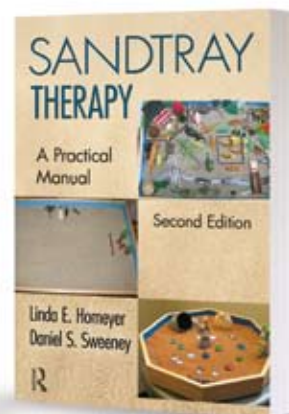
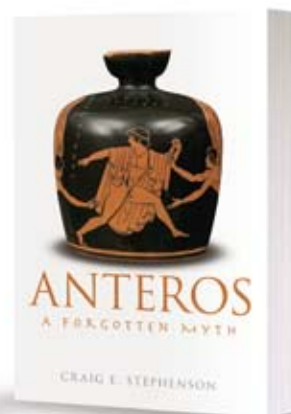
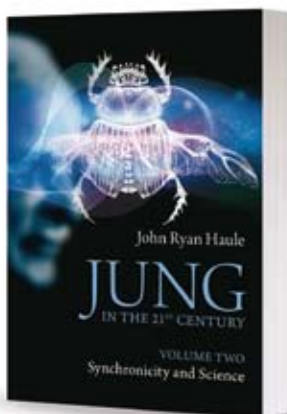
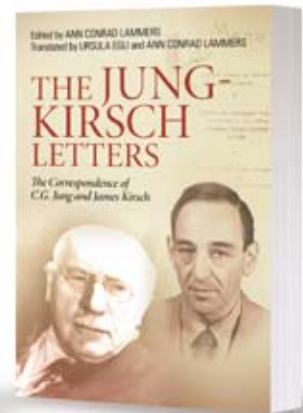
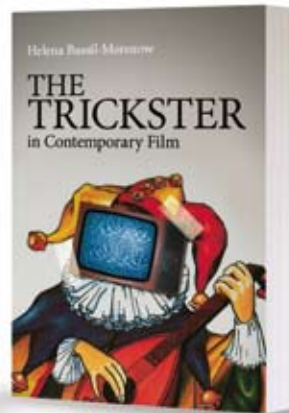
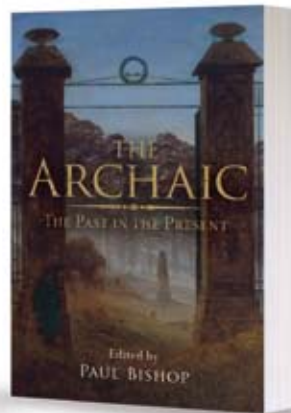


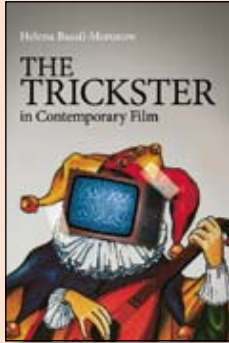
# Jung and Analytical Psychology 2011-12

## New Books and Selected Backlist



10% ONLINE DISCOUNT AVAILABLE

# Jung and Film



Forthcoming!

## The Trickster in Contemporary Film

Helena Bassil-Morozow, Further Education Lecturer, London, UK

*"This book surprises us and gratifies us with its scope, its detail and how, like the trickster himself, it challenges our beliefs about the function of popular culture."*

- Christopher Hauke, Goldsmiths, University of London, UK

This book discusses the role of the trickster figure in contemporary film against the cultural imperatives and social issues of modernity and postmodernity, and argues that cinematic tricksters always reflect psychological, economic and social change in society. It covers a range of films, from Charlie Chaplin's classics such as *Modern Times* (1936) and *The Great Dictator* (1940) to contemporary comedies and dramas with 'trickster actors' such as Jim Carrey, Sacha Baron-Cohen, Andy Kaufman and Jack Nicholson.

*The Trickster in Contemporary Film* offers a fresh perspective on the trickster figure not only in cinema but in Western culture in general. Alongside original film analyses, it touches upon a number of psychosocial issues including sovereignty of the individual, tricksterish qualities of the media, and human relationships in the mercurial digital age. Further topics of discussion include:

- common motifs in trickster narratives
- the trickster and personal relationships
- gonzo-trickster and the art of comic insurrection.

Employing a number of complementary approaches such as Jungian psychology, film semiotics, narrative structure theories, Victor Turner's concept of liminality and Mikhail Bakhtin's theory of the carnivalesque, this book is essential reading for students and scholars of film, as well as anyone with an interest in analytical psychology and wider critical issues in contemporary culture.

**CONTENTS:** Introduction. Common Motifs in Trickster Narratives. The Trickster and Personal Relationships. The Trickster and the Economic System. The Trickster and Contemporary Powers. Gonzo-Trickster and the Art of Comic Insurrection. Conclusion.

September 2011: 192pp.

Hb: 978-0-415-57465-5: £60.00/\$99.00

Pb: 978-0-415-57466-2: £21.99/\$34.95

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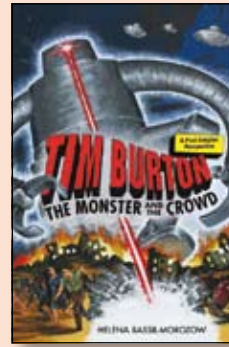


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## Tim Burton: The Monster and the Crowd

A Post-Jungian Perspective

Helena Bassil-Morozow, Further Education Lecturer, London, UK

*"Brilliantly confirms what we have been suspecting all along – that film studies drawing on Jungian psychology is a genuine advance, here to stay, and*

*capable of extending itself across several generations of authors. Helena Bassil-Morozow approaches the key contemporary question of the relations between individual and crowd via a creative intermingling of a profound engagement with Burton's films and Jung's idea of individuation. The monster we meet in book and film sets off something massive in everyone – that's what this level of writing about the archetypal can do."* - Andrew Samuels, University of Essex, UK

Tim Burton's films are well known for being complex and emotionally powerful. In this book, Helena Bassil-Morozow employs Jungian and post-Jungian concepts of unconscious mental processes along with film semiotics, analysis of narrative devices and cinematic history, to explore the reworking of myth and fairytale in Burton's gothic fantasy world.

The book explores the idea that Burton's lonely, rebellious 'monstrous' protagonists roam the earth because they are unable to fit into the normalising tendencies of society and become part of 'the crowd'. Divided into six chapters the book considers the concept of the archetype in various settings focusing on:

- the child
- the monster
- the superhero
- the genius
- the maniac
- the monstrous society.

*Tim Burton: The Monster and the Crowd* offers an entirely fresh perspective on Tim Burton's works. The book is essential reading for students and scholars of film or Jungian psychology, as well as anyone interested in critical issues in contemporary culture. It will also be of great help to those fans of Tim Burton who have been searching for a profound academic analysis of his works.

**CONTENTS:** Introduction. The Child. The Monster. The Superhero. The Genius. The Maniac. The Monstrous Society. Conclusion.

2010: 216pp.

Hb: 978-0-415-48970-6: £60.00/\$99.00

Pb: 978-0-415-48971-3: £19.99/\$31.95

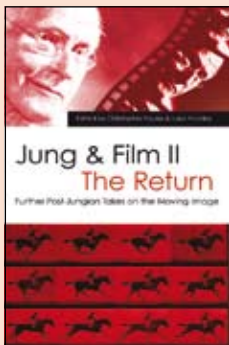
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## blogs

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visit our Jung and Film blog  
and post your ideas



New!

## Jung and Film II: The Return

### Further Post-Jungian Takes on the Moving Image

Edited by **Christopher Hauke**,  
Goldsmiths, University of London,  
UK, and **Luke Hockley**, University of  
Bedfordshire, UK

"These chapters are erudite, funny, sexy, sometimes a little weird. They offer tight close-ups and wide shots. They tell you about the psychology of film and the psychology of those who make film. Like with Coppola's *The Godfather* – this sequel could be even better than what went before." - **Andrew Samuels**, University of Essex, UK

Since *Jung and Film* was first published in 2001, Jungian writing on the moving image in film and television has accelerated. *Jung and Film II: The Return* provides new contributions from authors across the globe willing to tackle the broader issues of film production and consumption, the audience and the place of film culture in our lives.

As well as chapters dealing with particular film makers such as Maya Derren and films such as *Birth*, *The Piano*, *The Wrestler* and *Breaking the Wave*, there is also a unique chapter co-written by documentary film-maker Tom Hurvitz and New York Jungian analyst Margaret Klenck. Other areas of discussion include:

- the way in which psychological issues come under scrutiny in many movies
- the various themes that concern Jungian writers on film
- how Jungian ideas on psychological personality types can be applied in fresh ways to analyse a variety of characters.

The book also includes a glossary to help readers with Jungian words and concepts. *Jung and Film II* is not only a welcome companion to the first volume, it is an important stand-alone work essential for all academics and students of analytical psychology as well as film, media and cultural studies.

**CONTENTS:** List of Films. *Hauke, Hockley*, Introduction. **Part I: Image and Psychotherapy.** *Klenck, Hurwitz*, The Decisive Image in Documentary Film, in Jungian Analysis. *Hewison*, "I Thought He Might Be Better Now": A Clinician's Reading of Individuation in *Breaking the Waves*. *Zanardo*, Love, Loss, Imagination and the Other in Soderbergh's *Solaris*. *Izod, Dovalis*, *Birth*: Eternal Grieving of the Spotless Mind. *Hauke*, Soul and Space in *No Country for Old Men*. **Part II: Image and Theory.** *Fredericksen*, Jungian Film Studies: The Corruption of Consciousness and the Nurturing of Psychological Life. *Hauke*, "Much Begins Amusingly and Leads into the Dark": Jung's Popular Cinema and the Other. *Jacobs*, Contrasting Interpretations of Film: Freudian and Jungian. *Izod*, Individual Interpretations: A Response to Michael Jacobs. *Hockley*, The Third Image: Depth Psychology and the Cinematic Experience. *Rowland*, The Nature of Adaptation: Myth and the Feminine Gaze in Ang Lee's *Sense and Sensibility*. *Singh*, Cinephilia: Or, Looking for Meaningfulness in Encounters with Cinema. *Miller*, *Twilight*: Discourse Theory and Jung. *Bassil-Morozow*, Individual and Society in the Films of Tim Burton. **Part III: Image, Type and Archetype.** *Dougherty*, The Shadow: Constriction, Transformation and Individuation in *Campion's The Piano*. *Lennihan*, The Dark Feminine in Aronofsky's *The Wrestler*. *Paganopoulos*, The Archetype of Transformation in Maya Derren's Film Rituals. *Palmer*, Coppola's *The Conversation*: Typology and a Caul to the Soul. *Waddell*, Navel Gazing: Introversion/Extraversion and Australian Cinema. *Beebe*, *The Wizard of Oz*: A Vision of Development in the American Political Psyche.

June 2011: 368pp.  
Hb: 978-0-415-48896-9: £60.00/\$99.00  
Pb: 978-0-415-48897-6: £21.99/\$34.95

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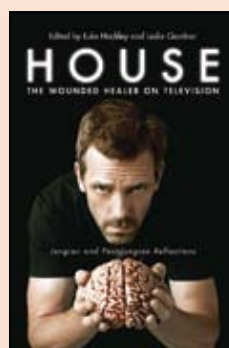
## Also by Christopher Hauke



**Hauke/Alister, Eds.: Jung and Film:  
Post-Jungian Takes on the Moving Image**  
Pb: 978-1-58391-133-4: 2001: 296pp. £20.95/\$37.50  
[www.routledgejournalhealth.com/9781583911334](http://www.routledgejournalhealth.com/9781583911334)

**Hauke: Human Being Human:  
Culture and the Soul**  
Hb: 978-1-58391-714-5: 2005: 216pp. £42.50/\$79.95  
Pb: 978-1-58391-715-2: 2005: 216pp. £14.99/\$27.50  
[www.routledgejournalhealth.com/9781583917152](http://www.routledgejournalhealth.com/9781583917152)

**Hauke: Jung and the Postmodern:  
The Interpretation of Realities**  
Pb: 978-0-415-16386-6: 2000: 240pp. £22.95/\$39.95  
[www.routledgejournalhealth.com/9780415163866](http://www.routledgejournalhealth.com/9780415163866)



## House: The Wounded Healer on Television

### Jungian and Post-Jungian Reflections

Edited by **Luke Hockley**, University of  
Bedfordshire, UK, and **Leslie Gardner**,  
City University, London and MMU,  
Manchester, UK

*House MD* is a globally successful and  
long-running medical drama. *House:*

*The Wounded Healer on Television* employs a Jungian perspective to examine the psychological construction of the series and its namesake, Dr Gregory House.

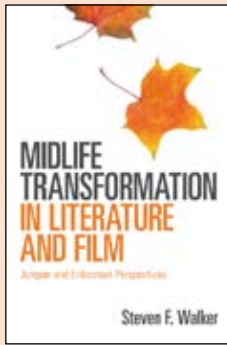
The book also investigates the extent to which the continued popularity of *House MD* has to do with its representation of deeply embedded cultural concerns. It is divided into three parts – *Diagnosing House*, *Consulting House* and *Dissecting House*, – and topics of discussion include: specific details, themes, motifs and tropes throughout the series; narrative, character and visual structure; the combination of performative effects, text and images of the doctor and his team; the activities of the hero, the wounded healer and the *puer aeternus*.

Offering an entirely fresh perspective on *House MD*, with contributions from medical professionals, academics and therapists, this book is essential reading for students and scholars of Jungian psychology. The inclusion of a glossary of Jungian terms means that this book can also be enjoyed by fans of *House MD* who have been seeking a more in-depth analysis of the series.

**CONTENTS:** Introduction. **Part I: Diagnosing House.** *Hockley*, Doctoring Individuation: Gregory House, Physician, Detective or Shaman? *Izod*, The Physician's Melancholia. *Hauke*, Playing House: Convincing Them of What You Know Simply by Who You Are. **Part II: Consulting House.** *Waddell*, House's Caduceus Crutch. *Huskinson*, Anatomy of Genius: Inspiration Through Banality and Boring People. *Cotter*, Limping the Way to Wholeness: Wounded Feeling and Feeling Wounded. *Porterfield*, Our Inner Puer and its Playmates, the Shadow and the Trickster. **Part III: Dissecting House.** *Rowland*, House Not Ho(l)mes. *Gardner*, Gestures of Excess: An Exploratory Analysis of Melodrama as a Collective Archetype. *Beebe*, Not as a Stranger. *Miller*, I Feel Like a Failure – In-house Feminism. Glossary.

2010: 232pp.  
Hb: 978-0-415-47912-7: £60.00/\$100.00  
Pb: 978-0-415-47913-4: £21.99/\$34.95

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Forthcoming!

## Midlife Transformation in Literature and Film

### Jungian and Eriksonian Perspectives

**Steven F. Walker**, Rutgers, The State University of New Jersey, USA

In this book Steven F. Walker considers the midlife transition from a Jungian and Eriksonian perspective by providing vivid and powerful literary and cinematic examples that illustrate the psychological theories in a clear and entertaining way.

For C. G. Jung, midlife is a time for personal transformation, when the values of youth are replaced by a different set of values, and when the need to succeed in the world gives place to the desire to participate more in the culture of one's age and to further its development in all kinds of different ways. Erik Erikson saw "generativity," an expanded concern for others beyond one's immediate circle of family and friends, as the hallmark of this stage of life. Both psychologists saw it as a time for growth and renewal. Literary texts such as Virginia Woolf's *Mrs. Dalloway*, Shakespeare's *Antony and Cleopatra*, or Sophocles' *Oedipus the King*, and films such as *Fellini's 8 1/2* and *Campion's The Piano*, have the capacity to represent, sometimes more vividly and with greater dramatic concentration than actual life histories or case studies, the archetypal nature of the drama and in-depth transformation associated with the midlife transition.

*Midlife Transformation in Literature and Film* focuses on the specific male and female archetypal paradigms and presents them within the general context of midlife transformation. For men, the theme of death of the young hero presides over the crisis and the transformative ordeal, whereas for women the theme of tragic abandonment acts as the prelude to further growth and independence.

This book is essential reading for anyone studying Jung, Erikson, or the midlife transition. It will interest those who have already been through a midlife transition, those who are currently in the midst of one, as well as those who are yet to experience this challenging period.

**CONTENTS:** Introduction. Jung, Erikson, Midlife Transformation and the Oneiric Text. The Shadow and the Contrasexual Side at Midlife. Oedipus, Mentors and Male Midlife Transformation. Ariadne, Abandonment and Female Midlife Initiation. Homer's *Odyssey* and Midlife Transformation. Tragedy, Inflation and Midlife Transformation. Modernist Midlife Initiations: Marcel in Proust's *Time Regained* and Clarissa in Woolf's *Mrs. Dalloway*. Some Classical Hindu Perspectives on Midlife.

December 2011: 296pp.

Hb: 978-0-415-66698-5: £60.00/\$99.00

Pb: 978-0-415-66699-2: £22.99/\$36.95

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## Filming the Nation

### Jung, Film, Neo-Realism and Italian National Identity

**Donatella Spinelli Coleman**, De Montfort University, Leicester, UK

*"Using post-Jungian methodology, Donatella Spinelli Coleman shows how, under the intense pressure of the European war and its aftermath, these films embody fluctuating currents emerging from the*

*Italian cultural and transpersonal unconscious of that epoch. She has written a book of great value for students of Film, the History of Culture and the application of Jungian Theory."* - **John Izod**, University of Stirling, UK

Italian neo-realism has inspired film audiences and fascinated critics and film scholars for decades. This book offers an original analysis of the movement and its defining films from the perspective of the cultural unconscious.

Combining a Jungian reading with traditional theorizations of film and national identity, *Filming the Nation* reinterprets familiar images of well-known masterpieces by Roberto Rossellini, Vittorio de Sica and Luchino Visconti and introduces some of their less renowned yet equally significant films.

**CONTENTS:** Introduction. **Part I: Primo Tempo.** The Uninvited Guest: Film, Psychoanalysis and the Jungian Absence. Archetype and Complex: The Paradox of Dynamic Structures. Jung, Film and Nation: Image as Witness of a Process of Becoming. **Part II: Intervallo.** Italian Neo-Realism and the Unmitigated Darkness of Historical Truth. **Part III: Secondo Tempo.** 1942-1945: War and Archetypes: An Orphan Nation with a Legacy of Murder. 1942-1943: Leaving the Father's House. 1943-1945: Towards the End of the War. 1947-1949: Clearing the Debt to the Maternal Between War and Reconstruction. 1949-1952: Redeemers, Tricksters and the Wisdom of the Unconscious. Conclusion.

2010: 240pp.

Hb: 978-0-415-55513-5: £60.00/\$99.00

Pb: 978-0-415-55514-2: £19.99/\$31.95

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## Backlist Books



**Singh: Film After Jung: Post-Jungian Approaches to Film Theory**

Hb: 978-0-415-43089-0: 2009: 224pp. £60.00/\$95.00

Pb: 978-0-415-43090-6: 2009: 224pp. £18.95/\$29.95

[www.routledge.com/9780415430906](http://www.routledge.com/9780415430906)



**Waddell: Wild/lives: Trickster, Place and Liminality on Screen**

Hb: 978-0-415-42042-6: 2009: 216pp. £65.00/\$105.00

Pb: 978-0-415-42043-3: 2009: 216pp. £23.95/\$37.50

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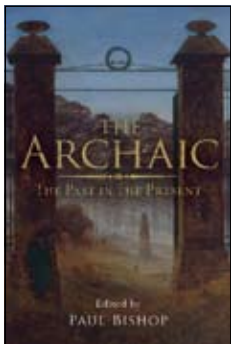
**Waddell: Mis/takes: Archetype, Myth and Identity in Screen Fiction**

Hb: 978-1-58391-720-6: 2006: 248pp. £55.00/\$95.00

Pb: 978-1-58391-721-3: 2006: 248pp. £20.95/\$37.50

[www.routledge.com/9781583917213](http://www.routledge.com/9781583917213)

## New and Forthcoming Books



Forthcoming!

### The Archaic

#### The Past in the Present

Edited by **Paul Bishop**, University of Glasgow, UK

*The Archaic* takes as its major reference points C. G. Jung's classic essay, 'Archaic Man' (1930), and Ernesto Grassi's paper on 'Archaic Theories of History' (1990).

Moving beyond the confines of a

Jungian framework to include other methodological approaches, this book explores the concept of the archaic.

Defined as meaning 'old-fashioned', 'primitive', 'antiquated', the archaic is, in fact, much more than something very, very old: it is timeless, inasmuch as it is before time itself. Archē, Urgrund, Ungrund, 'primordial darkness', 'eternal nothing' are names for something essentially nameless, yet whose presence we nevertheless intuit. This book focuses on the reception of myth in the tradition of German Idealism or Romanticism (Creuzer, Schelling, Nietzsche), which not only looked back to earlier thinkers (such as Jacob Boehme) but also laid down roots for developments in twentieth-century thought (Ludwig Klages, Martin Heidegger).

**CONTENTS: Part I:** Bishop, Introduction: A Brief History of the Archaic. Grassi, 'Archaic Theories of History': Thucydides, Hesiod, Pindar: The Original Character of Language. Kozljanič, Genius Loci and the Numen of a Place: A Mytho-phenomenological Approach to the Archaic. Cardew, The Archaic and the Sublimity of Origins. Bambach, The Idea of the Archaic in German Thought: Creuzer – Bachofen – Nietzsche – Heidegger. **Part II:** Jung, Archaic Man. Segal, Jung and Lévy-Bruhl. Rowland, Jung Performing the Archaic: Response to 'Jung and Lévy-Bruhl'. Bishop, The Archaic: Timeliness and Timelessness.

December 2011: 272pp.

Hb: 978-0-415-54755-0: £65.00/\$99.00

Pb: 978-0-415-54756-7: £24.99/\$39.95

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## Also from Paul Bishop



**Analytical Psychology and German Classical Aesthetics: Goethe, Schiller, and Jung: The Development of the Personality: Volume 1**

Hb: 978-1-58391-808-1: 2007: 248pp. £70.00/\$120.00

Pb: 978-1-58391-809-8: 2007: 248pp. £23.95/\$42.50

[www.routledgejournalhealth.com/9781583918098](http://www.routledgejournalhealth.com/9781583918098)

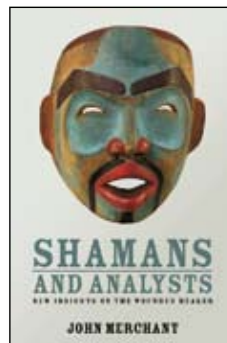


**Analytical Psychology and German Classical Aesthetics: Goethe, Schiller, and Jung: The Constellation of the Self, Volume 2**

Hb: 978-0-415-43028-9: 2008: 264pp. £70.00/\$120.00

Pb: 978-0-415-43029-6: 2008: 264pp. £23.95/\$42.50

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New!

### Shamans and Analysts

#### New Insights on the Wounded Healer

**John Merchant**, in private practice, Sydney, Australia

*Shamans and Analysts* provides a model by which to understand the wounded

healer phenomenon. It provides evidence as to how this dynamic arises and gives a theoretical model by which to understand it, as well as practical implications for the way analysts' wounds can be transformed and used in their clinical work.

By examining shamanism through the lens of contemporary approaches to archetype theory, this book breaks new ground through specifying the developmental foreground to the shaman archetype, which not only underpins the wounded healer but constitutes those regarded as 'true Jungians'.

These original and thought-provoking ideas offer a revolutionary way to understand wounded healers, how they operate and how they should be trained, ultimately challenging traditional analyst / analysts and stereotypes.

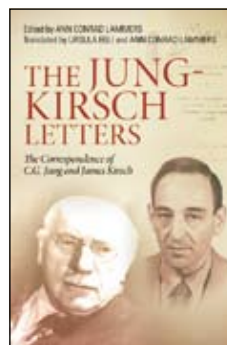
**CONTENTS:** The 'Good Analyst' and the 'True Jungians'. The Wounded Healer. What Is Shamanism? Shamanism and the Wounded Healer as an Archetype. Contemporary Archetype Theory. A Re-evaluation Of Jung's Classic Theory of Archetype. The Developmental Side to the Shamanic Wounded Healer. Case Study – The Siberian Sakha (Yakut) Tribe. The Siberian Shaman's Wound – A 'Borderline Type of Case'. Evidence that the Siberian Shaman is Proto-Borderline. Conclusions. Appendices.

July 2011: 224pp.

Hb: 978-0-415-55826-6: £60.00/\$99.00

Pb: 978-0-415-55827-3: £21.99/\$34.95

[www.routledgejournalhealth.com/9780415558273](http://www.routledgejournalhealth.com/9780415558273)



New!

### The Jung-Kirsch Letters

#### The Correspondence of C.G. Jung and James Kirsch

Edited by **Ann Conrad Lammers**, in private practice, UK

Translated by **Ursula Egli** and **Ann Conrad Lammers**

"In this fascinating, beautifully presented and paced correspondence, James Kirsch, a devoted student of Jung's ideas, becomes a stand-in for all of us who would have liked to have been close enough to Jung to engage him on the topics that are most problematic in his writings."

- **John Beebe**, C. G. Jung Institute of San Francisco, USA

This book charts Carl Gustav Jung's 32-year correspondence with James Kirsch, a German-Jewish psychiatrist who founded Jungian communities in Berlin, Tel Aviv, London, and Los Angeles, and adds depth and complexity to the previously published record of the early Jungian movement. Their letters tell of heroic survival, brilliant creativity, and the building of generative institutions; but these themes are also darkened by personal and collective shadows.

The Nazi era looms over the first half of the book and shapes the story in ways that are fateful not only for Kirsch and his career but also for Jung and his. In 1934, fearing that the undertow

of anti-Semitism had taken hold of his beloved teacher, Kirsch challenged Jung to explain some of his publications for the German-dominated (now Nazi-dominated) International Society for Psychotherapy. Jung's answer convinced Kirsch of his sincerity, and from then on Kirsch defended him fiercely against any allegation of anti-Semitism.

The letters are translated here for the first time and the illuminating editorial commentary provides unique and incisive insights into the writers' world.

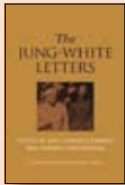
**CONTENTS:** List of Illustrations. *T. Kirsch*, Preface. Abbreviations. *Lammers*, Introduction. The Letters. 1928–1932, Berlin. 1933–1934, Tel Aviv. 1935–1938, London. 1940–1947, Los Angeles. 1948–1949, The Institute. 1950–1952, Aion and Job. 1953, Jungians in L.A. 1954, Habent sua fata. 1955–1958, Zurich/Tokyo. 1959–1961, Mysterium. Appendix A: James Kirsch, 1934, "Then He Will Open the Ears of Men". Appendix B: Letters of C. G. Jung and Hilde Kirsch. Appendix C: James Kirsch, 1954, "The Red One": A Psychological Interpretation of a Story by Jack London." Appendix D: A Brief History of the AAGP/IAAGP. Editor's Note. Translators' Note. List of Letters. Selected Bibliography.

May 2011: 392pp.

Hb: 978-0-415-41921-5: £50.00/\$80.00

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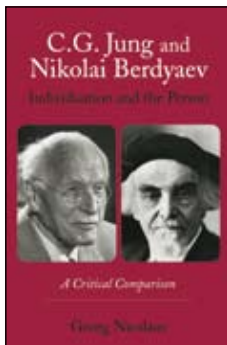
## Also from Ann Conrad Lammers



### The Jung-White Letters

Edited by **Ann Conrad Lammers** and **Adrian Cunningham**: Consulting Editor: **Murray Stein**  
Hb: 978-1-58391-194-5: 2007: 416pp. £52.50/\$95.00

[www.routledgejournalhealth.com/9781583911945](http://www.routledgejournalhealth.com/9781583911945)



## C.G. Jung and Nikolai Berdyaev: Individuation and the Person

### A Critical Comparison

**Georg Nicolaus**, New School of Counselling and Psychotherapy, London, UK

This book explores C.G. Jung's psychology through the perspective of the existential philosopher Nikolai Berdyaev, drawing striking parallels between Jung's theory of individuation and Berdyaev's understanding of the person.

Placing Jung and Berdyaev firmly within the context of secular humanism, Nicolaus draws on their personal experiences of individuation to show how both writers seek to enable a renewal of our self-understanding as persons in a post-religious society.

*C.G. Jung and Nikolai Berdyaev* offers a fresh perspective on the ethical implications of Jung's theory and serves also as an introduction to Berdyaev's thought.

**CONTENTS:** *Papadopoulos*, Foreword. General Introduction. Berdyaev's Life. An Introduction to Berdyaev's Philosophy. Person in Jung and Berdyaev. Esse in Anima and the Epistemology of the Heart. Person and God-image. Individuation and the Ethics of Creativity. Conclusion: Moving Beyond the Pre/Trans Fallacy.

2010: 240pp.

Hb: 978-0-415-49315-4: £60.00/\$99.00

Pb: 978-0-415-49316-1: £24.99/\$39.95

[www.routledgejournalhealth.com/9780415493161](http://www.routledgejournalhealth.com/9780415493161)



Forthcoming!

## The Ecocritical Psyche

### Literature, Evolutionary Complexity and Jung

**Susan Rowland**, Pacifica Graduate Institute, California, USA

*The Ecocritical Psyche* unites literary studies, ecocriticism, Jungian ideas, mythology and complexity evolution for the first time, developing the aesthetic aspect of psychology and science as deeply as it explores evolution in Shakespeare and Jane Austen.

In this book, Susan Rowland scrutinizes literature to understand how we came to treat 'nature' as separate from ourselves and encourages us to re-think what we call 'human'. By digging into symbolic, mythological and evolutionary fertility in texts such as *The Secret Garden*, *The Tempest*, *Wuthering Heights* and *The Lion, the Witch and the Wardrobe*, the book argues that literature is where the imagination, estranged from nature in modernity, is rooted in the non-human other. *The Ecocritical Psyche* is unique in its interdisciplinary expansion of literature, psyche, science and myth.

**CONTENTS:** Introduction: The Problem of Writing and Nature for Jung and Evolution. The Problem of the Body In/Out of Nature for Jane Austen and Seamus Heaney. The Problem of Heaven and Hell for Emily Bronte. Re-figuring Evolution for Children's Literature. Hunting Signs with the Trickster Detectives. Shakespeare's Magical Power. The Writer and the Underworld.

December 2011: 192pp.

Hb: 978-0-415-55093-2: £60.00/\$99.00

Pb: 978-0-415-55094-9: £22.99/\$36.95

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## Also by Susan Rowland



### Psyche and the Arts

Jungian Approaches to Music, Architecture, Literature, Painting and Film

Hb: 978-0-415-43835-3: 2008: 216pp. £65.00/\$110.00

Pb: 978-0-415-43836-0: 2008: 216pp. £23.95/\$42.50

[www.routledgejournalhealth.com/9780415438360](http://www.routledgejournalhealth.com/9780415438360)

Forthcoming!

## The Neurobiology of the Gods

### How Brain Physiology Shapes the Recurrent Imagery of Myth and Dreams

**Erik D. Goodwyn**, Minot Air Force Base Mental Health Clinic, North Dakota, USA

Where does science end and religion begin? Can "spiritual" images and feelings be understood on a neurobiological level without dismissing their power and mystery?

In this book, psychiatrist Erik Goodwyn addresses these questions by reviewing decades of research, putting together a compelling argument that the emotional imagery of myth and dreams can be traced to our deep brain physiology, and importantly, how a sensitive look at this data reveals why mythic or religious symbols are indeed more "godlike" than we might have imagined.

*The Neurobiology of the Gods* weaves together Jungian depth psychology with research in evolutionary psychology, neuroanatomy, cognitive science, neuroscience, anthropology, mental imagery, dream research, and metaphor theory into a comprehensive model of how our brains contribute to the recurrent images of dreams, myth, religion and even hallucinations. Goodwyn shows how common dream, myth and religious experiences can be meaningful and purposeful without discarding scientific rigor.

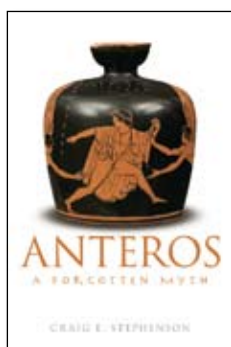
**CONTENTS: Part I: Definitions and Foundations.** Symbols, Biology and Depth Psychology. Foundations. Mental Images, Symbolic Images and "Archetypal" Images. **Part II: Individual Symbols.** Human and Animal Spirits. The Anima/Feminine Symbols. The Animus/Masculine Symbols. The Mother. The Father. The Child. The Shadow. The Dreamscape. Deep Archetypes – Time, Number, Causation. Complex Recurrent Symbols and Self Symbols. **Part III: Conclusions.** Meaning. Molecules to Mandalas. Appendix: Affective Neuroscience.

January 2012: 248pp.

Hb: 978-0-415-67299-3: £65.00/\$99.00

Pb: 978-0-415-67300-6: £22.99/\$36.95

[www.routledge mentalhealth.com/9780415673006](http://www.routledge mentalhealth.com/9780415673006)



Forthcoming!

## Anteros

### A Forgotten Myth

**Craig E. Stephenson**, in private practice, Paris, France

*Anteros: A Forgotten Myth* explores how the myth of Anteros disappears and reappears throughout the centuries, from classical Athens to the present day, and looks at how the myth challenges the work of Freud, Lacan, and Jung,

among others. It examines the successive cultural experiences that formed and inform the myth and also how the myth sheds light on individual human experience and the psychoanalytic process. Topics of discussion include: Anteros in the Italian Renaissance, the French Enlightenment and English Modernism; Psychologizing Anteros: Freud, Lacan, Girard, and Jung; and Three Anterotic Moments in a Consulting Room.

**CONTENTS:** Introduction. Resident Alien: Anteros in Classical Greek and Roman Settings. La Récupération: Anteros in the Italian Renaissance. Anteros as Contr'amour in the French Enlightenment. Chthonic Anteros in the French Romantic Cosmology. Anteros at the Threshold of English Modernism. Contemporary Artists of the Anterotic. Psychologizing Anteros: Freud, Lacan, Girard. Psychologizing Anteros: Jung. Three Anterotic Moments in a Consulting Room. An Open End: Anteros as a More Visible Mystery.

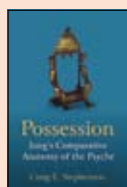
October 2011: 200pp.

Hb: 978-0-415-57230-9: £60.00/\$99.00

Pb: 978-0-415-57231-6: £22.99/\$36.95

[www.routledge mentalhealth.com/9780415572316](http://www.routledge mentalhealth.com/9780415572316)

## Also by Craig E. Stephenson



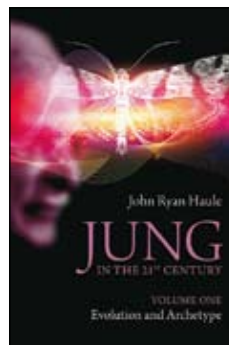
### Possession

#### Jung's Comparative Anatomy of the Psyche

Hb: 978-0-415-44651-8: 2009: 200pp. £65.00/\$105.00

Pb: 978-0-415-44652-5: 2009: 200pp. £22.95/\$37.50

[www.routledge mentalhealth.com/9780415446525](http://www.routledge mentalhealth.com/9780415446525)



## Jung in the 21<sup>st</sup> Century

### Evolution and Archetype

#### Volume One

**John Ryan Haule**, in private practice, Boston, USA

This first volume provides an original overview of Jung's work, demonstrating that it is fully compatible with contemporary views in science. It draws

on a wide range of scientific disciplines including, evolution, neurobiology, primatology, archaeology and anthropology.

Divided into three parts, areas of discussion include:

- evolution, archetype and behaviour
- individuation, complexes and theory of therapy
- Jung's psyche and its neural substrate
- the transcendent function
- history of consciousness.

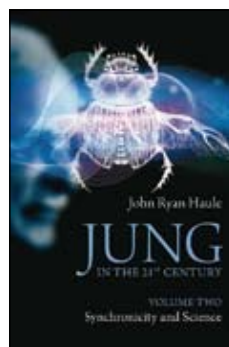
*Jung in the 21<sup>st</sup> Century Volume One* will be an invaluable resource for all those in the field of analytical psychology, including students of Jung, psychoanalysts and psychotherapists with an interest in the meeting of Jung and science.

2010: 312pp.

Hb: 978-0-415-57797-7: £60.00/\$99.00

Pb: 978-0-415-57798-4: £23.99/\$38.95

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## Jung in the 21<sup>st</sup> Century

### Synchronicity and Science

#### Volume Two

**John Ryan Haule**, in private practice, Boston, USA

This second volume explores Jung's understanding of synchronicity and argues that it offers an important contribution to contemporary science.

Whilst the scientific world has often ignored Jung's theories as being too much like mysticism, Haule argues that what the human psyche knows beyond sensory perception is extremely valuable.

Divided into two parts, areas of discussion include:

- shamanism and mastery
- border zones of exact science
- meditation, parapsychology and psychokinesis.

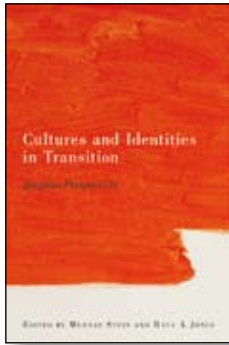
*Jung in the 21<sup>st</sup> Century Volume Two* will, like the first volume, be an invaluable resource for all those in the field of analytical psychology, including students of Jung, psychoanalysts and psychotherapists with an interest in the meeting of Jung and science.

2010: 248pp.

Hb: 978-0-415-57801-1: £60.00/\$99.00

Pb: 978-0-415-57802-8: £23.99/\$38.95

[www.routledge mentalhealth.com/9780415578028](http://www.routledge mentalhealth.com/9780415578028)



## Cultures and Identities in Transition

### Jungian Perspectives

Edited by **Murray Stein**, International School for Analytical Psychology, Switzerland, and **Raya A. Jones**, Cardiff University, UK

*"What is Jungian Studies? One way to answer this question is to turn to this fine*

*new collection of crafted essays, edited by Murray Stein and Raya A. Jones... one can only have gratitude for a book such as this. It gives a taste and introduction to many fine writers and vital debates."*

- **Susan Rowland**, *Journal of Analytical Psychology*

*Cultures and Identities in Transition* returns to the roots of analytical psychology, offering a thematic approach which looks at personal and cultural identities in relation to Jung's own identity and the identities of contemporary Jungians.

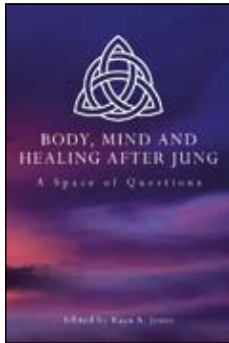
The book begins with two clinical studies, representing a meeting point between the traditional praxis of Jungian analysis, on the one side, and the current zeitgeist, world events and collective anxieties as impacting on persons in therapy, on the other.

2010: 248pp.

Hb: 978-0-415-54963-9: £60.00/\$99.00

Pb: 978-0-415-54964-6: £22.99/\$36.95

[www.routledgejournalhealth.com/9780415549646](http://www.routledgejournalhealth.com/9780415549646)



## Body, Mind and Healing After Jung

### A Space of Questions

Edited by **Raya A. Jones**, Cardiff University, UK

*"This book offers a welcome interdisciplinary approach to Jungian psychology, with a focus on the embodied nature of the psyche."* - **Jean Knox**,

**Training Analyst of the Society of Analytical Psychology, UK**

It is difficult to point to an aspect of Jungian psychology that does not touch on mind, body and healing in some way. In this book Raya Jones draws on the triad of body, mind and healing and (re)presents it as a domain of ongoing uncertainty within which Jung's answers stir up further questions.

Contributors from both clinical and scholarly backgrounds offer a variety of cultural and historical perspectives. Areas of discussion include: the psychosomatic nature of patients' problems; transference and counter-transference; and therapeutic techniques centred on movement or touch.

Striking a delicate balance between theory-centred and practice-oriented approaches *Body, Mind and Healing After Jung* is essential reading for all Jungians.

**CONTENTS:** Jones, Introduction. Maoz, *Arbit*, Returning to Life: Trauma Survivors' Quest for Reintegration. Romanyshyn, The Body in Psychotherapy: Contributions of Merleau-Ponty. Sherwood, The Embodied Psyche: Movement, Sensation, Affect. Jones, The 'Child' Motif in Theorizing about Embodied Subjectivity. Saban, *Fleshing Out the Psyche*: Jung, Psychology and the Body. Saban, *Staging the Self*: Performance, Individuation and Embodiment. Muramoto, The Buddhist Concept of Mind and Body in Diversity. Miller, A Sami Healer's Diagnosis: A Case of Embodied Countertransference? Nakamura, Struggles, Commercialism,

'Ideal' Feminine Images and Internal Oppression: Eating Disorders and the Pursuit Thinness in Japan. *Barone-Chapman*, Pregnant Pause: Procreative Desire, Reproductive Technology and Narrative Shifts at Midlife. *Dowd*, Mind the Gap: Explorations in the Subtle Geography of Identity. *Farah*, The Body in the Postmodern World – A Jungian Approach. *Ribeiro-Blanchard*, *Seixas, Rios*, The Body in Psychotherapy: Calatonia and Subtle Touch Techniques. *Fuselier, Winegarden*, 'Crouching Tiger, Hidden Dragon': The Transformative Power of Posture and Breath.

2010: 288pp.

Hb: 978-0-415-48306-3: £60.00/\$99.00

Pb: 978-0-415-48307-0: £22.99/\$36.95

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## Also from Raya Jones



## Education and Imagination

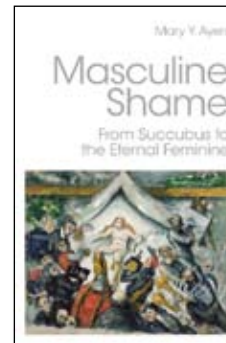
### Post-Jungian Perspectives

Edited by **Raya A. Jones**, **Austin Clarkson**, **Sue Congram** and **Nick Stratton**

Hb: 978-0-415-43257-3: 2008: 232pp. £65.00/\$110.00

Pb: 978-0-415-43258-0: 2008: 232pp. £23.95/\$42.50

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**New!**

## Masculine Shame

### From Succubus to the Eternal Feminine

**Mary Y. Ayers**, in private practice, Washington D.C., USA

How does the image of the succubus relate to psychoanalytic thought?

*Masculine Shame: From Succubus to the Eternal Feminine* explores the idea

that the image of the succubus, a demonic female creature said to emasculate men and murder mothers and infants, has been created out of the masculine projection of shame and looks at how the transformation of this image can be traced through Western history, mythology, and Judeo-Christian literature. Divided into three parts areas of discussion include: the birth of civilization and the evolution of the succubus; the image of the succubus in the writings of Freud and Jung; and the succubus as child killing mother to the restoration of the eternal feminine.

Through a process of detailed cultural and social analysis, the author places the image of the succubus at the very heart of psychoanalytic thought, highlighting its presence in both Freud's Medusa and Jung's visions of Salome. As such, this book will be of great interest to all those in the fields of analytical psychotherapy and psychoanalysis.

**CONTENTS: Part I: The Birth of Civilization and the Evolution of the Succubus.** The Succubus, the Evil Eye and Shame. The Historic Unfolding of the Image of the Succubus. **Part II: The Image of the Succubus in the Writings Freud and Jung.** The Split Between Freud and Jung. Sigmund Freud's Medusa. Siegfried to Salome: Jung's Heroic Journey. The Blinded Eternal Feminine. **Part III: From the Succubus as Child Killing Mother to the Restoration of the Eternal Feminine.** The Succubus of Early Infancy. The Evil Female Demon. Epilogue: Envisioning a Return of the Eternal Feminine.

March 2011: 208pp.

Hb: 978-0-415-39038-5: £60.00/\$99.00

Pb: 978-0-415-39039-2: £21.99/\$34.95

[www.routledgejournalhealth.com/9780415390392](http://www.routledgejournalhealth.com/9780415390392)



## Men, Women and Relationships – A Post-Jungian Approach

### Gender Electrics and Magic Beans

**Phil Goss**, University of Central Lancashire, UK

This book offers Jungian perspectives on social constructions of gender

difference and explores how these feed into adult ways of relating within male-female relationships. Phil Goss places this discussion within an archetypal context drawing on the fairy tale *Jack and the Beanstalk* to consider the deep tension in western culture between the transcendent masculine and the immanent feminine.

Offering both developmental and socio-cultural frameworks, areas of discussion include:

- the use of story and myth to understand gender
- Jungian and post-Jungian approaches: updating anima/animus
- working clinically with men, and with women
- the developmental pathways of gender difference
- power relations between men and women in the home.

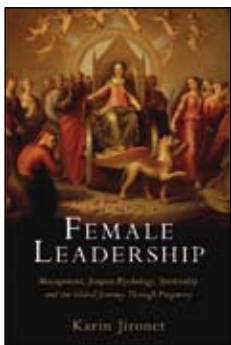
**CONTENTS:** Introduction. Jack and the Beanstalk: Magic Beans and Angry Mothers. Gender Illusion, Gendered Reality. Gender Electrics: Eros, Thanatos and the Currents of the Past. Thánima. Thánimus. Climbing the Beanstalk: Personal and Collective Adolescence. Walking on Clouds: Male and Female Territories. Bringing the Giants Down from the Sky: Men, Women, Relationships and the Problem of Home.

2010: 272pp.

Hb: 978-0-415-47674-4: £60.00/\$99.00

Pb: 978-0-415-47675-1: £22.99/\$36.95

[www.routledge mentalhealth.com/9780415476751](http://www.routledge mentalhealth.com/9780415476751)



## Female Leadership Management, Jungian Psychology, Spirituality and the Global Journey Through Purgatory

**Karin Jironet**, de Baak VNO-NCW Management Centre, The Netherlands

*"In this work Karin Jironet offers all of us guidance in moving toward a goal that is fresh and new – spiritual and*

*psychological leadership within the difficult and confining spaces of modernity but also based rigorously upon ancient psychological and spiritual principles."* - **Murray Stein**, From the Foreword

This book explores the nature of female leadership and illustrates how women may seek to renew the very notion of leadership through their own personal development.

Offering a psycho-spiritual examination of Dante's journey through *Purgatory* and the seven sins and virtues, the book discusses the process of overcoming the tension between inner motivations and outer expectations through personal development in order to achieve true leadership.

*Female Leadership* will be of great interest to all professionals who wish to familiarise themselves with personal leadership development and learn how Jungian theory has been put into practice in this field, as well as to leaders in corporate and non-corporate organisations.

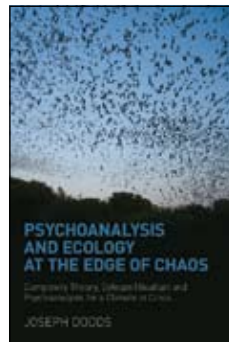
**CONTENTS:** *Stein*, Foreword. Introduction. The Divine Comedy. Pride and Humility. Envy and Generosity. Anger and Gentleness. Sloth and Zeal. Greed and Charity. Gluttony and Temperance. Lust and Chastity. Female Leadership: The Way Forward.

2010: 144pp.

Hb: 978-0-415-58291-9: £55.00/\$90.00

Pb: 978-0-415-58292-6: £18.99/\$29.95

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New!

## Psychoanalysis and Ecology at the Edge of Chaos

### Complexity Theory, Deleuze|Guattari and Psychoanalysis for a Climate in Crisis

**Joseph Dodds**, Charles University, Prague, Czech Republic

*"Showing himself to be a 'nomadic scholar' of the highest order Dodds both draws on relevant psychoanalytic ideas to explore the ecological terrain, and points out its limitations in remaining, in spite of all its advantages, fundamentally a psychology without ecology."*

- **Martin Jordan**, From the Foreword

This book argues that psychoanalysis has a unique role to play in the climate change debate through its placing emphasis on the unconscious dimensions of our mental and social lives. Exploring contributions from Freudian, Kleinian, Object Relations, Self Psychology, Jungian, and Lacanian traditions, the book discusses how psychoanalysis can help to unmask the anxieties, deficits, conflicts, phantasies and defences crucial in understanding the human dimension of the ecological crisis.

Yet despite being essential to studying environmentalism and its discontents, psychoanalysis still remains largely a 'psychology without ecology'. The philosophy of Deleuze and Guattari, combined with new developments in the sciences of complexity, help us to build upon the best of these perspectives, providing a framework able to integrate Guattari's 'three ecologies' of mind, nature and society. This book thus constitutes a timely attempt to contribute towards a critical dialogue between psychoanalysis and ecology.

In our era of anxiety, denial, paranoia, apathy, guilt, hope, and despair in the face of climate change, this book offers a fresh and insightful psychoanalytic perspective on the ecological crisis.

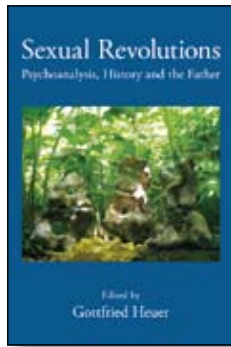
**CONTENTS:** *Jordan*, Foreword. **Part I: Climate Change: A Psychological Problem.** Climate Crisis: Psychoanalysis and the Ecology of Ideas. Theoretical Crisis: Complexity as Meta-theory. Ecology at the Edge of Chaos. **Part II: The Phantasy of Ecology: The Psychoanalysis of Climate Change.** Classical Psychoanalysis. Eco-anxiety and Defence. Object Relations Theory: A More Ecological Approach to Mind. **Part III: The Ecology of Phantasy.** Ecopsychology and the Greening of Psychotherapy. Ecology without Nature: Postmodern Ecopsychanalysis. Becoming-animal and Horror. The Zoological Imagination. **Part IV: Nonlinear Ecopsychanalysis.** Entering the Nonlinear World. The Ecology and Complexity of Psychoanalysis. Deleuze|Guattari and the Ecology of Mind. Ecopsychanalysis and the Future of the Three Ecologies.

August 2011: 256pp.

Hb: 978-0-415-66611-4: £60.00/\$95.00

Pb: 978-0-415-66612-1: £19.99/\$31.95

[www.routledge mentalhealth.com/9780415666121](http://www.routledge mentalhealth.com/9780415666121)



## Sexual Revolutions

### Psychoanalysis, History and the Father

Edited by **Gottfried Heuer**, in private practice, London, UK

The ideas of psychoanalyst Otto Gross (1877–1920) have had a seminal influence on the development of psychoanalytic theory and clinical practice and yet his work has been largely overlooked. For Freud, he was one of only two analysts

‘capable of making an original contribution’ (Jung was the other), and Jung called Gross ‘my twin brother’ in the course of their mutual analysis.

This is a major interdisciplinary enquiry into the history, nature and plausibility of the idea of a ‘sexual revolution’, drawing also on the related fields of history, law, criminology, literature, sociology and philosophy. Divided into four parts and offering an interdisciplinary and international range of contributors, areas of discussion include:

- a contemporary perspective on sexual revolutions
- the broad influence of Otto Gross
- the father/son conflict
- a Jungian perspective on history.

*Sexual Revolutions* introduces Gross’ work to the academic and clinical fields of psychoanalysis and Jungian analysis.

**CONTENTS:** *Heuer*, ‘The Angel of History’: The Past and the Present Are Entwined Like Lovers in an Embrace.’ **Part I: History.** *Lu*, Jung and History: Adumbrations of a Post-Jungian Approach to Psychohistory. *Bennett*, Sexual Revolutions – Towards a Brief History. **Part II: Fathers and Sons.** *Muhlbacher*, Elementary My Dear Holmes – Hans Gross, the Father of Criminology and Arthur Conan Doyle. *Gilman*, Kafka, Sex and the Jews. *Dienes*, Gross vs. Gross. *Olenhusen*, Sigmund Freud, Max Weber and the Sexual Revolution. **Part III: Psychoanalysis, Literature and Sociology.** *Springer*, Freud, Gross, Sexual Revolution. *Heuer*, The Birth of Intersubjectivity: Otto Gross and the Development of Psychoanalytic Theory and Clinical Practice. *Totton*, Wilhelm Reich’s Theory of Sexuality. *Michaels*, Otto Gross’ Influence on German-language Writers. *Turner*, ‘Making History’: D.H. Lawrence, Frieda Weekley and Otto Gross. *Whimster*, No Place for a Sexual Revolutionary. Heidelberg and Otto Gross. **Part IV: Sexual Revolutions.** *Orbach*, *Kahr*, Sexual Liberation: Where Have We Got To? Psychoanalysis and the Engagement with Sexual Liberation. *Samuels*, Carnal Critiques: Promiscuity, Politics, Imagination, Spirituality and Hypocrisy. *Hon*, Rethinking Virginity: A Post-Jungian Reframing. *Heuer*, The Colour of Rainbows: The Advent of Post-postmodernity and the Notion of Forgiveness. *Heuer*, ‘The Sacredness of Love’ or: ‘Relationship as Third, as Religion.’ Otto Gross’ Concepts of Relationship Today.

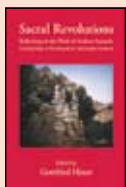
2010: 312pp.

Hb: 978-0-415-57043-5: £60.00/\$99.00

Pb: 978-0-415-57044-2: £22.99/\$36.95

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## Also from Gottfried Heuer



### Sacral Revolutions

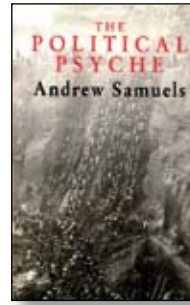
Reflecting on the Work of Andrew Samuels – Cutting Edges in Psychoanalysis and Jungian Analysis

Hb: 978-0-415-48172-4: 2009: 352pp. £65.00/\$105.00

Pb: 978-0-415-55461-9: 2009: 352pp. £23.95/\$37.50

[www.routledgejournalhealth.com/9780415554619](http://www.routledgejournalhealth.com/9780415554619)

## Books by Andrew Samuels



### The Political Psyche

Andrew Samuels

In *The Political Psyche* Andrew Samuels shows how the inner journey of analysis and psychotherapy and the passionate political convictions of the outer world are linked.

Pb: 978-0-415-08102-3: 1993: 400pp. £23.95/\$42.50

[www.routledgejournalhealth.com/9780415081023](http://www.routledgejournalhealth.com/9780415081023)



### The Plural Psyche

#### Personality, Morality and the Father

Andrew Samuels

In *The Plural Psyche* Andrew Samuels eloquently proposes the case for pluralism in approaching key issues in depth psychology. Emphasizing the role of metaphor in elucidating psychological processes, he sets out a pluralistic model of personality development.

Pb: 978-0-415-01760-2: 1989: 272pp. £23.95/\$42.50

[www.routledgejournalhealth.com/9780415017602](http://www.routledgejournalhealth.com/9780415017602)



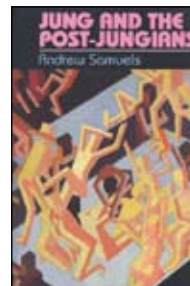
### A Critical Dictionary of Jungian Analysis

Andrew Samuels,  
Bani Shorter and Fred Plaut

The language of Jung’s writings, and of analytical psychology generally, is sometimes difficult to understand. This guide, in dictionary format, combines scholarship and historical accuracy with a stimulating, critical attitude.

Pb: 978-0-415-05910-7: 1986: 192pp. £22.95/\$39.95

[www.routledgejournalhealth.com/9780415059107](http://www.routledgejournalhealth.com/9780415059107)



### Jung and the Post-Jungians

Andrew Samuels

“Scholarly, dynamic and thought-provoking... Samuels has a remarkable capacity to trace and evaluate the different theories and approaches.”  
- *International Review of Psycho-Analysis*

This bestseller is a comprehensive review of the developments which have taken place in Jungian psychology since Jung’s death.

Pb: 978-0-415-05904-6: 1986: 304pp. £22.95/\$39.95

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Forthcoming!

## The Eccentric Artist

### Jung's Perspectives on Art and its Creation

Tjeu van den Berk, Dutch Jung Association, The Netherlands

In this book, Tjeu van den Berk examines C. G. Jung's personal perspective on art and how his work intensely engages with this theme. It analyses Jung's profound reflections on artistic considerations such as how we experience art, the specific qualities in the perception of beauty, the nature of the creative process and the aesthetic attitude.

*The Eccentric Artist* considers Jung's feelings about art simply being 'art' rather than reducing it to a moral, political, religious or psychological product. It also discusses Jung's notion that the artist is only a breeding ground for a piece of art, and once complete, the piece has an independent existence.

This book will be of great interest to all Jungian scholars, as well as those interested in the meeting of Jung and art.

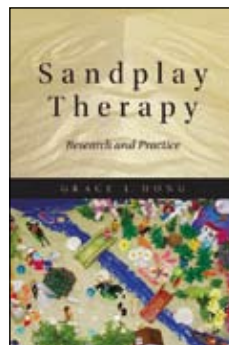
**CONTENTS:** Art Originates from 'Hidden Memories'. Art, A Product of An 'Autonomous Complex'. Art is Rooted in a Participation Mystique. Art Reveals Itself in Symbols. Art and Aesthetics Are Not Identical. Jung's Ideas about Himself as an Artist. A Psychology of Art. Jung's Perspective on "Modern Art". Jung Analyses a Surrealist Painting.

February 2012: 224pp.

Hb: 978-0-415-61027-8: £50.00/\$80.00

Pb: 978-0-415-61028-5: £19.99/\$31.95

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## Sandplay Therapy

### Research and Practice

Grace L. Hong, Dandelion Guidance and Counselling Center, the Garden of Hope Foundation, Taiwan

*"Grace Hong followed her dream, and has brought sandplay to Taiwan. This book describes her experience, and the heroic task of serving as therapist, and then as teacher and supervisor to over a hundred professional people... She is truly one of the*

*pioneers in the development of sandplay."* - **Barbara Weller, From the Foreword**

*Sandplay Therapy: Research and Practice* explores the essence of sandplay therapy. Drawing on Grace Hong's extensive work in the field the book discusses this unique, creative and nonverbal approach to therapy. The book focuses on her experiences in practice, research and teaching from both the US and Taiwan.

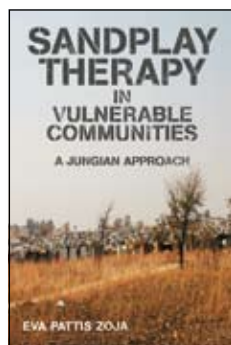
This book will be essential reading for all psychotherapists involved with sandplay therapy, as well as those working with minority groups and those with an interest in cross-cultural psychotherapy.

2010: 224pp.

Hb: 978-0-415-57051-0: £60.00/\$99.00

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New!

## Sandplay Therapy in Vulnerable Communities

### A Jungian Approach

Eva Pattis Zoja, The International Association of Expressive Sandwork, Italy

*Sandplay Therapy in Vulnerable Communities* offers a new method

of therapeutic care for people in acute crisis situations such as natural disasters and war, as well as the long-term care of children and adults in areas of social adversity including slums, refugee camps and high-density urban areas.

This book provides detailed case studies of work carried out in South Africa, China and Colombia and combines practical discussions of expressive sandwork projects with brief overviews of their sociohistoric background.

Providing the reader with clear, practical instructions for carrying out their own sandwork project, this book will be essential reading not only for psychotherapists involved with sandplay therapy but also for those with an interest in cross cultural psychotherapy.

**CONTENTS:** Introduction. The Social Aspect of Psychoanalysis: Freud's Polyclinic. The Cross-cultural Aspect of Analytical Psychology: Carl Gustav Jung. Margaret Lowenfeld's World Technique and Dora Kalff's Sandplay. Psychotherapy in Precarious Situations. Trauma and 'Newly Contained Time'. Expressive Sandwork. Expressive Sandwork in South Africa. Expressive Sandwork in China. Latin America / Colombia. Practical Instructions for an Expressive Sandwork Project.

April 2011: 208pp.

Hb: 978-0-415-59271-0: £50.00/\$80.00

Pb: 978-0-415-59272-7: £14.99/\$23.95

[www.routledgejournalhealth.com/9780415592727](http://www.routledgejournalhealth.com/9780415592727)



## Sandtray Therapy

### A Practical Manual

#### Second Edition

Linda E. Homeyer, Texas State University, USA, and Daniel S. Sweeney, George Fox University, Oregon, USA

*"How is it possible to put so much in such a small book? Homeyer and Sweeney have written a definitive primer for beginning sandtray therapists. This manual is a practical, comprehensive, concise, and*

*easy to understand approach to the essentials of sandtray therapy."*

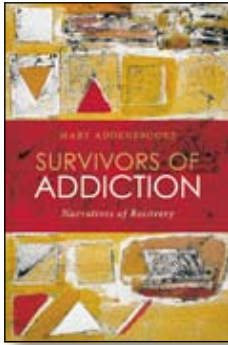
- **Garry L. Landreth, University of North Texas, USA**

This new edition of *Sandtray Therapy* is an essential read for professionals and students who wish to incorporate the use of sandtray therapy into their work with clients of all ages. All aspects of this therapeutic technique are explored engagingly and in detail. The authors describe how to select appropriate types of sand, put together a sandtray, and develop a collection of miniatures for their clients to use. Their six-step protocol guides beginners through a typical session, including room set-up, creation of the client's sandtray and the therapist's role, processing the sandtray, cleanup, and post-session documentation. New chapters discuss group sandtray therapy, working with couples and families, sandtray therapy and psychic trauma, integrating cognitive and structural techniques, and a review of the relevant research.

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New!

## Survivors of Addiction

### Narratives of Recovery

Mary Addenbrooke, in private practice, UK

*"Addenbrooke's beautifully written and innovative approach gives addicted individuals the chance to express themselves, making clear what*

*does and does not work for them in their struggle... All mental health professionals carry addicted individuals in their practices and will be grateful to learn from this fine book."* - **Andrew Samuels, University of Essex, UK**

*Survivors of Addiction* draws on first-hand narratives to provide an overview of how and why people become addicted, and explores what happens after the addiction is left behind. Divided into four sections it covers: being caught up in addiction, how and why users stop being addicted, the early days after surviving addiction and long-term outcomes.

By considering psychodynamic and Jungian perspectives as well as the clinical vignettes, this book examines the process of recovery from addiction. It will be key reading for therapists, clinicians and healthcare workers who encounter addictions in their day to day professions and will also be of great interest to those who are, or have been addicted, and their families.

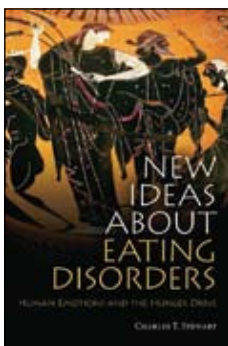
**CONTENTS:** Introduction. Setting the Scene. **Part I: Lost in the Labyrinth of Addiction.** A Shameful Secret. Down and Out. Ambivalence Second Time Round. Lost in the Labyrinth of Addiction. **Part II: The Turning Point.** I Did it My Way. Time to Stop Drinking with the Boys. I Was Able Just to be Me. The Prize Fighter. The Turning Point. **Part III: The New Task.** Starting from Scratch. Putting Away My Crutches. What I Learned When I Stopped Drinking. A Most Astonishing Thing Happened. The New Task. **Part IV: In the Long Term.** A Bleak Picture: Hoping Against Hope. A Very Major Change for Me. Stepping Away from Co-dependence. This Intense Relationship with Life Itself. In the Long Term.

April 2011: 224pp.

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New!

## New Ideas about Eating Disorders

### Human Emotions and the Hunger Drive

Charles T. Stewart, in private practice, California, USA

In this book, Charles Stewart discusses how the positive affects of the life

instinct such as interest and joy, and the crisis affects such as fear, anguish, rage, shame and contempt, condition and can even dissociate the hunger drive, thereby contributing to either positive or negative attitudes toward eating.

*New Ideas About Eating Disorders* presents clinical case studies of individuals from infancy to adulthood suffering from various eating disorders, a new theory as to their etiology, and suggestions for treatment and prevention. This book will be essential reading for all professionals engaged in caring for

patients experiencing an eating disorder and for those developing theories to deepen our knowledge of these disturbances.

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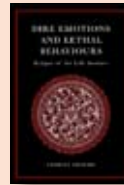
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## Also by Charles Stewart



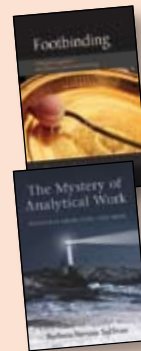
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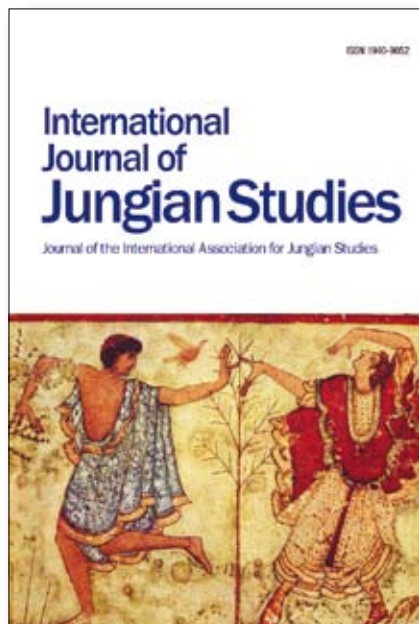
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