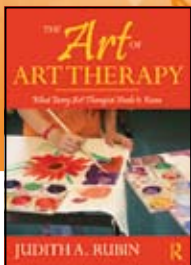


# Expressive Therapies 2010

Art Therapy | Dance Therapy | Dramatherapy  
Music Therapy | Play Therapy | Sandplay Therapy

## NEW BOOKS AND SELECTED BACKLIST



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# Arenas



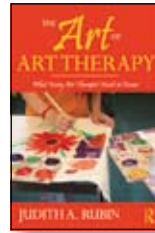
Our Arts Therapy Arena is a subject-focused selection of our books and journals in Expressive Therapies, allowing you to quickly and easily browse the subject area you're interested in. All of our books are available at a special **10% discount** if you order them from the Arena, with **free shipping** on orders to the US, Canada and UK if you spend more than \$35/£20.

[www.artstherapyarena.com](http://www.artstherapyarena.com)

## Invitation to authors

If you would like to submit or discuss your book proposal with our Publisher, **George Zimmar**, please email [George.Zimmar@taylorandfrancis.com](mailto:George.Zimmar@taylorandfrancis.com)

# Read and Recommend

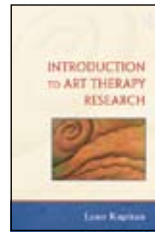


**The Art of Art Therapy**  
**What Every Art Therapist Needs to Know**

*Second Edition*

**Judith A. Rubin**

Page 9



**Introduction to Art Therapy Research**

**Lynn Kapitan**

Page 11



**Sandtray Therapy**  
**A Practical Manual**  
*Second Edition*

**Linda E. Homeyer**  
and **Daniel S. Sweeney**

Page 20

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web: [www.routledgejournalhealth.com](http://www.routledgejournalhealth.com)

# Expressive Therapies



Forthcoming!

## Engaging Boys in Treatment Creative Approaches to the Therapy Process

Edited by **Craig Haen**, Adolescent Services  
for Kids in Crisis, Connecticut, USA

This edited book is the first of its kind to focus on creative approaches to the treatment of boys, providing a valuable resource for both students and professionals seeking new and effective strategies for reaching their young male clients. Chapters discuss the theory behind and implementation of various creative approaches to therapy with boys, such as play therapy, including sports, movement, and gross-motor activity; animal-assisted therapy; the use of computers and digital animation; the use of superheroes in role play, metaphor, and play therapy; and art therapy. Attention is also given to methods for working with five special populations: angry and aggressive boys; young boys with ADHD; boys with sexual behavior difficulties; gender variant and sexual minority boys; and African American boys with non-resident or absent fathers.

**CONTENTS: Part I: Laying the Ground.** *Haen*, Boys and Therapy: The Need for Creative Reformulation. *Barker*, *Crenshaw*, Honoring Masculine Strivings in Individual Psychotherapy with Boys. *Malekoff*, Strengths-based Group Work with Boys. **Part II: Creative Approaches.** *Harvey*, Physical Play with Boys of all Ages. *Fine*, *Dennis*, *Bowers*, Incorporating Animal-assisted Interventions in Therapy with Boys at Risk. *Enfield*, From Virtual to Real: Video Games in the Treatment of Boys. *Haen*, The Therapeutic Use of the Superhero in the Treatment of Boys. *Cruz*, Breaking through with Art: Art Therapy Approaches for Working with At-risk Boys. **Part III: Special Populations.** *Currie*, Doing Anger Differently: Working Creatively with Angry and Aggressive Boys. *Grönlund*, *Renck*, Body-based Treatment Approaches for Young Boys Diagnosed with ADHD. *Creeden*, *Bergman*, Attachment is a Verb: Experiential Treatment for Addressing Self-regulation Issues in Boys with Sexual Behavior Difficulties. *Caldwell*, *DeLoney*, *Mincy*, *Klempin*, *Rafferty*, Strengthening Bonds Between Non-resident African American Fathers and Sons as a Way to Reduce or Prevent Youth Risky Behaviors. *Beauregard*, *Moore*, Creative Approaches to Working with Gender Variant and Sexual Minority Boys.

March 2011: 352pp.

Hb: 978-0-415-87405-2: £56.00/\$100.00

Pb: 978-0-415-87406-9: £21.95/\$39.95

*Routledge Series on Counseling and Psychotherapy with Boys and Men*

[www.routledgejournalhealth.com/boys-and-men](http://www.routledgejournalhealth.com/boys-and-men)



## The Children Who Lived

### Using Harry Potter and Other Fictional Characters to Help Grieving Children and Adolescents

**Kathryn A. Markell**, Anoka-Ramsey Community College, Minnesota, USA, and **Marc A. Markell**, St. Cloud State University, Minnesota, USA

Harry Potter's encounters with grief, as well as the grief experiences of other fictional characters, can be used by educators, counselors, and parents to help children and adolescents deal with their own loss issues. *The Children*

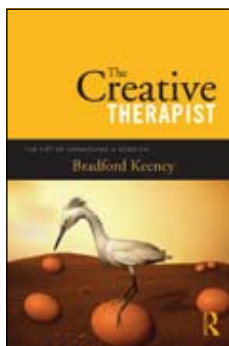
*Who Lived* is a unique approach toward grief and loss in children. Focusing on fictional child and adolescent characters experiencing grief, this book uses classic tales and the Harry Potter books to help grieving children and adolescents. Included in the text and the companion CD are a number of activities, discussion questions, and games that could be used with grieving children and adolescents, based on the fictional characters in these books.

**CONTENTS:** Introduction: The Children Who Lived. **Using the Harry Potter Books by J. K. Rowling to Help Grieving Children and Adolescents.** Hogwarts Houses and Other Ways to Identify with Characters. Thestrals and Ghosts: Death in the Harry Potter Books. Riddikulus: Helping Grieving Children and Adolescents Deal with their Anxieties and Fears. Using Magical Objects to Cope with Grief. **Four Other Novels to Help Grieving Children and Adolescents.** *Charlotte's Web* by E. B. White. *The Secret Garden* by Frances Hodgson. *Where the Red Fern Grows* by Wilson Rawls. *Ordinary People* by Judith Guest. Wizard Challenge Game Rules and Guidelines. Word Games. Solace the Story Dragon Activity. **More Craft Ideas.** No-sew Themed Scarves or Blankets. Other No-sew Fabric Projects. Making Memory Boxes. Decorating Picture Frames. Decorating Porcelain Objects. Harry Potter Glossary.



2008: 208pp.

Pb: 978-0-415-95765-6: £23.95/\$37.50



## The Creative Therapist

### The Art of Awakening a Session

**Bradford Keeney**, California Institute of Integral Studies, USA

*"This is one of the best books I have read in years about psychotherapy. Brad Keeney re-awakens and extends further the creative roots of American psychotherapy, where a living conversational field is valued above fixed theories and formulas. The writing is delightful, challenging, cajoling, and filled with gems of wisdom – just like a good therapy session!"* - **Stephen Gilligan**, author of *The Courage to Love* and *The Legacy of Erickson*

In *The Creative Therapist*, Bradford Keeney makes the case that "creativity is the most essential aspect of vibrant, meaningful, and successful therapy." No matter what therapeutic orientation one practices, it must be awakened by creativity in

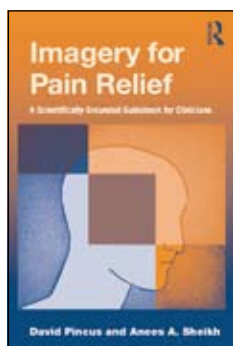
order for the session to come alive. This book presents a theoretical framework that provides an understanding of how to go outside habituated ways of therapy in order to bring forth new and innovative possibilities. A basic structure for creative therapy, based on the outline of a three-part theatrical play, is also set forth. With these frameworks, practical guidelines detail how to initiate and implement creative contributions to any therapeutic situation.

**CONTENTS:** *Erickson*, Preface. Introduction: Therapy: Dead or Alive? **Part I: Bringing it Forth.** Theatre of Creative Transformation. Three-act Therapeutic Performances. In-and-Out-of-the-Box Musings. **Part II: Awakening a Session.** "Man of Plenty." "A Night in the Love Corral." "Weight-ing to Leave." "Cody." "Pea Shooter Love." "Seaman's Song for His Son." "Spiritual Eyes for Trance." "Making the News." "Magmore." **Part III: "Therapy of Therapy."** Christine Apple Nut's Theatre of Therapy. The Psychoanalyst Who Wanted to be a Priest. Funny Medicines for Children. Absurd Action Koans for Therapists. The Therapeutic Crossroads.



2009: 273pp.

Hb: 978-0-415-99703-4: £19.50/\$34.95



## Imagery for Pain Relief

### A Scientifically Grounded Guidebook for Clinicians

**David Pincus**, Chapman University, California, USA, and **Anees A. Sheikh**, Marquette University, Wisconsin, USA

*"Effective treatment of pain still is a challenge, and it is for that reason that this volume will be welcomed by health care professionals. It will unlock the neglected potential of mental imagery for clinicians who are faced with the pervasive and often baffling problem of pain."*

- **Barbara Dossey**, author of *Holistic Nursing: A Handbook for Practice* and *Florence Nightingale: Mystic, Visionary, Healer*

*Imagery for Pain Relief*, the first book of its kind, familiarizes the reader with basic scientific information about pain and mental imagery and shows why imagery is a valuable tool for pain management. Scientifically grounded and easy-to-read, it provides readers with a wealth of practical information, including imagery techniques that have been successfully used in the past. This is a useful text not only for physicians and clinical psychologists, but also for counselors, social workers, nurses, and graduate students in all health related fields, including sports medicine.

**CONTENTS:** *Rossi*, Foreword. Pain: A Primer. Imagery: More Than Make-believe. Imagery for Pain Relief: How Does it Work? The Process of Image Therapy. Pain Management: Simple Techniques. Pain Management: Deeper Techniques. Pain Management: Deepest Techniques. Imagery for Children in Pain. The Gift of Pain and Suffering.

2009: 310pp.

Hb: 978-0-415-99702-7: £33.50/\$59.95

## Supervision in the Arts Therapies Series

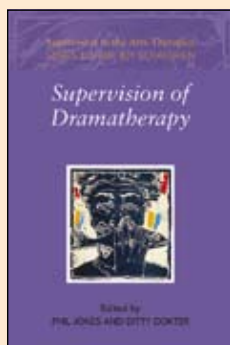
Series Editor: **Joy Schaverien**

*"This splendid series breaks new ground in its depth, breadth and scope... With each volume, the reader is invited to imagine, explore, and reflect on the expressive qualities of a particular art form in clinical supervision, turning special attention to art, music, dance, drama and sandplay through contributions by leading experts from different parts of the world. These five volumes will make a lasting contribution as essential reading for supervisors and supervisees across the psychotherapies."* - **Joan Chodorow**

This innovative series comprises five edited volumes, each focusing on one of the arts therapies – art, music, drama, dance or sandplay – and reflects on the dynamic nature of the presentation of that art form in supervision.

*Supervision in the Arts Therapies* makes a timely contribution to the literature and will be essential reading for experienced practitioners and students of the arts therapies as well as psychotherapists and other professionals engaged in supervision.

.....  
[www.routledgeentalhealth.com/supervision-arts-therapies](http://www.routledgeentalhealth.com/supervision-arts-therapies)



### Supervision of Dramatherapy

Edited by **Phil Jones**, Leeds Metropolitan University, UK, and **Ditty Dokter**, Hertfordshire Partnership Trust and Roehampton University, UK

*"I would recommend Supervision of Dramatherapy as a varied and comprehensive resource, not only for supervisors but for all dramatherapists."*

- **Kate Kent**, *Dramatherapy*

*Supervision of Dramatherapy* offers a thorough overview of dramatherapy supervision and the issues that can arise during the supervisory task.

Phil Jones and Ditty Dokter bring together experts from the field to examine supervision in a range of contexts with different client groups, including dramatherapy with children, forensic work, and intercultural practice.

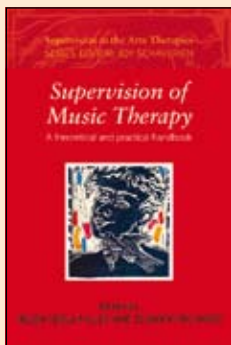
Using illustrative examples, *Supervision of Dramatherapy* provides practical guidance and theoretical grounding, appealing to supervisors and supervisees alike, as well as psychotherapists interested in the use of dramatic methods in the supervisory setting.

**2008: 240pp.**

**Hb: 978-0-415-44702-7: £60.00/\$110.00**

**Pb: 978-0-415-44703-4: £19.99/\$37.50**

*Series: Supervision in the Arts Therapies*



## Supervision of Music Therapy A Theoretical and Practical Handbook

Edited by **Helen Odell-Miller**, and **Eleanor Richards**, both at Anglia Polytechnic University, UK

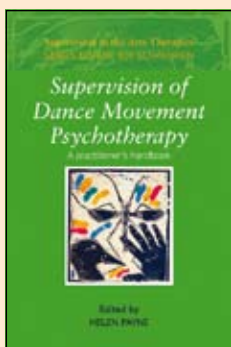
*Supervision of Music Therapy* discusses the theoretical bases underlying approaches to supervision in music therapy, as well as focusing on the distinctive aspects of music therapy supervision from both clinical and conceptual perspectives.

**2008: 216pp.**

**Hb: 978-0-415-41125-7: £60.00/\$110.00**

**Pb: 978-0-415-41126-4: £19.99/\$37.50**

*Series: Supervision in the Arts Therapies*



## Supervision of Dance Movement Psychotherapy A Practitioner's Handbook

Edited by **Helen Payne**, University of Hertfordshire, UK

*Supervision of Dance Movement Psychotherapy* is the first book of its kind to explore the supervisory process in the psychotherapeutic practice of movement and dance. Helen Payne brings together international contributors to discuss how the language of the body plays an important part in the supervisory experience for psychotherapists and counsellors.

**2008: 208pp.**

**Hb: 978-0-415-41343-5: £60.00/\$110.00**

**Pb: 978-0-415-41344-2: £19.99/\$37.50**

*Series: Supervision in the Arts Therapies*

### Also in the Series



#### Supervision of Sandplay Therapy

Edited by **Harriet S. Friedman**, and **Rie Rogers Mitchell**

**Hb: 978-0-415-41089-2: 2007: 248pp. £60.00/\$110.00**

**Pb: 978-0-415-41090-8: 2007: 248pp. £19.99/\$37.50**

#### Supervision of Art Psychotherapy

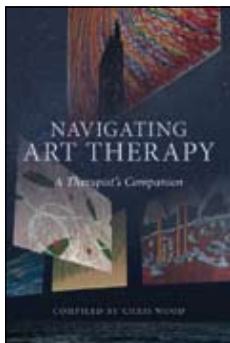
**A Theoretical and Practical Handbook**

Edited by **Joy Schaverien**, and **Caroline Case**

**Hb: 978-0-415-40960-5: 2007: 256pp. £60.00/\$110.00**

**Pb: 978-0-415-40961-2: 2007: 256pp. £19.99/\$37.50**

# Art Therapy



**Forthcoming!**

## Navigating Art Therapy

### A Therapist's Companion

Edited by **Chris Wood**, Director,  
Art Therapy Northern Programme, UK

From *Art-making as a Defence* to *Works of Art*, this anthology will help you navigate your way through the ever growing world of art therapy.

Art therapy is used in an increasing range of settings and is influenced by a range of disciplines, including psychotherapy, social psychiatry, social work and education. *Navigating Art Therapy* is an essential companion for both seasoned art therapists and those new to the field as it offers a comprehensive guide to key terms and concepts. This book is an ideal source of reference as the concise, cross-referenced entries enable easy navigation through ideas and terms integral to the discipline. As such, it is invaluable for anyone working in the art therapy field.

**November 2010: 336pp.**

**Hb: 978-0-415-22318-8: £60.00/\$99.00**

**Pb: 978-0-415-22319-5: £24.99/\$39.95**



**New!**

## On Not Being Able to Paint

**Marion Milner**, (1900-1998) distinguished British psychoanalyst, educationalist, autobiographer and artist

New Introduction by **Janet Sayers**

Milner's great study, first published in 1950, discusses the nature of creativity and those forces which prevent its expression. In focusing on her own beginner's efforts to draw and paint, she analyses not the mysterious and elusive ability of the genius but – as the title suggests – the all too common and distressing situation of 'not being able' to create.

With a new introduction by Janet Sayers, this edition of *On Not Being Able to Paint* brings the text to the present generation of readers in the fields of psychoanalysis, education and all those with an interest or involvement in the creative process.

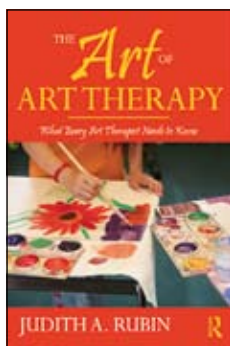
**September 2010: 272pp.**

**Hb: 978-0-415-55076-5: £50.00/\$80.00**

**Pb: 978-0-415-55078-9: £14.99/\$23.95**

[www.routledgejournalhealth.com/marion-milner](http://www.routledgejournalhealth.com/marion-milner)

From **Judith A. Rubin,**  
University of Pittsburgh, USA



Read and Recommend!



## The Art of Art Therapy What Every Art Therapist Needs to Know

Second Edition

**Judith A. Rubin**

*The Art of Art Therapy*, first published in 1984, was written primarily to help art therapists first define and then refine a way of thinking about their work. This new edition contains thoroughly revised

material that reflects the significant expansion of the field of art therapy in the period since the book was first written. Specifically, this second edition invites the reader to first consider closely the main elements of the discipline embodied in its name: *The Art Part* and *The Therapy Part*. The third section, *The Interface*, contains chapters dealing with putting the two together in an integrated way. Included with this edition is a DVD containing chapter-related video content.

**CONTENTS:** Foreword to the Revised Edition. Introduction. **Part I: The Art Part.** Knowing Materials. Knowing Processes. Knowing Products. **Part II: The Therapy Part.** Knowing Development. Knowing Dynamics & Deviations. Knowing Therapy. Knowing Art Therapy. **Part III: The Interface.** Setting the Stage. Evoking Expression. Enabling Creation. Facilitating Reflection. Working Artfully. **Part IV: Applications.** Different Populations. Different Settings. Different Modes. **Part V: Related Service.** Knowing Teaching. Knowing Supervision. Knowing Consultation. Knowing Research. Knowing Theory. Addendum: Knowing What You Don't Know. Appendix A: Books on Art Therapy & Related Subjects. Appendix B: DVD Contents.



January 2011: 288pp.

Hb: 978-0-415-96094-6: £27.99/\$49.95

Examination copy available



## Introduction to Art Therapy Sources & Resources

Second Edition

**Judith A. Rubin**

*Introduction to Art Therapy* is the thoroughly updated and revised second edition of Judith Rubin's landmark 1999 text, the first to describe the history of art in both assessment and therapy, and to clarify the differences between artists or teachers who provide "therapeutic"

art activities, psychologists or social workers who request drawings, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips for much richer illustration than is possible with figures alone.

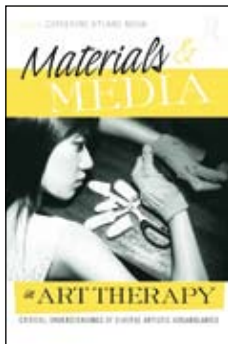
**CONTENTS:** Introduction to the Revised Edition. Previews. What is Art Therapy? History. The Basics. Approaches. Assessment. Technique(s). People We Serve. Problems We Address. Places We Practice. Professional Issues. What Next? Appendix.



**2009: 356pp.**

**Hb: 978-0-415-96093-9: £29.00/\$52.95**

**Examination copy available**



**New!**

## **Materials & Media in Art Therapy**

### **Critical Understandings of Diverse Artistic Vocabularies**

Edited by **Catherine Hyland Moon**,  
School of the Art Institute of Chicago, USA

This book focuses on the sensory-based, tangible vocabulary of materials and media, and its relevance to art therapy. It provides a historical account of the

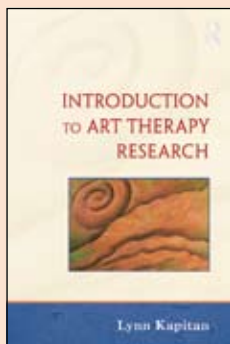
theory and use of materials and media in art therapy, as well as an examination of the interface between art therapy, contemporary art materials and practices, and social/critical theory. Contributing authors provide examples of how art therapists have transgressed conventional material boundaries and expanded both thinking and practice in the field.

**CONTENTS: Part I: Art Therapy Materials and Media: History and Theory.** *Moon*, A History of Materials and Media in Art Therapy. *Moon*, Theorizing Materiality in Art Therapy. Negotiated Meanings. *Orr*, Social Remixing: Art Therapy Media in the Digital Age. **Part II: From Artist to Art Therapist: How Art Therapists' Use of Materials, Media, and Practices Informs the Work as Therapists.** *Yi*, From Imperfect to I Am Perfect: Reclaiming the Disabled Body Through Making Body Adornments in Art Therapy. *Whitaker*, Groundswell: The Nature and Landscape of Art Therapy. *Newman*, Creating a Safe Place for Lesbian, Gay, Bisexual, and Transgender Youth: Exhibiting Installation Art for Social Change. *Gerity*, Fourteen Secrets for a Happy Artist's Life: Using Art and the Internet to Encourage Resilience, Joy, and a Sense of Community. *Colletti*, Inspired by a Stranger: Exploring Mail Art. **Part III: Materials and Media Applications in Art Therapy.** *Austin*, Technology, Art Therapy, and Psychodynamic Theory: Computer Animation With an Adolescent in Foster Care. *Huss*, Bedouin Women's Embroidery as Female Empowerment: Crafts as Culturally Embedded Expression Within Art Therapy. *Lukas-Falk*, Comic Books, Connection, and the Artist Identity. *Mosinski*, Video Art and Activism: Applications in Art Therapy. *Hawley*, Beatmaking: Reaching Beyond Art Therapy to Follow the Creative Path of Music.



**March 2010: 335pp.**

**Hb: 978-0-415-99313-5: £27.95/\$49.95**



## Read and Recommend!

# Introduction to Art Therapy Research

Lynn Kapitan, Mount Mary College, Wisconsin, USA

*"Dr. Kapitan has performed a valuable service to the art therapy community by writing a book that has long been needed – a thorough and even-handed introduction to the topic. It will inform both students and practitioners and should stimulate more and better research in art therapy."* - **Judith A. Rubin**, University of Pittsburgh, Pennsylvania, USA

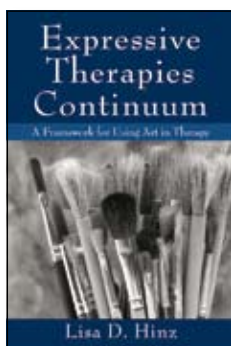
*Introduction to Art Therapy Research* is a pragmatic text that introduces readers to the basics of research design in quantitative and qualitative methodology written in the language of art therapy, with particular attention to the field's unique aspects, current thinking, and exemplars from published art therapy research studies. This combination of a broad, standard approach to research design plus art therapy's particular perspective and major contributions to the subject make the text suitable for courses in introductory research, survey of art therapy history and literature, art therapy assessment, and ethics. An online instructor's manual with student resources is available and offers material to enhance the pedagogical features of the text.

**CONTENTS: Part I: Overview of Art Therapy.** Art Therapy Research Ideas, Tools, and Steps in the Process. How Art Informs Art Therapy Research. **Part II: Art Therapy Research Methods.** Quantitative Models of Art Therapy Research. Outcomes Research to Generate Evidence-based Practice. Investigating the Field: Participant-observation. Researching the Phenomena of Concious Experience. Art-based Inquiry: An Emerging Paradigm in Art Therapy. **Part III: Doing Art Therapy Research.** Before You Begin: The Research Proposal and Other Ethical Safeguards. Models of Good Research: Conducting the Study and Reporting Results. Writing for Publication in *Art Therapy* and Other Scholarly Journals. Glossary of Research Terminology.

June 2010: 328pp.

Hb: 978-0-415-87147-1: £22.50/\$39.95

Examination copy available



# Expressive Therapies Continuum

## A Framework for Using Art in Therapy

Lisa D. Hinz, clinical psychiatrist and registered art therapist, USA

*"Expressive Therapies Continuum is an impressive work that is carefully researched, organized, and well-written. It is highly recommended for people in all creative arts therapies fields."* - **Stephanie L. Brooke**, Capella University, Minnesota, USA

*Expressive Therapies Continuum* is distinctive in its application as a foundational theory in the field of art therapy. First developed by Vija Lusebrink, this theory can be used by persons of any theoretical orientation, and has the ability to unite art therapists of varying backgrounds. The information contained in this book demonstrates how the Expressive Therapies Continuum provides a framework for the organization of assessment information, the formulation of treatment goals, and the planning of art therapy interventions.

**CONTENTS:** *Lusebrink*, Foreword. **Part I: Historical Perspectives and Foundations.**

Overview of the Expressive Therapies Continuum. History and Evolution of the Expressive Therapies Continuum. **Part II: Characteristics of the Expressive Therapies Continuum and its Components.** Kinesthetic Component of the Expressive Therapies Continuum. Sensory Component of the Expressive Therapies Continuum. Perceptual Component of the Expressive Therapies Continuum. Affective Component of the Expressive Therapies Continuum. Cognitive Component of the Expressive Therapies Continuum. Symbolic Component of the Expressive Therapies Continuum. Creative Level of the Expressive Therapies Continuum. **Part III: Assessment and Clinical Applications.** Assessment Within the Structure of the Expressive Therapies Continuum. Individual Interventions. Couples, Families, and Groups.

2009: 309pp.

Hb: 978-0-415-96347-3: £44.50/\$79.95

Pb: 978-0-415-99585-6: £22.00/\$39.95

e-Examination copy available

## Backlist Books



### Family Art Therapy

#### Foundations of Theory and Practice

Christine Kerr, Janice Hoshino, Judy Sutherland,  
Sharyl Thode Parashak, and Linda Lea McCarley

Hb: 978-0-415-95464-8: 2007: 264pp. £24.95/\$39.95

Series: *Family Therapy and Counseling*

[www.routledgementalhealth.com/family-therapy-and-counseling](http://www.routledgementalhealth.com/family-therapy-and-counseling)



### The Art of Grief

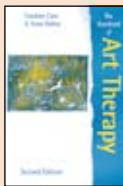
#### The Use of Expressive Arts in a Grief Support Group

Edited by J. Earl Rogers

Pb: 978-0-415-95535-5: 2007: 224pp. £19.95/\$32.50

Series in *Death, Dying, and Bereavement*

[www.routledgementalhealth.com/death-dying-and-bereavement](http://www.routledgementalhealth.com/death-dying-and-bereavement)



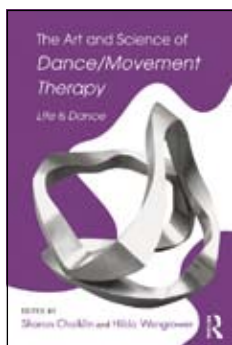
### The Handbook of Art Therapy

#### Second Edition

Caroline Case and Tessa Dalley

Hb: 978-1-58391-791-6: 2006: 328pp. £60.00/\$110.00

Pb: 978-1-58391-792-3: 2006: 328pp. £21.95/\$39.95



## The Art and Science of Dance/Movement Therapy Life Is Dance

Edited by **Sharon Chaiklin**, Marian Chace Foundation of the American Dance Therapy Association, USA, and **Hilda Wengrower**, Hebrew University, Jerusalem, Israel

*"This exceptional text is a must read for professionals in the mental health, health and education fields, graduate students in DMT, and allied professionals who want a more thorough understanding of DMT. It captures the essence*

*of this unique and powerful treatment modality and offers a rich and diverse cross-cultural perspective."* - **Arylne Stark**, Past President, American Dance Therapy Association, USA

*The Art and Science of Dance/Movement Therapy* offers both a broad understanding and an in-depth view of how and where dance therapy can be used to produce change. The chapters go beyond the basics that characterize much of the literature on dance/movement therapy, and each of the topics covered offers a theoretical perspective followed by case studies that emphasize the techniques used in the varied settings. Several different theoretical points of view are presented in the chapters, illuminating the different paths through which dance can be approached in therapy.

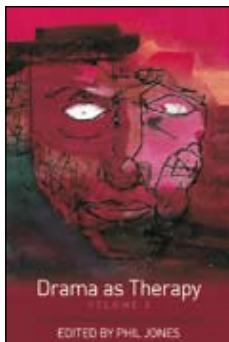
**CONTENTS: Part I: Basic Concepts of Dance/Movement Therapy.** *Chaiklin*, We Dance from the Moment Our Feet Touch the Earth. *Wengrower*, The Creative-artistic Process in Dance/Movement Therapy. *Fischman*, Therapeutic Relationships and Kinesthetic Empathy. *Chodorow*, Dance Therapy: Motion and Emotion. **Part II: The Path from Theory to Practice.** *Capello*, BASCICS: An Intra/Interactional Model of Dance/Movement Therapy with the Adult Psychiatric Patient. *Dascal*, Body, Style, and Psychotherapy. *Kleinman*, Becoming Whole Again: Dance/Movement Therapy for Those Who Suffer from Eating Disorders. *Dulicai*, Family Dance/Movement Therapy: A Systems Model. *Tortora*, Dance/Movement Psychotherapy in Early Childhood Treatment. *Hill*, Dancing with Hope: Dance Therapy with People with Dementia. *Berrol*, Dance/Movement Therapy with Acquired Brain Trauma Rehabilitation. **Part III: Aspects Integral to the Practice of Dance/Movement Therapy.** *Queyquep White*, Laban's Movement Theories: A Dance/Movement Therapist's Perspective. *Loman*, *Sossin*, Applying the Kestenberg Movement Profile in Dance/Movement Therapy: An Introduction. *Shahar-Levy*, Emotomics: A Psychomotor Model for the Analysis and Interpretation of Emotive Motor Behavior. *Chang*, Cultural Consciousness and the Global Context of Dance/Movement Therapy. *Hervey*, Encouraging Research in Dance/Movement Therapy.

**2009: 380pp.**

**Hb: 978-0-415-99657-0: £49.99/\$89.95**

**Pb: 978-0-415-99656-3: £24.99/\$44.95**

# Dramatherapy



**New Volume!**

## **Drama as Therapy**

### **Clinical Work and Research into Practice**

#### **Volume 2**

Edited by **Phil Jones**, Leeds Metropolitan University, UK

*"Phil Jones' second volume of Drama as Therapy is a significant and much needed addition to the dramatherapy literature... Jones has become one of the*

*clearest voices articulating the need for a broad and research-based conception of dramatherapy."* - **Robert J. Landy**, Drama Therapy Program New York University, USA

This book examines the many ways clients and therapists explore the therapeutic possibilities of drama. Whilst the first volume combined theory, practice and research in the field, this second volume concentrates on clinical material from a range of contexts, with thorough description and analysis of therapeutic work.

Bringing together international contributors, chapters explore work with various client groups in an array of contexts.

*Drama as Therapy Volume 2: Clinical Work and Research into Practice* is not only a welcome companion to the first volume, but also is an important stand alone work which will be of great interest to all those studying, practicing or with an interest in dramatherapy.

**CONTENTS: Part I: Clinical Practice: Contexts, Research and Dialogues.** *Jones*, The Nature of Practice and Practitioner Research. *Jones*, The Social and Political Contexts of Dramatherapy. *Jones*, The Theory Within the Practice: Dialogues with Key Theorists.

**Part II: Clinical Practice and Practitioner Research.** *Novy*, The Narratives of Change Project: Dramatherapy and Women in Conflict with the Law. *Haste, McKenna*, Clinical Effectiveness of Dramatherapy in the Recovery from Severe Neuro-trauma. *Chipman*, Expanding The Frame: Self Portrait Photography in Dramatherapy with a Young Adult Living with Cancer. *Meyer*, Dramatherapy with Adolescents Living with HIV: Story Making, Drama and Body Mapping. *Ramsden, Guarnieri*, Dramatherapy and Victim Empathy: A Workshop Approach in a Forensic Setting. *Gardner-Hynd*, Dramatherapy, Learning Disabilities and Acute Mental Health. *Sajani*, Minding the Gap: Facilitating Transformative Witnessing Amongst Audiences. *Dokter*, Embodying Difference – To Join or Not to Join the Dance. *Powis*, Cinderella – The Role Fights Back. *Vaughan*, 'The River of My Life – Where Things Can Break and Things Can Mend': Ruth's Nine Years Therapy Programme at Family Futures and Three Sessions that Stand Out, An Account by Ruth and her Therapist. *Madan*, Saisir Les Étoiles: Fostering a Sense of Belonging with Child Survivors of War.

**March 2010: 320pp.**

**Hb: 978-0-415-47607-2: £60.00/\$100.00**

**Pb: 978-0-415-47608-9: £22.99/\$41.95**



## Drama as Therapy

### Theory, Practice and Research

Volume 1

Second Edition

**Phil Jones**

*"Phil Jones' Second Edition of Drama as Therapy is a comprehensive, erudite, and grounded illumination of the field of drama therapy... He is a brilliant, open, and modest author whose book continues to be one of the most significant contributions to the drama therapy literature."*

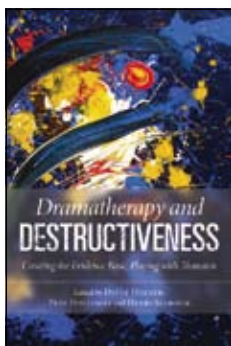
- **David Read Johnson**, Director of the Institute for the Arts in Psychotherapy, New York, USA

This new edition of *Drama as Therapy* presents a coherent review of the practice and theory of Dramatherapy. With a unique combination of practical guidance, clinical examples and research vignettes this fully revised second edition considers developments in the field over the last decade and researches the impact of the 'core processes' on clinical practice.

**2007: 384pp.**

**Hb: 978-0-415-41555-2: £65.00/\$120.00**

**Pb: 978-0-415-41556-9: £23.95/\$42.50**



Forthcoming!

## Dramatherapy and Destructiveness

Creating the Evidence Base,  
Playing with Thanatos

Edited by **Ditty Dokter**, Hertfordshire Partnership Trust and Roehampton University, UK, **Pete Holloway**, Kent & Medway Partnership Trust and Roehampton University, UK, and **Henri Seebohm**, Roehampton University and West London Mental Health Trust, UK

*"This book is a stimulating read, opening the door on the experience of dramatherapy practice in challenging settings and with complex clients. The authors engage with the theme of destructiveness and the therapist's struggle to understand it with compassion and honesty."* - **Anna Chesner**, Co-Director London Centre for Psychodrama, UK

Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field.

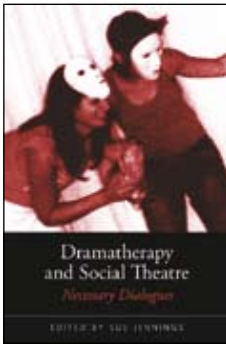
*Dramatherapy and Destructiveness* covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

**CONTENTS:** *Holloway, Dokter, Seebohm*, Introduction. **Part I: Destructiveness and Dramatherapy.** *Holloway, Seebohm, Dokter*, Understandings of Destructiveness. *Jones*, Creativity and Destructiveness: A Discourse Analysis of Dramatherapists' Accounts of their Work. *Dokter*, Practice-based Evidence: Dramatherapy and Destructiveness. **Part II: Clinical Practice.** *Ramsden*, Joshua, Make Believe Violence, The Ladybird and the Butterfly: Dramatherapy in a Primary School Setting. *Zeal*, Chaos, Destruction and Abuse: Dramatherapy in a School for Excluded Adolescents. *Dokter*, Self-Harm in Young People's Psychiatry: Transforming Munch's Scream. *Jackson*, Self-Harm in Clients with Learning Disabilities: Dramatherapists' Perceptions and Methodology. *Zografou*, Dramatherapy and Addiction: Learning to Live with Destructiveness. *Seebohm*, On Bondage and Liberty: The Art of the Possible in Medium Secure Settings. *Thorn*, Sugar and Spice and All Things Nice: A Black Woman's Anger in a Forensic Setting. *McAllister*, From Transitional Object to Symbol: Spiderman in a Dramatherapy Group with Mentally Disordered Offenders. *Holloway*, Surviving Suicide: The Book of Life and Death. **Part III: Towards an Evaluation of the Evidence Base So Far.** *Dokter, Holloway, Seebohm*, Playing with Thanatos: Bringing Creativity to Destructiveness.

June 2011: 208pp.

Hb: 978-0-415-55850-1: £60.00/\$99.00

Pb: 978-0-415-55851-8: £22.99/\$36.95



## Dramatherapy and Social Theatre

### Necessary Dialogues

Edited by **Sue Jennings**, Dramatherapist, Play Therapist, Performer and Storyteller in the UK, Malaysia, Romania and Kazakhstan

*Dramatherapy and Social Theatre* considers the nature of drama, theatre and dramatherapy, examining how dramatherapy has evolved over the past decade and how the relationship between dramatherapy and social theatre has developed as a result.

In this book Sue Jennings brings together international dramatherapists and theatre practitioners to challenge, clarify, describe and debate some of the theoretical and practical issues in dramatherapy and social theatre.

**SELECTED CONTENTS:** *Jennings*, Prologue: Escape Unto Myself: Personal Experience and Public Performance. Part I: Dramatherapy and Social Theatre: A Debate of Ground Rules and Definitions. Part II: Theatre, Social Theatre and Change: An Exploration of Texts and Contexts. Part III: Social Theatre, Politics and Change: A Development of Cross-cultural Perspectives. Part IV: Dramatherapy and Social Theatre in Practice: Descriptions of What We Actually Do.

2009: 264pp.

Hb: 978-0-415-42206-2: £65.00/\$110.00

Pb: 978-0-415-42207-9: £22.99/\$39.95

# Music Therapy

## Therapeutic Uses of Rap Music

Edited by **Susan Hadley**, Slippery Rock University, Pennsylvania, USA,  
and **George Yancy**, Duquesne University, Pennsylvania, USA

*Therapeutic Uses of Rap Music* is the first anthology to examine the use of rap music in the therapeutic context. It provides a rationale for the use of rap music in therapy and encourages music therapists to validate rap music's value as a therapeutic tool, and by extension to validate the experiences of those for whom rap music is a significant mode of expression. The contributors introduce a more complex understanding of the ways in which rap music is attentive to the lived experiences (both positive and negative) of many therapy clients and how this aspect of rap music is helpful within the therapeutic context.

**CONTENTS:** *Hadley, Yancy*, Introduction. *Hara*, RAP: Requisite, Ally, Protector and the Desperate Contemporary Adolescent. *Elligan*, The Need and Challenges of Incorporating Rap Music into Psychotherapy. *Viega*, The Hero's Journey in Hip Hop and its Applications to Music Therapy. *Baker, Dingle*, "Must be the Ganja" (Eminem, 2009): Rap Music in Drug and Alcohol Rehabilitation. *Tyson*, Hip Hop Healing: Applying Hop Hop-based Interventions in Grief Work with Youth. *O'Brien*, Creating Original Songs using Rap Music with Women with Cancer. *Veltre*, "A Diva is a Female Version of a Hustler" (Beyonce, 2008): The Effects of Rap Music on Gender Roles in At-risk Adolescents. *Viega, MacDonald*, Hear Our Voice: The Little Saints and the Use of Rap Music in a Community After School Songwriting Program. *McFerran*, This is my World: Encouraging the Hip Hop Artist in Youth At-risk. *Donnenwerth*, Rap Lyric Discussion with At-risk Adolescents. *Ierardi, Jenkins*, Rap Composition and Improvisation in a Short-term Juvenile Detention Facility. *Dickinson*, Rapping Round the System: The Journey of a Young Black Man through High Secure Hospital Treatment in the UK. *Ahmadi, Oosthuizen*, Naming My Story and Claiming My Self. *Hart, Baker*, The Fusion of Rap and Sudanese Music to Promote Enculturation and Identity Formation in Sudanese Adolescent Refugees. *Horesh, Ben-Ari*, Rap Music as a Source of Emotional and Social Identification for Minority Youth in Israel. *Gravish*, You are Not Alone: Recreating Rap Music with Medically Fragile Children. *Steele*, Beat It: The Affects of Rap Music on Adolescents in the Pediatric Medical Setting.

September 2011: 368pp.

Hb: 978-0-415-88473-0: £56.50/\$89.95

Pb: 978-0-415-88474-7: £21.95/\$34.95

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# Play Therapy

**Forthcoming!**

## Advanced Play Therapy

### Essential Conditions, Knowledge, and Skills for Child Practice

**Dee Ray**, University of North Texas, USA

The purpose of this text is to present a resource to students and practitioners of play therapy that addresses topics beyond the training level. Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. It provides advanced knowledge on the three main areas of play, child development, and play therapy and integrate them to help the play therapist gain a holistic understanding of how play therapy works. The author also presents original operational functions for play therapy tasks that she has developed and refined during her years of experience to provide play therapists with step-by-step methods to use in their own practices. An accompanying CD includes a Child-Centered Play Therapy Treatment Manual and materials for use in supervision, self-reporting, and other tools the advanced play therapy student would find of use.

**CONTENTS:** History, Rationale and Purpose of Play. A Primer on Child Development. A Philosophy of Working with Children: The Child Centered Way. The Person, Knowledge, and Skills of the Play Therapist. Basics of Play Therapy. Limit-setting. Themes in Play Therapy. Progress and Termination. Parent Consultation. Aggression In and Out of the Playroom. Group Play Therapy. Play Therapy in the Schools. Play Therapy in Community Agencies and Private Practice. Supervision of Play Therapy. Evidentiary Research in Child Centered Play Therapy. Appendix: Child Centered Play Therapy Treatment Manual.



**February 2011: 337pp.**

**Hb: 978-0-415-88604-8: £27.95/\$44.95**

**Examination copy available**



## The Handbook of Play Therapy and Therapeutic Play

### Second Edition

**Linnet McMahon**, Retired, University of Reading, UK

This completely revised and updated second edition provides a comprehensive introduction to using play to communicate with troubled or traumatized children and their families, and to heal emotional damage. The book gives examples of good practice in different settings and situations.

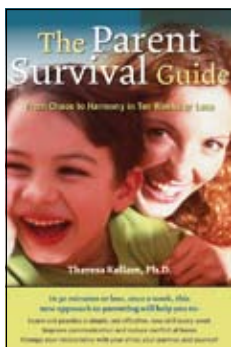
Drawing on psychodynamic, systemic and attachment theory, the book provides an integrated theory base for using play in therapeutic work with children. It emphasizes non-directive approaches to therapeutic play and play therapy, based on supporting the child's developing self within the safe boundaries provided by the setting and the worker's emotional holding and containment.

**CONTENTS:** Introduction: The State of Play. The Development of Play. Approaches to Therapeutic Play. The Process of Therapeutic Play and Play Therapy. Therapeutic Play in the Early Years. Play in Helping Troubled Families. Therapeutic Play for Children with Disabilities and Illness. Therapeutic Play for Children Experiencing Separation, Loss and Bereavement in Their Families. Therapeutic Play with Children who have Experienced Continual Trauma and Loss. Therapeutic Play in Daily Living with Abused and Traumatized Children. Play in Therapeutic Work with Children Moving to New Families.

2009: 296pp.

Hb: 978-0-415-43941-1: £60.00/\$100.00

Pb: 978-0-415-43942-8: £20.99/\$36.95



## The Parent Survival Guide

### From Chaos to Harmony in Ten Weeks or Less

**Theresa Kellam, in private practice, Texas, USA**

In *The Parent Survival Guide*, Theresa Kellam presents a way to strengthen the relationship with the child that simultaneously promotes the parent's own emotional healing and wellness. Grounded in a research-supported therapeutic technique that uses structured play time as the catalyst for interpersonal connection and growth, Kellam's model is subtle in its simplicity.

2008: 264pp.

Pb: 978-0-415-98934-3: £14.95/\$19.95

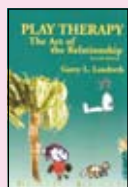


### Landreth et al.: CPRT Package

This package includes a copy of *Child Parent Relationship Therapy (CPRT)*, *Child Parent Relationship Therapy (CPRT) Treatment Manual*, and *The Parent Survival Guide*, sold at a discount of 20% off the total retail price of the three books.

Pack: 978-0-415-99633-4: 2008: £41.95/\$74.95

## Bestseller

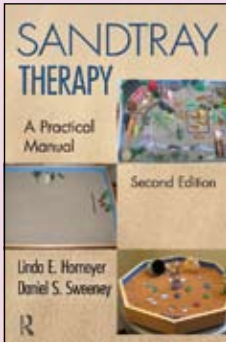


**Play Therapy**  
**The Art of the Relationship, Second Edition**  
**Garry L. Landreth**

Hb: 978-1-58391-327-7: 2002: 432pp. £27.95/\$44.95

.....  
**Examination copy available**

# Sandplay Therapy



Read and Recommend!

## Sandtray Therapy

### A Practical Manual

#### Second Edition

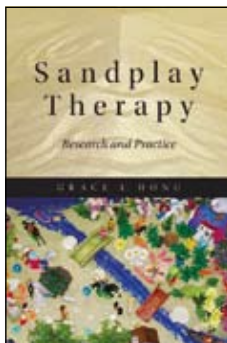
**Linda E. Homeyer**, Texas State University, USA,  
and **Daniel S. Sweeney**, George Fox University,  
Oregon, USA

This manual is intended for play therapists, counselors, and other mental health practitioners seeking to incorporate sandtray work into their clinical repertoire. Chapters cover the history and rationale for sandtray therapy, the materials needed for successful sessions, and how to conduct and process a therapy session. New to this edition is a discussion of the incorporation of verbal techniques, group sandtray therapy, working with couples and families, assessment in sandtray, and a review of the relevant research support. Case vignettes, sample dialogues, and photos showing examples of different sandtray layouts, figures, and tools are also provided.

**CONTENTS:** Introduction. Some History and Rationale for Sandtray Therapy. Sand and Sandtray. Miniatures and Arrangement. Protocol for a Sandtray Therapy Session. Processing the Sandtray Therapy Session. Integrating Cognitive and Structured Techniques in Sandtray Therapy. Group Sandtray Therapy. Couples and Families Sandtray Therapy. Sandtray Therapy and Psychic Trauma. Research and Assessment.

**December 2010: 128pp.**

**Pb: 978-0-415-88334-4: £16.95/\$29.95**



New!

## Sandplay Therapy

### Research and Practice

**Grace L. Hong**, Dandelion Guidance and Counselling Center, the Garden of Hope Foundation, Taiwan

*"A must read for clinicians and researchers interested in the use of sandplay internationally."* - **Rie Rogers Mitchell**, California State University, Northridge, USA

*Sandplay Therapy: Research and Practice* explores the essence of sandplay therapy. Drawing on Grace Hong's extensive work in the field the book discusses this unique, creative and nonverbal approach to therapy. The book focuses on her experiences in practice, research and teaching from both the US and Taiwan.

*Sandplay Therapy: Research and Practice* will be essential reading for all psychotherapists involved with sandplay therapy, as well as those working with minority groups and those with an interest in cross cultural psychotherapy.

**CONTENTS:** *Bradway*, Foreword. *Hui Jung*, Foreword. *Weller*, Foreword. Introduction. **Part I: Research Conducted in the United States.** Introduction. Literature Review. Method. Results and Discussion. Conclusion. **Part II: The Author's Sandplay Case Done in the United States.** Introduction of the Case. Zana's Sandplay Process. Summary. **Part III: Study of the Symbol.** Importance of Symbol in Sandplay Therapy. Study of Dragon as a Symbol. **Part IV: Author's Sandplay Research Done in Taiwan.** Introduction. The Sandplay Outcome Study of 12 Professional Mental Health Workers. **Part V: Author's Sandplay Case Done in Taiwan.** Introduction of the Case. Jade's Sandplay Rebirth Process: From Darkness to Light. Summary.

August 2010: 224pp.

Hb: 978-0-415-57051-0: £60.00/\$99.00

Pb: 978-0-415-57052-7: £22.99/\$36.95

Forthcoming!

## Sandplay Therapy in Vulnerable Communities

### A Jungian Approach

**Eva Pattis Zoja**, International Association of Expressive Sandwork

*Sandplay Therapy in Vulnerable Communities* offers a new method of therapeutic care for people in acute crisis situations such as natural disasters and war, as well as the long-term care of children and adults in areas of social adversity including slums, refugee camps and high-density urban areas.

This book provides detailed case studies of work carried out in South Africa, China and Columbia and combines practical discussions of individual sandplay projects with brief overviews of their sociohistoric background.

Providing the reader with clear, practical instructions for carrying out their own sandplay project, this book will be essential reading for all psychotherapists involved with sandplay therapy and with an interest in cross cultural psychotherapy, as well as all professionals working with those in situations of social adversity.

**CONTENTS:** Introduction. The Social Aspect of Psychoanalysis: Freud's Polyclinic. The Cross-cultural Aspect of Analytical Psychology: Carl Gustav Jung. Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay. Psychotherapy in Precarious Situations. Trauma and 'Newly Contained Time'. Expressive Sandwork. Expressive Sandwork in South Africa. Expressive Sandwork in China. Latin America / Colombia. Practical Instructions for an Expressive Sandwork Project.

March 2011: 256pp.

Hb: 978-0-415-59271-0: £50.00/\$80.00

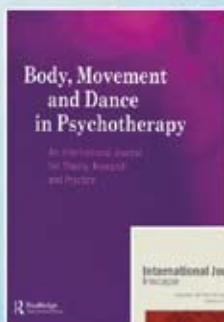
Pb: 978-0-415-59272-7: £14.99/\$23.95

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