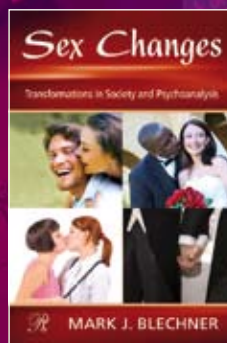
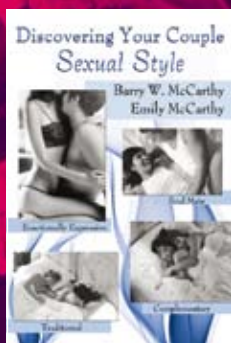
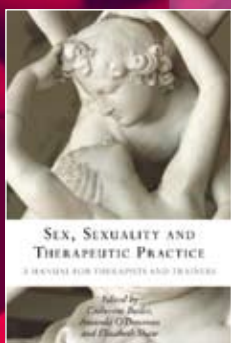
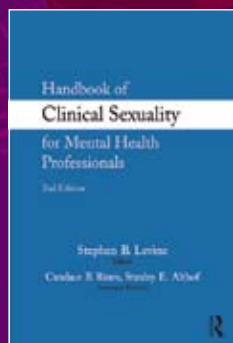


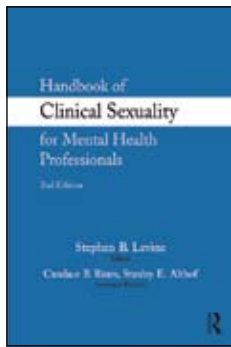
Routledge Mental Health

# Sex Therapy

New Books and Selected Backlist



 **Routledge**  
Taylor & Francis Group



New Edition!

## Handbook of Clinical Sexuality for Mental Health Professionals

Second Edition

Edited by **Stephen B. Levine**, Case Western Reserve University, Ohio, USA, Associate Editors: **Candace B. Risen**, and **Stanley E. Althof**, both at Case Western Reserve University, Ohio, USA

This second edition of *Handbook of Clinical Sexuality for Mental Health Professionals* is a thoroughly revised and expanded edition of their first indispensable *Handbook*. The new material reflects the changing needs of mental health professionals and covers topics such as erectile dysfunction, great sex, the challenges men and women face when single again, helping the developmentally disabled with sex, and sex and cancer. With a well thought-out and updated organizational structure, this second edition is even more informative and consequential than their first.

**CONTENTS:** Preface to the First Edition. *Levine, Risen, Althof*, Preface to the Second Edition. **Part I: Being a Therapist.** *Risen*, Listening to Sexual Stories. *Plaut*, Understanding and Managing Professional-client Boundaries. **Part II: Sexual Intimacy: Hopes and Disappointments.** *Levine*, What Patients Mean by Love, Intimacy, and Sexual Desire. *Kleinplatz*, Lessons From Great Lovers. *Scharff*, How Development Structures Relationships. *Levine*, Infidelity. *Meana*, When Love and Sex Go Wrong: Helping Couples in Distress. *Myers*, Single Again. **Part III: Sexual Dysfunction: Women's Sexual Issues.** *Nathan*, When Do We Say a Woman's Sexuality is Dysfunctional? *Basson*, Women's Difficulties With Low Sexual Desire, Sexual Avoidance, and Sexual Aversion. *Donahy*, Female Orgasmic Disorder. *Bergeron, Meana, Binik, Khalife*, Painful Sex. *Dennerstein*, The Sexual Impact of Menopause. **Part IV: Sexual Dysfunction: Men's Sexual Issues.** *Polonsky*, The Sexual Challenges and Dilemmas of Young Single Men. *Althof, Rosen*, Combining Medical and Psychological Interventions for the Treatment of Erectile Dysfunction. *Waldinger*, Premature Ejaculation and Delayed Ejaculation. **Part V: Additional Vital Topics.** *McCarthy, Breetz*, Confronting Sexual Trauma and Enhancing Adult Sexuality. *Segraves, Balon*, Recognizing and Reversing Sexual Side Effects of Medications. *Brotto, Kingsberg*, Sexual Consequences of Cancer Survivorship. **Part VI: Sexual Identity Struggles.** *Scott, Levine*, Understanding Gay and Lesbian Life. *Friedman, Downey*, Male and Female Homosexuality in Heterosexual Life. *Marcus*, Men Who Are Not in Control of Their Sexual Behavior. *Fedoroff*, Paraphilic Worlds. *Pfafflin*, Understanding Transgendered Phenomena. **Part VII: The Forgotten.** *Fedoroff, Richards*, Sexual Disorders and Intellectual Disabilities. *Maurice, Yule*, Sex and Chronic and Severe Mental Illness.

January 2010: 510pp.

Hb: 978-0-415-80075-4: £69.50/\$125.00

Pb: 978-0-415-80076-1: £38.99/\$69.95

60-day examination copy available

Also by Stephen B. Levine

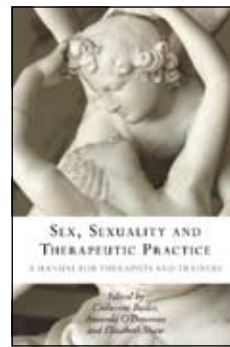


### Demystifying Love Plain Talk for the Mental Health Professional

"Demystifying Love is one of the most thought provoking books for clinicians in recent years."

- **Barry McCarthy**, author, *Rekindling Desire* and Professor of Psychology, American University, USA

Hb: 978-0-415-95599-7: 2006: 200pp. £23.50/\$42.95



## Sex, Sexuality and Therapeutic Practice

A Manual for Therapists and Trainers

Edited by **Catherine Butler**, Hackney Primary Care Trust, London, UK, **Amanda O'Donovan**, St. Bartholomew's Hospital, London, UK, and **Elizabeth Shaw**, St Ann's Hospital, North London, UK

"This excellent resource will quickly become a solid favourite among trainers. Its easily

accessible style, comprehensive coverage of sexuality issues, and range of practical exercises designed to foster self-reflection and awareness will make it a resource to which professionals turn with remarkable regularity." - **Hannah Frith**, University of Brighton, UK

Sexuality is an important area of clients' lives yet it is often neglected, both in the consulting room and in training. This book examines issues of sexuality in a positive and affirming light and considers how sexuality-related issues can be introduced into therapy and training. Sex and sexuality are important to consider in psychotherapy, psychology, counselling and health provision across a variety of contexts and are relevant to clinicians and therapists working in health and mental health settings as well as in specialist services such as sexual and reproductive health and HIV.

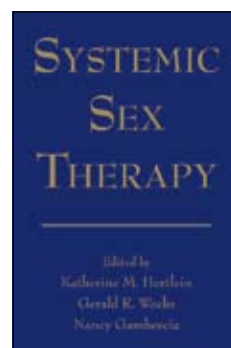
*Sex, Sexuality and Therapeutic Practice* opens with a general discussion of sex and sexuality before considering how the therapists can think and talk about sexuality in practical and self-reflective ways in different circumstances.

**CONTENTS:** *Burns*, Foreword. *Shaw*, Introduction. *O'Donovan, Butler*, Sex: Body, Behaviour and Identity. *Stevenson*, Talking About Sex. *Butler*, Health, Disability and Sex. *Butler*, Sexual and Gender Minorities: Considerations for Therapy and Training. *O'Donovan*, Sex and Sexuality Across The Lifespan. *Butler, Byrne*, Culture, Sex and Sexuality.

2009: 208pp.

Hb: 978-0-415-44808-6: £60.00/\$100.00

Pb: 978-0-415-44809-3: £22.99/\$39.95



## Systemic Sex Therapy

Edited by **Katherine M. Hertlein**, and **Gerald R. Weeks**, both at the University of Nevada, Las Vegas, USA, and **Nancy Gambescia**, in private practice, Philadelphia, USA

"Systemic Sex Therapy will become the gold standard for treatment of sexual problems. By treating the relationship as well as the partners, the three entities present in sex therapy are directly addressed." - **Jon Carlson**, Governors State University, University Park, Illinois, USA

*Systemic Sex Therapy* serves as an introduction to the field of sex therapy from a systems perspective. It is an excellent resource for graduate students in marriage and family therapy programs or students and professionals who want a truly fresh perspective on sex therapy. This approach moves beyond traditional behavioral approaches to incorporate individual, couple, and intergenerational factors in etiology and treatment. Unlike current books on the market that are outdated, too advanced, simplistic, unfocused, or too diffuse in content, *Systemic Sex Therapy* is comprehensive, concise, highly focused on treatment, user-friendly, and contains features not found in other sex therapy texts, such as a systemic/behavioral focus, clinical innovation, and a greater focus on implementation rather than competing works.

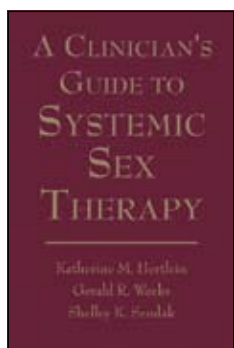
**CONTENTS:** *Ridley*, What Every Sex Therapist Needs to Know. *Kleinplatz*, The Profession of Sex Therapy. *Hertlein, Weeks*, Toward a New Paradigm in Sex Therapy. *Hertlein*, The Integration of Technology into Sex Therapy. *Weeks, Hertlein, Gambescia*, The Treatment of Hypoactive Sexual Desire Disorder. *Gambescia, Sendak, Weeks*, The Treatment of Erectile Dysfunction. *Betchen*, Premature Ejaculation: An Integrative, Intersystems Approach for Couples. *Foley*, The Complex Etiology of Delayed Ejaculation: Assessment and Treatment Implications. *Wylie, Hallam-Jones*, Inhibited Arousal in Women. *McCabe*, Anorgasmia in Women. *Meana*, Painful Intercourse: Dyspareunia and Vaginismus. *Turner*, Uncovering and Treating Sex Addiction in Couples Therapy. *Hertlein, Weeks, Gambescia*, An Integrative Approach to Infidelity Treatment. *Verhulst, Reynolds*, Sexual Pharmacology: Love Potions, Pills, and Poisons. *Weeks, Gambescia*, A Systemic Approach to Sensate Focus. *Trepper, Reyger, Yalowitz, Ford*, Solution-focused Brief Therapy for the Treatment of Sexual Disorders. *Weeks, Gambescia, Hertlein*, Sex Therapy: A Panoramic View. Epilogue: A Personal Note on Being a Sex Therapist.

2008: 432pp.

Hb: 978-0-7890-3668-1: £50.00/\$90.00

Pb: 978-0-7890-3669-8: £25.00/\$44.95

60-day examination copy available



Companion Volume to  
*Systemic Sex Therapy!*

## A Clinician's Guide to Systemic Sex Therapy

**Katherine M. Hertlein, and Gerald R. Weeks**, both at the University of Nevada, Las Vegas, USA, and **Shelley K. Sendak**, teaches courses in women's studies, women's sexuality, and sexual minority health

"This book is practical, practical, practical. Anyone wanting a better understanding of how to work with individual or couple sexual issues will find value here. Topics include homework, diagnosis, treatment planning – and as a bonus, material about the structure of the therapeutic relationship." - **Marty Klein**, licensed Marriage & Family Therapist, Certified Sex Therapist; author of *America's War on Sex*

*A Clinician's Guide to Systemic Sex Therapy* provides readers with an integrative and comprehensive theory in guiding their clinical practice. Pragmatically oriented, this text walks clinicians through diagnosis and treatment with resources such as tables, graphs, flow charts, and implementation strategies. The text does not rely on only visual elements, however. Acknowledging that information needs to be guided by a theory that can be translated into practice, the authors use the Intersystems approach to provide a comprehensive perspective in understanding and improving intimate and sexual relationships for clients.

**CONTENTS: Conducting Sex Therapy Step-by-Step from an Intersystems Approach.** The Intersystems Approach to Sex Therapy. Assessment Within the Intersystems Approach. Step-by-Step Diagnosis of Sexual Dysfunctions. Case Formulation. Treatment Principles, Strategies, and Techniques. Factors Complicating Treatment. Working with Particular Populations. **Practical Issues and Resources for Sex Therapy.** Practice and Ethical Issues. Formalized Assessments and Inventories in Sex Therapy. Handouts, Exercises, and Worksheets. Psychoeducational Resources in Sex Therapy.

2009: 193pp.

Hb: 978-0-7890-3822-7: £38.99/\$69.95

Pb: 978-0-7890-3823-4: £16.99/\$29.95

60-day examination copy available

Forthcoming!

## Recovering Intimacy in Love Relationships

### A Clinician's Guide

Edited by **Jon Carlson**, Governors State University, Illinois, USA, and **Len Sperry**, Florida Atlantic University, Boca Raton, USA

Much has changed since Carlson and Sperry's book *The Intimate Couple* was published nearly a decade ago. In that volume, the editors highlighted clinically relevant theory, research and practice strategies for assisting couples in developing intimacy, which at the time was framed quite narrowly. *Recovering Intimacy in Love Relationships* reflects the emerging view of intimacy as a multifaceted entity and the increasingly complex context in which the cycle of intimacy develops, wanes, and recovers. While the previous book had a single chapter focused on cultural aspects of intimacy and one on gender, this new version responds to the diversity considerations in intimacy and provides an entire section on cultural, gender and religious issues.

**CONTENTS:** *Carlson, Sperry*, Preface. **Part I: Intimacy Overview.** *Sperry*, Intimacy: Definition, Contexts and Models for Understanding its Development and Diminishment. *Solomon, Teagno*, Recovering from Sexual and Other Types of Infidelity, Part I: A Typology of Infidelities. *Solomon, Teagno*, Recovering from Sexual and Other Types of Infidelity, Part II: Treatment Guidelines and Strategies. Interview with Frank Pittman. *Bagarozzi*, Recovering Intimacy: Using Assessments to Pinpoint Treatment. Interview with Fred Luskin. *Dupree, White*, Recovering Intimacy After Infidelity: A Practice-based Evidence Approach. **Part II: Clinical Considerations in Recovery from Emotional Infidelity.** *Scharff*, An Object Relations Approach to Intimacy: Loss and Recovery. Interview with Paul Peluso. *Fife, Weeks*, Barriers to Recovering Intimacy. *Helm*, Internet Infidelity: Guidelines for Recovering Intimacy. *Waller*, Financial Infidelity and Intimacy Recovery. Interview with Brent Atkinson. *Duffy*, Recovering Intimacy with Regard to Health, Work and Friendship Issues. *Bermúdez, Parker*, Context and Culture in Intimate Partner Infidelity: Co-constructing Preferred Couple Narratives. Interview with Harville Hendrix. *Dunham, Ellis*, Restoring Intimacy with African American Couples. *Smith, Montilla*, Recovering Intimacy with Latino Couples: Cultural, Religious and Gender Considerations. *Ng, Peluso, Smith*, Marital Satisfaction, Intimacy, Enqing, and Relationship Stressors Among Asians. Interview with David Burns. *Duba*, Intimacy and the Recovery of Intimacy in Religious and Faith-based Relationships. Appendix. *Carlson, Sperry*, Clinician's Resource Guide: Popular Self-Help Books on Intimacy.

May 2010: 382pp.

Hb: 978-0-415-99253-4: £27.95/\$49.95

Series: *Family Therapy and Counseling*

for a complete list of books in this series please visit  
[www.routledge.com/family-therapy-and-counseling](http://www.routledge.com/family-therapy-and-counseling)

Forthcoming!

## We're No Fun Any More

### Guiding Clients to a Joyful Marriage

**Robert Schwarz**, licensed clinical psychologist, Pennsylvania, USA, and **Elaine Braff**, in private practice, New Jersey, USA

If one is married and also works and/or has kids, it's common to lose the playful, sexy side of a relationship. Common – but not necessary. *We're No Fun Any More* shows couples how to regain the joy that supports a strong and loving marriage. Within its pages, readers will find a practical (and obviously fun) plan to 1) get their marriage out of the rut that's robbing it of joy, 2) recapture the pleasure of dating, romance, and love, and 3) revive the playful quality of sex that makes it the pleasurable and enjoyable experience it's supposed to be.

October 2010: 208pp.

Hb: 978-0-415-87187-7: £44.50/\$79.95

Pb: 978-0-415-87188-4: £22.50/\$39.95

By Barry W. McCarthy, American University, Washington D.C., USA

Forthcoming

## Enduring Desire

### Your Guide to Lasting Intimacy

**Michael Metz, University of Minneapolis, USA, and Barry W. McCarthy**

In *Enduring Desire*, authors Michael Metz and Barry McCarthy inspire and motivate readers with real-life examples and clear, helpful individual and couple exercises to reach for realistic and high quality sexual satisfaction as a couple. Throughout the book, they promote positive, realistic sexual expectations without commercialism and the exotic promises of hype that set people up for disappointment. The message is down-to-earth and full of joy for all couples, from their 20s to their 80s. They advocate the variable, flexible "Good Enough Sex" (GES) model, which validates the inherent variability and flexibility of couple sexuality and examine the biopsychosocial, multidimensional, and comprehensive roles, functions, and meanings of couple sexuality.

July 2010: 220pp.

Pb: 978-0-415-87830-2: £12.95/\$19.95



## Men's Sexual Health Fitness for Satisfying Sex

**Barry W. McCarthy, and Michael E. Metz, University of Minneapolis, USA**

"McCarthy and Metz's latest book, *Men's Sexual Health: Fitness for Satisfying Sex*, is just plain terrific!!! It presents new information, cogent observations and sensible suggestions that will enrich and enlighten the sexual life and comfort of every man (and his partner)... this is the

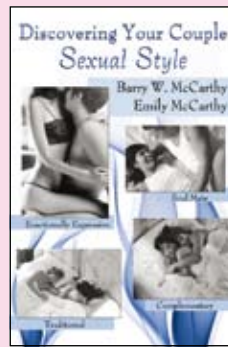
best book on men's sexual health to come along in decades. I am recommending it to all of my patients!" - **Sandra R. Leiblum**, Robert Wood Johnson Medical School, USA

*Men's Sexual Health* is a breakthrough book about vital and satisfying male sexuality. It presents a new model of male and couple sexuality, which establishes positive, realistic expectations of pleasure and satisfaction, as opposed to the self-defeating traditional demand for perfect intercourse performance.

**CONTENTS:** The Truth About Sex. Healthy Thinking About Male Sexuality: What You Need to Know and Learn. Boys to Men: What is Normal and Healthy. Vive le Différence: His Sexuality, Her Sexuality. The Mantra of Healthy Sexuality: Intimacy, Pleasuring, Eroticism, and Satisfaction. 'Good Enough' Male and Couple Sexuality. Fitness, Physical Well-being, and Sexual Function. Lifelong Healthy Sexuality: You Are a Sexual Man Until You Die. Dealing with Sexual and Health Problems. Valuing an Intimate, Erotic Sexual Life. Epilogue: The Nuts and Bolts for Your Sexual Health. Appendix A: Choosing an Individual, Couple, or Sex Therapist. Appendix B: Resources.

2007: 224pp.

Pb: 978-0-415-95638-3: £12.95/\$19.95



Winner of the 2009  
Smart Marriages® Impact Award!

## Discovering Your Couple Sexual Style

### Sharing Desire, Pleasure, and Satisfaction

**Barry W. McCarthy, and  
Emily McCarthy, writer**

"Once again the McCarthys have created a classic, easy to read, and relevant guide to a great sex life that is tailored to your personal style and taste. Great insights, compelling stories and fun exercises make this a must read book." - **Sue Johnson**, author of *Becoming an Emotionally Focused Couple Therapist*

The quality of most couple sex doesn't measure up to the much distorted image of the perfect romantic love/passionate sex encounter portrayed in popular culture. In *Discovering Your Couple Sexual Style: Sharing Desire, Pleasure, and Satisfaction*, renowned marital and sex therapist Barry McCarthy and his wife Emily McCarthy urge couples to ignore what they see on TV, in books, or online, and discover their own unique sexual style.

Based on three years of research and treating more than 4,000 individuals and couples, *Discovering Your Couple Sexual Style* provides information, guidelines, exercises, and case studies that will help readers find their own sexual voice and develop a mutually satisfying sexual style.

**CONTENTS:** Introduction. **Part I: Developing a Healthy Couple Sexuality.** Establishing Positive, Realistic Sexual Expectations.

Determining Your Couple Sexual Style. Communicating Your Sexuality: The Five Dimensions of Touch. Successfully Implementing Your Couple Sexual Style. **Part II: Enhancing Desire and Satisfaction.** Keeping Your Sexual Options Open. Building Bridges to Desire. Indulging in Eroticism and Sexual Fantasies. Optimizing Sexual Intercourse. Savoring Orgasm and Afterplay. **Part III: Surmounting Sexual Challenges.** Overcoming Sexual Inhibitions. Dealing with Illness and Sex. Looking for Help from Pro-sex Medications. Confronting Sex and Aging. **Part IV: Maintaining Healthy Couple Sexuality.** Nurturing Sexuality as Intimate, Erotic Friends. Maintaining Sexual Vitality. Appendix A: Choosing an Individual, Couple, or Sex Therapist. Appendix B: Sexual Health Books and Resources.

2009: 152pp.

Pb: 978-0-415-99469-9: £9.99/\$15.95



Bestseller!

## Rekindling Desire

A Step-by-Step Program to Help  
Low-Sex and No-Sex Marriages

**Barry W. McCarthy, and Emily McCarthy, writer**

Pb: 978-0-415-93551-7: 2003: 224pp. £12.50/\$18.95



## Getting It Right This Time

How to Create a Loving and Lasting Marriage

**Barry W. McCarthy, and Emily J. McCarthy**

Pb: 978-0-415-95169-2: 2005: 224pp. £11.00/\$17.95

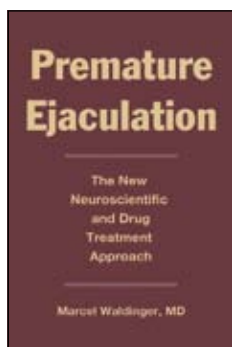


## Getting It Right the First Time Creating a Healthy Marriage

**Barry W. McCarthy, and Emily J. McCarthy**

Pb: 978-0-415-94829-6: 2004: 232pp. £14.95/\$19.95

60-day examination copy available



**Forthcoming!**

## Premature Ejaculation

### The New Neuroscientific and Drug Treatment Approach

**Marcel Waldinger**, General Hospital, Leyenburg, The Netherlands

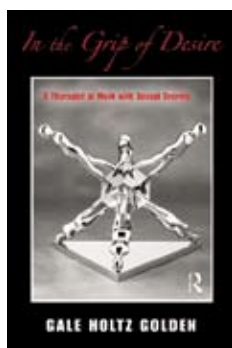
Marcel Waldinger is one of the leading PE researchers in the world and a

staunch proponent of the neurobiological origin theory of the disorder. Based on his own research, findings, and experience, Dr. Waldinger carefully examines the current PE literature, existing theory, and treatment strategies, before presenting his own theory of the basis of PE. In this text Dr. Waldinger anchors his theory in comprehensive definitions of the dysfunction itself and other terms vital to a more fundamental understanding of PE.

**SELECTED CONTENTS:** What is Premature Ejaculation? Psychotherapy of Premature Ejaculation. Definition and Classification of Premature Ejaculation. Drug Treatment of Premature Ejaculation. Neuropharmacology of Premature Ejaculation. Animal Models of Premature Ejaculation. Physiology of Ejaculation. Epilogue.

December 2010: 256pp.

Hb: 978-0-415-95163-0: £37.95/\$59.95



## In the Grip of Desire

### A Therapist at Work with Sexual Secrets

**Gale Holtz Golden**, in private practice, Vermont, USA

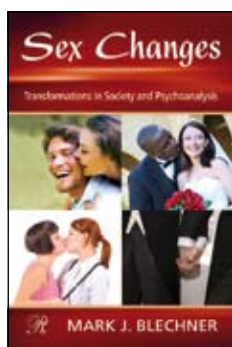
*"Gale Golden has given us an outstanding text regarding the treatment of an incredibly challenging clinical phenomenon. The masterful use of case histories gives the reader an intimate look at the inner lives of those struggling with sexual secrets."*

- **Daniel N. Watter**, The American Association of Sexuality Educators, Counselors, and Therapists (AASECT)

Written in a first-person, narrative style, *In the Grip of Desire* gives both the professional and lay reader the rare opportunity to experience the sequestered world of the therapist as she works with people who have sexual secrets and behaviors. Referencing the academic literature and research, using rich case material, and a broad use of literary references, the book unpretentiously demonstrates the basic concepts and issues in treating compelling and legal sexual behaviors.

2009: 262pp.

Hb: 978-0-415-99157-5: £24.99/\$39.95



## Sex Changes

### Transformations in Society and Psychoanalysis

**Mark J. Blechner**, William Alanson White Institute, New York, USA

*"With Sex Changes, Mark Blechner... blends an intimate, deeply moving biographical account with a theoretically sophisticated, scholarly, jargon-free*

*narrative. All practicing therapists should read this book – who knows where it will lead?"* - **Lewis Aron**, Director, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, USA

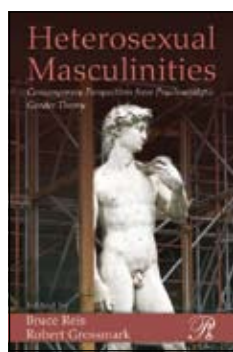
In the 1950s, ambitious women were often seen as psychopathological and were told by psychoanalysts that they had penis envy that needed treatment; today, a woman has campaigned for President of the United States. Mark Blechner has lived and worked through these startling changes in society, and *Sex Changes* collects papers he has written over the last 45 years on sex, gender, and sexuality. Interspersed with these papers are reflections on the changes that have occurred during that time period, both within the scope of society at large as well as in his personal experiences inside and outside of the therapeutic setting.

2009: 192pp.

Hb: 978-0-415-99434-7: £55.00/\$90.00

Pb: 978-0-415-99435-4: £21.99/\$34.95

Series: *Psychoanalysis in a New Key Book Series*



## Heterosexual Masculinities

### Contemporary Perspectives from Psychoanalytic Gender Theory

Edited by **Bruce Reis**, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA, and **Robert Grossmark**, City University of New York, USA

*"The time has come when men can stop complaining that psychoanalysis sells them short. This erudite, compassionate and beautifully edited collection is going to be a benchmark for the engagement of psychoanalysis with the masculinities."*

- **Andrew Samuels**, University of Essex, UK

*Heterosexual Masculinities* rethinks a psychoanalytic tradition that has long thought of masculinity as a sort of brittle defense against femininity, softness, and emotionality. The contributors to this insightful volume take new perspectives on relations between men, men's positions as fathers in relation to their sons and daughters, the clinical encounter with heterosexual men, the social contexts of masculinity, and the multiplicity of heterosexual masculine subjectivities.

**CONTENTS:** *Person*, Masculinities, Plural. *Diamond*, Masculinity and its Discontents Making Room for the "Mother" Inside the Male – An Essential Achievement for the Healthy Male Gender Identity. *Reis*, Names of the Father. *Grossmark*, Two Men Talking: The Emergence of Multiple Masculinities in Psychoanalytic Treatment. *Hirsch*, Imperfect Love, Imperfect Lives: Making Love, Making Sex, Making Moral Judgments. *Kaftal*, On Intimacy Between Men. *Cornell*, An Eruption of Erotic Vitality Between a Male Analyst and a Male Patient. *Rozmarin*, David and Jonathan. *Adams*, Psychotherapy with Poor African-American Men: Challenges Around the Construction of Masculinities. *Harris*, "Fathers" and "Daughters." *Rothschild*, Finding a Father: Repetition, Difference, and Fantasy in *Finding Nemo*. *Fogel*, Interiority and Inner Genital Space in Men: What Else Can Be Lost in Castration?

2009: 240pp.

Hb: 978-0-88163-501-0: £55.00/\$90.00

Pb: 978-0-88163-502-7: £21.99/\$34.95

Series: *Psychoanalysis in a New Key Book Series*

for a complete list of books in this series please visit [www.routledgejournalhealth.com/psychoanalysis-new-key](http://www.routledgejournalhealth.com/psychoanalysis-new-key)



**New!**

## Please Select Your Gender

**From the Invention of Hysteria to the Democratizing of Transgenderism**

**Patricia Gherovici, Philadelphia Lacan Study Group, USA**

*"... fascinating, insightful, and provocative... Please Select Your Gender intervenes intelligently and compassionately in several key debates about sex and gender."* - **Christopher Lane**, author of *Shyness: How Normal Behavior Became a Sickness*

Utilizing rich clinical vignettes and elements of Lacanian theory, Patricia Gherovici demonstrates how the transgender discourse has both reoriented psychoanalytic practice and reframed debates about gender in American society at large. She traverses historical, theoretical, and clinical grounds to explore what has been termed the "democratizing of gender" – for what could be more democratic than the choice of one's own gender, now able to be changed on demand? Arguing for the depathologization of transgenderism, *Please Select Your Gender* aims to revise current notions of human sexuality in general.

**CONTENTS:** Introduction. The Imperative of Choice. The Democratizing of Transgenderism. Genealogy of Hysteria. Freud's Sex Change. Falling into Sex Like Falling in Love. Gender and Sex as Performance. Boy Girl Boy. Lacan's Transsexuals. Hysteria and Transsexualism. Writing the *Sinthome*: The Transsexual Body as a Written Body. Conclusion.

**January 2010: 316pp.**

**Hb: 978-0-415-80615-2: £55.00/\$90.00**

**Pb: 978-0-415-80616-9: £22.99/\$35.95**



## Common Dilemmas in Couple Therapy

**Judith P. Leavitt, psychologist and co-founder, Sundance Counseling and Consulting, Massachusetts, USA**

*"A professionally wise and passionate resource. In this book Judith Leavitt offers an abundance of relevant theory, skillful direction, and effective techniques for helping relationship therapists successfully handle some of our toughest cases."*

- **Wendy Maltz**, author of *The Sexual Healing Journey* and *The Porn Trap*

*Common Dilemmas in Couple Therapy* addresses four common problems that couples therapists face every day in their offices, problems that leave therapists exhausted, drained, challenged, alive, racing, and on edge. These dilemmas encompass not only the difficult challenges therapists face every day, but also the passions and profound disappointments of human intimate partnerships. The purpose of this book is not only to explore and give case illustrations of these dilemmas, but also to give therapists strategies to use and help them understand and handle their own profound experiences while doing this work.

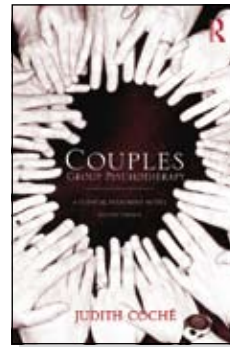
**SELECTED CONTENTS:** Part I: Dealing With a Difficult Partner. Part II: Secrets in Couple Therapy. Part III: Dealing With a Partner Who Won't/Can't Change. Part IV: The Breakup of a Couple Relationship.

**2009: 223pp.**

**Hb: 978-0-415-99990-8: £38.99/\$69.95**

**Pb: 978-0-415-80001-3: £19.50/\$34.95**

**60-day examination copy available**



**New Edition!**

## Couples Group Psychotherapy A Clinical Treatment Model

**Second Edition**

**Judith Coché, University of Pennsylvania Medical School, USA**

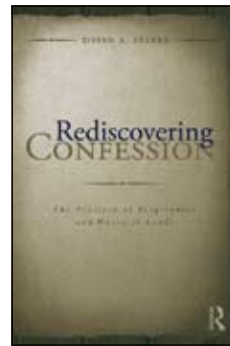
*Couples Group Psychotherapy* is an up-to-date model based on more than twenty

years of work and research with outpatient couples groups. In the text, therapists will find everything they need to conceptualize and develop a successful practice based on group psychotherapy for couples. The book combines tenets of individual personality development, family systems theory, and group psychotherapy theory, blending aspects of the theoretical basis of each in order to build a conceptual framework that incorporates the strengths of all three.

**CONTENTS:** *Rutan*, Foreword. Introduction. **Part I: Structuring Couples Group Psychotherapy.** Preparing Couples for Couples Group Psychotherapy. Structuring an Efficient Treatment Package. Establishing and Maintaining Workable Group Policies. **Part II: Psychotherapy with Couples in Groups.** Treatment Skills with Intimate Partners. Building Cohesiveness in Couples and Groups. Making the Most of the Stages of Group Development. Designing Effective Structured Interventions. **Part III: Integrating Theory, Research, and Treatment for Couples in Groups.** The Intervention Hierarchy: Four Levels. Handling Predictable Problems in Ongoing Groups. Coordinating Clinical Diagnosis with Outcome Research. Recent Advances in Couples Expertise: Theory, Research, and Practice. Appendices. Appendix A: Group Therapy Forms and Policies. Appendix B: Structured Exercises for Members. Appendix C: Educating Couples about Communication. Appendix D: A Who's Who of Our Couples.

**February 2010: 304pp.**

**Hb: 978-0-415-87304-8: £19.99/\$34.95**



## Rediscovering Confession

**The Practice of Forgiveness and Where it Leads**

**David A. Steere, in private practice, Kentucky, USA**

*"David Steere has retooled the ancient wisdom of confession into practical applications for pastoral counselors and professional therapists seeking to incorporate spirituality into their work with clients and greater community... This book is a gem for developing "the person of the therapist." - Kenneth A. Burr, Marriage and Family Therapist, pastoral counselor and author of Coming Out, Coming Home: Making Room for Gay Spirituality in Therapy*

*Rediscovering Confession* is about recovering the experience of confession, in danger now of becoming a lost art. It identifies four elements present in psychotherapy and confession: a state of heightened self-awareness, a growing realization that our predicament points in some meaningful direction beyond itself, the necessity to make a relevant response to our situation, and a potential for spiritual encounter that accompanies the process.

**2009: 296pp.**

**Hb: 978-0-415-99746-1: £25.00/\$44.95**

**60-day examination copy available**

# Book Order Form

RESPONSE CODE: RMHST10KS

## TO ORDER IN THE USA, CANADA AND LATIN AMERICA

**10% DISCOUNT** 

**10% DISCOUNT FOR ALL ONLINE ORDERS**

Visit [www.routledgementalhealth.com](http://www.routledgementalhealth.com)

Please send this order form with payment details to:  
**Customer Services, Taylor and Francis, 7625 Empire Drive, Florence, Kentucky, KY 41042, USA**

 Toll Free Phone: 1-800-634-7064, Phone RoW: +1 859-525-2230

 Toll Free Fax: 1-800-248-4724, Fax RoW: +1 859-647-5027

 email: [orders@taylorandfrancis.com](mailto:orders@taylorandfrancis.com)

 or visit [www.routledgementalhealth.com](http://www.routledgementalhealth.com)

**FREE POSTAGE AND PACKING** 

**FOR USA/CANADIAN ONLINE ORDERS OVER \$35**

### PLEASE SEND ME THE BOOKS INDICATED BELOW

Author/Editor	Title	ISBN	Price	Quantity	Amount Payable

**POSTAGE AND PACKING:** We request that all US and Canadian individual orders be prepaid by check, money order (in US dollars), or credit card. Latin American individual orders should be prepaid by money order or credit card only. All prices and page counts are subject to change without notice. Offer good in the US, Latin America, and Canada only. All orders must be pre-paid. **USA Shipping and Handling:** For USA/Canadian orders over \$35.00 placed online at [www.routledgementalhealth.com](http://www.routledgementalhealth.com) we offer free Postage and Packing. US Ground: \$4.99 first book; \$1.99 each additional book. US 2-Day: \$9.99 first book; \$1.99 each additional book. US Next Day: \$29.99 first book; \$1.99 each additional book. Canada Ground: \$7.99 first book; \$1.99 each additional book. Canada Expedited: \$15.99 first book; \$1.99 each additional book. **International ISAL:** \$17.00 first book; \$5.00 each additional book. International Courier: \$44.00 first book; \$7.00 each additional book. Residents of AZ, CA, CO, CT, FL, GA, KY, MA, MD, MO, NJ, NY, PA, TN, TX and VA please add local sales tax. Canadian residents please add 5% GST. **Orders from individuals:** Orders must be accompanied by payment or have credit card authorization. A 21-day return period is allowed. Returned books must be received in saleable condition. **Orders from institutions:** Orders must have purchase order number and complete title information. Returns must be authorized in advance and must be received within 1 year of invoice date (60 days for dated material) and in a saleable condition. **Please note:** All prices are correct at the time of going to press, but are subject to change without notice. Some of the titles featured may not be published yet. All orders will be recorded and books sent automatically on publication. Checks will be banked immediately but credit cards will be debited on publication (please specify expiration date).

Postage and Packing
Tax Payable
<b>Total Amount Payable</b>

### YOUR DETAILS (BLOCK CAPITALS PLEASE)

Name

Full Address






Zip code  Telephone

Country  Email

### PAYMENT DETAILS (PLEASE TICK BOX)

Please invoice me     I enclose a check for  (Checks should be made out to Taylor and Francis Informa Ltd.)

I authorize you to debit my card with the amount of

Card type                         

Card number     Expiration Date  /     Start Date  /

Issue No.     3-Digit Security Code     Signature     Date  /  /

Credit Card Address (if different from above)

Please tick here if you do NOT wish to receive special offers and updates by email

**IMPORTANT:** If your organisation uses whitelists, please whitelist [webmaster@routledgementalhealth.com](mailto:webmaster@routledgementalhealth.com)

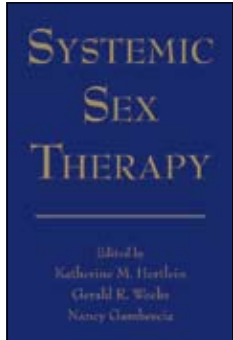
an informa business

Routledge is part of the Taylor & Francis group, a trading division of Informa UK Ltd. Registered in England under no. 3099067. Registered Office: Mortimer House, 37-41 Mortimer Street, London W1T 3JH



Routledge  
 c/o CMFS  
 31 Styertowne Road  
 Clifton, NJ 07012  
 RETURN SERVICE REQUESTED

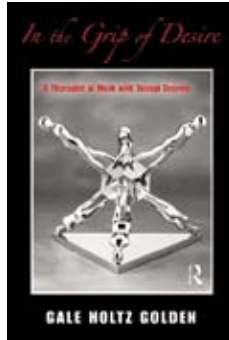
PRSR STD  
 U.S. Postage  
 PAID  
 Wayne, NJ  
 Permit No. 1104



PAGE 2



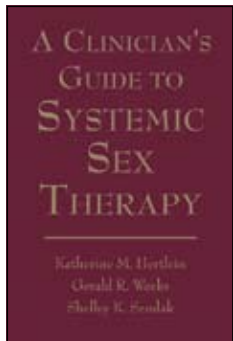
PAGE 6



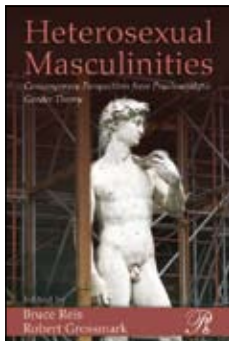
PAGE 5



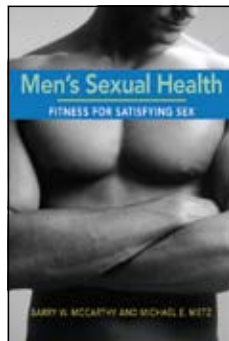
PAGE 6



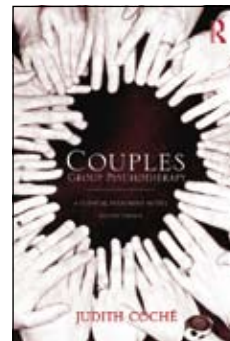
PAGE 3



PAGE 5



PAGE 4



PAGE 6

**Routledge**  
 Taylor & Francis Group

Routledge  
 270 Madison Avenue  
 New York, NY 10016, USA

Psychology Press  
 27 Church Road, Hove  
 East Sussex, BN3 2FA, UK

[www.routledgejournalhealth.com](http://www.routledgejournalhealth.com)

**TO ORDER A BOOK:**

Customer Services  
 Taylor and Francis, 7625 Empire Drive,  
 Florence, Kentucky, KY 41042, USA

Toll Free Phone: 1-800-634-7064

Toll Free Fax: 1-800-248-4724

Phone RoW: +1 859-525-2230

Fax RoW: +1 859-647-5027

email: [orders@taylorandfrancis.com](mailto:orders@taylorandfrancis.com)

**an informa business**

Routledge is part of the Taylor & Francis group, a trading division of Informa UK Ltd. Registered in England under no. 3099067 Registered Office: Mortimer House, 37-41 Mortimer Street, London W1T 3JH