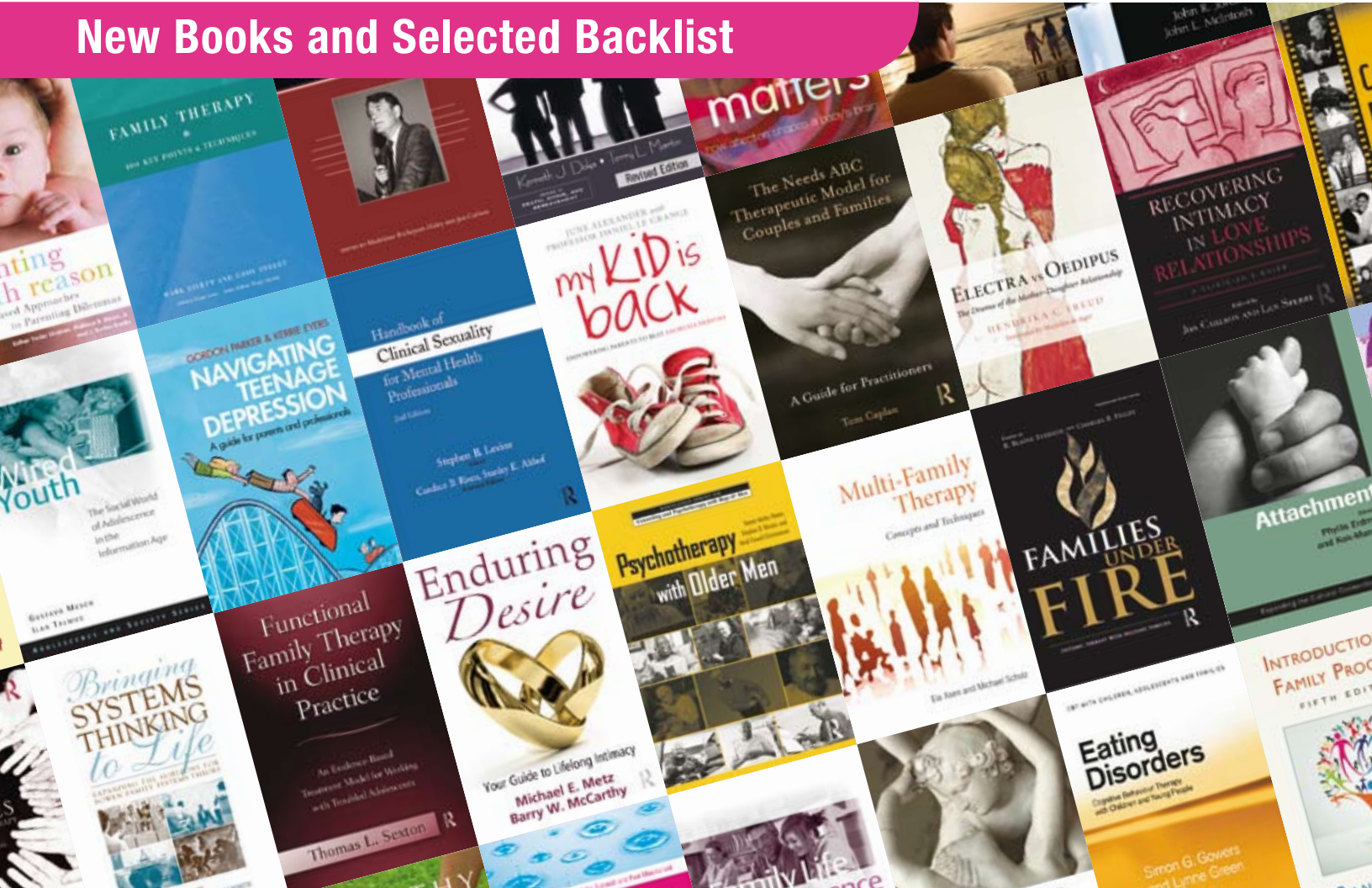


Couples and Family Therapy 2010

Couples Therapy | Eating Disorders | Family Therapy | Gerontology
Parenting | Professional Issues and Resources

New Books and Selected Backlist



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| Eating Disorders | 21 |
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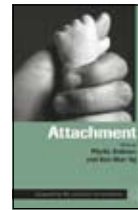
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If you would like to submit or discuss your book proposal with our Publisher, **George Zimmar**, please email George.Zimmar@taylorandfrancis.com

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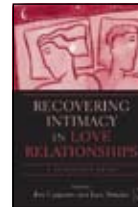


Attachment

Expanding the Cultural Connections

Edited by **Phyllis Erdman** and **Kok-Mun Ng**

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Recovering Intimacy in Love Relationships

A Clinician's Guide

Edited by **Jon Carlson** and **Len Sperry**

Page 4

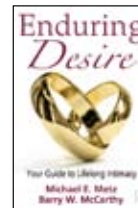


Families Under Fire

Systemic Therapy with Military Families

Edited by **R. Blaine Everson** and **Charles R. Figley**

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Enduring Desire

Your Guide to Lifelong Intimacy

Michael E. Metz and **Barry W. McCarthy**

Page 13

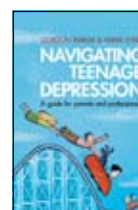


Handbook of Clinical Sexuality for Mental Health Professionals

Second Edition

Edited by **Stephen B. Levine**, and Associate Editors: **Candace B. Risen**, and **Stanley E. Althof**

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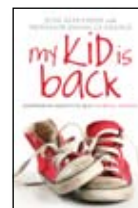


Navigating Teenage Depression

A Guide for Parents and Professionals

Gordon Parker and **Kerrie Eyers**

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My Kid is Back

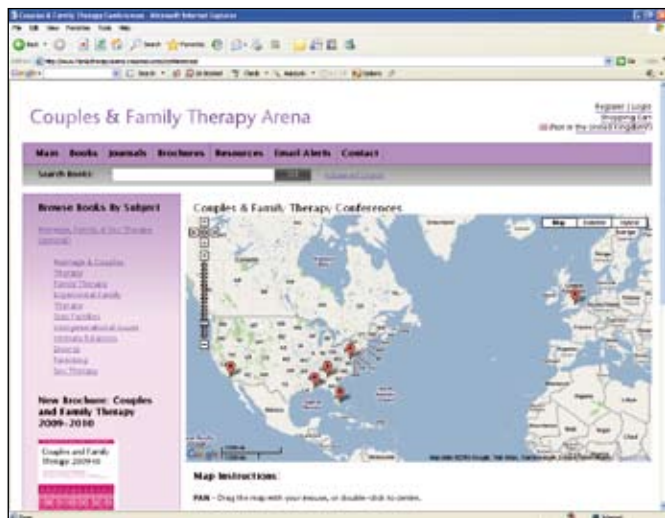
Empowering Parents to Beat Anorexia Nervosa

June Alexander with **Daniel Le Grange**

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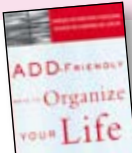
Conferences


Routledge Mental Health ensures its books are represented at all major conferences. The calendar of events from mid-2010 to early 2011 are listed below. Routledge will be exhibiting all recent and relevant key books at these meetings. Please visit the Routledge stand where all books will be available for sale at a **20% conference discount** with **free global shipping**.




- **16th Annual BACP Research Conference 2010**
14-15 May 2010, London, UK
- **118th Annual Convention of the American Psychological Association (APA)**
12-15 August 2010, San Diego, USA
- **American Association for Marriage and Family Therapy (AAMFT) Annual Conference 2010**
23-26 September 2010, Atlanta, Georgia, USA
- **American Counseling Association (ACA) Annual Conference 2011**
23-27 March 2011, New Orleans, USA
- **Psychotherapy Networker Symposium 2011**
24-27 March 2011, Washington D.C., USA
- **10th London International Eating Disorders Conference 2011**
29-31 March 2011, London, UK
- **Association for Death Education and Counseling (ADEC) 33rd Annual Conference 2011**
22-25 June 2011, Miami, USA

Top 10


1  **Kolberg/Nadeau:** ADD-Friendly Ways to Organize Your Life: Strategies that Work from a Professional Organizer and a Renowned ADD Clinician
Pb: 978-1-58391-358-1: 2002: 280pp. £13.50/\$21.95


2  **McCarthy/McCarthy:** Rekindling Desire: A Step-by-Step Program to Help Low-Sex and No-Sex Marriages
Pb: 978-0-415-93551-7: 2003: 224pp. £12.50/\$18.95

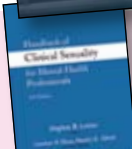
3  **Johnson et al.:** Becoming an Emotionally Focused Couple Therapist: The Workbook
Pb: 978-0-415-94747-3: 2005: 416pp. £19.95/\$29.95

4  **Johnson:** The Practice of Emotionally Focused Couple Therapy: Creating Connection, *Second Edition*
Pb: 978-0-415-94568-4: 2004: 384pp. £24.99/\$34.95

5  **Kerr et al:** Family Art Therapy: Foundations of Theory and Practice
Hb: 978-0-415-95464-8: 2007: 264pp. £24.95/\$39.95
Series: Family Therapy and Counseling

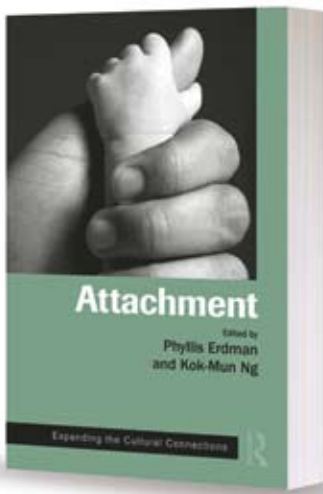
6  **Kaplan:** How to Overcome Premature Ejaculation
Pb: 978-0-87630-542-3: 1989: 128pp. £13.50/\$19.95

7  **Weeks/Treat:** Couples in Treatment: Techniques and Approaches for Effective Practice, *Second Edition*
Hb: 978-1-58391-038-2: 2001: 312pp. £24.95/\$39.95

8  **Levine et al., Eds.:** Handbook of Clinical Sexuality for Mental Health Professionals, *Second Edition*
Pb: 978-0-415-80076-1: Jan 2010: 535pp. £38.99/\$69.95

9  **Leavitt:** Common Dilemmas in Couple Therapy
Pb: 978-0-415-80001-3: 2009: 223pp. £19.50/\$34.95

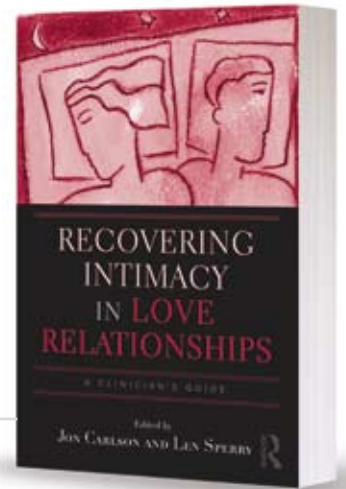
10  **Hertlein et al., Eds.:** Systemic Sex Therapy
Pb: 978-0-7890-3669-8: 2008: 432pp. £25.00/\$44.95



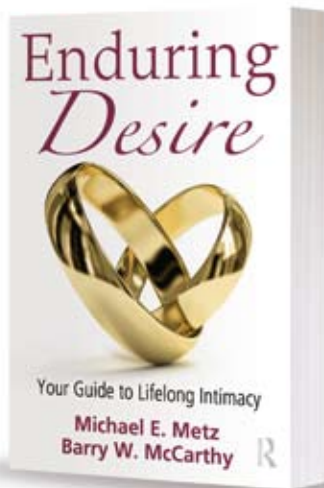
Attachment: Expanding the Cultural Connections is an exciting exploration of the latest trends in the theory and application of attachment within cross-cultural settings. The book's insightful analysis, remarkable case studies, and groundbreaking research make it essential reading for any clinician or scholar interested in perceptions of love and attachment.

Attachment
Expanding the Cultural Connections
Edited by **Phyllis Erdman** and **Kok-Mun Ng**
May 2010: 352pp.
Hb: 978-0-415-99059-2: £21.99/\$34.95
Series: *Family Therapy and Counseling*
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The loss of intimacy is one of the most difficult – but also one of the most common – factors in the destruction of any relationship. *Recovering Intimacy in Love Relationships* lays out practical, evidence-based guidelines on which clinicians can depend as they wade through the intense emotions and fragile bonds of couples in crisis.



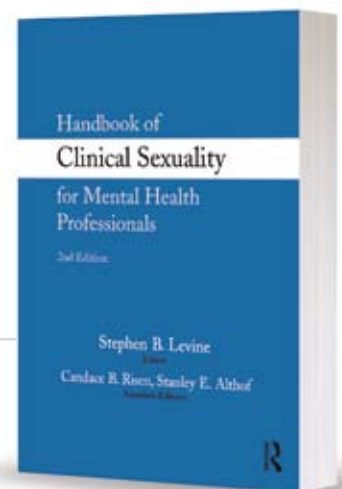
Recovering Intimacy in Love Relationships
A Clinician's Guide
Edited by **Jon Carlson** and **Len Sperry**
July 2010: 416pp.
Hb: 978-0-415-99253-4: £24.99/\$39.95
Series: *Family Therapy and Counseling*
Page 4



In *Enduring Desire*, authors Michael Metz and Barry McCarthy inspire and motivate readers with real-life examples and clear, helpful individual and couple exercises to reach for realistic and high quality sexual satisfaction as a couple.

Enduring Desire
Your Guide to Lifelong Intimacy
Michael E. Metz and **Barry W. McCarthy**
October 2010: 246pp.
Pb: 978-0-415-87830-2: £12.95/\$19.95
Page 13
www.routledge mentalhealth.com/barry-mccarthy

The constantly-changing field inspired the second edition of *Handbook of Clinical Sexuality for Mental Health Professionals*. In a state-of-the-art guide, Dr. Levine and his associates continue to help professionals with the assessment and treatment of a large array of sexual concerns.



Handbook of Clinical Sexuality for Mental Health Professionals, Second Edition
Edited by **Stephen B. Levine**, and Associate Editors: **Candace B. Risen** and **Stanley E. Althof**
January 2010: 535pp.
Hb: 978-0-415-80075-4: £69.50/\$125.00
Pb: 978-0-415-80076-1: £38.99/\$69.95
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Family Therapy and Counseling Series

Series Editor: Jon Carlson

The *Family Therapy and Counseling Series* is devoted to providing practitioners and students with current information on specific topics relevant to marriage and family therapy, counseling, couples therapy, and child and adolescent therapy. **Page 4**

www.routledge.com/family-therapy-and-counseling



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The *Routledge Series on Counseling and Psychotherapy with Boys and Men* captures the burgeoning body of knowledge about the emotional and psychological lives of boys and men and the process of counseling them in a male-friendly manner. **Page 11**

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Series Editor: Paul Stallard

The *CBT with Children, Adolescents and Families Series* is designed to provide clinicians and trainees with the latest evidence-based clinical programmes and materials for a range of common problems in a concise and accessible format. **Page 20**

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Series Editor: John Coleman

In the 20 years since it began, this series has published some of the key texts in the field of adolescent studies. The series has covered a very wide range of subjects, almost all of them being of central concern to students, researchers and practitioners.

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Series in Death, Dying, and Bereavement


Series Editor: Robert Neimeyer

Volumes published within the prestigious *Series in Death, Dying, and Bereavement* are representative of the multidisciplinary nature of the intersecting fields of death studies, suicidology, end-of-life care, and grief counseling. **Page 23**

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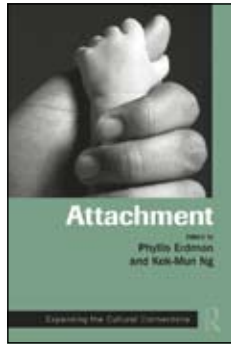
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Read and Recommend!

Attachment

Expanding the Cultural Connections

Edited by **Phyllis Erdman**, Washington State University, USA, and **Kok-Mun Ng**, University of North Carolina at Charlotte, USA

"Attachment: Expanding the Cultural Connections is so unique among

scholarly publications that it will likely become standard reading for scholars interested in culturally based attachment issues. It is a comprehensive and varied international and cross-cultural resource that gives counseling and psychotherapy students, clinicians, and researchers the opportunity to learn about and compare the universality of attachment theory."

- **Alan J. Hovestadt**, Western Michigan University, USA, and Past President, American Association for Marriage and Family Therapy

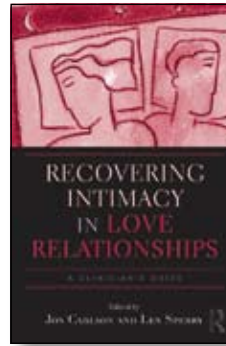
Attachment: Expanding the Cultural Connections is an exciting exploration of the latest trends in the theory and application of attachment within cross-cultural settings. The book's insightful analysis, remarkable case studies, and groundbreaking research make it essential reading for any clinician or scholar interested in perceptions of love and attachment.

CONTENTS: Part I: Introduction. Metzger, Erdman, Ng, Attachment in Cultural Contexts. **Part II: Conceptual Extensions and Measurement Issues.** Wang, Song, Adult Attachment Reconceptualized. Imamoğlu, Imamoğlu, Attachment Within a Cultural Perspective. Behrens, Amae through the Eyes of Japanese Mothers. Gassin, Cultural Variations in the Link Between Attachment and Bereavement. Shaver, Mikulincer, Alonso-Arbiol, Lavy, Assessment of Adult Attachment Across Cultures. Karakurt, Kafescioğlu, Keiley, Cross-cultural Adult Attachment Research. Morgenstern, Magai, The Utility of the Adult Attachment Interview in the United States. **Part III: Child-caregiver Attachment.** Jin, Jacobvitz, Hazen, A Cross-cultural Study of Attachment in Korea and the U.S. Sümer, Kağitçibaşı, Culturally Relevant Parenting Predictors of Attachment Security. Tomlinson, Murray, Cooper, Attachment Theory, Culture, and Africa. **Part IV: Adult Attachment.** Yalçinkaya, Rapoza, Malley-Morrison, Adult Attachment in Cross-cultural and International Research. Schmitt, Romantic Attachment from Argentina to Zimbabwe. Hatfield, Rapson, Culture, Attachment Style, and Romantic Relationships. Johri, Mothering from the Margins. Shi, Adult Attachment Patterns and Their Consequences in Romantic Relationships. **Part V: Clinical Applications.** Peluso, Miranda, Firpo-Jimenez, Pham, Attachment Dynamics and Latin Cultures. Shi, Contextual Thinking in Attachment.

May 2010: 352pp.

Hb: 978-0-415-99059-2: £21.99/\$34.95

Series: Family Therapy and Counseling



Read and Recommend!

Recovering Intimacy in Love Relationships

A Clinician's Guide

Edited by **Jon Carlson**, Governors State University, Illinois, USA, and **Len Sperry**, Florida Atlantic University, USA

The loss of intimacy is one of the most difficult – but also one of the most common – factors in the destruction of any relationship. *Recovering Intimacy in Love Relationships* lays out practical, evidence-based guidelines on which clinicians can depend as they wade through the intense emotions and fragile bonds of couples in crisis. With care and sensitivity, the book's authors analyze the increasingly complex context in which the cycle of intimacy develops, wanes, and recovers. The chapters delve into diverse populations' attitudes toward intimacy and provide an entire section on cultural, gender and religious issues.

CONTENTS: Carlson, Sperry, Preface. **Part I: Intimacy Overview.** Sperry, Intimacy: Definition, Contexts and Models for Understanding its Development and Diminishment. Solomon, Teagno, Recovering from Sexual and Other Types of Infidelity, Part I: A Typology of Infidelities. Solomon, Teagno, Recovering from Sexual and Other Types of Infidelity, Part II: Treatment Guidelines and Strategies. Interview with Frank Pittman. Bagarozzi, Recovering Intimacy: Using Assessments to Pinpoint Treatment. Interview with Fred Luskin. Dupree, White, Recovering Intimacy After Infidelity: A Practice-based Evidence Approach. **Part II: Clinical Considerations in Recovery from Emotional Infidelity.** Scharff, An Object Relations Approach to Intimacy: Loss and Recovery. Interview with Paul Peluso. Fife, Weeks, Barriers to Recovering Intimacy. Helm, Internet Infidelity: Guidelines for Recovering Intimacy. Waller, Financial Infidelity and Intimacy Recovery. Interview with Brent Atkinson. Duffy, Recovering Intimacy with Regard to Health, Work and Friendship Issues. Bermúdez, Parker, Context and Culture in Intimate Partner Infidelity: Co-constructing Preferred Couple Narratives. Interview with Harville Hendrix. Dunham, Ellis, Restoring Intimacy with African American Couples. Smith, Montilla, Recovering Intimacy with Latino Couples: Cultural, Religious and Gender Considerations. Ng, Peluso, Smith, Marital Satisfaction, Intimacy, Enqing, and Relationship Stressors Among Asians. Interview with David Burns. Duba, Intimacy and the Recovery of Intimacy in Religious and Faith-based Relationships. **Appendix.** Carlson, Sperry, Clinician's Resource Guide: Popular Self-Help Books on Intimacy.

July 2010: 416pp.

Hb: 978-0-415-99253-4: £24.99/\$39.95

Series: Family Therapy and Counseling

Forthcoming!

Working With Immigrant Families

A Practical Guide for Counselors

Edited by **Adam Zigelbaum**, Sonoma State University, California, USA, and **Jon Carlson**, Governors State University, Illinois, USA

Working With Immigrant Families examines the theoretical and practice-based issues that must be considered by counseling professionals when performing family therapy with immigrant clients. It provides practitioners with insights into why immigrant families come to the United States, the processes that unfold while they do, and the steps that can be taken to help these families make the most of their experience in their new country.



CONTENTS: *Zagelbaum, Carlson*, Orientation to Working with Immigrant Families. *Lopez, Escoto, Monford-Dent, Prado-Steiman*, Theories of Acculturation and Cultural Identity. *Shulman, Lamba*, Theories of Family Therapy. *Zagelbaum*, Working with Hispanic/Latino(a) Immigrant Families. *Kuehl*, Working with European Immigrant Families. *Brammer*, Working with African Immigrant Families. *MohdZain*, Working with Asian Immigrant Families (Part I: Far East and Southeast Asia). *Madathil*, Working with Asian Immigrant Families (Part II: India and Pacific Islands). *Abi-Hashem*, Working with Middle Eastern Immigrant Families. *Hunter*, Working with Australian Families. *Zagelbaum*, Immigrant Families from Regions with Emerging Research. *Tarver, Harden*, The Future of Counseling Immigrants and Their Families. *Rivera-Mosquera, Mitchell-Blanks, Lopez-Garcia, Fattal*, The Future of Immigrant Families.

November 2010: 296pp.

Hb: 978-0-415-80061-7: £19.99/\$34.95

Series: Family Therapy and Counseling

Forthcoming!

Poisonous Parenting

Toxic Relationships Between Parents and Their Adult Children

Edited by Shea Dunham, Shannon Dermer, and Jon Carlson, all at Governors State University, Illinois, USA

How does the toxicity associated with particular parenting styles affect attachment? How do the contaminated views people have of themselves affect their relationships into their adulthood? Like physicians, clinicians do not want to amputate, but sometimes find it necessary in order to preserve the health of the larger system. *Poisonous Parenting* shows readers how to recognize poisonous parenting and how to recognize adult children who are suffering from toxic parenting attitudes and behaviors. Practitioners will learn how to counteract the effects of toxic parenting so that patients can recover and lead a healthy life.

CONTENTS: Part I: The Good, The Bad and The Ugly: Parent-child Relationships. *Dunham, Dermer*, Poisonous Parenting. *Dunham, Dermer*, Poisonous Parenting Styles. **Part II: Birds of a Feather Flock Together: Breaking the Cycle of Poisonous Relationships.** Interpersonal Neurobiology: Neuropsychology of Emotion and Creating Good Relationships. *Sori, Robey*, Compassionate Parenting: The Antidote to Poisonous Parenting. *Woolley*, Creating Secure Attachment: A Model for Creating Healthy Relationships. *Walsh*, Creating Your Own "Flock": People and Patterns that Counteract the Effects of Poisonous Parenting. **Part III: Fruit of the Poisonous Tree: How Poisonous Parenting Affects Adult Relationships.** *McGoldrick*, Mother-daughter Relationships. *Englar-Carlson, Carlson*, Father-son Relationships. *Pittman*, Couple Relationships. **Part IV: Special Topics.** *Olund*, Honor Thy Parents? A Religious Perspective on Poisonous Parenting. *Russell*, The Ghosts of Relationships Past: Becoming a Caretaker for Your Poisonous Parent. *Boyd-Franklin*, Bad Blood: Oppression and Poisonous Parenting. **Part V: Conclusion.** Saving Oneself: Forgiving the Poisonous Parent as an Act of Kindness to Oneself and Future Generations. *Dunham, Dermer*, Becoming a Compassionate Parent, Partner, and Friend.

August 2011: 256pp.

Hb: 978-0-415-87908-8: £19.99/\$34.95

Series: Family Therapy and Counseling

Also by Jon Carlson



Family Therapy Techniques Integrating and Tailoring Treatment

Jon Carlson, Len Sperry and Judith A. Lewis

Pb: 978-1-58391-360-4: 2005: 248pp. £25.00/\$39.95

Forthcoming!

Case Studies in Couples Therapy Theory-Based Approaches

Edited by David K. Carson, and Montserrat Casado-Kehoe, both at Palm Beach Atlantic University, Florida, USA

This up-to-date, highly readable, theory-based, and application oriented book fills a crucial void in literature on couple therapy. Few books in the couple therapy market bridge the gap between theory and practice; texts tend to lean in one direction or the other, either emphasizing theory and research with little practical application, or taking a cookbook approach that describes specific techniques and interventions that are divorced from any conceptual or theoretical base. However, couples therapy requires a high degree of abstract/conceptual thinking, as well as ingenuity, inventiveness and skill on the part of the therapist. *Case Studies in Couples Therapy* blends the best of all worlds: clinical applications with challenging and diverse couples that have been derived from the most influential theories and models in couples and family therapy, all written by highly experienced and respected voices in the field.

August 2011: 424pp.

Hb: 978-0-415-87942-2: £52.99/\$90.00

Pb: 978-0-415-87943-9: £22.99/\$39.95

Series: Family Therapy and Counseling

Forthcoming!

Changing Aging, Changing Family Therapy

Practicing with 21st Century Realities

Paul R. Peluso, Florida Atlantic University, USA, and Richard E. Watts, Sam Houston State University, Texas, USA

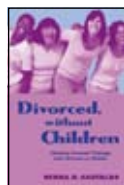
As the baby boomers move into retirement and later stages of life, gerontology and geriatrics have begun to receive much more attention. States such as California and Wisconsin are among those that now require gerontology courses as part of their continuing education requirements. As the authors illustrate, family therapists' expertise in family-systems theory make them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings.

October 2011: 352pp.

Hb: 978-0-415-87238-6: £27.99/\$49.95

Series: Family Therapy and Counseling

Also in the Series

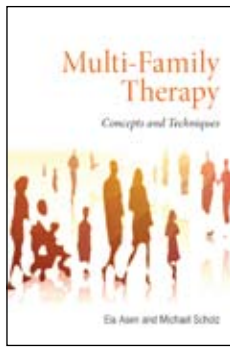


Castaldo: Divorced, without Children: Solution Focused Therapy with Women at Midlife

Hb: 978-0-415-95585-0: 2008: 256pp. £23.95/\$37.50

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family-therapy-and-counseling](http://routledgementalhealth.com/family-therapy-and-counseling)

Family Therapy



New!

Multi-Family Therapy Concepts and Techniques

Eia Asen, CNWL NHS Trust, UK, and
Michael Scholz, University of Dresden,
Germany

"This book captures and makes clear how Multi-family therapy employs an attractive style of always approaching issues through activities that are multiply layered in terms

of sensory experiences and also have a lateral/creative fun twist... A book that is both substantial in its thought and content and also a pleasure and fun to read." - **Rudi Dallos**, University of Plymouth, UK

Multi-Family Therapy (MFT) involves the bringing together of different families in a therapeutic context in order to work jointly to overcome each of their specific and very individual problems. This innovative book combines the theory and concepts of MFT with detailed practical examples of techniques and exercises which have been proven to help with problematic children, teenagers and adults.

In this book Asen and Scholz discuss how MFT has been developed over the past 30 years and has been applied nationally and internationally across a range of settings with a variety of clients, including:

- children and teenagers who are excluded from school
- multi-problem families with abuse and violence who challenge social workers and the legal system
- children, teenagers and adults who present with mental health issues.

Multi-Family Therapy: Concepts and Techniques is written for professionals in mental health, social work and education. Its unique pragmatic approach makes it an essential guide for anyone wishing to employ MFT.

CONTENTS: Concepts and Principles. Basic Techniques. Group Exercises. Family-oriented Exercises. Problem-focused Exercises. Working with Multi-problem Families. Working with and in Schools. Managing Eating Disorders, Psychosis and Mood Disorders. Pragmatic Considerations.

June 2010: 184pp.

Hb: 978-0-415-55780-1: £60.00/\$99.00

Pb: 978-0-415-55781-8: £22.99/\$40.00



Family Therapy

100 Key Points and Techniques

Mark Rivett, Cardiff and Vale NHS
Trust, UK, and **Eddy Street**, Child and
Adolescent Mental Health Service, UK

"This book is excellent – clear, well organised, and very easy to find your way about!" - **Arlene Vetere**, University of Surrey, UK

Family Therapy: 100 Key Points and Techniques provides a concise and jargon-free guide to 100 of the fundamental ideas and techniques of this approach.

This is an invaluable resource for psychotherapists and counsellors in training and in practice. As well as appealing to established family therapists, this latest addition to the 100 Key Points series will also find an audience with other mental health professionals working with families and interested in learning more about family therapy techniques.

CONTENTS: Part I: Systems Theory. Part II: Complexities and Debates. Part III: Beginning Therapy. Part IV: The Therapist's Techniques. Part V: Developing Interventions. Part VI: Techniques from Schools of Family Therapy. Part VII: Ending Therapy. Part VIII: The Self of the Therapist. Part IX: Dealing with Common Challenges in Family Therapy. Part X: Family Therapy in Contexts. Part XI: Debates and Issues.

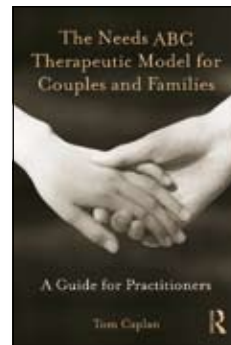
2009: 328pp.

Hb: 978-0-415-41038-0: £50.00/\$89.95

Pb: 978-0-415-41039-7: £12.99/\$21.95

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Forthcoming!

The Needs ABC Therapeutic Model for Couples and Families

A Guide for Practitioners

Tom Caplan, McGill University of Social
Work, Quebec, Canada

*The Needs ABC Therapeutic Model for
Couples and Families* shows readers how

to successfully tailor a therapeutic approach to meet the needs of couples and families. It has been preceded by *Needs ABC: Acquisition and Behavior Change: A Model for Group Work and Other Psychotherapies* published in the UK by Whiting and Birch.

Beginning clinicians will come away from this book with concrete, practical skills and an expanded theoretical base for their practice. They will be able to apply their new knowledge directly and in ways that will help them create long-lasting change in clients who present with difficult behaviors. The book explains the concepts and theories behind the Needs ABC approach and provides tangible methods with which to perform as a Needs ABC therapist or integrate aspects of the Needs ABC approach into the reader's own therapeutic techniques.

CONTENTS: Introducing the Needs ABC Model. Couples Therapy. Introducing the Needs ABC Relational Needs and Emotion-focused Components. Expectations for an Optimal Therapeutic Setting. Using the Needs ABC Model in Couple and Family Therapy. Unconscious Factors and Relational Needs. Power and Control in Couples Therapy. Life Stages and Couples. Additional Techniques. After Treatment. Conclusion.

October 2010: 264pp.

Hb: 978-0-415-87305-5: £50.00/\$90.00

Pb: 978-0-415-87306-2: £18.99/\$32.95





The Embedded Self

An Integrative Psychodynamic and Systemic Perspective on Couples and Family Therapy

Second Edition

Mary-Joan Gerson, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

"Mary-Joan Gerson's masterful synthesis of psychoanalytic and systems perspectives on couples treatment has stood the test of time. The second edition retains the impressive breadth, emotional depth and intellectual heft of the original volume... Couples work is hard to do. It's important to have a book like this one at the ready."

- Virginia Goldner, Ackerman Institute for the Family, USA

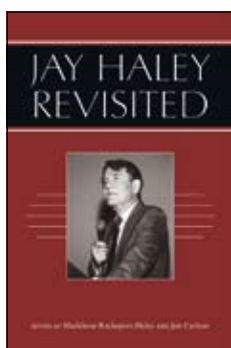
First published in 1996, *The Embedded Self* was lauded as "a brilliant and long overdue rapprochement between psychoanalysis and family therapy conceived by a practitioner trained and experienced in both modalities of treatment." From a new and revised perspective on the possibilities of integration, Gerson covers the latest research in neuroscience and the transmission of affect within intimate relationships, with a new chapter on attachment theory and emotionally focused therapy. Sections on narrative therapy and psychoanalytically-oriented family therapy are expanded as well.

CONTENTS: Introduction: New Possibilities for Integration. Theoretical Overview. An Orientation to Family Systems Theory. Controversies and Conundrums. Context and Culture. Family Patterns. Attachment Theory: A New Frontier. Development from a Family Perspective. Diagnosis from a Family Perspective. How to Intervene: Technique and Timing. The Therapeutic Relationship. Playfulness, Authority and Authenticity. Referrals: Who? When? Where? Epilogue.

2009: 304pp.

Hb: 978-0-415-99241-1: £60.00/\$99.00

Pb: 978-0-415-99242-8: £22.99/\$35.95



New!

Jay Haley Revisited

Edited by Madeleine Richeport-Haley, Milton H. Erickson Foundation, San Diego State University, USA, and Jon Carlson, Governors State University, Illinois, USA

Jay Haley Revisited brings together influential professionals in psychotherapy and counseling to introduce, analyze, and put into context

20 of the most interesting and significant papers Jay Haley produced, both published and unpublished. Jay Haley was one of the most influential thinkers in psychotherapy who revolutionized the field through his writings, teachings, research, and supervision for more than half a century. The seminal classic papers found in this volume capture the wit, humor, and the ability to look at a field and offer critique that leads to constructive change.

CONTENTS: Richeport-Haley, Carlson, Jay Haley: An Introduction. Elkaim, "The Art of Psychoanalysis." Montalvo, "The Art of Being Schizophrenic." Hoyt, "An Ordeal for Pleasure: A Story." Sperry, "The Art of Being a Failure as a Therapist." Weiner-Davis, "How to Have an Awful Marriage." O'Hanlon, "How to Criticize Your Fellow Therapists." Nichols, "Fourteen Ways to Fail as a Teacher of Family Therapy." Grove, "Why a Mental Health Clinic Should Avoid Family Therapy." Hardy, "A Quiz for Young Therapists." Greenberg,

"How to Be a Marriage Therapist Without Knowing Practically Anything." Mazza, "On the Right to Choose One's Own Grandchildren." Doherty, "Sex and Power in Marriage." Mazza, "How Should a Gentleman Talk to a Feminist Family Therapist?" Yapko, "How to Be a Therapy Supervisor Without Knowing How to Change Anyone." Zeig, "The Brief Brief Therapy of Milton H. Erickson." Burns, "Zen and the Art of Therapy." Lebow, "Ideas That Have Handicapped Therapists." Sluzki, "Development of a Theory: A History of a Research Project." Wubbolding, "The Effect of Long-term Outcome Studies on the Therapy of Schizophrenia." Schiff, "The Loyal Opposition." *All titles in quotes represent original articles written by Jay Haley, with an introduction by each contributor.

February 2010: 534pp.

Hb: 978-0-415-80531-5: £49.99/\$89.95

Pb: 978-0-415-80533-9: £22.50/\$39.95

Books by Jay Haley



Haley/Richeport-Haley:
Directive Family Therapy

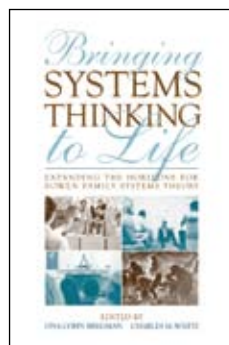
Hb: 978-0-7890-3355-0: 2007: 214pp. £27.95/\$44.95

Pb: 978-0-7890-3356-7: 2007: 214pp. £17.00/\$27.50

Examination copy available

Haley/Richeport-Haley:
The Art of Strategic Therapy

Hb: 978-0-415-94592-9: 2003: 222pp. £24.99/\$39.95



Forthcoming!

Bringing Systems Thinking to Life

Expanding the Horizons for Bowen Family Systems Theory

Edited by Ona Cohn Bregman, Syracuse University, New York, USA, and Charles M. White, Rutgers University, New Jersey, USA

In a single volume, *Bringing Systems Thinking to Life* presents the extraordinary diversity and breadth of Bowen theory applications that address human functioning in various relationship systems across a broad spectrum of professions, disciplines, cultures, and nations. Providing three chapters of never-before-published material by Dr. Bowen, the book also demonstrates the transcendent nature and versatility of Bowen theory-based social assessment and its extension into fields of study and practice far beyond the original psychiatric context in which it was first formulated including social work, psychology, nursing, education, literary studies, pastoral care and counseling, sociology, business and management, leadership studies, distance learning, ecological science, and evolutionary biology. Providing ample evidence that Bowen theory has joined that elite class of theories that have enjoyed broad application to social phenomena while lending credibility to the claim that Bowen theory is one of the previous and current centuries' most significant social-behavioral theories.

CONTENTS: Part I: Theoretical Considerations in Learning Systems Thinking and Bowen Theory. Comella, Observing Emotional

Functioning in Human Relationship Systems: Lessons from Murray Bowen's Writings. Bourne, Various Theoretical Points People Miss: A Training Session by Dr. Murray Bowen at the Minnesota Institute of Family Dynamics. Kerr, An Obstacle to "Hearing" Bowen Theory. Papero, Responsibility for Self. Harrison, Live Learning: Differentiation of Self as the Basis for Learning. Friesen, Lester, A Systems View of the Training

Program at the Bowen Center: Guiding Principles (1990-2003). *Bregman*, Managing Self in Emotional Fields when Presenting Bowen Theory.

Part II: Established Domains for Systems Thinking and Bowen Theory. *White*, Learners Without Teachers: The Simultaneous Learning About Self-functioning and Bowen Theory by Supervisor, Staff, Interns, and Clients in an Outpatient Program. *Howard*, Clarifying Principles for Investing in Self. *Hall*, Can Undergraduates Learn Bowen Theory? *Wilgus*, Incorporating Bowen Theory into an Undergraduate Social Work Curriculum: An Exercise in the Responsible Management of Self. *Kerr*, Bowen Theory in Undergraduate and Graduate Nursing Education. *Frost*, Thinking Systems in Pastoral Thinking. *Crimone*, *Hester*, Across the Generations: The Training of Clergy and Congregations. *Papero*, How Bowen Theory Can be Useful to People in the Workplace: A Conversation with Kathy Wiseman and Dan Papero. *Norton*, Bringing Bowen Theory to Family Business. *Romig*, Bowen System Theory and the Chain Reaction of Bad Leadership and Good Leadership. *Engels*, Introducing Bowen Theory to Business Leaders. *Bourne*, Misunderstandings from the Family Field: Selected Segments by Dr. Murray Bowen at the Minnesota Institute of Family Dynamics. **Part III: New Horizons for Systems Thinking and Bowen Theory.** *Lester*, Integrating Bowen Theory with Academic Research, Teaching, and Service. *Hargrove*, The Critical Reader as a Scientist: Approaching Literature from the Perspective of Bowen Theory. *Schur*, A Supervision Model Based in Bowen Theory and Language. *Knauth*, Introducing Adolescents to Systems Thinking: Learning to See the Self as Part of a System. *Baker*, *Titleman*, Bowen Theory in Russia: A Training Program for Russian Psychologists. *Brown*, Restless Bedfellows: Taking Bowen Theory into a Child-focused Adolescent Treatment Unit in Australia. *Kolski-Andreaco*, Learning Bowen Theory from a Distance. *Nel*, Bowen Theory and Zulu Understanding of Family. *Howard*, Building Bridges into the Natural Sciences: Field Research on Harvester Ants. *Greenberg*, Social Behavior in Nonhuman Animals: A Behavioral Model of Proximate Mechanisms Based on Bowen Theory. *Bourne*, A Science of Human Behavior for the Future: Selected Segments by Dr. Murray Bowen at the Minnesota Institute of Family Dynamics. Appendix: Bowen Theory Training Centers and Contributor Organizations.

October 2010: 440pp.

Hb: 978-0-415-80046-4: £49.99/\$89.95

Pb: 978-0-415-80047-1: £21.99/\$39.95

Forthcoming!

The Counselor's Guide for Facilitating the Interpretation of Dreams

Family and Other Relationship Systems Perspectives

Evelyn Duesbury, in private practice, Wisconsin, USA

This book will serve as a guide for practicing counselors and therapists to facilitate work with their clients interpreting their dreams in order to reduce and alleviate stress, with a focus on dreams concerning family members and other major figures in the dreamer's life with whom he or she interacts. Providing a framework for what follows, a brief historical and cultural background on the uses of dreams is presented, along with an overview of the major dream theories and therapies and the clinicians who developed them.

November 2010: 278pp.

Hb: 978-0-415-88341-2: £50.00/\$90.00

Pb: 978-0-415-88342-9: £19.95/\$34.95



Read and Recommend!

Families Under Fire

Systemic Therapy with Military Families

Edited by **R. Blaine Everson**, Samaritan Counseling Center, Georgia, USA, and **Charles R. Figley**, Tulane University, Louisiana, USA

"The need for ways to help military families has rarely been greater, and most family therapists are oblivious to the special challenges these families face and present to the therapist. Families Under Fire is written by people who work with military families on a daily basis, and it is an invaluable resource for those of us who want to know what we are doing with this specially distressed population."

- **Richard C. Schwartz**, developer of the Internal Family Systems model of psychotherapy and president of the Center for Self Leadership in Oak Park, Illinois, USA

As provider networks on military bases are overwhelmed with new cases, civilian clinicians are increasingly likely to treat military families. However, these clinicians do not receive the same military mental-healthcare training as providers on military installations, adding strain to clinicians' workloads and creating gaps in levels of treatment. *Families Under Fire* fills these gaps with real-world examples, clear, concise prose, and nuts-and-bolts approaches for working with military families utilizing a systems-based practice that is effective regardless of branch of service or the practitioner's therapeutic preference.

CONTENTS: Introduction. **Part I: An Overview of Family Systems in the Military.** *Everson, Camp*, Seeing Systems: Introduction to Systemic Approaches with Military Families. *Hall*, The Military Culture, Language, and Lifestyle. **Part II: Systemic Therapy Interventions for Various Military Contexts.** *Everson, Herzog*, Structural Strategic Approaches with Army Couples. *Everson, Herzog, Haigler*, Systemic Therapy with Adolescents in Army Families. *Catherall*, Systemic Therapy with Families of U.S. Marines. *Herzog, Boydston, Whitworth*, Systems Approaches with Air Force Members and Their Families. *Sneath, Rheem*, Emotionally Focused Therapy with Army Couples Coping with PTSD. *Smith*, Attachment as a Consideration in Family Play Therapy with Military Families. *Baroody*, Spirituality and Trauma in a Time of War: A Systemic Approach to Pastoral Care and Counseling. *Herzog, Everson*, Secondary Traumatic Stress, Deployment Phase, and Military Families: Systemic Approaches to Treatment. **Part III: Systemic Solutions to the Interpersonal Challenges of Modern Military Families.** *Matthewson*, In Support of Military Women and Families: Challenges Facing Community Therapists. *Springle, Wilmer*, Painting a Moving Train: Preparing Community Providers to Serve Returning Warriors and Their Families. *Lyons, Elkovitch*, Post Deployment: Practical Guidelines for Warrior Loved Ones. *Everson, Figley*, The Long Way Home: The Aftermath of War for Service Members and their Families. **Appendix.** *Everson, Camp*, Developmental Overview and Brief History of Systemic Family Therapy.

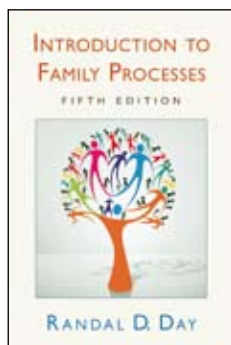
September 2010: 352pp.

Hb: 978-0-415-99847-5: £24.99/\$44.95

Series: *Psychosocial Stress*

www.routledgejournalhealth.com/pss





Introduction to Family Processes

Fifth Edition

Randal D. Day, Brigham Young University, Utah, USA

What goes on "behind closed doors" in families is examined in this text. Through his storytelling style, Randy Day introduces readers to the family processes approach – the strategies and behaviors families use to achieve

goals. The emphasis is on how families work and interact rather than on the psychological, sociological, or economic processes. It examines emotions in families, communication, relationship formation/dissolution, family rituals, and power and conflict. Chapters open with a preview and conclude with a summary, study questions, key terms, and suggested readings.

2009: 288pp.

Hb: 978-1-84169-761-1: £32.50/\$59.95

Examination copy available

Forthcoming!

Restoration Therapy

Understanding and Guiding Healing in Marriage and Family Therapy

Terry D. Hargrave, Fuller Theological Seminary and Amarillo Family Institute, California, USA

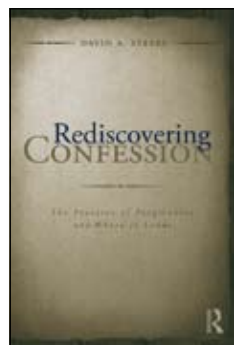
Restoration Therapy introduces the reader to the essential elements of its namesake and from there guide clinicians to a systemic understanding of how certain forces lead to destructive cycles in relationships which perpetuate more and more dysfunction among members. *Restoration Therapy* will revolutionize the effectiveness of family of origin therapy. Clients and therapists both will understand issues more clearly, experience the impacts that emotion can have on the insight, and practice the process so more loving and trustworthy relationships can take hold in the intergenerational family.

CONTENTS: Part I: Understanding Pain, Coping and Assessment. Love and Trust: The Theory of Relationship. Coping with the Stress: The Secret to Understanding Personality and Behavior. The Process of Pattern. **Part II: The Therapeutic Work in Restoration Therapy.** Becoming a Wise Therapist. Moving Toward Change and Intervention. The Brain and Accomplishing Change. **Part III: Utilizing the Restoration Therapy Model.** Restoration Therapy and Work with Individuals. Restoration Therapy and Work with Couples. The Work of Forgiveness. Restoration Therapy and Work with Families.

March 2011: 214pp.

Hb: 978-0-415-87625-4: £52.99/\$95.00

Pb: 978-0-415-87626-1: £19.50/\$34.95



Rediscovering Confession

The Practice of Forgiveness and Where it Leads

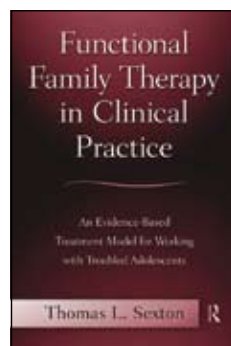
David A. Steere, in private practice, Kentucky, USA

Rediscovering Confession is about recovering the experience of confession, in danger now of becoming a lost art. It

identifies four elements present in psychotherapy and confession: a state of heightened self-awareness, a growing realization that our predicament points in some meaningful direction beyond itself, the necessity to make a relevant response to our situation, and a potential for spiritual encounter that accompanies the process. Each chapter contains a section devoted to practice, with exercises for individual contemplation and experimentation, guidelines for forming a confessional partnership, directions for conducting discussions in a study group, and ways to organize a small confessional group.

2009: 296pp.

Hb: 978-0-415-99746-1: £25.00/\$44.95



New!

Functional Family Therapy in Clinical Practice

An Evidence-Based Treatment Model for Working with Troubled Adolescents

Thomas L. Sexton, Indiana University, USA

"This book is a milestone in the development of FFT... It should be read by all professionals who work with the families of troubled adolescents. It is a masterpiece." - Alan Carr, University College Dublin, Ireland; Associate Editor, *Journal of Family Therapy*

Functional Family Therapy (FFT) develops a comprehensive presentation that serves as a systematic guide to understanding the FFT clinical model, the FFT service delivery system, the theoretical principles that serve as the foundation of FFT, and the mechanism of therapeutic change that gives FFT its potency. Clinically relevant, theoretically sound, and scientifically based, this book contains systematic discussions of topics and theoretical perspectives, as well as illustrative clinical examples that demonstrate the manner in which principles are applied in FFT.

CONTENTS: The Development of Functional Family Therapy: A Dynamic and Evolutional Model. The Evolution of FFT: Traditional Theory to Evidence-based Practice. Meeting the Needs of Troubled Youth: Clinical Problems, Theoretical Principles, and Scientific Foundations. **The Clinical Change Model: Empowering Youth and Families.** Engagement and Motivation Phase. Behavior Change Phase. Generalization Phase. **The Clinical and Community Based Applications of FFT.** FFT "In the Room": Clinical Case Examples of the FFT Model. Successfully Transporting Functional Family Therapy into Community Settings.

July 2010: 272pp.

Hb: 978-0-415-99691-4: £52.95/\$95.00

Pb: 978-0-415-99692-1: £27.95/\$49.95

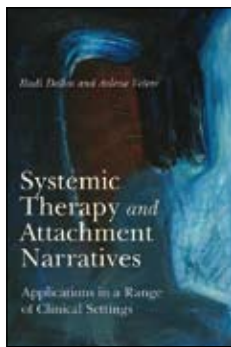
Also by Thomas L. Sexton



Handbook of Family Therapy

Edited by Thomas L. Sexton, Gerald R. Weeks, and Michael S. Robbins

Hb: 978-1-58391-325-3: 2003: 520pp. £75.00/\$120.00



Systemic Therapy and Attachment Narratives

Applications in a Range of Clinical Settings

Rudi Dallos, University of Plymouth, UK and Arlene Vetere, University of Surrey, UK

Professional interest in the clinical applications of attachment theory

continues to grow and evolve, and at the same time narrative approaches are also gaining ground. This book explores how attachment-based ideas can be used in clinical practice by offering a practical and sophisticated exposition of clinical approaches.

Bringing together three main systems of thought and psychotherapeutic practice – systemic theory, attachment theory and narrative theory – practitioners are shown how to use these ideas in their work through the integrated approach of ‘attachment narrative therapy’.

2009: 232pp.

Hb: 978-0-415-41657-3: £55.00/\$95.00

Pb: 978-0-415-41658-0: £19.99/\$34.95

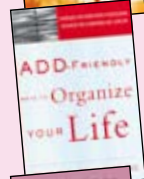
Backlist Books



Flaska et al., Eds.: Hope and Despair in Narrative and Family Therapy: Adversity, Forgiveness and Reconciliation

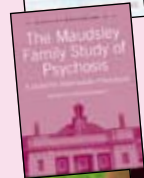
Hb: 978-1-58391-769-5: 2007: 192pp. £32.50/\$59.95

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Kolberg/Nadeau: ADD-Friendly Ways to Organize Your Life: Strategies that Work from a Professional Organizer and a Renowned ADD Clinician

Pb: 978-1-58391-358-1: 2002: 280pp. £13.50/\$21.95



McDonald, Ed.: The Maudsley Family Study of Psychosis: A Quest for Intermediate Phenotypes

Hb: 978-1-84169-734-5: 2008: 248pp. £25.95/\$47.50

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Hb: 978-0-415-40962-9: 2007: 200pp. £47.50/\$85.00

Pb: 978-0-415-40963-6: 2007: 200pp. £9.99/\$18.00



Vetere/Dowling, Eds.: Narrative Therapies with Children and their Families: A Practitioner's Guide to Concepts and Approaches

Hb: 978-1-58391-826-5: 2005: 336pp. £52.50/\$95.00

Pb: 978-1-58391-827-2: 2005: 336pp. £21.95/\$39.95

The Therapist's Notebooks



Bertolino et al.: The Therapist's Notebook on Strengths and Solution-Based Therapies

Pb: 978-0-415-99415-6: 2009: 200pp. £27.95/\$49.95



Sori/Hecker: The Therapist's Notebook, Volume 3

Pb: 978-0-7890-3522-6: 2008: 248pp. £32.50/\$49.95



Hecker/Sori, Eds.: The Therapist's Notebook, Volume 2

Pb: 978-0-7890-2802-0: 2007: 316pp. £32.50/\$49.95



Hecker/Deacon: The Therapist's Notebook

Pb: 978-0-7890-0400-0: 1998: 462pp. £37.50/\$59.95



Sori/Helmeke: The Therapist's Notebook for Integrating Spirituality in Counseling Package

Pack: 978-0-7890-3257-7: 2008: £47.50/\$74.50



Helmeke/Sori: The Therapist's Notebook for Integrating Spirituality in Counseling I

Pb: 978-0-7890-2991-1: 2006: 340pp. £29.95/\$47.50



Helmeke/Sori: The Therapist's Notebook for Integrating Spirituality in Counseling II

Pb: 978-0-7890-3132-7: 2006: 304pp. £29.95/\$47.50



Henry et al.: The Christian Therapist's Notebook

Pb: 978-0-7890-2594-4: 2007: 346pp. £29.95/\$47.50



Linville/Hertlein, Eds.: The Therapist's Notebook for Family Health Care

Pb: 978-0-7890-2696-5: 2007: 272pp. £25.00/\$39.95



Viers, Ed.: The Group Therapist's Notebook

Pb: 978-0-7890-2851-8: 2007: 278pp. £24.95/\$39.95



Hertlein/Viers: The Couple and Family Therapist's Notebook

Pb: 978-0-7890-2236-3: 2005: 266pp. £26.95/\$42.50



Sori/Hecker: The Therapist's Notebook for Children and Adolescents

Pb: 978-0-7890-1096-4: 2003: 400pp. £26.95/\$42.50



Whitman/Boyd: The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients

Pb: 978-0-7890-1252-4: 2003: 340pp. £29.95/\$47.50

Bertolino/Schultheis: The Therapist's Notebook for Families

Pb: 978-0-7890-1244-9: 2002: 280pp. £26.95/\$42.50

Routledge Series on Counseling and Psychotherapy with Boys and Men

Forthcoming!

Working Successfully with Men in Couples Counseling

A Gender-Sensitive Approach

Edited by **David S. Shepard**, California State University, USA, and **Michele Harway**, Antioch University, California, USA

The premise of this book is that a crucial and overlooked reason for treatment failures in couples counseling may be the therapist's inability to respond to the needs and psychological issues particular to the male partner. Through illustrative, in-depth case studies, the reader will learn how to practice male-sensitive couples counseling while still using the theoretical model that guides their treatment; how to connect the emerging literature on conducting individual psychotherapy with men to working with men in a couples context; and how to work with populations of men who require specialized knowledge and sensitivity.

CONTENTS: Part I: Basic Considerations. Rabinowitz, Creating the Setting. Shepard, Harway, Languaging in Couples Counseling. **Part II: Current Models.** Robertson, Psychodynamic Couples Therapy. Englar-Carlson, Carlson, Adlerian Couples Counseling. Luquet, Imago Relationship Therapy. Johnson, Faller, Emotionally Focused Couple Therapy. Baucom, Integrated Behavioral Couples Therapy. Bergenstal, The Gottman Method. Gordon, Marriage Education: The PAIRS System. **Part III: Special Issues.** Wexler, Responding to Fathering Issues: A Male-sensitive Approach. Lusterman, Kadin, Male-sensitive Couples Therapy with Unfaithful Men. Cervantes, Working with Machismo in Couples Counseling. Brooks, The Returning Veteran and His Partner. McCarthy, Male-sensitive Sex Therapy. Shepard, Harway, Lessons Learned/New Directions.

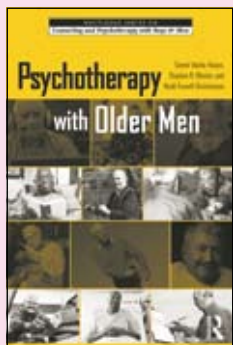
January 2011: 256pp.

Hb: 978-0-415-87587-5: £50.00/\$90.00

Pb: 978-0-415-87588-2: £19.95/\$34.95

Routledge Series on Counseling and Psychotherapy with Boys and Men

for further books on Couples Therapy please see page 13



New!

Psychotherapy with Older Men

Tammi Vacha-Haase, Colorado State University, USA, and Stephen R. Wester, and Heidi Fowell Christianson, both at University of Wisconsin-Milwaukee, USA

Growing older can be a time of great joy and satisfaction for men as they look back on their accomplishments and gain more free time, but it can also be a

challenging and distressing experience, especially for those men raised with the very traditional notions of what it means to be a "real man." This book will help practitioners working with older and aging men understand the eras in which these men were raised, how they view the world, the gender role conflicts they experience, and the physical, mental, and emotional challenges and problems they face during the later stages of their lives. The authors discuss theories of masculinity and aging and therapeutic considerations for working with this special population. Making

use of many detailed case studies, they explore the psychological issues that are commonly faced by older men, such as depression, anxiety, cognitive impairment, and substance use and abuse, as well as effective screening and assessment techniques, and treatment approaches. They then conclude with a look at the future directions of psychotherapy with older men.

CONTENTS: Part I: Setting the Stage. Life as an Older Man. Gender and Aging. **Part II: Psychological Issues Affecting Older Men and Treatment Approaches.** Therapeutic Considerations When Working with Older Men. Adjustment Difficulties. Depression. Anxiety. Health and Dealing with Chronic Physical Illness and Disability. Management of Substance Abuse and Use. Cognitive Impairment. **Part III: Future Directions.** Reducing Barriers. The Future.

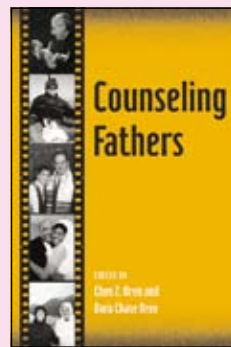
August 2010: 212pp.

Hb: 978-0-415-99862-8: £50.00/\$90.00

Pb: 978-0-415-99863-5: £19.00/\$34.95

Routledge Series on Counseling and Psychotherapy with Boys and Men

for further books on Gerontology please see page 22



Counseling Fathers

Edited by **Chen Z. Oren**, and **Dora Chase Oren**, both at Phillips Graduate Institute, California, USA

Counseling Fathers is designed to bridge the gap between fathers and professional helpers. This book provides the mental health practitioner with a guide for working with fathers in therapy, whether the issues of fathering are at the center of the discussions or in the background. The organization of the

book speaks to the variety of today's fathers and the issues that they face.

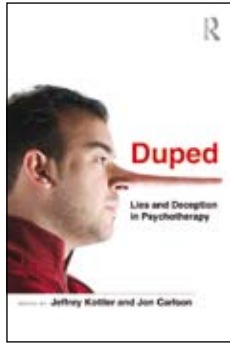
CONTENTS: Pleck, Foreword. Oren, Oren, Preface: Counseling Diverse Populations of Fathers. **Part I: Historical Perspectives and Current Directions.** Levant, Wimer, The New Fathering Movement. Oren, Englar-Carlson, Stevens, Oren, Counseling Fathers from a Strength-based Perspective. O'Neill, Luan, An Assessment Paradigm for Fathers and Men in Therapy Using Gender Role Conflict Theory. **Part II: Counseling Fathers Across Ethnic Groups.** Cervantes, Mexican American Fatherhood: Culture, Machismo, and Spirituality. Seto, Becker, Narang, Working with Asian American Fathers. Franklin, Another Side of Invisibility: Present and Responsible Black Fathers. Owen, Glass, Counseling Caucasian Fathers: Affirming Cultural Strengths While Addressing White Male Privilege. **Part III: Counseling Specific Populations of Fathers.** Robertson, Challenges and Clinical Issues in Counseling Religiously Affiliated Fathers. Berger, Increasing Clinical and Contextual Awareness When Working with New Fathers. Rochlen, McKelley, Working Therapeutically with Stay-at-Home Fathers. Arcinue, Prince, Counseling Teen Fathers: A Developmentally Sensitive Strength-based Approach. Alonzo, Counseling Gay Fathers: Stepping into the New Frontier. Remer, Massoth, Crumpton, Oren, Oren, Counseling Older Fathers.

2009: 344pp.

Pb: 978-0-415-98864-3: £22.00/\$34.95

Routledge Series on Counseling and Psychotherapy with Boys and Men

for further books on Parenting please see page 17
www.routledgejournalhealth.com/boys-and-men



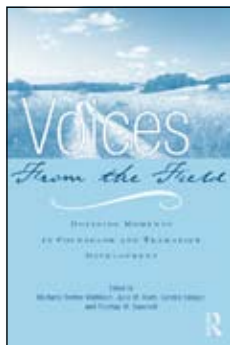
Forthcoming!

Duped **Lies and Deception** **in Psychotherapy**

Edited by **Jeffrey Kottler**, California State University, USA, and **Jon Carlson**, Governors State University, Illinois, USA

In this book, Jeffrey Kottler and Jon Carlson turn their well-polished therapy microscopes onto the subjects of lying, falsehood, deceit, and the loss of trust in the counseling room. In their exploration of this taboo material, the authors interview and share stories from dozens of their peers, of all practice areas and modalities and ranging from neophytes to established master practitioners.

November 2010: 294pp.
Hb: 978-0-415-87623-0: £53.00/\$95.00
Pb: 978-0-415-87624-7: £19.95/\$34.95



New!

Voices from the Field **Defining Moments in** **Counselor and Therapist** **Development**

Edited by **Michelle Trotter-Mathison**, **Julie M. Koch**, **Sandra Sanger**, and **Thomas M. Skovholt**, all at University of Minnesota, USA

All professional counselors and therapists can identify a number of turning points in their careers that led to key realizations regarding their practice with clients, work with students, or self-understanding. This book is a collection of such turning points.

March 2010: 293pp.
Hb: 978-0-415-99574-0: £50.00/\$90.00
Pb: 978-0-415-99575-7: £17.00/\$29.95

Examination copy available

New Edition!

The Resilient Practitioner **Burnout Prevention and Self-Care Strategies** **for Counselors, Therapists, Teachers, and** **Health Professionals**

Second Edition

Thomas Skovholt, and **Michelle Trotter-Mathison**, both at University of Minnesota, USA

This informative and inspirational volume creates a map for new mental health practitioners – one that provides a positive trinity of validity, clarity, and hope for novices, their teachers, and their supervisors.

December 2010: 224pp.
Hb: 978-0-415-98938-1: £56.00/\$95.00
Pb: 978-0-415-98939-8: £22.00/\$39.95

Series: *Counseling and Psychotherapy*

www.routledgejournalhealth.com/counseling-and-psychotherapy

From **Howard Rosenthal**, St. Louis Community College at Florissant Valley, Missouri, USA

New Edition!

Favorite Counseling **and Therapy Techniques**

Second Edition

In the new edition of this highly popular book, Howard Rosenthal once again brings together a group of prominent therapists who share their insightful, pioneering, and favorite therapeutic techniques. These therapists include such well-known figures as Albert Ellis, Arnold Lazarus, William Glasser, Raymond Corsini, and Allen E. Ivey.

December 2010: 360pp.
Pb: 978-0-415-87104-4: £21.95/\$39.95

New Edition!

Favorite Counseling and Therapy **Homework Assignments**

Second Edition

This companion to *Favorite Counseling and Therapy Techniques* contains more than fifty handouts and homework assignments used by some of the finest and most renowned therapists in the world, such as Albert Ellis, William Glasser, Richard B. Bolles, Alan E. Ivey, Marianne Schneider Corey, Gerald Corey, Maxie C. Maultsby, Jr., and Peter R. Breggin.

December 2010: 320pp.
Pb: 978-0-415-87105-1: £21.95/\$39.95

Favorite Counseling and Therapy **Techniques & Homework Assignments** **Package**

Buy both volumes as a set and save 10%
Pack: 978-0-415-87106-8: December 2010: £40.00/\$72.00



Vital Information and **Review Questions for** **the NCE, CPCE and** **State Counseling** **Exams**

Special 15th
Anniversary Edition

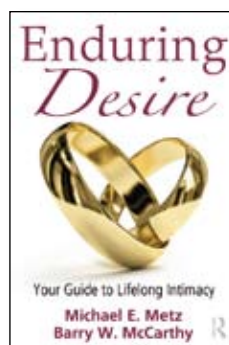
This new edition of *Vital Information and Review Questions for the NCE, CPCE and State Counseling Exams* sticks to the successful structure of the previous versions. Two new discs have been added to this new edition, bringing the total to 20 audio CDs and over 20 hours of programming.



CD: 978-0-415-80141-6: 2009: £60.00/\$110.00

Couples Therapy

From **Barry W. McCarthy**, American University, Washington D. C., USA



Read and Recommend!

Enduring Desire

Your Guide to Lifelong Intimacy

Michael E. Metz, in private practice, Minneapolis, USA, and **Barry W. McCarthy**

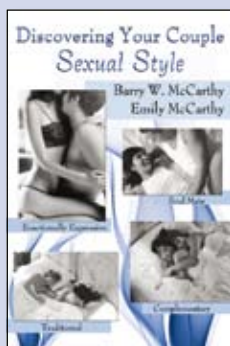
In *Enduring Desire*, authors Michael Metz and Barry McCarthy inspire and motivate readers with real-life

examples and clear, helpful individual and couple exercises to reach for realistic and high quality sexual satisfaction as a couple. Throughout the book, they promote positive, realistic sexual expectations without commercialism and the exotic promises of hype that set people up for disappointment. The message is down-to-earth and full of joy for all couples, from their 20s to their 80s. They advocate the variable, flexible "Good Enough Sex" (GES) model, which validates the inherent variability and flexibility of couple sexuality and examine the biopsychosocial, multidimensional, and comprehensive roles, functions, and meanings of couple sexuality.

CONTENTS: Real Sex for Couples: The New Way of Thinking. Your Growth Goals for Quality Sex. Your Expectations and Sexual Satisfaction. The Best Sex is Relationship Sex. Creating Your Couple Sexual Style. Intimate Teamwork: The Environment for GES. Celebrating Your Sexual Being: Confident Sex. The Gender Team. Sexual Pleasure and Function. Flexibility and Variability Build Enduring Quality. Real-life Sex: Regular, Playful, and Special. "Good Enough Sex": Putting it All Together. Appendix A: Choosing an Individual, Couple, or Sex Therapist. Appendix B: Resources: Books, Videos, and Trusted Websites.

October 2010: 246pp.

Pb: 978-0-415-87830-2: £12.95/\$19.95



Winner of the 2009 Smart Marriages® Impact Award

Discovering Your Couple Sexual Style

Sharing Desire, Pleasure, and Satisfaction

Barry W. McCarthy, and **Emily McCarthy**, author

"A classic, easy to read, and a relevant guide to a great sex life that is tailored to

your personal style and taste... a must read book." - **Dr. Sue Johnson**, author of *Becoming an Emotionally Focused Couple Therapist*

Renowned marital and sex therapist Barry McCarthy and his wife Emily McCarthy urge couples to ignore what they see on TV, in

books, or online, and discover their own unique sexual style. The McCarthys offer three guidelines for sexual satisfaction: develop positive, realistic sexual expectations; explore sensual and sexual options; and communicate sexual desires. With this foundation, couples can take a straightforward survey to determine which of four couple sexual styles best fits their relationship.

2009: 152pp.

Pb: 978-0-415-99469-9: £9.99/\$15.95



Bestseller!

McCarthy/McCarthy: Rekindling Desire: A Step-by-Step Program to Help Low-Sex and No-Sex Marriages

Pb: 978-0-415-93551-7: 2003: 224pp. £12.50/\$18.95

McCarthy/McCarthy: Getting It Right the First Time: Creating a Healthy Marriage

Pb: 978-0-415-94829-6: 2004: 232pp. £14.95/\$19.95

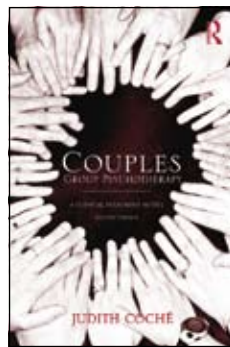
McCarthy/McCarthy: Getting it Right This Time: How to Create a Loving and Lasting Marriage

Pb: 978-0-415-95169-2: 2005: 224pp. £11.95/\$19.00

McCarthy/Metz: Men's Sexual Health: Fitness for Satisfying Sex

Pb: 978-0-415-95638-3: 2007: 224pp. £12.95/\$19.95

www.routledgejournalhealth.com/barry-mccarthy



New Edition!

Couples Group Psychotherapy

A Clinical Treatment Model
Second Edition

Judith Coché, University of Pennsylvania Medical School, USA

"This down-to-earth book, based on broad scholarship and clinical experience, will add immeasurably to the field of couples group interventions."

- **Sue Johnson**, author of *Becoming an Emotionally Focused Couple Therapist*

This book is an up-to-date model based on more than twenty years of work and research with outpatient couples groups. In the text, therapists will find everything they need to conceptualize and develop a successful practice based on group psychotherapy for couples. The book combines tenets of individual personality development, family systems theory, and group psychotherapy theory, blending aspects of the theoretical basis of each in order to build a conceptual framework that incorporates the strengths of all three.

CONTENTS: *Rutan*, Foreword. Introduction. **Part I: Structuring Couples Group Psychotherapy.** Preparing Couples for Couples Group Psychotherapy. Structuring an Efficient Treatment Package. Establishing and Maintaining Workable Group Policies. **Part II: Psychotherapy with Couples in Groups.** Treatment Skills with Intimate Partners. Building Cohesiveness in Couples and Groups. Making the Most of the Stages of Group Development. Designing Effective Structured Interventions. **Part III: Integrating Theory, Research, and Treatment for Couples in Groups.** The Intervention Hierarchy: Four Levels. Handling Predictable Problems in Ongoing Groups. Coordinating Clinical Diagnosis with Outcome Research. Recent Advances in Couples Expertise: Theory, Research, and Practice. Appendices.

February 2010: 312pp.

Hb: 978-0-415-87304-8: £19.99/\$34.95

Books by **Susan M. Johnson**,
Ottawa Couple and Family Institute,
Ontario, Canada

Forthcoming!

The EFT Casebook

Edited by **James L. Furrow**, Fuller Theological Seminary, California, USA, **Brent Bradley**, University of Houston-Clear Lake, Texas, USA, and **Susan M. Johnson**, Ottawa Couple and Family Institute, Ontario, Canada

There is currently no single resource that compiles the various applications to the many clinical populations being served by EFT today. *The EFT Casebook* fills that void as a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidance and illustrations for the adaptation and application of EFT with specific treatment populations. This casebook is the perfect practical resource for professionals and students looking for examples of specific theoretical, conceptual, and treatment applications of EFT.

CONTENTS: *Furrow, Bradley, Johnson*, Introduction. **Part I: Foundations for Innovation.** *Furrow, Bradley*, Overview: EFT from Theory to Practice. *Johnson*, Developments in Attachment Theory and EFT. *Furrow, Bradley*, Finding Your Way: A Therapist's Map for Change. **Part II: EFT with Couples: Exploring Applications to Common Treatment Problems.** *Denton, Coffey*, Depression. *Stiell, Gailey*, Couples and Disability. *Naaman, Radwan*, Couples and Cancer. *Johnson, Faller*, Couples and PTSD. *McIntosh*, Complex PTSD. *Johnson, North*, Couples and Addiction. *Johnson, Zuccarini*, Couples and Sexual Issues. *Makinen*, EFT and Infidelity/Attachment Injuries. *Furrow, Palmer*, EFT with Remarried Families. **Part III: EFT Treatment Issues and Special Populations.** *Liu, Wittenborn*, EFT and Cultural Diversity. *Zuccarini, Karos*, EFT and Same Sex Couples. *Johnson, Amodeo, Furrow, Bradley*, EFT and Religious Couples. *Furrow, Bradley, Johnson*, Conclusion.

May 2011: 256pp.

Pb: 978-0-415-99875-8: £19.50/\$34.95



Bestseller!

The Practice of Emotionally Focused Couple Therapy Creating Connection Second Edition

Since its original publication in 1996, this volume has been a helpful guide to therapists in the practice of emotionally

focused therapy. This second edition addresses the many changes in the field of couples therapy, including updated research results linked to clinical intervention and new information on using EFT to address depression and PTSD.

2004: 384pp.

Pb: 978-0-415-94568-4: £24.99/\$34.95

Spanish Language Translation



Práctica de la Terapia Matrimonial Concentrada Emocionalmente Creando Conexiones

Segunda Edición

Pb: 978-0-415-95639-0: 2007: 296pp. £23.95/\$37.50



Becoming an Emotionally Focused Couple Therapist

The Workbook

Susan M. Johnson, Brent Bradley, Jim Furrow, Alison Lee, Gail Palmer, Doug Tilley, and Scott Woolley

An invaluable tool for clinicians and students, *Becoming an Emotionally Focused Therapist: The Workbook* takes the reader on an adventure – the quest to become a competent, confident, and passionate couple and family therapist. In an accessible resource for training and supervision, seven expert therapists lead the reader through the nine essential steps of EFT with explicit intervention strategies.

2005: 416pp.

Pb: 978-0-415-94747-3: £19.95/\$29.95



Common Dilemmas in Couple Therapy

Judith P. Leavitt, psychologist and co-founder, Sundance Counseling and Consulting, Massachusetts, USA

Common Dilemmas in Couple Therapy addresses four common problems that couples therapists face everyday in their offices – problems that leave therapists exhausted, drained, challenged, alive, racing, and on edge. These dilemmas

encompass not only the difficult challenges therapists face everyday, but also the passions and profound disappointments of human intimate partnerships. The purpose of this book is not only to explore and give case illustrations of these dilemmas, but also to give therapists strategies to use and help them understand and handle their own profound experiences while doing this work.

2009: 223pp.

Hb: 978-0-415-99990-8: £38.99/\$69.95

Pb: 978-0-415-80001-3: £19.50/\$34.95

Forthcoming!

We're No Fun Any More

Guiding Clients to a Joyful Marriage

Robert Schwarz, licensed clinical psychologist and member and supervisor, American Association of Marital & Family Therapy, USA, and **Elaine Braff**, in private practice, New Jersey, USA

If one is married and also works and/or has kids, it's common to lose the playful, sexy side of a relationship. Common – but not necessary. *We're No Fun Any More* shows couples how to regain



the joy that supports a strong and loving marriage. Within its pages, readers will find a practical (and obviously fun) plan to get their marriage out of the rut that's robbing it of joy, recapture the pleasure of dating, romance, and love, and revive the playful quality of sex that makes it the pleasurable and enjoyable experience it's supposed to be.

CONTENTS: The Power of Play in Relationships and Life: Theory and Research. The Couples' Play and Positive Interaction Assessment (CPPIA) and Marital Play Deficiency Disorder (MPDD). "No No: I Don't Want Filet Mignon, Chocolate, or Orgasms!" – And Other Barriers to Creating a Play-filled and Joy-filled Marriage. Cultivating a Playful Attitude. Playful Practices that Pack a Punch! Developing the Power of Play in Relationships: A Play Inventory for Couples. "Dating in Captivity." Sex and Sexuality as Play: Sex and Marital Play Deficiency Disorder. The Playful Therapist.

June 2011: 208pp.

Hb: 978-0-415-87187-7: £44.50/\$79.95

Pb: 978-0-415-87188-4: £21.99/\$39.95

Forthcoming!

Self Within Marriage

The Foundation for Lasting Relationships

Richard M. Zeitner, Greater Kansas City Psychoanalytic Institute, Missouri, USA

Self Within Marriage combines the theoretical orientations of object relations theory, self psychology, and systems theory to illustrate and discuss a way of understanding and working with couples and individuals whose relationship and emotional difficulties have centered on the very common conundrum of balancing individuality and intimacy in romantic relationships. Based on detailed case examples and couples therapy techniques, *Self Within Marriage* provides individual and analytic therapists with a refreshing new framework for working with clients and for helping them understand who they are as individuals and as partners.

CONTENTS: That Vital Balance: Being and Intimacy. The Incomplete Self. You Complete Me: Attachment as the Antidote. Marriage and Other Loving Partnerships: An Interface of Psychology, Biology, and Sociology. Functions of Sexuality in the Adult Partnership. The Centrality of the Selfdyad in the Dynamic Organization of the Couple. Context, Relationship Maintenance, and Refueling. When the Self Fails to Flourish. Introspection and its Enemies. Considerations for Treatment.

July 2011: 320pp.

Hb: 978-0-415-99732-4: £21.99/\$34.95

Backlist Book



Breaking Up Blues A Guide to Survival and Growth Denise Cullington

Hb: 978-0-415-45546-6: 2008: 296pp. £42.50/\$79.95

Pb: 978-0-415-45547-3: 2008: 296pp. £9.99/\$18.00

Read and Recommend!

Handbook of Clinical Sexuality for Mental Health Professionals

Second Edition

Edited by **Stephen B. Levine**,
Case Western Reserve University,
Ohio, USA

Associate Editors: **Candace B. Risen**, and **Stanley E. Althof**,
both at Case Western Reserve University, Ohio, USA

"A wonderful and inspiring book, for both beginners and experienced therapists in the field of sexual health... All health care providers can be inspired by this book." - **Annamaria Giraldi**, Sexologist, Clinic of Sexology, Copenhagen, Denmark

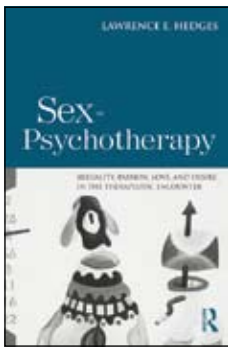
The constantly-changing field inspired the second edition of *Handbook of Clinical Sexuality for Mental Health Professionals*. In a state-of-the-art guide, Dr. Levine and his associates continue to help professionals with the assessment and treatment of a large array of sexual concerns. Written in a personal, supervisory style, the book will help new therapists anticipate clinical contingencies and help experienced therapists refine their thinking and teaching.

CONTENTS: Preface to the First Edition. *Levine, Risen, Althof*, Preface to the Second Edition. **Part I: Being a Therapist.** *Risen*, Listening to Sexual Stories. *Plaut*, Understanding and Managing Professional-client Boundaries. **Part II: Sexual Intimacy: Hopes and Disappointments.** *Levine*, What Patients Mean by Love, Intimacy, and Sexual Desire. *Kleinplatz*, Lessons from Great Lovers. *Scharff*, How Development Structures Relationships. *Levine*, Infidelity. *Meana*, When Love and Sex Go Wrong: Helping Couples in Distress. *Myers*, Single Again. **Part III: Sexual Dysfunction: Women's Sexual Issues.** *Nathan*, When Do We Say a Woman's Sexuality is Dysfunctional? *Basson*, Women's Difficulties With Low Sexual Desire, Sexual Avoidance, and Sexual Aversion. *Donahey*, Female Orgasmic Disorder. *Bergeron, Meana, Binik, Khalife*, Painful Sex. *Dennerstein*, The Sexual Impact of Menopause. **Part IV: Sexual Dysfunction: Men's Sexual Issues.** *Polonsky*, The Sexual Challenges and Dilemmas of Young Single Men. *Althof, Rosen*, Combining Medical and Psychological Interventions for the Treatment of Erectile Dysfunction. *Waldinger*, Premature Ejaculation and Delayed Ejaculation. **Part V: Additional Vital Topics.** *McCarthy, Breetz*, Confronting Sexual Trauma and Enhancing Adult Sexuality. *Segraves, Balon*, Recognizing and Reversing Sexual Side Effects of Medications. *Brotto, Kingsberg*, Sexual Consequences of Cancer Survivorship. **Part VI: Sexual Identity Struggles.** *Scott, Levine*, Understanding Gay and Lesbian Life. *Friedman, Downey*, Male and Female Homosexuality in Heterosexual Life. *Marcus*, Men Who Are Not in Control of Their Sexual Behavior. *Fedoroff*, Paraphilic Worlds. *Pfafflin*, Understanding Transgendered Phenomena. **Part VII: The Forgotten.** *Fedoroff, Richards*, Sexual Disorders and Intellectual Disabilities. *Maurice, Yule*, Sex and Chronic and Severe Mental Illness.

January 2010: 535pp.

Hb: 978-0-415-80075-4: £69.50/\$125.00

Pb: 978-0-415-80076-1: £38.99/\$69.95



Forthcoming!

Sex in Psychotherapy

Sexuality, Passion, Love, and Desire in the Therapeutic Encounter

Lawrence E. Hedges, Listening Perspectives Study Center, California, USA

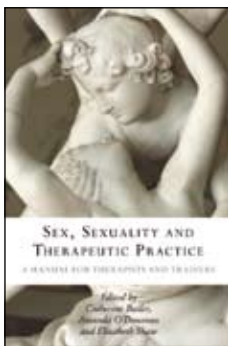
Sex in Psychotherapy takes a

psychodynamic approach to understanding recent technological and theoretical shifts in the field of psychotherapy. Lawrence Hedges provides an expert overview and analysis of a wide variety of new perspectives on sex, sexuality, gender, and identity; new theories about sex's role in therapy; and new discoveries about the human brain and how it works. Therapists will value Hedges's unique insights into the role of sexuality in therapy, which are grounded in the author's studies of neurology, the history of sexuality, transference, resistance, and countertransference.

CONTENTS: Introduction: "Boy Meets Girl": A Just-so Story about Sexuality. **Part I: Perspectives for Considering Sex, Sexuality, Gender, and Gender Identity.** The Natural/Religious/Biological Perspective. The Infant-Caregiver/Erotic Interaction Perspective. The Personal Identity Perspective. The Perspective of Dissociation, Otherness, and Multiple Selves. The Postmodern/Social Constructionist Perspective. The Race/Ethnicity/Sexuality Perspective. The Perspective of Mimetics. The Perspective of Trauma and Transgenerational Ghosts. The Intersubjective Perspective. The Relational/Thirdness Perspective. **Part II: Published Accounts of Sex in Psychotherapy.** Some Relational Countertransference Issues. Developmental Listening. Listening Perspective I – The Personality in Organization: The Search for Relatedness. Listening Perspective II – Symbiosis and Separation: Mutually-dependent Relatedness. Listening Perspective III – The Emergent Self: Unilaterally Dependent Relatedness. Listening Perspective IV – Self and Other Constancy: Independent Relatedness. **Part III: Three Extended Case Studies Illustrating Sex and Sexuality in the Transference, Resistance, and Countertransference of Psychotherapy.** Dora: Eros in the Transference. Ted: Eros in the Resistance. Charles: Eros in the Countertransference.

October 2010: 224pp.

Hb: 978-0-415-87352-9: £19.99/\$34.95



Sex, Sexuality and Therapeutic Practice

A Manual for Therapists and Trainers

Edited by Catherine Butler, Hackney Primary Care Trust, London, UK, Amanda O'Donovan, St. Bartholomew's Hospital, London, UK, and Elizabeth Shaw, St Ann's Hospital, North London, UK

"This excellent resource will quickly become a solid favourite among trainers. Its easily accessible style, comprehensive coverage of sexuality issues, and range of practical exercises designed to foster self-reflection and awareness will make it a resource to which professionals turn with remarkable regularity." - Hannah Frith, University of Brighton, UK

Sexuality is an important area of clients' lives yet it is often neglected, both in the consulting room and in training. This book examines issues of sexuality in a positive and affirming light and considers how sexuality-related issues can be introduced into

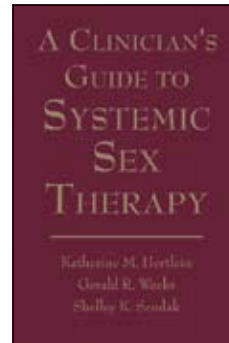
therapy and training. Sex and sexuality are important to consider in psychotherapy, psychology, counselling and health provision across a variety of contexts and are relevant to clinicians and therapists working in health and mental health settings as well as in specialist services such as sexual and reproductive health and HIV.

The manual provides up-to-date information, further reading, handouts for clients, self-reflective exercises and examples of training exercises for workshops and teaching. It is an essential resource for health professionals, therapists, clinicians, academics and trainers, and will support the practicing therapist as well as those in training.

2009: 208pp.

Hb: 978-0-415-44808-6: £60.00/\$100.00

Pb: 978-0-415-44809-3: £22.99/\$39.95



A Clinician's Guide to Systemic Sex Therapy

Katherine M. Hertlein, and Gerald R. Weeks, both at University of Nevada, Las Vegas, USA, and Shelley K. Sendak, teaches courses in women's studies, women's sexuality, and sexual minority health

A Clinician's Guide to Systemic Sex Therapy provides readers with an integrative and comprehensive theory in guiding their

clinical practice. Pragmatically oriented, this text walks clinicians through diagnosis and treatment with resources such as tables, graphs, flow charts, and implementation strategies. The text does not rely on only visual elements, however. Acknowledging that information needs to be guided by a theory that can be translated into practice, the authors use the Intersystems approach to provide a comprehensive perspective in understanding and improving intimate and sexual relationships for clients.

2009: 193pp.

Hb: 978-0-7890-3822-7: £38.99/\$69.95

Pb: 978-0-7890-3823-4: £16.99/\$29.95

Companion Volume



Systemic Sex Therapy

Edited by Katherine M. Hertlein, Gerald R. Weeks, and Nancy Gambescia

Hb: 978-0-7890-3668-1: 2008: 432pp. £50.00/\$90.00

Pb: 978-0-7890-3669-8: 2008: 432pp. £25.00/\$44.95

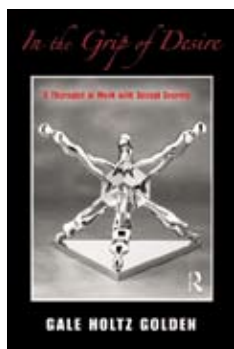
Backlist Book



How to Overcome Premature Ejaculation

Helen Singer Kaplan

Pb: 978-0-87630-542-3: 1989: 128pp. £13.50/\$19.95



In the Grip of Desire

A Therapist at Work with Sexual Secrets

Gale Holtz Golden,
in private practice, Vermont, USA

Written in a first-person, narrative style, *In the Grip of Desire* gives both the professional and lay reader the rare opportunity to experience the sequestered world of the therapist as she works with people who have sexual secrets and behaviors.

Referencing the academic literature and research, using rich case material, and a broad use of literary references, the book unpretentiously demonstrates the basic concepts and issues in treating compelling and legal sexual behaviors.

2009: 262pp.
Hb: 978-0-415-99157-5: £24.99/\$39.95

Forthcoming!

Case Studies in Sexual Deviance

Edited by **William T. O'Donohue**, University of Nevada, Reno, USA

Case Studies in Sexual Deviance is a comprehensive text that covers 14 different forms of sexual deviance, each contained within one chapter that functions as an exemplar to assist other clinicians with treating that problem. Each chapter covers topics such as assessment, case formulation, relevant research, denial and treatment engagement, adjunctive treatment/case management, forensic issues, relapse prevention, and priorities for future research.

CONTENTS: *O'Donohue*, Introduction: Basic Issues in the Assessment and Treatment of Sexual Deviance. *Laws*, Assessment and Treatment of a Pedophile. *Blanchard*, Assessment and Treatment of a Juvenile Child Molester. *Marques*, Assessment and Treatment of a Rapist. *Lovinger*, Assessment and Treatment of a Sexual Harasser. *Delmonico*, Assessment and Treatment of a Pornography Addict. *Letorneau*, Assessment and Treatment of an Obscene Phone Caller. *Mann*, Assessment and Treatment of a Voyeur. *Barbaree*, Assessment and Treatment of a Sexual Stalker. *Ward*, Assessment and Treatment of a Fetishistic Paraphiliac. *Murphy*, Assessment and Treatment of an Exhibitionist. *Hucker*, Assessment and Treatment of a Masochist. *Kingston*, Assessment and Treatment of a Sadist. *Marshall*, Assessment and Treatment of Bestiality. *Newring*, Assessment and Treatment of Transvestic Fetishism. *Kaplan*, Assessment and Treatment of a Frotteur.

May 2011: 277pp.
Hb: 978-0-415-88048-0: £44.50/\$79.95
Pb: 978-0-415-88049-7: £21.99/\$39.95

Series: *International Perspectives on Forensic Mental Health*

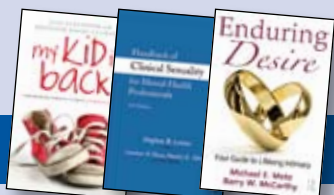
www.routledgementalhealth.com/forensic-mental-health

Couples & Family Therapy Arena

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Parenting

Forthcoming!

Dropping the Baby and Other Scary Thoughts

Breaking the Cycle of Unwanted Thoughts in Motherhood

Karen Kleiman, The Postpartum Stress Center, Pennsylvania, USA, and **Amy Wenzel**, University of Pennsylvania, USA

Dropping the Baby and Other Scary Thoughts addresses the nature of the intrusive, negative, and anxious thoughts pregnant and postpartum women can experience. It provides answers to the women who seek information, clarification, and validation and is a useful resource for healthcare professionals who work with them. It is a resource for consumers and clinicians who must confront these negative cognitions by outlining what these thoughts are, why they are there, and what can be done about them.

CONTENTS: Part I: What's Going On. A Mother's Anxiety. A Closer Look. Why Am I Having Scary Thoughts? **Part II: Clinical Concerns.** How Do You Know if You Need Help? Barriers to Relief. Screening for Scary Thoughts. **Part III: Breaking the Cycle of Scary Thoughts.** Things You Can Do to Feel Better. Can You Really Change How You Think? Professional Treatment Options. How Others Can Help. Your Personal Treatment Plan. Living with Uncertainty. *Barsky*, Afterword.

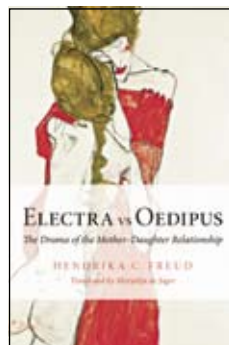
December 2010: 264pp.
Hb: 978-0-415-87700-8: £13.99/\$24.95

Also by Karen Kleiman



Therapy and the Postpartum Woman Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help

Hb: 978-0-415-98996-1: 2008: 360pp. £26.95/\$42.50



New!

Electra vs Oedipus The Drama of the Mother-Daughter Relationship

Hendrika C. Freud, in private practice, Amsterdam, the Netherlands

Translated by **Marjolijn de Jager**

Electra vs Oedipus explores the deeply complex and often turbulent relationship between mothers and daughters. In contrast to Sigmund Freud's conviction that the father is the central figure, the book puts forward the notion that women are in fact far more (pre)occupied with their mother.

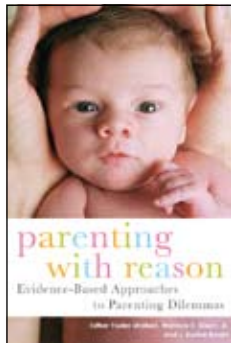
Drawing on the author's extensive clinical experience, the book provides numerous case studies which shed light on women's emotional development.

CONTENTS: Love and Hate Between Mothers and Daughters. The Symbiotic Illusion. History of Maternal Love. Nina: Daughter of a Single Mother. Electra versus Oedipus. What Does Woman Want? Childbirth and Depression. Martha: A Woman in her Middle Years. On Rejected Mothers. History and Hysteria.

July 2010: 216pp.

Hb: 978-0-415-54796-3: £60.00/\$99.00

Pb: 978-0-415-54797-0: £22.99/\$36.95



Parenting with Reason

Evidence-Based Approaches to Parenting Dilemmas

Esther Yoder Strahan, Clinical Psychologist, Ohio, USA,
Wallace E. Dixon, Jr., East Tennessee State University, USA, and **J. Burton Banks**, Medical Practitioner, Southwest Virginia, USA

Parenting with Reason cuts through the masses of confusing and often contradictory advice about parenting by providing hard evidence to back up the tough decisions all parents face.

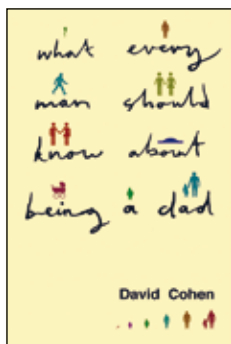
2009: 376pp.

Hb: 978-0-415-41328-2: £34.95/\$62.95

Pb: 978-0-415-41329-9: £11.95/\$19.95

Series: Parent and Child

www.parentingwithreason.com



What Every Man Should Know About Being a Dad

David Cohen, Writer, psychologist and film maker

This book provides a guide for men on how to be a good dad and a supportive partner. Dealing directly with the key issues and the many stresses that fathers can face, it looks at the psychological

research on child development, parenting, and fathering in particular.

2009: 240pp.

Hb: 978-0-415-48616-3: £19.95/\$34.95

Pb: 978-0-415-48617-0: £8.99/\$15.95

Series: Parent and Child

www.psyppress.com/dad

Backlist Book

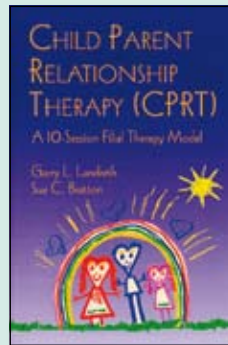


Gerhardt: Why Love Matters: How Affection Shapes a Baby's Brain

Pb: 978-1-58391-817-3: 2004: 256pp. £9.99/\$18.00

www.whylovematters.com

Books from Garry L. Landreth



Winner – Best Practices in Parent/Family Education Award for 2010 from the Texas Association of Parent Educators!

Child Parent Relationship Therapy (CPRT)

A 10-Session Filial Therapy Model

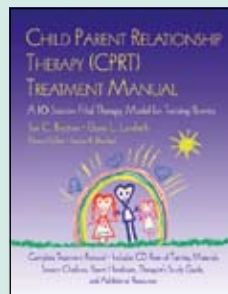
Garry L. Landreth and Sue C. Bratton

This book offers a survey of the historical and theoretical development of the filial therapy approach and presents an overview of filial therapy training and then filial therapy processes.

2005: 512pp.

Hb: 978-0-415-95110-4: £26.95/\$42.50

Examination copy available



Child Parent Relationship Therapy (CPRT) Treatment Manual

A 10-Session Filial Therapy Model for Training Parents

Sue C. Bratton, and Garry L. Landreth,

both at University of North Texas, USA, **Theresa Kellam**, in private practice, Lexington, USA, and **Sandra R. Blackard**, independent consultant in communication and training

This manual is the highly recommended companion to *CPRT: A 10-Session Filial Therapy Model*. Accompanied by a CD-Rom of training materials, the workbook will help the facilitator of the filial training and will provide a much needed educational outline to allow filial therapists to pass their knowledge on to parents.



2006: 272pp.

Pb: 978-0-415-95212-5: £23.95/\$37.50



The CPRT Package

This package includes one copy of *Child Parent Relationship Therapy (CPRT)* by Landreth & Bratton, *Child Parent Relationship Therapy (CPRT) Treatment Manual* by Bratton, Landreth, Kellam

& Blackard, and *The Parent Survival Guide* by Kellam, sold at a discount of 20% off the total retail price of the three books.

Pack: 978-0-415-99633-4: 2008: £41.95/\$74.95

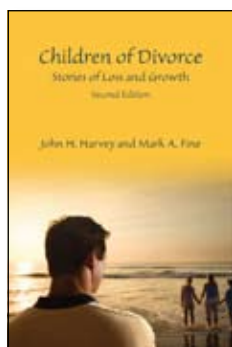


Play Therapy The Art of the Relationship

Second Edition

Garry L. Landreth

Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/\$44.95

**New!**

Children of Divorce

Stories of Loss and Growth

Second Edition

John H. Harvey, University of Iowa, USA, and **Mark A. Fine**, University of Missouri/Columbia, USA

Featuring excerpts of essays collected from over one thousand young adults while in the throes of divorce, this

book paints a picture of the pain and the hope shown by the storytellers. By framing the narratives with an analysis of the most recent divorce literature, the authors provide readers with a greater and more vivid understanding of the effects of divorce.

June 2010: 192pp.

Hb: 978-0-415-87256-0: £29.95/\$49.95

Pb: 978-0-415-87258-4: £17.50/\$29.95

Examination copy available

New Edition!

Sandtray Therapy

A Practical Manual

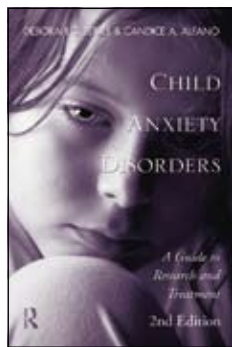
Second Edition

Linda Homeyer, Texas State University, USA, and **Daniel Sweeney**, George Fox University, Oregon, USA

This manual is intended for play therapists, counselors, and other mental health practitioners seeking to incorporate sandtray work into their clinical repertoire. Chapters cover the history and rationale for sandtray therapy, the materials needed for successful sessions, and how to conduct and process a therapy session.

December 2010: 192pp.

Pb: 978-0-415-88334-4: £16.95/\$29.95

**New Edition!**

Child Anxiety Disorders

A Guide to Research and Treatment

Second Edition

Deborah C. Beidel, University of Central Florida, USA, and **Candice A. Alfano**, Children's National Medical Center,

The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment, primarily from pharmacological and cognitive-behavioral perspectives. Addressing these perspectives is the revised second edition of *Childhood Anxiety Disorders*, by Beidel and Alfano.

CONTENTS: Part I: Overview of Childhood Fears and Anxiety. An Introduction to Children's Fears. An Introduction to Childhood Anxiety Disorders. Developmental Considerations. Sleep and Anxiety Disorders.

Etiological Factors in the Development of Anxiety Disorders. **Part II: Anxiety Disorders in Children.** Dental Fears, Medical Fears, and Chronic Medical Illnesses. Excessive Worry and Generalized Anxiety Disorder. Specific Phobias. School Refusal. Separation Anxiety Disorder. Social Phobia and Selective Mutism. Obsessive-Compulsive Disorder and Trichotillomania. Panic Disorder. Posttraumatic Stress Disorder.

January 2011: 464pp.

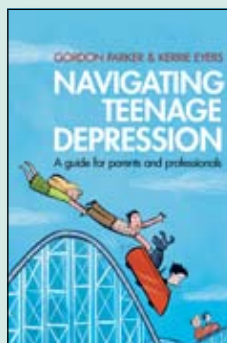
Hb: 978-0-415-87373-4: £27.95/\$49.95

**Read and Recommend!**

Navigating Teenage Depression

A Guide for Parents and Professionals

Gordon Parker, University of New South Wales & Black Dog Institute, Sydney, Australia, and **Kerrie Evers**, Black Dog Institute, Sydney, Australia



"If you suspect your teenager is depressed, read this book. It contains the distilled wisdom of Professor Gordon Parker and Kerrie Evers who have been successfully helping young people overcome depression at their Black Dog Institute in Australia for many years. This book is a ray of light that shows the way out of a dark place." - **Alan Carr**, University College Dublin, Ireland

First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. How can you tell whether it is just typical teenage ups and downs that will pass, or something more serious? How can we reliably identify and support teenagers with depression?

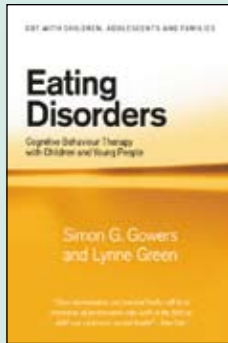
In this book experienced clinician and researcher Gordon Parker explains how to systematically identify different mood disorders and contributing factors. He and co-author Kerrie Evers explain when clinical treatment is required and outline treatment options. They also discuss the particular challenges faced by adolescents and approaches to effective management.

CONTENTS: Navigating the Maze: Three Stories of Teenage Depression. Background Stresses: Teenagers Shoulder Some Heavy Baggage. What Depression Feels Like: Young People Describe its Effects. Getting to Assessment: Some Ways to Overcome Teenage Reluctance. Making the Diagnosis: Guidelines for a Systematic Approach. The Assessment Report: And How Teenagers Adjust to the Diagnosis. A Quick Look at Treatment and Management: And the Impact of Personality Style. Maintaining Good Mental Health: Tips from Teens and Their Supporters. Appendix I: Examining the Use and Effectiveness of Antidepressants in Teens. Appendix II: Assessing the Risk of Harm in Teenagers with Depression. Appendix III: Teenagers Share their Most Effective Wellbeing Strategies. Appendix IV: The Mood Assessment Program (MAP).

March 2010: 240pp.

Pb: 978-0-415-58337-4: £9.99/\$17.95

CBT with Children, Adolescents and Families Series



Eating Disorders Cognitive Behaviour Therapy with Children and Young People

Simon G. Gowers, University of Liverpool, UK, and **Lynne Green**, Cheshire and Merseyside Eating Disorders Service for Adolescents, UK

In this book, Simon Gowers and Lynne Green bring together up-to-date research, clinical examples and useful

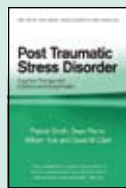
tips to guide practitioners in working with young people, as well as helping families of children and adolescents to deal with their difficulties.

2009: 200pp.

Hb: 978-0-415-44462-0: £55.00/\$95.00

Pb: 978-0-415-44463-7: £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



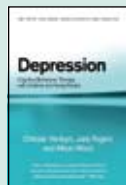
Post Traumatic Stress Disorder Cognitive Therapy with Children and Young People

Patrick Smith, **Sean Perrin**,
William Yule, and **David M. Clark**

Hb: 978-0-415-39163-4: 2009: 224pp. £55.00/\$95.00

Pb: 978-0-415-39164-1: 2009: 224pp. £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



Depression Cognitive Behaviour Therapy with Children and Young People

Chrissie Verduyn, **Julia Rogers**,
and **Alison Wood**

Hb: 978-0-415-39977-7: 2009: 224pp. £55.00/\$95.00

Pb: 978-0-415-39978-4: 2009: 224pp. £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



Obsessive Compulsive Disorder Cognitive Behaviour Therapy with Children and Young People

Edited by **Polly Waite**, and **Tim Williams**

Hb: 978-0-415-40388-7: 2009: 208pp. £55.00/\$95.00

Pb: 978-0-415-40389-4: 2009: 208pp. £19.99/\$34.95

Series: *CBT with Children, Adolescents and Families*



Anxiety Cognitive Behaviour Therapy with Children and Young People

Paul Stallard

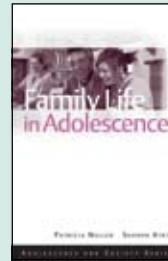
Hb: 978-0-415-37256-5: 2008: 224pp. £60.00/\$110.00

Pb: 978-0-415-37255-8: 2008: 224pp. £19.99/\$37.50

Series: *CBT with Children, Adolescents and Families*

for FREE downloadable resources for books in this series visit
www.routledge mentalhealth.com/cbt-with-children

Adolescence and Society Series



Forthcoming!

Family Life in Adolescence

Patricia Noller, University of Queensland, Australia, and **Sharon Atkin**, in private practice, Australia

This book provides an understanding of the kinds of family environments that produce productive, well-adjusted young people who can make a worthwhile contribution to the society in which they live.

March 2011: 208pp.

Hb: 978-0-415-47032-2: £49.95/\$80.00

Pb: 978-0-415-47033-9: £19.95/\$32.50

Series: *Adolescence and Society*

Examination copy available



Forthcoming!

Illegal Leisure Revisited Changing Patterns of Alcohol and Drug Use in Adolescents and Young Adults

Judith Aldridge, University of Manchester, UK,
Fiona Measham, Lancaster University, UK, and **Howard Parker**,
and **Lisa Williams**, both at University of Manchester, UK

This book updates the progress into adulthood of 14-year-olds that were tracked for the first edition, using qualitative interviews and self-report surveys. The new edition shows them moving into the world of work, relationships and parenthood.

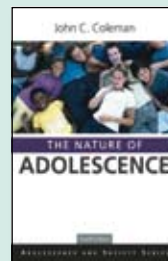
February 2011: 280pp.

Hb: 978-0-415-49552-3: £45.00/\$79.00

Pb: 978-0-415-49553-0: £19.95/\$34.00

Series: *Adolescence and Society*

Examination copy available



New Edition!

The Nature of Adolescence

Fourth Edition

John C. Coleman, Oxford University, UK

The new edition of this successful textbook provides an up-to-date introduction to all of the key features of adolescent development.

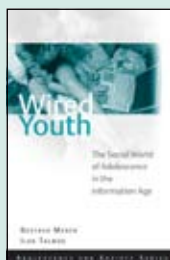
December 2010: 272pp.

Hb: 978-0-415-56419-9: £52.50/\$95.00

Pb: 978-0-415-56420-5: £18.50/\$32.50

Series: *Adolescence and Society*

Examination copy available



New!

Wired Youth

The Social World of Adolescence in the Information Age

Gustavo Mesch, and Ilan Talmud, both at the University of Haifa, Israel

This book investigates the driving forces of social interaction, such as shared interests and adolescents' need of diversification of their social circle, and shows how online activities are closely associated with offline social behavior.

March 2010: 184pp.

Hb: 978-0-415-45993-8: £49.95/\$88.00

Pb: 978-0-415-45994-5: £19.95/\$34.95

Series: *Adolescence and Society*

Examination copy available



Moving Out, Moving On

Young People's Pathways In and Through Homelessness

Shelley Mallett, and Doreen Rosenthal, both at University of Melbourne, Australia, **Deb Keys,** Melbourne Citymission, Australia, and **Roger Averil,** Freelance Writer, Researcher and Editor, Australia

Based on a large longitudinal study of homeless young people, this book examines the factors that impact on homeless young people's long-term outcomes.

2009: 216pp.

Hb: 978-0-415-47029-2: £44.95/\$80.95

Pb: 978-0-415-47030-8: £19.95/\$35.95

Series: *Adolescence and Society*

Examination copy available

www.psypress.com/adolescence-and-society

Eating Disorders

New Edition!

Nutrition Counseling in the Treatment of Eating Disorders

Second Edition

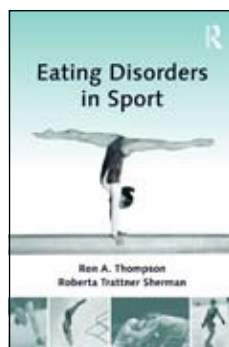
Marcia Herrin, Dartmouth Medical School, New Hampshire, USA

In the first edition of *Nutrition Counseling in the Treatment of Eating Disorders*, Marcia Herrin educated nutritionists, psychotherapists, cognitive behaviorists, psychiatrists, physicians, and primary care providers about clinically-sound nutrition treatment and provided the opportunity to expand their treatment approaches.

In this second edition, Herrin still devotes sections to nutrition counseling, nutrition interventions, and food, exercise, and weight management while detailing relevant nutritional and biological facts, assessment and counseling techniques, and prescription of a food plan. Included in this revised edition is the incorporation of the new Maudsley-inspired nutrition treatment techniques she has pioneered for the last ten years.

September 2011: 256pp.

Hb: 978-0-415-87103-7: £23.50/\$42.50



New!

Eating Disorders in Sport

Ron A. Thompson, and Roberta Trattner Sherman, both in private practice, Bloomington, Indiana, USA

In this book, the authors draw on their extensive clinical experience to discuss how to identify, manage, treat, and prevent eating disorders in sport participants. They begin by examining

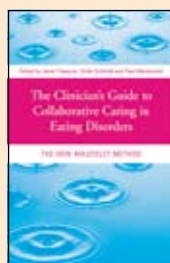
the clinical conditions related to eating problems, including descriptions of specific disorders and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.

CONTENTS: Introduction. Eating Disorders: Clinical and Subclinical Conditions. Eating Disorders and Disordered Eating in Sport: A Review of the Literature. Risk Factors for the Development of Problem Eating. Identification of Eating Disorders and Related Conditions. Management of Eating Problems in the Sport Environment. Treatment Issues. Medical Considerations. Prevention and Education.

January 2010: 300pp.

Hb: 978-0-415-99836-9: £28.00/\$49.95

Books by Janet Treasure



The Clinician's Guide to Collaborative Caring in Eating Disorders

The New Maudsley Method

Edited by **Janet Treasure, Ulrike Schmidt, and Pam Macdonald**

This book provides guidance for clinicians working with families and carers. It demonstrates how active collaboration between professional and non-professional carers can maximise quality of life for both the sufferer and all other family members.

2009: 304pp.

Hb: 978-0-415-48424-4: £65.00/\$110.00

Pb: 978-0-415-48425-1: £24.99/\$42.95



Treasure et al.: Skills-based Learning for Caring for a Loved One with an Eating Disorder: The New Maudsley Method

Pb: 978-0-415-43158-3: 2007: 248pp. £13.50/\$24.95

Treasure: Anorexia Nervosa: A Survival Guide for Families, Friends and Sufferers

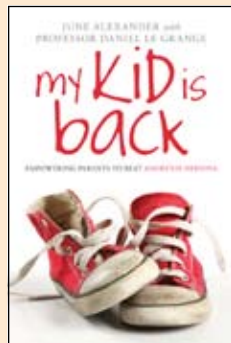
Pb: 978-0-86377-760-8: 1997: 176pp. £13.50/\$24.95

Treasure/Schmidt: Clinician's Guide: Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders

Hb: 978-0-86377-730-1: 1997: 240pp. £25.95/\$47.50

Schmidt/Treasure: Getting Better Bit(e) by Bit(e): A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders

Pb: 978-0-86377-322-8: 1993: 160pp. £13.50/\$26.95



Read and Recommend!

My Kid is Back

Empowering Parents to Beat Anorexia Nervosa

June Alexander, writer, Australia, with Daniel Le Grange, University of Chicago, Illinois, USA

"My Kid is Back is packed with practical, helpful and inspiring information. It gives parents a

powerful message of hope – that recovery from an eating disorder is possible." - Susan Ringwood, Chief Executive, Beat, UK

"Alexander and Le Grange have combined heart, history and healing in this thoughtful book. My Kid is Back should be required reading for any parent with the slightest suspicion that an eating disorder may be developing in their child. June Alexander's own testimonial should be a warning enough that families need to take action early and head on." - Lynn S. Grefe, Chief Executive Officer, National Eating Disorders Association (NEDA), USA

My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

In this book ten families share their experiences of living with anorexia. Parents describe their frustrations in seeking help for their child and dealing with their behaviour and sufferers discuss how the illness gets into their mind and takes over their personality.

By focusing on the Maudsley family approach and expert advice from Professor Daniel Le Grange, this book proves an essential resource for families who want to win the battle with anorexia nervosa.

CONTENTS: Introduction. *Le Grange*, Family-based Treatment of Adolescent Anorexia Nervosa: The Maudsley Approach.

Family Case Studies. Chloe. Matthew. Kelly. Kristen. Hayley. Claire. Kylie. Billie. Annabelle. Alice. What Are Parents to Do? *Le Grange*, How to Tell if Your Child Has Anorexia Nervosa. Navigating the Search for Family-based Treatment. Appendix: Listing of Providers and Support Services.

February 2010: 272pp.

Pb: 978-0-415-58115-8: £9.99/\$17.95

www.routledgementalhealth.com/my-kid-is-back



Gerontology

Forthcoming!

Ageing and Older Adult Mental Health

Issues and Implications for Practice

Edited by Patrick Ryan, and Barry Coughlan, both at University of Limerick, Ireland

"Ryan and Coughlan are to be congratulated for editing a highly accessible book on aging and mental health... required reading on all postgraduate courses for mental health professionals who are being trained to provide services to older adults with psychological problems." - Alan Carr, University College Dublin, Ireland

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book explores the area of ageing and focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group.

CONTENTS: Ryan, O'Rourke, Ward, Aherne, Ageing: Historical and Current Perspectives. Flynn, Ryan, The Biology of Ageing: What Works, What Slows and What Stops. Lalor, Ryan, Ageism: Myth or Fact. O'Connell-Kehoe, Coughlan, Assessment of Mental Health Issues: Approaches and Frameworks. Dempsey, Coughlan, Treatment of Mental Health Issues: Reality versus Best Practice. O'Reilly, Lavin, Coughlan, Ageing and Dementia: Assessment and Intervention. Ryan, Coughlan, Shahid, Aherne, Older Adults Experience of Loss, Bereavement and Grief. O'Donoghue, Ryan, Depression and Ageing: Assessment and Intervention. Smith, Elder Abuse: Understanding Pathways and Processes. Smith, Long, Elder Abuse: What Works and Does Not Work to Prevent it? Barker, Ageing and Attachment. Ryan, Dudley, MacMahon, Feeney, Bonham, Ageing, Relationships and Sexuality. Ryan, Wroblewska, Caring for Older Adults: Who Cares and Does Not Care? Greve, Ryan, Aherne, The Paradox of Ageing: Why Do Older People Look So Happy When They Have Nothing to Look Forward To? Ryan, O'Sullivan, Smyth, Older Adults: Key to the Success of Younger Generations.

December 2010: 304pp.

Hb: 978-0-415-58289-6: £60.00/\$100.00

Pb: 978-0-415-58290-2: £21.99/\$39.95

Forthcoming!

The Aging Intellect

Douglas Powell, Harvard Medical School, Massachusetts, USA

The Aging Intellect is written for the large number of professionals, including social workers, nurses, retirement home administrators, doctors, psychologists, pastors and others, who oversee the well being of elderly women and men. It provides elder care workers with an array of suggestions that can improve, maintain or maximize the quality of their client's mental abilities for as long as possible. *The Aging Intellect* serves its purpose by addressing four major issues associated with age-related cognitive decline, each of which has a solid research footing and is within the reach of most seniors.

CONTENTS: The Best Time to Grow Older in America: Maximizing Intellectual Capabilities in the 3rd Age of Life. Health Related Quality of Life. Chronic Medical Conditions and the Intellect. Cognitive Aging. Exercise, Everyday Activities, Diet, and Other Indirect Influences on Cognitive Aging. Direct Actions that Benefit the Intellect. Optimal Cognitive Aging: Clinical Assessment and Interventions. Normal Cognitive Aging: Assessment and Applications. At-Risk Cognitive Aging: Assessment and Applications.

March 2011: 216pp.

Hb: 978-0-415-99685-3: £19.50/\$34.95

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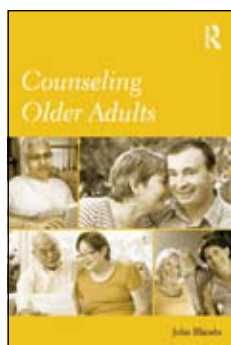


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Forthcoming!

Counseling Older Adults

John Blando, San Francisco State University, USA

Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity to the contexts in which older adults live, are essential in working successfully with this

population. This book provides an introduction to gerontological counseling, covering theories of aging and their practical application in counseling work with older adults; basic counseling skills and the counseling process in the context of work with older adults; contextual factors; and a discussion of social justice issues.

CONTENTS: Theories of Aging and Later Life Development. Attending and Listening Skills in Work with Older Adults. Stages of Counseling Older Adults. Psychodynamic and Existential Foundations in Counseling Older Adults. Transference and Other Counseling Processes with Older Adults. Approaches to Counseling Older Adults. The Culture and Context of Old Age. Spirituality and Counseling Older Adults. Multicultural Gerontological Counseling. School, College, and Career Counseling and Older Adults: Grandparenting, Reentry Students, and Retirement. Health and Rehabilitation Counseling with Older Adults. Alzheimer's Disease and Other Dementias. Family Issues in Counseling Older Adults. Psychological Issues in Community and Mental Health Counseling. Future Trends in Aging and Counseling.

November 2010: 440pp.

Pb: 978-0-415-99051-6: £26.95/\$39.95

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Growing Old A Journey of Self-Discovery

Danielle Quinodoz, Psychoanalyst, Geneva, Switzerland

In this book psychoanalyst Danielle Quinodoz highlights the value of old age and the fact that although many elderly people have suffered losses, either of their own good health or through bereavement, most have managed to retain the most important thing – their sense of self. Quinodoz argues that

growing old provides us with the opportunity to learn more about ourselves.

2009: 232pp.

Hb: 978-0-415-54565-5: £52.50/\$95.00

Pb: 978-0-415-54566-2: £14.99/\$27.50

Self-Esteem Across the Lifespan Issues and Interventions

Edited by **Mary H. Guindon**, Johns Hopkins University, Maryland, USA

This text defines self-esteem, describes its history and evolution, discusses its controversies, and presents information on intervention strategies that can make a difference when it receives clinical attention.

2009: 387pp.

Hb: 978-0-415-99699-0: £24.95/\$44.95



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New Edition!

Helping Grieving People – When Tears Are Not Enough

A Handbook for Care Providers

Second Edition

J. Shep Jeffreys, in private practice, Maryland, USA

Helping Grieving People is a training manual for care providers who provide support and counseling to those grieving death, illness, and other losses. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief.

April 2011: 384pp.

Pb: 978-0-415-87701-5: £24.95/\$44.95

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Forthcoming!

Counting Our Losses

**Reflecting on Change, Loss,
and Transition in Everyday Life**

Edited by **Darcy L. Harris**, King's University College, Ontario, Canada

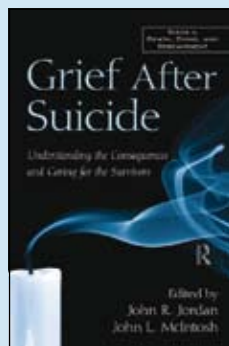
This text is intended to be a resource for clinicians who work with clients dealing with non-death and ambiguous losses (those that are not the result of a death, but of events that are difficult to define concretely and associated with grief or change) in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research. The specific and unique aspects of different types of loss are discussed.

December 2010: 256pp.

Hb: 978-0-415-87528-8: £53.00/\$95.00

Pb: 978-0-415-87529-5: £19.95/\$34.95

Series in Death, Dying, and Bereavement



Forthcoming!

Grief After Suicide Understanding the Consequences and Caring for the Survivors

Edited by **John R. Jordan**, The Family Loss Project, Massachusetts, USA, and **John L. McIntosh**, Indiana University South Bend, Indiana, USA

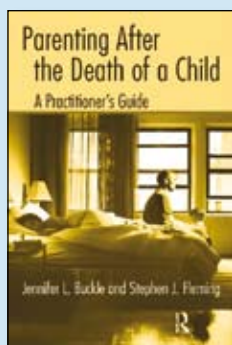
This edited volume addresses the need for an up-to-date, professionally-oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity. Topics covered include the impact

of suicide on survivors, interventions to provide bereavement care for survivors, examples of promising support programs for survivors, and developing a research, clinical, and programmatic agenda for survivors over the next 5 years and beyond.

CONTENTS: *Cain*, Foreword. *Jordan, McIntosh*, Introduction. **Part I: The Impact of Suicide.** *Jordan, McIntosh*, Suicide Bereavement: Why Study Survivors of Loss? *Jordan, McIntosh*, Is Suicide Bereavement Different? A Framework for Rethinking the Question. *McIntosh, Jordan*, The Impact of Suicide on Adults. *Cerel, Aldrich*, The Impact of Suicide on Children and Adolescents. *Gutin, McGann, Jordan*, The Impact of Suicide on Professional Caregivers. **Part II: Helping Survivors.** *Jordan, Feigelman, McMenamy, Mitchell*, Research on the Needs of Survivors. *McGann, Gutin, Jordan*, Guidelines for Postvention Care After the Suicide of a Client. *Berkowitz, McCauley, Schuurman, Jordan*, Organizational Postvention After Suicide Death. *Jordan*, Principles of Grief-counseling with Adult Survivors. *Webb*, Grief Counseling with Child and Adolescent Survivors of Parental Suicidal Deaths. *Sands, Jordan, Neimeyer*, The Meanings of Suicide: A Narrative Approach to Healing. *Jordan*, Group Work with Suicide Survivors. *Kaslow, Samples, Rhodes, Gantt*, A Family Oriented and Culturally Sensitive Postvention Approach with Suicide Survivors. **Part III: Promising Programs of Support for Survivors. A: US Programs.** *Campbell*, Baton Rouge Crisis Intervention Center's LOSS Team Active Postvention (APM) Approach. *Marshall, Bolton*, The Link Counseling Center and the Link's National Resource Center for Suicide Prevention and Aftercare. *Hurtig, Bullitt, Kates*, Samaritans Grief Support Services. *Archibald*, Heartbeat Survivors After Suicide, Inc. *Koenig*, Friends for Survival. *Morris, Farberow, Hirsch* Community Mental Health Center's Survivors After Suicide Programs (SAS). *Schwartz*, The Retrospective Profile and the Facilitated Family Retreat. *Beal*, Parents of Suicides: E-mail Support Group. *Rubey*, Loving Outreach to Survivors of Suicide Program (LOSS): A Postvention Service for Survivors of Suicide. *Mitchell, Wesner*, A Bereavement Crisis Debriefing Intervention for Survivors After a Suicide. *Harrington-Lamorie, Ruocco*, The Tragedy Assistance Program for Survivors (TAPS). *Linn-Gust*, American Association of Suicidology and Survivors of Suicide Loss. *Harpel*, American Foundation for Suicide Prevention's Survivor Initiatives. **B: International Programs.** *Chow, Yip*, Grief After Suicide: A Hong Kong Chinese Perspective. *Bycroft, Fisher, Beaton*, International Perspectives on Suicide Bereavement: The Australian Example. *Dyregrov*, International Perspectives on Suicide Bereavement: Suicide Survivors and Postvention in Norway. *Grad*, International Perspectives on Suicide Bereavement: Slovenia. *Agee*, A New Zealand Perspective on Suicide Bereavement. *Andriessen*, Survivors After Suicide: A Comprehensive Suicide Survivor Program in Flanders, Belgium. **Part IV: Conclusions.** *McIntosh, Jordan*, Going Forward: A Research Agenda for Suicide Survivor Studies. *Jordan, McIntosh, Bolton, Campbell, Harpel, Linn-Gust*, A Call to Action: Building Clinical and Programmatic Support for Suicide Survivors.

October 2010: 592pp.
Hb: 978-0-415-99355-5: £24.95/\$39.95

Series in Death, Dying, and Bereavement



New!
Parenting After the Death of a Child
A Practitioner's Guide

Jennifer L. Buckle, Sir Wilfred Grenfell College, Memorial University of Newfoundland, Canada, and **Stephen J. Fleming**, York University, Toronto, Canada

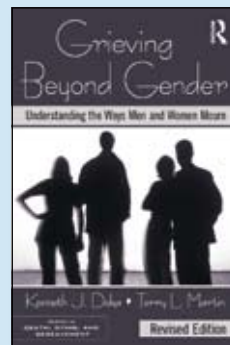
The death of a child has a tremendous and overwhelming impact on parents and siblings, completely altering the psychological landscape of the family. How can someone attempt to cease parenting a deceased child while maintaining this role with his/her other children? Is it possible for a mother or father to effectively deal with feelings of grief and loss while simultaneously helping their surviving children? *Parenting After the Death of a Child: A Practitioner's Guide* addresses this complex and daunting dilemma. Following on the heels of a

qualitative research study that involved interviewing bereaved parents, both fathers and mothers, Buckle and Fleming have put together several different stories of loss and recovery to create an invaluable resource for clinicians, students, and grieving parents.

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August 2010: 226pp.
Hb: 978-0-415-99573-3: £22.00/\$39.95

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Revised Edition!

Grieving Beyond Gender
Understanding the Ways Men and Women Mourn
Revised Edition

Kenneth J. Doka, Graduate School of The College of New Rochelle, New York, USA, and **Terry L. Martin**, Hood College, Maryland, USA

Grieving Beyond Gender: Understanding the Ways Men and Women Mourn is a revision of *Men Don't Cry, Women Do: Transcending Gender Stereotypes of Grief*. In this work, Doka and Martin elaborate on their conceptual model of "styles or patterns of grieving" – a model that has generated both research and acceptance since the publication of the first edition in 1999. In that book, as well as in this revision, Doka and Martin explore the different ways that individuals grieve, noting that gender is only one factor that affects an individual's style or pattern of grief. The book differentiates intuitive grievers, where the pattern is more affective, from instrumental grievers, who grieve in a more cognitive and behavioral way, while noting other patterns that might be more blended or dissonant.

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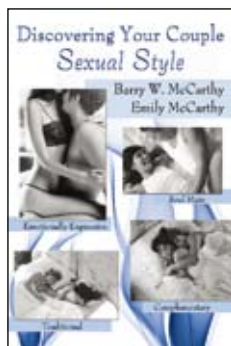
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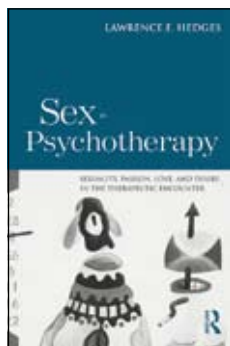
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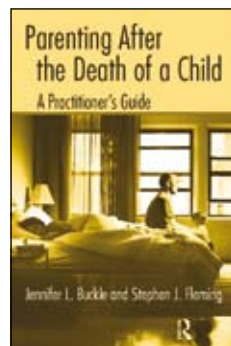
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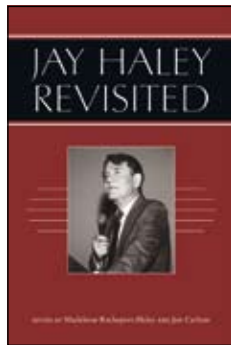
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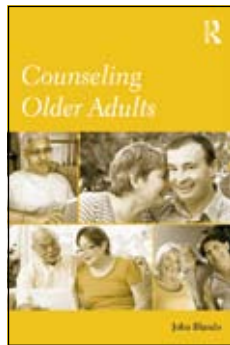
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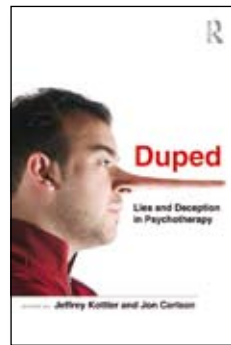
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