FSP Actions. Applying FSP Lessons. Epilogue: A Working FSP School.



**October 2010: 256pp.**  
**Hb: 978-0-415-80147-8: £53.00/\$95.00**  
**Pb: 978-0-415-80148-5: £19.00/\$34.95**

Series: *School-Based Practice in Action*



## Comprehensive Planning for Safe Learning Environments

**A School Professional's Guide to Integrating Physical and Psychological Safety – Prevention through Recovery**

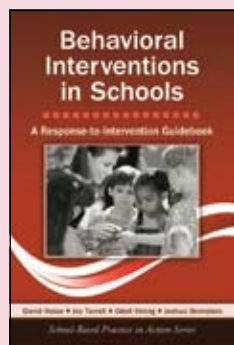
**Melissa A. Reeves**, Winthrop University, South Carolina, USA, **Linda M. Kanan**, Intervention Coordinator in the Cherry Creek School District, Colorado, USA, and **Amy E. Plog**, Creating Caring Communities, USA

This book provides school administrators, school-based mental health professionals, and other educational professionals with the framework and tools needed to establish a comprehensive safe learning environment. The authors identify four necessary phases to achieve this (prevention, preparedness, response, and recovery) and provide numerous examples and tools to help readers create safe environments, while also addressing students' academic, emotional, and social needs.



**2009: 371pp.**  
**Hb: 978-0-415-99834-5: £53.00/\$95.00**  
**Pb: 978-0-415-99835-2: £19.00/\$34.95**

Series: *School-Based Practice in Action*



**New!**

## Behavioral Interventions in Schools

**A Response-to-Intervention Guidebook**

**David Hulac**, University of South Dakota, USA, **Joy Terrell**, School Psychologist, Recovery School District, Louisiana, USA,

**Odell Vining**, School Psychologist, Georgia, USA, and **Joshua Bernstein**, Chatham University, Pennsylvania, USA

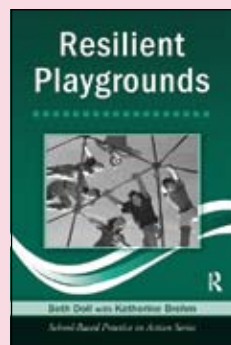
This book is a how-to manual for school mental health professionals, educators, and administrators that discusses a series of steps that can be used to proactively manage and prevent many different types of behavioral problems in a positive manner. It incorporates both the high structure and high behavioral expectations that are crucial for school success, but also describes following this structure in such a way that students feel included, important, and respected.

**CONTENTS:** Introduction to Positive Behavior Supports and Response to Intervention for Behavior. Building the School-based Problem-solving Team. **Part I: Tier I.** Understanding Positive Behavior Support. School-wide Prevention. Preventing Classroom Misbehaviors. Implementing a School-wide Token Economy. Making Office Discipline Referrals Work. Identifying School-wide Problems. Identifying Class-wide Problems. **Part II: Tier II.** Identifying Students for Tier II Interventions. Providing Interventions for Students at Tier II. **Part III: Tier III.** Understanding the Function of Behavior. Creating Individualized Behavior Plans. Appendices. Appendix A: List of Forms. Appendix B: Intervention Coach Cards. Appendix C: Tracking Office Discipline Referrals Using Excel. Appendix D: Ways to Reward Kids. Appendix E: List of Inservice Topics.



**September 2010: 288pp.**  
**Hb: 978-0-415-87584-4: £53.00/\$95.00**  
**Pb: 978-0-415-87585-1: £19.95/\$34.95**

Series: *School-Based Practice in Action*



## Resilient Playgrounds

**Beth Doll**, University of Nebraska at Lincoln, USA, with **Katherine Brehm**, school psychologist, Ysleta School District, Texas, USA

While recess provides children with a time to play and take a break from the school day, research has shown that it is also a necessary and vital part of their social, emotional, and academic development. This book provides tools and strategies for school mental health professionals, teachers, and administrators to evaluate and improve the recess experience.



**2009: 183pp.**  
**Hb: 978-0-415-96087-8: £59.00/\$95.00**  
**Pb: 978-0-415-96088-5: £21.95/\$34.95**

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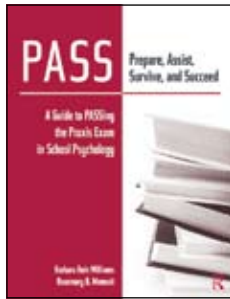


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# School-Based Mental Health and Learning Disabilities



New!

## PASS: Prepare, Assist, Survive, and Succeed A Guide to PASSing the Praxis Exam in School Psychology

Barbara Bole Williams, Rowan University, New Jersey, USA, and

Rosemary B. Mennuti, Philadelphia College of Osteopathic Medicine, USA

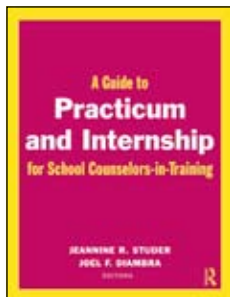
Are you getting ready to take the Praxis Exam and looking for a resource to help as you study? In this guide, Williams and Mennuti, two veteran school psychologists who have been involved in the development, testing, and revision of the Praxis Exam, present their PASS model to help you study and achieve the best score possible. In this guide, you'll also find reflections from students who have used the PASS model to prepare for the Praxis, along with their experiences taking the exam.

**CONTENTS:** Introduction. **Part I: Process of Preparing.** Preparation. Assisting. Surviving. **Part II: Content of the Exam.** Diagnosing and Fact Finding. Prevention and Intervention. Applied Psychological Foundations. Applied Educational Foundations. Ethical and Legal Considerations. **Part III: Succeeding.** Personal Reflections.



February 2010: 239pp.

Pb: 978-0-415-99347-0: £25.00/\$40.00



New!

## A Guide to Practicum and Internship for School Counselors-in-Training

Edited by Jeannine R. Studer, and Joel F. Diambra, both at the University of Tennessee, USA

School counseling is a rather specialized field, yet students entering it do not have a single, comprehensive resource to guide them through the process. This text covers all aspects of the practicum and internship experience, from the initial contact with your supervisor to detailed descriptions of each of the different roles you will have. It will help you gain an understanding of the school culture and how to begin thinking about and developing your own philosophy of school counseling.

**SELECTED CONTENTS:** Part I: The Practicum and Internship Journey. Part II: The ASCA National Model as a Structure for Understanding the Role of the Professional School Counselor. Part III: Guidelines for Working with Special Populations. Part IV: Competing the Clinical Experiences.

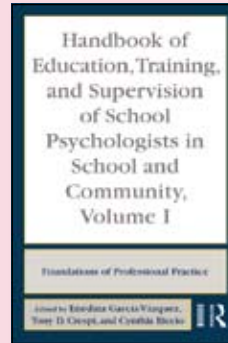
March 2010: 252pp.

Pb: 978-0-415-99747-8: £22.00/\$39.95

e-Examination copy available

Two Volume Handbook

Co-Published with the Trainers of School Psychologists



## Handbook of Education, Training, and Supervision of School Psychologists in School and Community

Foundations of Professional Practice

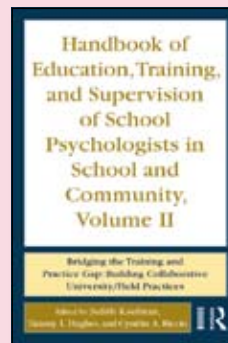
Volume I

Edited by Eneida García-Vázquez, New Mexico State University, USA, Tony D. Crespi, University of Hartford, Connecticut, USA, and Cynthia Riccio, Texas A&M University, USA

*Volume I* focuses on the professional issues and topics that form the core of the university curriculum for the school psychology specialist degree. It explores contemporary university training programs, the foundations of school education, and key areas of responsibility for school-based mental health professionals, and takes a look at the future of training for school psychologists.

2009: 369pp.

Hb: 978-0-415-96260-5: £34.00/\$55.00



## Handbook of Education, Training, and Supervision of School Psychologists in School and Community

Bridging the Training and Practice Gap: Building Collaborative University/Field Practices

Volume II

Edited by Judith Kaufman, Fairleigh Dickinson University, New Jersey, USA, Tammy L. Hughes, Duquesne University, Pennsylvania, USA, and Cynthia A. Riccio, Texas A&M University, USA

*Volume II* extends the discussion of the training of school psychologists from *Volume I* to an examination of issues critical to the practice of school psychology, focusing on the roles of the supervisor as trainer in different contexts. Each chapter raises issues for university training in a manner that facilitates the dialogue between university and field trainers. This volume also considers issues of professional development, credentialing, and developing a professional identity, topics that predominate in practice settings yet are typically not addressed in any school psychology text.

2009: 369pp.

Hb: 978-0-415-96279-7: £35.00/\$55.00

Forthcoming!

## Counseling 21st Century Students for Optimal College and Career Readiness

### A 9-12th Grade College and Career Curriculum Including Activities and Best Practices

**Corine Fitzpatrick**, Manhattan College, New York, USA, and **Kathleen Costantini**, over twenty-five years experience as a teacher, administrator and counselor

This book offers counselors an action-based curriculum that will meet the needs of the 21st century high school student, help to foster their growth and ambition, and engage them as constructivists in learning what they need to succeed beyond high school. It takes a comprehensive, developmental approach, focusing on 9th-12th grade students, rather than solely on those in 11th and 12th grade.

**CONTENTS: Part I: Understanding the Challenge.** Counseling for College and Career Readiness: Bringing Pride and Direction Back to the Adolescent Dream of Success. School-College Collaborations: Why They Are Important to College and Career Readiness and to the Challenge. Addressing the Challenge: Overview of the Counseling Curriculum for Grades 9-12. **Part II: Making the College and Career Advising Process Optimal: The Curriculum.** The Move to High School: Making Transitioning to 9th Grade Successful. Using Technology in the College and Career Advising Process. Motivation and Testing: Learning about Standardized Testing and Using it to get Motivated about the College Process (10th Grade). Advising Students in College Research (11th Grade). Empowering Students in their Essay Writing (11th-12th Grades). Assisting Students in Making the Final List of Colleges (12th Grade). Exploring Options in Higher Education Other than Four-Year College/University (12th Grade). Helping Seniors Make the Transition to College (12th Grade). **Part III: The Counselor as Creator and Manager.** Running a College Guidance Office. Writing the Secondary School Report. Working with Parents. Financial Aid and Merit-based Scholarships. Counseling Students with Learning Disabilities. Students with Special Talents. Gaining Admittance to the Military Academies.

May 2011: 192pp.

Pb: 978-0-415-87612-4: £16.95/\$29.95

Forthcoming!

## Being a College Counselor on Today's Campus

### Roles, Contributions, and Special Challenges

**Bruce S. Sharkin**, Kutztown University, Pennsylvania, USA

This book provides a detailed description and discussion of the many roles and contributions of college counselors on today's campuses. The author draws on twenty years of experience as a college counselor to address such questions as "Who are college counselors?"; "How does one become a college counselor?"; and "What skills are needed to be a college counselor today?" Roles and responsibilities, including counseling, crisis intervention, consultation, outreach, and administrative duties, are discussed in detail and supplemented with both research and case studies.

**CONTENTS:** Introduction: The Specialty Field of Counseling. Roles and Responsibilities of College Counselors. Additional Roles and Contributions to Campus Life. Professional Activities of College Counselors. Being a Diversity-competent College Counselor. Special Challenges for College Counselors. The Future Outlook.

September 2011: 224pp.

Pb: 978-0-415-88214-9: £21.95/\$37.95

e-Examination copy available

Forthcoming!

## Combating Racism

### Transforming the School Counselor's Role When Working with Issues of Racism in Schools

**Jesse A. Brinson**, and **Shannon Smith**, both at University of Nevada, Las Vegas, USA

While racism continues to be a persistent and pervasive issue in our schools, the professionals charged with creating safe and nurturing educational environments have few resources available to address racism directly. As its title suggests, *Combating Racism* is the first book of its kind to do just that. A qualitative survey of students, school counselors, teachers, and administrators sets the stage by providing the readers with a 360 degree picture of today's schools and the many ways racism creeps into the lives of our students. The authors then present a number of different models and perspectives on understanding and addressing racism, beginning with their own personal and professional experiences. This book will appeal directly to school counselors as not only a comprehensive look at racism within our schools, but as a practical tool to use in implementing preventative measures to combat racism directly.

September 2011: 256pp.

Pb: 978-0-415-99349-4: £21.95/\$34.95

Forthcoming!

## Bullying, Suicide, and Homicide

### Understanding, Assessing, and Preventing Threats to Self and Others for Victims of Bullying

**Raymond Butch Losey**, Child Focus, Inc.

The main objective of this book is to provide a detailed understanding of the relationship between bullying, suicide, and homicide and to offer an assessment and response strategy that is useful for mental health professionals who work with children. It will help readers understand that bullying is not a part of childhood development, but rather an aberrant behavior that for the victim can lead to adverse decisions, such as suicide and homicide.

**CONTENTS:** Persistent Bullying and Suicide as a Viable Option. Effective School and Community Response. Inconspicuous Partners: Bullying, Suicide, and Homicide. Indelible Links: Persistence, Hopelessness, Burdensome, and Alienation. Dimensions of the Bullying Experience. The Bullying Lethality Screening System (BLSS) for Use by Professionals. Deciding the Right Course of Action. Suicide Assessment in the Context of Bullying. Threat Assessment: When Risk Turns from Self to Others. Inside the School Counselors Office: Practical Application of the BLSS. Companion CD: Bullying Lethality Screening Questionnaire for Use by Professionals. Decision Tree. The Negative Bullying Response Continuum for Suicide Assessment. Threat Assessment Guide. Guided Questions for an Unstructured Interview Using the BLSS.



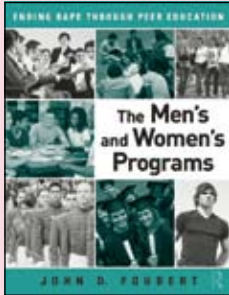
April 2011: 160pp.

Hb: 978-0-415-87344-4: £53.00/\$95.00

Pb: 978-0-415-87347-5: £19.95/\$34.95

## Peer Education

From **John D. Foubert**,  
College of William and Mary, Virginia, USA



**New!**

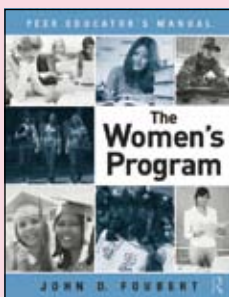
### **The Men's and Women's Programs** **Ending Rape through Peer Education**

*The Men's and Women's Programs* is a guide for college administrators and faculty members looking to create a

sexual assault prevention and education program to provide men and women with the knowledge, skills, and support systems needed to become active participants in the prevention of rape. It contains detailed scripts which outline how to set up and implement a program and provides instructions on running a training course and recruiting peer educators. Handouts and worksheets are included to assist in the training process, as well as for peer educators to use when working with participants. This revised version of the program features the inclusion of a program targeted at female participants, as well as completely updated scripts, handouts, and resources.

September 2010: 229pp.  
Pb: 978-0-415-88105-0: £22.95/\$39.95

**e-Examination copy available**



**New!**

### **The Women's Program** **Peer Educator's Manual**

Intended to be used in an all-female peer education group, this guide contains the training materials necessary for the peer educator. While it does complement

the guide for administrators, it is designed to be a self-contained manual. It includes all of the program scripts and handouts, as well as advice for running the program. The program scripts lay out each session in detail for the leader. Participants will learn how to recognize and identify dangerous men, how to help a friend who is a survivor of rape, and about ways to be an active bystander. The program scripts lay out each session in detail for the leader.

September 2010: 65pp.  
Pb: 978-0-415-88107-4: £56.00/\$100.00 (Pack of 10)

**e-Examination copy available**



**New!**

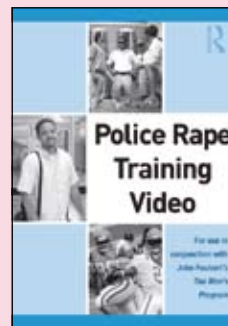
### **The Men's Program** **Peer Educator's Manual**

This guide contains the training materials necessary for the student/peer educator who will be facilitating the men's program. While it does complement the guide for administrators, it is designed to be a self-contained manual. It includes

all of the program scripts and handouts, as well as advice for running the program. The program scripts lay out each session in detail for the leader. Participants will be taught about rape via in-depth discussions and videos that will put them in the shoes of the victim, helping them to understand what it might feel like for both a woman and a man to experience rape. Methods for helping survivors and ways to prevent rape are then covered, including bystander interventions.

September 2010: 102pp.  
Pb: 978-0-415-88106-7: £56.00/\$100.00 (Pack of 10)

**e-Examination copy available**



**New!**

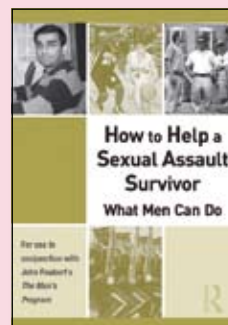
### **Police Rape Training Video**

An integral part of presenting *The Men's Program*, this powerful DVD is a presentation of a police officer talking to new officers about how to handle rape cases. In doing so, Sgt. Ramon shares the story of a male police officer who went about his everyday business and was raped by two men. Afterwards, other officers didn't believe it happened as he said it did, couldn't understand why he didn't fight back, and blamed him for what happened.



DVD: 978-0-415-88419-8: September 2010: £30.00/\$50.00

Produced by One in Four, Inc.



**New!**

### **How to Help a Sexual Assault Survivor** **What Men Can Do**

This video is a performance of *The Men's Program* by experienced peer educators. Men who watch the video will discover what rape is, what it might feel like, what women tend to experience before, during, and after being raped, how to help a woman recover from a rape experience, what they can do to modify their own behavior in their intimate encounters, and will be encouraged to confront their peers when necessary. Thought-provoking and provocative, this video is great for use with fraternities, sports teams, men's residence halls, military units, community organizations, high school boys, or any group of men who want to learn how to help women recover from rape.



DVD: 978-0-415-88429-7: September 2010: £95.00/\$150.00

Produced by One in Four, Inc.

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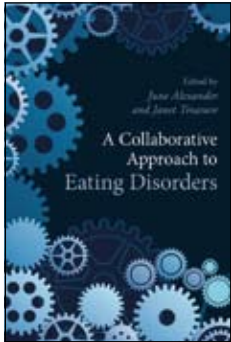
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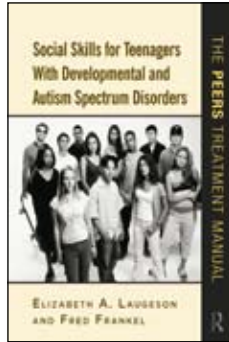
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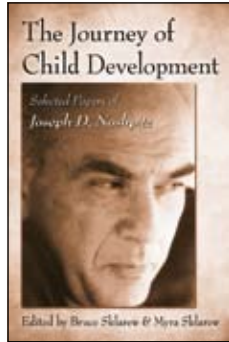
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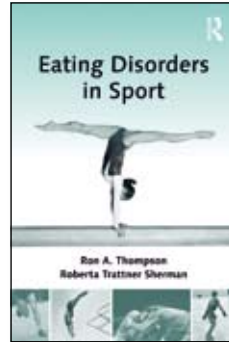
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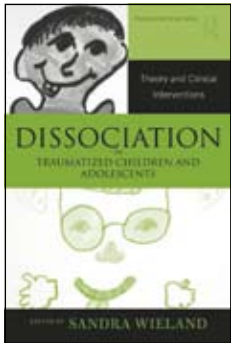
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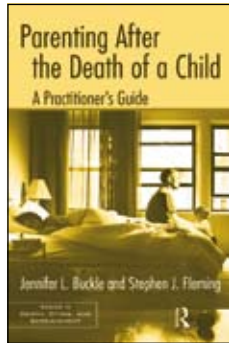
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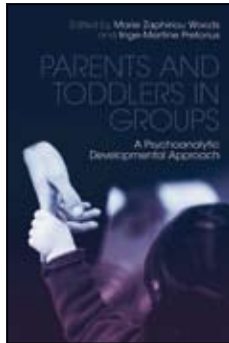
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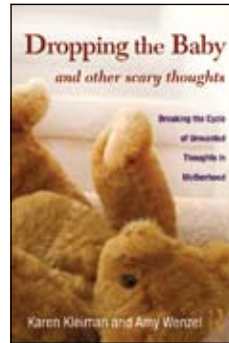
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