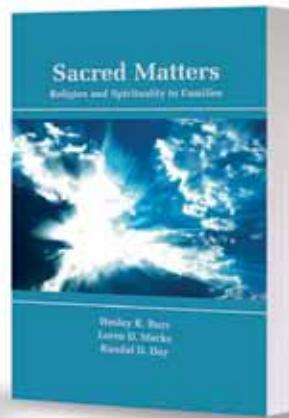
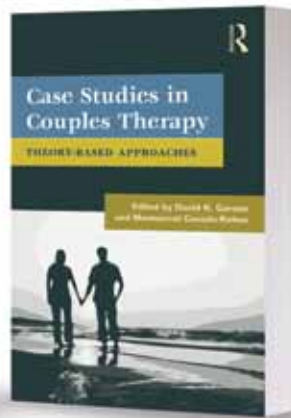
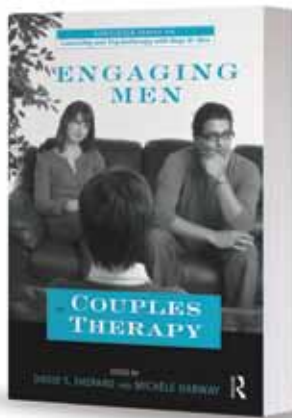
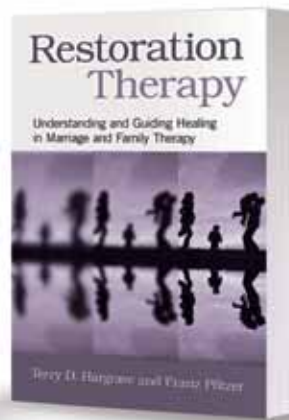


Couples and Family Therapy 2011-12

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Invitation to authors

If you would like to submit or discuss your book proposal with our Publisher, **George Zimmar**, please email George.Zimmar@taylorandfrancis.com

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Handbook of Counseling Military Couples

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 Page 4



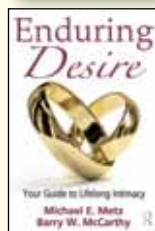
Case Studies in Couples Therapy Theory-Based Approaches

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 Page 4



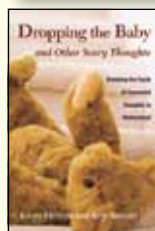
Engaging Men in Couples Therapy

Edited by **David S. Shepard** and **Michele Harway**
 Page 14



Enduring Desire Your Guide to Lifelong Intimacy

Michael E. Metz and **Barry W. McCarthy**
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Dropping the Baby and Other Scary Thoughts Breaking the Cycle of Unwanted Thoughts in Motherhood

Karen Kleiman and **Amy Wenzel**
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- **American Association for Marriage and Family Therapy (AAMFT) 2011 Annual Conference**
September 22-25 2011, Fort Worth, Texas, USA
- **American Counseling Association (ACA) 2012 Annual Conference**
March 21-25 2012, San Francisco, California, USA
- **Psychotherapy Networker Symposium 2012**
March 21-25 2012, Washington, D.C., USA
- **34th Annual Association for Death Education and Counseling (ADEC) Conference 2012**
March 28-31 2012, Atlanta, Georgia, USA
- **120th Annual Convention of the American Psychological Association (APA)**
August 2-5 2012, Florida, USA

Top 10

- 

Gerhardt: *Why Love Matters: How Affection Shapes a Baby's Brain*
Pb: 978-1-58391-817-3; 2004: 256pp. £9.99/\$18.00
www.routledgementalhealth.com/9781583918173
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Kolberg/Nadeau: *ADD-Friendly Ways to Organize Your Life*
Pb: 978-1-58391-358-1; 2002: 280pp. £13.50/\$21.95
www.routledgementalhealth.com/9781583913581
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Johnson: *The Practice of Emotionally Focused Couple Therapy: Creating Connection, Second Edition*
Pb: 978-0-415-94568-4; 2004: 384pp. £24.99/\$34.95
www.routledgementalhealth.com/9780415945684
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McCarthy/McCarthy: *Rekindling Desire: A Step-by-Step Program to Help Low-Sex and No-Sex Marriages*
Pb: 978-0-415-93551-7; 2003: 224pp. £12.50/\$18.95
www.routledgementalhealth.com/9780415935517
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Johnson et al.: *Becoming an Emotionally Focused Couple Therapist: The Workbook*
Pb: 978-0-415-94747-3; 2005: 416pp. £19.95/\$32.50
www.routledgementalhealth.com/9780415947473
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Music: *Nurturing Natures: Attachment and Children's Emotional, Sociocultural and Brain Development*
Pb: 978-1-84872-057-2; 2010: 336pp. £24.95/\$42.50
www.psypress.com/9781848720572
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Singer Kaplan: *How to Overcome Premature Ejaculation*
Pb: 978-0-87630-542-3; 1989: 128pp. £13.50/\$19.95
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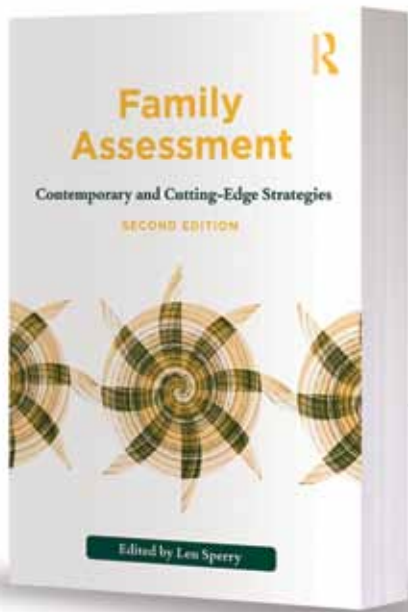
Levine et al., Eds.: *Handbook of Clinical Sexuality for Mental Health Professionals, Second Edition*
Pb: 978-0-415-80076-1; 2010: 535pp. £38.99/\$69.95
www.routledgementalhealth.com/9780415800761
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Bratton et al: *Child Parent Relationship Therapy (CPRT) Treatment Manual: A 10-Session Filial Therapy Model for Training Parents*
Pb: 978-0-415-95212-5; 2006: 272pp. £24.95/\$39.95
www.routledgementalhealth.com/9780415952125
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Hall: *Counseling Military Families: What Mental Health Professionals Need to Know*
Pb: 978-0-415-95688-8; 2008: 328pp. £21.95/\$34.95
www.routledgementalhealth.com/9780415956888



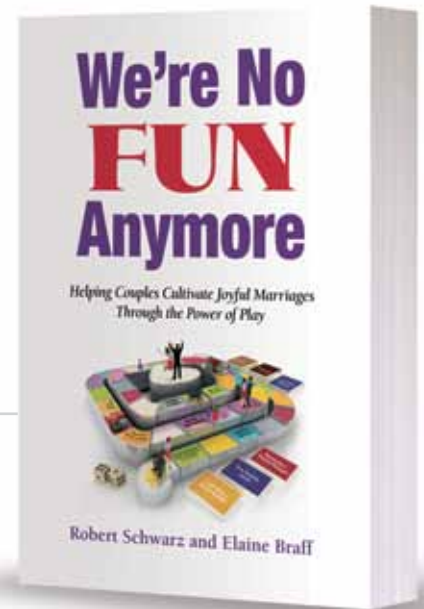
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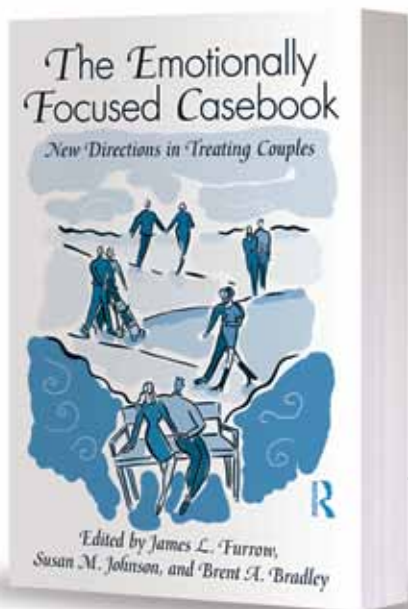
In an era that demands ever-increasing levels of accountability and documentation, *Family Assessment* is a vital tool for clinicians. It covers more than one hundred assessment methods – both the most widely-used strategies as well as those that are more specialized and issue-specific. Techniques and instruments for assessments are summarized concisely in tables and discussed in-depth in the chapters, often by the experts who developed the approaches they describe.

Family Assessment
Contemporary and Cutting-Edge Strategies
Second Edition
Edited by **Len Sperry**
December 2011: 346pp.
Hb: 978-0-415-89406-7: £56.99/\$89.99
Pb: 978-0-415-89407-4: £24.99/\$39.95
Series: *Family Therapy and Counseling*
www.routledge.com/9780415894074
Page 4

We're No Fun Anymore reminds therapists and the couples they treat that marriage does not have to mean forfeiting the passion, playfulness and joy in a relationship. With 50 combined years of clinical experience backing it, the program outlined in this book will help to build up a relationship without first tearing it down, examining its weaknesses, or trying to fix its problems.



We're No Fun Anymore
Helping Couples Cultivate Joyful Marriages
Through the Power of Play
Robert Schwarz and Elaine Braff
August 2011: 216pp.
Hb: 978-0-415-87187-7: £44.50/\$79.95
Pb: 978-0-415-87188-4: £21.99/\$34.95
www.routledge.com/9780415871884
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There is currently no single resource that compiles the various applications to the many clinical populations being served by EFT today. *The Emotionally Focused Casebook* fills that void as a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidelines and illustrations for the adaptation and application of EFT with specific treatment populations.

The Emotionally Focused Casebook
New Directions in Treating Couples
Edited by **James L. Furrow, Susan M. Johnson,**
and **Brent A. Bradley**
March 2011: 413pp.
Pb: 978-0-415-99875-8: £19.50/\$34.95
www.routledge.com/9780415998758
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Couples and Family Therapy Book Series

Family Therapy and Counseling Series



Series Editor: Jon Carlson

The *Family Therapy and Counseling Series* is devoted to providing practitioners and students with current information on specific topics relevant to marriage and family therapy, counseling, couples therapy, and child and adolescent therapy.

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Core Competencies in Psychotherapy Series



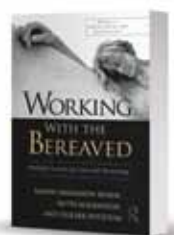
Series Editor: Len Sperry

Competency represents a paradigm shift in the training and practice of psychotherapy that is already challenging much of what is familiar and comfortable. This series addresses the core competencies common to highly effective psychotherapeutic practice, and includes individual volumes for the most commonly practiced approaches today: Cognitive Behavior, Brief Dynamic, and Solution-Focused Therapies.

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Series in Death, Dying, and Bereavement



Series Editor: Robert A. Neimeyer

Volumes published within the prestigious *Series in Death, Dying, and Bereavement* are representative of the multidisciplinary nature of the intersecting fields of death studies, suicidology, end-of-life care, and grief counseling.

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CBT with Children, Adolescents and Families Series



Series Editor: Paul Stallard

The *CBT with Children, Adolescents and Families Series* is designed to provide clinicians and trainees with the latest evidence-based clinical programmes and materials for a range of common problems in a concise and accessible format.

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Family Therapy and Counseling Series

Forthcoming!

Changing Aging, Changing Family Therapy Practicing with 21st Century Realities

Paul R. Peluso, Florida Atlantic University, USA, **Richard E. Watts**, Sam Houston State University, Texas, USA, and **Mindy Parsons**, Delray Beach Counseling Center, Florida, USA

As the baby boomers move into retirement and later stages of life, gerontology and geriatrics have begun to receive much more attention. As the authors illustrate, family therapists' expertise in family-systems theory make them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings. The authors address the state of some of the most important issues faced during the aging process including: coping with the illness of a parent or partner, working past retirement age, and more.

CONTENTS: Introduction. *Peluso, Watts, Parsons*, Grandparents Raising Grandchildren. *Frauhauf, Lambert*, Narrative Approaches to Working with Older Clients. *Peluso, Watts, Parsons*, Elderly Parents. *Qualls*, Caregiver Family Therapy for Families Dealing with Dementia. *Peluso, Watts, Parsons*, Physical Health. *Moll*, Leisure and Sexuality in Older Clients. *Peluso, Watts, Parsons*, Psychopathology in Older Couples. *Stein*, Working with "Older Old" Couples. *Peluso, Watts, Parsons*, Financial Issues, Work and Retirement. *Blando*, Transforming Your Practice to Work with Older Clients. *Peluso, Watts, Parsons*, Spirituality and Death. Interview with John Gottman. Interview with Gus Napier. Interview with Monica McGoldrick. Interview with Jon Carlson. *Peluso, Watts, Parsons*, Summary.

June 2012: 352pp.

Hb: 978-0-415-87238-6: £27.99/\$49.95

Series: Family Therapy and Counseling

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Forthcoming!

Contemporary Issues in Couples Counseling

A Choice Theory and Reality Therapy Approach

Edited by **Patricia A. Robey**, Governor's State University, Illinois, USA, **Robert E. Wubbolding**, Center for Reality Therapy, Ohio, USA, and **Jon Carlson**, Governors State University, Illinois, USA

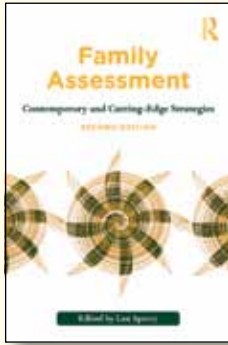
Contemporary Issues in Couples Counseling addresses the most common and difficult issues that people in the helping professions face when using Cognitive Behavior Therapy (CBT) with couples – and provides concrete solutions for addressing them effectively. In it, clinicians will find a handy reference for professionals who are looking for useful information and skills that can be applied immediately in their sessions. The book uses the time-tested, evidence-based strategies for helping clients focus on the here and now, not the past, and for helping clinicians create effective treatment plans to ensure that clients meet their individual needs while also addressing the needs of their partners.

February 2012: 280pp.

Hb: 978-0-415-89125-7: £31.99/\$44.95

Series: Family Therapy and Counseling

www.routledgeentalhealth.com/9780415891257



Family Assessment Contemporary and Cutting-Edge Strategies Second Edition

Edited by **Len Sperry**, Florida Atlantic University, USA

In an era that demands ever-increasing levels of accountability and documentation, *Family Assessment* is a vital tool for clinicians. It covers more than one hundred assessment methods – both the most widely-used strategies as well as those that are more specialized and issue-specific. Techniques and instruments for assessments are summarized concisely in tables and discussed in-depth in the chapters, often by the experts who developed the approaches they describe.

CONTENTS: *Sperry*, Family Assessment: An Overview. *Duffy, Chenail*, Qualitative Assessment. *Nurse, Sperry*, Standardized Assessment. *Hampson, Beavers*, Observational Assessment. *Sperry*, Ongoing Assessment. *Bagarozzi, Sperry*, Couples Assessment Strategy and Inventories. *Cunningham, Scott*, Child and Adolescent Assessment Strategy and Inventories. *Yingling*, Parent-Child and Family Assessment Strategy and Inventories. *Fernandez, Veshinski*, Child Custody and Divorce Assessment Strategy and Inventories. *Olafson, Connelly*, Child Abuse Assessment Strategy and Inventories. *L'Abate*, Family Assessment: Current and Future Prospects.

December 2011: 346pp.

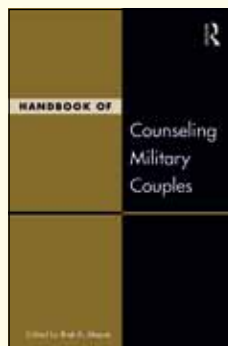
Hb: 978-0-415-89406-7: £56.99/\$89.99

Pb: 978-0-415-89407-4: £24.99/\$39.95

Series: *Family Therapy and Counseling*

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Read and Recommend!

Handbook of Counseling Military Couples

Edited by **Bret A. Moore**, former U.S. Army psychologist, Texas, USA

The military imposes unique and often severe challenges to couples, which clinicians often struggle to address. These problems are only

compounded by misunderstandings and misconceptions about what it means to be part of a specific branch of the military and part of the military as a whole. *Handbook of Counseling Military Couples* includes a clear, thorough introduction to military culture and to coupled relationships in the military, but more than that, it provides readers with expert analyses of the special types of issues that come up for military couples.

CONTENTS: *Carlson*, Foreword. *Moore*, Introduction to Counseling Military Couples. **Part I: Military Culture.** *DeVries*, Understanding the Military Culture. *Riviere, Merrill, Thomas, Wilk, Bliese*, Marital Functioning in the Military: Marital Quality, Infidelity, Divorce Intent, and Dissolution Trends Among US Enlisted Soldiers Following Combat Deployments. **Part II: Treatment Modalities.** *O'Brien*, Cognitive-Behavioral Therapy with Military Couples. *Tews-Kozlowski*,



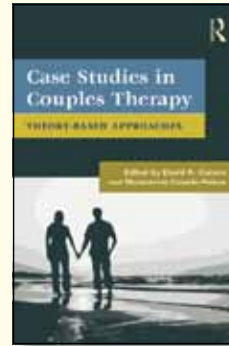
Solution-Focused Therapy with Military Couples. *Rheem, Woolley, Weissman*, Emotionally Focused Couple Therapy with Military Couples. *O'Brien*, Gottman Method Couples Therapy with Military Couples. **Part III: Specific Issues in Military Relationships.** *Hall*, The Military Lifestyle and the Relationship. *Schumm, Nazarinia, Roy, Theodore*, Separation and Divorce. *Lavender, Lyons*, Posttraumatic Stress Disorder. *Connolly, Hahn*, Depression. *Snyder, Balderrama-Durbin, Fissette, Scheider, Barnett, Fiala*, Infidelity. *Pukay-Martin, Calhoun*, Intimate Partner Violence. *Morgillo Freeman*, Substance Misuse. *Strong, Donders*, Traumatic Brain Injury. *Porter, Gutierrez*, Enhancing Resilience with Culturally Competent Treatment of Same-sex Military Couples. *Tews-Kozlowski, King*, Cultural Differences. **Part IV: Resources.** *Tully*, Helping Military Couples Understand Their Legal Rights in Divorce. *Penk, Little, Ainspan*, Civilian and Military Programs in Psychosocial Rehabilitation for Couples with PTSD.

December 2011: 411pp.

Hb: 978-0-415-88730-4: £28.99/\$44.95

Series: *Family Therapy and Counseling*

www.routledge mentalhealth.com/9780415887304



Read and Recommend!

Case Studies in Couples Therapy Theory-Based Approaches

Edited by **David K. Carson** and **Montserrat Casado-Kehoe**, both at Palm Beach Atlantic University, Florida, USA

This up-to-date, highly readable, theory-based, and application-oriented book fills a crucial void in literature on couple therapy. Few books in the couple therapy market bridge the gap between theory and practice; texts tend to lean in one direction or the other, either emphasizing theory and research with little practical application, or taking a cookbook approach that describes specific techniques and interventions that are divorced from any conceptual or theoretical base. *Case Studies in Couples Therapy* blends the best of all worlds: clinical applications with challenging and diverse couples that have been derived from the most influential theories and models in couples and family therapy, all written by highly experienced and respected voices in the field.

CONTENTS: *Carson, Casado-Kehoe*, Couples Therapy in Contemporary Society and a Theory Based Case Study Approach. *Olson-Sigg, Olson*, PREPARE/ENRICH Program for Premarital and Married Couples. *Parrott, Parrott*, Preparing Couples for Marriage: The SYMBIS Model. *Pregulman, Rienks, Markman, Wadsworth, Einhorn, Moran*, Lessons Learned From Recruiting Diverse Couples for Clinical Research on Relationship Education. *Robey, Carlson*, Adlerian Therapy with Couples. *Brok*, Working with Couples from a Psychodynamic Perspective Using Cognitive Maps. *Bagnini*, Object Relations Therapy with Couples. *Lawson*, Integrated Intergenerational Couple Therapy. *Dickson, Dattilio*, Cognitive-Behavior Therapy with Couples. *Patterson*, Cognitive-Behavioral Couple Therapy. *Lindblad-Goldberg, Igle, Simms*, Ecosystemic Structural Therapy with Couples. *Schlanger, Martinez*, Problem-solving Brief Therapy: The MRI Approach to Couples Therapy. *Anger-Diaz, Anger*, MRI's Brief Therapy Approach to Couples Therapy. *Ray, Sutton*, Strategic Couple Therapy. *McLendon, Bitter*, A Path to Wholeness: Couples Therapy within the Satir Model. *Rheem, Woolley, Johnson*, Emotionally Focused Couples Therapy: A Military Case Study. *Hendrix, Hannah*, Imago Relationship Therapy. *Luquet*, The Relational Paradigm and Imago Relationship Therapy. *Carson, Casado-Kehoe*, Creative/Experiential Therapy with Couples. *Weiss, Atkinson, Holzinger-Young, Larsen*, An Application of Pragmatic/Experiential Therapy for Couples. *Burney*, Group Oriented Experiential Couples Therapy: An



Adventure Based Approach. *Nelson*, Solution-Focused Brief Couple Therapy. *Gallant*, *Strauss*, Narrative Therapy with Couples. *Wile*, Collaborative Couple Therapy. *Levin*, *Carleton*, Collaborative Therapy with Couples. *Navarra*, *Gottman*, Gottman Method Couples Therapy: From Theory to Practice. *Gasbarrini*, *Snyder*, Affective Reconstruction: An Integrative Couple Treatment Applied to Parental Bereavement. *Zentman*, Integrated Couples Therapy: A Family Developmental Approach to the Treatment of Couples Incorporating Psychoanalytic and Systemic Models. *Ripley*, *Worthington*, *Maclin*, The Hope-Focused Approach to Couples Enrichment and Counseling.

August 2011: 426pp.

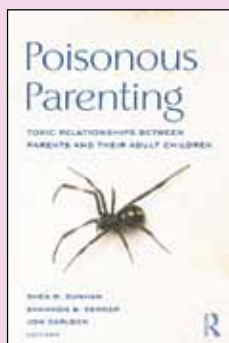
Hb: 978-0-415-87942-2: £52.99/\$90.00

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New!

Poisonous Parenting Toxic Relationships Between Parents and Their Adult Children

Edited by **Shea M. Dunham**, **Shannon B. Dermer** and **Jon Carlson**, all at Governors State University, Illinois, USA

How does the toxicity associated with particular parenting styles affect attachment? How do the contaminated views of themselves that children of poisonous parents have affect their relationships into adulthood? *Poisonous Parenting* shows clinicians how to recognize the effects of poisonous parenting in adult children and how to heal the scars created by parents' toxic attitudes and behaviors.

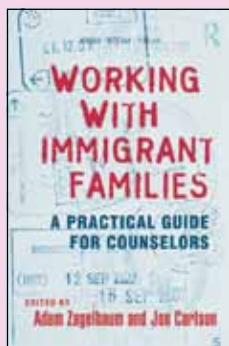
CONTENTS: *Dermer, Dunham*, Introduction. *Dermer, Dunham*, Poisonous Parenting. *Robey, Sori*, Compassionate Parenting: The Antidote to Poisonous Parenting. *Farber, Siegel*, Parental Presence: An Interpersonal Neurobiology Approach to Healthy Relationships Between Adults and Their Parents. *Goldstein, Thau*, A Brain-based Understanding From the Cradle to the Grave. *Dunham, Woolley*, Creating Secure Attachment: A Model for Creating Healthy Relationships. *Sperry*, Couple Relationships. *Horn Mallers, Englar-Carlson, Carlson*, Father-son Relationships. *Jordan*, Disconnection and Parenting: A Relational Cultural Perspective. *Durham*, Addressing Poisonous Parenting within the African American Community: A Systems Approach. *Olund*, Honor Thy Parents? A Religious Perspective on Poisonous Parenting. *Hargrave*, Saving Oneself: Forgiving the Poisonous Parent as an Act of Kindness to Oneself and Future Generations. *Dermer, Dunham*, Helping Clients Become Compassionate Parents, Partners, and Friends.

June 2011: 252pp.

Hb: 978-0-415-87908-8: £19.99/\$34.95

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Working With Immigrant Families A Practical Guide for Counselors

Edited by **Adam Zagelbaum**, Sonoma State University, California, USA, and **Jon Carlson**, Governors State University, Illinois, USA

"Working With Immigrant Families is an engrossing, readable, and insightful guide to the complex and interconnected roles immigrant families face.

This book is a must-read for those mental health professionals who are increasingly seeing these families in their practice." - **Mark Pope**, Past President, American Counseling Association, USA

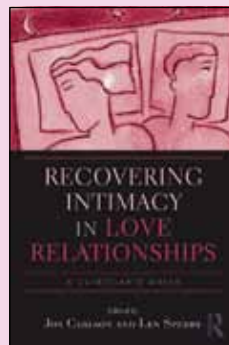
Working With Immigrant Families examines the theoretical and practice-based issues that must be considered by counseling professionals when performing family therapy with immigrant clients. It provides practitioners with insights into why immigrant families come to the United States, the processes that unfold while they do, and the steps that can be taken to help these families make the most of their experience in their new country.

2010: 296pp.

Hb: 978-0-415-80061-7: £19.99/\$34.95

Series: Family Therapy and Counseling

www.routledgejournalhealth.com/9780415800617



Recovering Intimacy in Love Relationships A Clinician's Guide

Edited by **Jon Carlson**, Governors State University, Illinois, USA, and **Len Sperry**, Florida Atlantic University, USA

The loss of intimacy is one of the most difficult – but also one of the most common – factors in the destruction of any relationship. *Recovering Intimacy in Love Relationships* lays out practical,

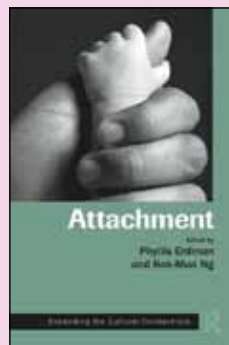
evidence-based guidelines on which clinicians can depend as they wade through the intense emotions and fragile bonds of couples in crisis.

2010: 416pp.

Hb: 978-0-415-99253-4: £24.99/\$39.95

Series: Family Therapy and Counseling

www.routledgejournalhealth.com/9780415992534



Attachment Expanding the Cultural Connections

Edited by **Phyllis Erdman**, Washington State University, USA, and **Kok-Mun Ng**, University of North Carolina-Charlotte, USA

"This book is an enthralling journey across the globe and into the hearts of people of different cultures. In a timely and relevant manner, the authors chart the universals of

attachment and bonding and context specific differences."

- **Sue Johnson**, University of Ottawa, Canada

Attachment is an exciting exploration of the latest trends in the theory and application of attachment within cross-cultural settings. The book's insightful analysis, remarkable case studies, and groundbreaking research make it essential reading for any clinician or scholar interested in perceptions of love and attachment.

2010: 352pp.

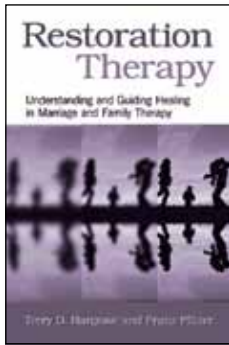
Hb: 978-0-415-99059-2: £21.99/\$34.95

Series: Family Therapy and Counseling

www.routledgejournalhealth.com/9780415990592

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Family Therapy



New!

Restoration Therapy Understanding and Guiding Healing in Marriage and Family Therapy

Terry D. Hargrave, Fuller Theological Seminary and Amarillo Family Institute, California, USA, and **Franz Pfitzer**, Klinik St. Irmingard, Priem am Chiemsee, Germany

"As an academician and clinician, I am delighted with how scholarly, comprehensive, and broadly useful Restoration Therapy is!"

- **Robert E. Lee**, Florida State University, USA

Restoration Therapy is a professional resource that introduces the reader to the essential elements of its namesake, and from there guides clinicians to a systemic understanding of how certain forces lead to destructive cycles in relationships, which perpetuate more and more dysfunction among members. Clients and therapists both will understand issues more clearly, experience the impacts that emotion can have on insight, and practice the process so more loving and trustworthy relationships can take hold in the intergenerational family.

CONTENTS: Part I: Understanding Pain, Coping and Assessment. Love and Trustworthiness. Coping with Pain: Understanding Behavior and Self-reactivity. The Process of Pattern. **Part II: The Therapeutic Work in Restoration Therapy.** Becoming a Wise Therapist. The Techniques of Working with Love and Trustworthiness. Consolidating Change in the Brain. **Part III: Utilizing the Restoration Therapy Model.** Restoration Therapy and Couples. Using Forgiveness in Restoration.

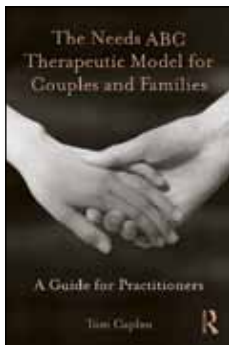
May 2011: 254pp.

Hb: 978-0-415-87625-4: £52.99/\$95.00

Pb: 978-0-415-87626-1: £19.50/\$34.95

www.routledge.com/9780415876261

e-Examination copy available



The Needs ABC Therapeutic Model for Couples and Families

A Guide for Practitioners

Tom Caplan, McGill University of Social Work, Montreal, Canada

The Needs ABC Therapeutic Model for Couples and Families shows readers how to successfully tailor a therapeutic approach to meet the needs of couples

and families. Beginning clinicians will come away from this book with concrete, practical skills and expanded theoretical base for their practice. They will be able to apply their new knowledge directly and in ways that will help them create long-lasting change in clients who present with difficult behaviors.

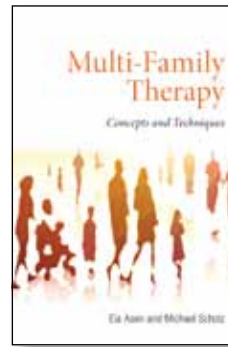
2010: 264pp.

Hb: 978-0-415-87305-5: £50.00/\$90.00

Pb: 978-0-415-87306-2: £18.99/\$32.95

www.routledge.com/9780415873062

e-Examination copy available



Multi-Family Therapy Concepts and Techniques

Eia Asen, CNWL NHS Trust, UK, and **Michael Scholz**, University of Dresden, Germany

"In this vividly-written landmark text, Asen and Scholz capture the excitement, creativity, challenges, and effectiveness of Multi-Family Therapy... An inspiring, comprehensive book." - **Peter Fraenkel**, The City College of the City University of New York, USA

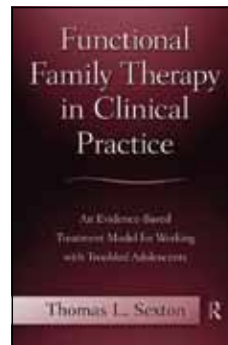
Multi-Family Therapy (MFT) involves the bringing together of different families in a therapeutic context in order to work jointly to overcome each of their specific and very individual problems. This innovative book combines the theory and concepts of MFT with detailed practical examples of techniques and exercises that have been proven to help with problematic children, teenagers and adults.

2010: 184pp.

Hb: 978-0-415-55780-1: £60.00/\$99.00

Pb: 978-0-415-55781-8: £22.99/\$40.00

www.routledge.com/9780415557818



Functional Family Therapy in Clinical Practice

An Evidence-Based Treatment Model for Working with Troubled Adolescents

Thomas L. Sexton, Indiana University, USA

"This superb guide to Functional Family Therapy is filled with insights and useful techniques. Sexton not only shows step-by-step how to conduct this therapy, but also succinctly describes the research supporting the approach and to the keys to successful supervision and dissemination." - **Jay Lebow**, The Family Institute at Northwestern, Illinois, USA

Functional Family Therapy (FFT) develops a comprehensive presentation that serves as a systematic guide to understanding the FFT clinical model, the FFT service delivery system, the theoretical principles that serve as the foundation of FFT, and the mechanism of therapeutic change that gives FFT its potency.

2010: 272pp.

Hb: 978-0-415-99691-4: £52.95/\$95.00

Pb: 978-0-415-99692-1: £27.95/\$49.95

www.routledge.com/9780415996921

e-Examination copy available

Also from Thomas L. Sexton



Handbook of Family Therapy

Edited by **Thomas L. Sexton**, **Gerald R. Weeks** and **Michael S. Robbins**

Hb: 978-1-58391-325-3: 2003: 520pp. £80.00/\$125.00

www.routledge.com/9781583913253

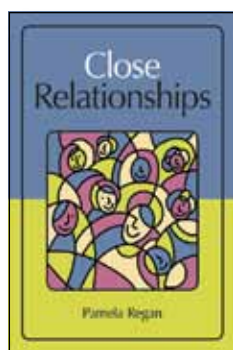
New Edition!

Families with Futures

Family Studies into the 21st Century

Second Edition**Meg Karraker**, University of St. Thomas, Minnesota, USA, and **Janet R. Grochowski**, College of Saint Benedict and Saint John's University, Minnesota, USA

This book on family studies provides an interdisciplinary, engaging, and contemporary look at the discipline's theories, methods, topics, and career opportunities. Concepts are brought to life through examples from everyday family life. Families are viewed in a positive prism – as challenged but resilient. Each chapter opens with a preview of the content and concludes with key terms and learning activities that promote critical thinking.

SELECTED CONTENTS: Part I: The Art and Science of Family Studies. Part II: From Risk to Resilience. Part III: Family Life Courses. Part IV: Into the Future.**February 2012: 544pp.****Hb: 978-0-415-88556-0: £74.95/\$120.00****Pb: 978-0-415-88590-4: £44.95/\$70.00**www.routledge.com/9780415885904**Examination copy available****New!**

Close Relationships

Pamela Regan, California State University, Los Angeles, USA

This multidisciplinary text introduces the concepts, methodologies, theories, and empirical findings of the field of interpersonal relationships. Information is drawn from psychology, communication, family studies, marriage and family therapy, social

work, sociology, anthropology, the health sciences, and other disciplines. Numerous examples capture readers' attention by demonstrating how the material is relevant to their lives.

SELECTED CONTENTS: Part I: Principles of Relationship Science. Part II: Relationship Development. Part III: Relationship Processes. Part IV: Relationship Challenges.**January 2011: 388pp.****Hb: 978-0-415-87743-5: £64.95/\$100.00****Pb: 978-0-415-87799-2: £39.95/\$59.95**www.routledge.com/9780415877992**Forthcoming!**

Social Class and the Helping Professions

Edited by Debbie C. Sturm, James Madison University, Virginia, USA, and **Donna Gibson**, University of South Carolina, USA

This book provides a comprehensive examination of the intersection of social class and the helping professions, including examinations of the role of social class in American culture, classism, social class and mental health, and the American Dream. It will be a valuable tool for practitioners in a variety of mental health professions, providing a clearer understanding of social class as it relates to themselves and their clients. The first section contains an introduction to the global, historical, and sociological

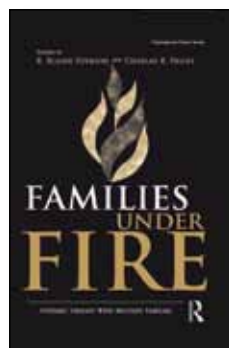
aspects of class and an in-depth look at urban and rural poverty, the middle class, and the upper class and economic privilege. The next section brings the reader into the world of their clients in more specific ways, examining the role social class plays in mental health and mental health counseling, in the family structure and in counseling families, and in the experiences people have throughout the educational process and in schools. Finally, the last section of the book discusses specific techniques and models to use in the reader's clinical practice, including how to assess clients' experiences of class and classism and how these experiences have shaped their worldview and view of the self.

February 2012: 288pp.**Hb: 978-0-415-89365-7: £24.95/\$34.95**www.routledge.com/9780415893657**e-Examination copy available****Forthcoming!**

Advances in Social Work Practice with the Military

Edited by Joan Beder, Yeshiva University, New York, USA

This edited book is designed to better prepare civilian social workers with the practice and clinical skills necessary in working with members of the military returning from combat and their families. It will educate social workers on the issues faced by these men and women, enabling them to have a firm understanding from which to frame intervention strategies. Topics covered are the world of the military, including its culture, the impact of the military experience, and an overview of the services offered by the VA; special populations and the issues they can face, such as those returning with physical and mental injuries/trauma, women and sexual harassment, and those who develop substance use disorders; the physiology of war zone exposure, shame, and PTSD; and the effects of military deployment and return on children and families.

January 2012: 288pp.**Hb: 978-0-415-89133-2: £56.00/\$90.00****Pb: 978-0-415-89134-9: £23.95/\$37.95**www.routledge.com/9780415891349

Families Under Fire

Systemic Therapy with Military Families

Edited by R. Blaine Everson, Samaritan Counseling Center, Georgia, USA, and **Charles R. Figley**, Tulane University, Louisiana, USA

"This comprehensive guide makes a strong case for adopting a systems approach to the clinical care of service members, veterans, and their families. It also provides

many useful and practical tools for understanding and working within the cultures of different military branches." - **William Nash, Captain, Medical Corps, United States Navy (Retired), USA**

As provider networks on military bases are overwhelmed with new cases, civilian clinicians are increasingly likely to treat military families. However, these clinicians do not receive the same military mental-healthcare training as providers on military installations, adding strain to clinicians' workloads and creating gaps in levels of treatment. *Families Under Fire* fills these gaps with real-world

examples, clear, concise prose, and nuts-and-bolts approaches for working with military families utilizing a systems-based practice that is effective regardless of branch of service or the practitioner's therapeutic preference.

2010: 352pp.

Hb: 978-0-415-99847-5: £24.99/\$44.95

Series: *Psychosocial Stress*

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for a complete list of books in this series please visit

www.routledge.com/pss

Bestseller



**Counseling Military Families
What Mental Health Professionals
Need to Know**

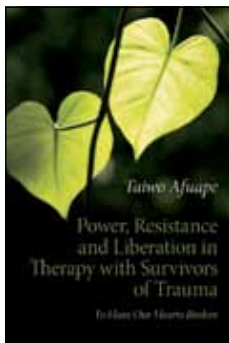
Lynn K. Hall

Hb: 978-0-415-95687-1: 2008: 328pp. £60.00/\$95.00

Pb: 978-0-415-95688-8: 2008: 328pp. £21.95/\$34.95

www.routledge.com/9780415956888

e-Examination copy available



New!

**Power, Resistance
and Liberation
in Therapy with
Survivors of Trauma**

To Have Our Hearts Broken

Taiwo Afuape, Tavistock and Portman
NHS Foundation Trust, UK

"Terrific! As the title promises, it taught me to break my heart; it also expanded my mind and filled my soul with gladness. Speaking from personal and professional experience and integrating an unusual set of theories, Taiwo shows how power, resistance and liberation help therapists – and ordinary people outside of therapy – act collaboratively with others." - **W. Barnett Pearce**, **Fielding Graduate University, California, USA**

This book offers reflections on how liberation might be experienced by clients as a result of the therapeutic relationship. It explores how power and resistance might be most effectively and ethically understood and utilised in clinical practice with survivors of trauma. *Power, Resistance and Liberation in Therapy with Survivors of Trauma* draws together narrative therapy, coordinated management of meaning (CMM) and liberation psychology approaches. It critically reviews each approach and demonstrates what each contributes to the other as well as how to draw them together in a coherent way.

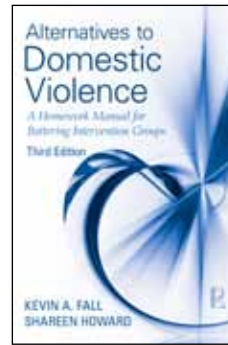
SELECTED CONTENTS: Introducing the Introduction. Introduction. Part I: Therapy, Power, Resistance and Trauma. Part II: Liberation and Therapy: Theory. Part III: Liberation and Therapy: Practice. Part IV: Final Reflections on Theory and Practice.

July 2011: 264pp.

Hb: 978-0-415-61188-6: £55.00/\$90.00

Pb: 978-0-415-61189-3: £19.99/\$31.95

www.routledge.com/9780415611893



New Edition!

**Alternatives to
Domestic Violence**

**A Homework Manual for
Battering Intervention
Groups**

Third Edition

Kevin A. Fall, Texas State University,
USA, and **Shareen Howard**, Denton
County Friends of the Family, Texas, USA

This new edition of *Alternatives to Domestic Violence* is designed as a workbook to be used by male participants in domestic violence group counseling. The topics covered are selected based on best practices within the field of domestic violence intervention, allowing the book to be used with a wide variety of accepted curricula for such programs. Interactive exercises provide group members with the opportunity for enhanced participation and learning, and stories from men who were previously participants themselves illuminate important concepts and techniques for change.

CONTENTS: Introduction for Group Leaders. Introduction for Group Members. What You Need to Know Before Starting Group: The Road to Change. Defining Abuse and Battering. Achieving Nonviolence. Exploring and Defeating Intimidation. Creating a Trusting Relationship. Giving and Receiving Respect. Accountability: Taking Responsibility for Yourself. Maintaining Positive Sexual Relationships. Negotiating a Partnership. Cooperating Through Good Communication. Parenting: How to Relate to Your Children. Religion and Domestic Violence. The Role of Drugs and Alcohol in Domestic Violence. Suggestions for Further Study.

October 2011: 260pp.

Pb: 978-0-415-88901-8: £20.95/\$32.95

www.routledge.com/9780415889018

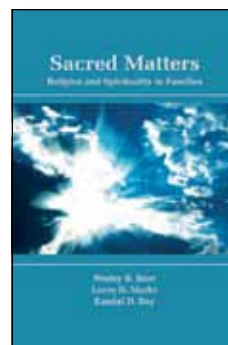
Also Available



**Dugan/Hock: It's My Life Now: Starting
Over After an Abusive Relationship or
Domestic Violence, Second Edition**

Pb: 978-0-415-95325-2: 2006: 256pp. £12.50/\$21.95

www.routledge.com/9780415953252



Forthcoming!

**Sacred Matters
Religion and
Spirituality in Families**

Wesley R. Burr, Brigham Young
University, Utah, USA, **Loren D. Marks**,
Louisiana State University, USA, and
Randal D. Day, Brigham Young
University, Utah, USA

"This [book] is valuable not only for its treatment of the relationships between religion and family life, but also for its ambitious effort to spell out the positive behaviors that go into a good family life, and the negative behaviors that undercut a positive family life." - **W. Bradford Wilcox**, **University of Virginia, USA**

This book reviews and evaluates the multi-disciplinary literature about the relationship between religion and family and proposes a new theory about the aspects of the sacred that are helpful and harmful in families. Related studies and issues from psychology, sociology, anthropology, and religion are examined. The authors hope that their new conceptual framework will stimulate new research and encourage the creation of new intervention programs designed to help families.

CONTENTS: Overview and Main Ideas in Sacred Theory. Forgiving. Asking and Seeking. Sacrificing. Loving Others. Aspects of Loving. Coping with Disagreements. Coping with Undesirable Behavior. Loving God. Generations. Morality. Psychosocial Aspects. Relationships with Other Perspectives. Researching Sacred Matters. Methods.

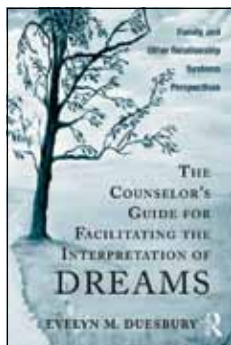
November 2011: 334pp.

Hb: 978-0-415-88744-1: £54.95/\$85.00

Pb: 978-0-415-88745-8: £27.50/\$44.95

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e-Examination copy available



The Counselor's Guide for Facilitating the Interpretation of Dreams

Family and Other Relationship Systems Perspectives

Evelyn M. Duesbury, International Association for the Study of Dreams, Wisconsin, USA

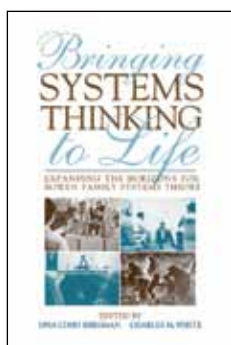
For both students and practicing counselors, this book fills the gaps that exist between many current academic programs and practitioner's needs for focused training on how to better assist clients with dream interpretations. Its main focus is on dreams concerning family members and other major figures in the dreamer's life with whom he or she interacts. Readers will first learn how to understand and use their own dreams, and then how to apply this in order to facilitate their clients' interpretations of dreams.

2010: 280pp.

Hb: 978-0-415-88341-2: £50.00/\$90.00

Pb: 978-0-415-88342-9: £19.95/\$34.95

www.routledgejournalhealth.com/9780415883429



Bringing Systems Thinking to Life

Expanding the Horizons for Bowen Family Systems Theory

Edited by Ona Cohn Bregman, Syracuse University, New York, USA, and Charles M. White, Rutgers University, New Jersey, USA

"A remarkable work! The authors of

Bringing Systems Thinking to Life provide fresh observations on family emotional process and the importance of family systems theory to understanding human functioning." - Charles W. Collier, Harvard University, Massachusetts, USA

In a single volume, *Bringing Systems Thinking to Life* presents the extraordinary diversity and breadth of Bowen theory applications that address human functioning in various relationship systems across a broad spectrum of professions, disciplines, cultures, and

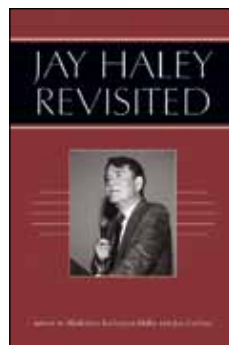
nations. Providing three chapters of never-before-published material by Dr. Bowen, the book also demonstrates the transcendent nature and versatility of Bowen theory-based social assessment and its extension into fields of study and practice far beyond the original psychiatric context in which it was first formulated.

2010: 430pp.

Hb: 978-0-415-80046-4: £49.99/\$89.95

Pb: 978-0-415-80047-1: £21.99/\$39.95

www.routledgejournalhealth.com/9780415800471



Jay Haley Revisited

Edited by Madeleine Richeport-Haley, Milton H. Erickson Foundation and San Diego State University, California, USA, and Jon Carlson, Governors State University, Illinois, USA

Jay Haley Revisited brings together influential professionals in psychotherapy and counseling to introduce, analyze, and put into context 20 of the most interesting and significant papers Jay Haley produced,

both published and unpublished. Jay Haley was one of the most influential thinkers in psychotherapy who revolutionized the field through his writings, teachings, research, and supervision for more than half a century. The seminal classic papers found in this volume capture the wit, humor, and the ability to look at a field and offer critique that leads to constructive change.

2010: 534pp.

Hb: 978-0-415-80531-5: £49.99/\$89.95

Pb: 978-0-415-80533-9: £22.50/\$39.95

www.routledgejournalhealth.com/9780415805339

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Books from Jay Haley



Haley/Richeport-Haley: Directive Family Therapy

Hb: 978-0-7890-3355-0: 2007: 214pp. £29.95/\$47.50

Pb: 978-0-7890-3356-7: 2007: 214pp. £17.95/\$29.95

www.routledgejournalhealth.com/9780789033567

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Haley/Richeport-Haley: The Art of Strategic Therapy

Hb: 978-0-415-94592-9: 2003: 222pp. £26.95/\$42.50

www.routledgejournalhealth.com/9780415945929

Also from Jon Carlson



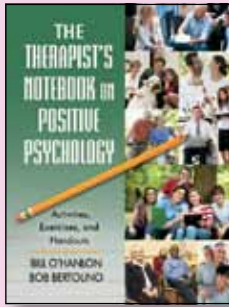
Family Therapy Techniques Integrating and Tailoring Treatment

Jon Carlson, Len Sperry, and Judith A. Lewis

Pb: 978-1-58391-360-4: 2005: 248pp. £26.95/\$42.50

www.routledgejournalhealth.com/9781583913604

The Therapists Notebooks



New!

The Therapist's Notebook on Positive Psychology Activities, Exercises, and Handouts

Bill O'Hanlon, O'Hanlon and O'Hanlon, Inc., New Mexico, USA, and

Bob Bertolino, Maryville University, Missouri, USA

Bill O'Hanlon, who originated Solution-Oriented Therapy in the early 1980s, and Bob Bertolino, an experienced clinician, build the bridge between Positive Psychology and Psychotherapy in this book that allows readers to focus on the mental, behavioral, emotional, cognitive, and spiritual health of their clients. Following the highly readable and user-friendly approach of the *Therapist Notebooks*, this book contains 75 activities, exercises, and handouts throughout seven chapters that therapists can implement both in sessions and as activities outside the therapeutic milieu.

CONTENTS: The P.O.S.I.T.I.V.E. Framework: From Research to Practice. Purpose and Meaning. Optimism and Orientation. Social Connections and Networks. Increase Gratitude and Appreciation. Talk Positively. Income, Volunteerism, and Exercise. Summary and Sendoff.

July 2011: 227pp.

Pb: 978-0-415-88750-2: £31.50/\$49.95

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Bertolino/Schultheis: The Therapist's Notebook for Families: Solution-Oriented Exercises for Working with Parents, Children, and Adolescents

Pb: 978-0-7890-1244-9: 2002: 280pp. £27.95/\$44.95

www.routledgeentalhealth.com/9780789012449



Hertlein/Viers: The Couple and Family Therapist's Notebook: Homework, Handouts, and Activities for Use in Marital and Family Therapy

Pb: 978-0-7890-2236-3: 2005: 266pp. £27.95/\$44.95

www.routledgeentalhealth.com/9780789022363



Linville/Hertlein, Eds.: The Therapist's Notebook for Family Health Care: Homework, Handouts, and Activities for Individuals, Couples, and Families Coping with Illness, Loss, and Disability

Pb: 978-0-7890-2696-5: 2007: 272pp. £26.95/\$42.50

www.routledgeentalhealth.com/9780789026965



Sori/Hecker: The Therapist's Notebook for Children and Adolescents: Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-1096-4: 2003: 400pp. £27.95/\$44.95

www.routledgeentalhealth.com/9780789010964



Bertolino et al.: The Therapist's Notebook on Strengths and Solution-Based Therapies: Homework, Handouts, and Activities

Pb: 978-0-415-99415-6: 2009: 200pp. £29.95/\$52.50

www.routledgeentalhealth.com/9780415994156

e-Examination copy available



Sori/Hecker: The Therapist's Notebook More Homework, Handouts, and Activities for Use in Psychotherapy, Volume 3

Pb: 978-0-7890-3522-6: 2008: 248pp. £32.50/\$54.50

www.routledgeentalhealth.com/9780789035226



Hecker/Sori, Eds.: The Therapist's Notebook: More Homework, Handouts, and Activities for Use in Psychotherapy, Volume 2

Pb: 978-0-7890-2802-0: 2007: 316pp. £32.50/\$54.50

www.routledgeentalhealth.com/9780789028020



Hecker/Deacon: The Therapist's Notebook: Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-0400-0: 1998: 462pp. £39.95/\$64.50

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Viers, Ed.: The Group Therapist's Notebook: Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-2851-8: 2007: 278pp. £26.95/\$42.50

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Henry et al.: The Christian Therapist's Notebook: Homework, Handouts, and Activities for Use in Christian Counseling

Pb: 978-0-7890-2594-4: 2007: 346pp. £32.50/\$49.95

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Helmeke/Sori, Eds.: The Therapist's Notebook for Integrating Spirituality in Counseling I: Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-2991-1: 2006: 340pp. £32.50/\$49.95

www.routledgeentalhealth.com/9780789029911



Helmeke/Sori, Eds.: The Therapist's Notebook for Integrating Spirituality in Counseling II: More Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-3132-7: 2006: 304pp. £32.50/\$49.95

www.routledgeentalhealth.com/9780789031327



Sori/Helmeke, Eds.: The Therapist's Notebook for Integrating Spirituality in Counseling

Pack: 978-0-7890-3257-7: 2008: £47.50/\$74.50

www.routledgeentalhealth.com/9780789032577



Whitman/Boyd: The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy

Pb: 978-0-7890-1252-4: 2003: 340pp. £32.50/\$49.95

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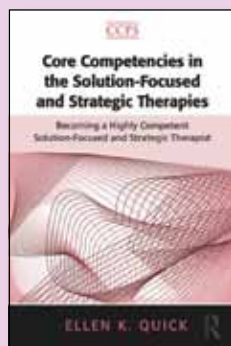
April 2012: 176pp.

Pb: 978-0-415-88751-9: £22.50/\$32.50

Series: *Core Competencies in Psychotherapy*

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CONTENTS: *Beyebach*, Foreword. Introducing the Clinical Competencies of the Solution-Focused and Strategic Therapies. Understanding the Conceptual Basis of the Solution-Focused and Strategic Therapies. Forming an Effective Therapeutic Alliance. Maintaining and Effective Therapeutic Alliance. Performing an Integrative Solution-Focused and Strategic Assessment. Developing a Case Conceptualization and Intervention Plan in the Solution-Focused and Strategic Therapies.

Implementing Solution-Focused and Strategic Methods and Interventions. Monitoring and Evaluating Clinical Outcomes. Maintaining Treatment Gains and Planning for Termination. Practicing the Solution-Focused and Strategic Therapies with Cultural and Ethical Sensitivity. Becoming a Highly Effective and Competent Solution-Focused and Strategic Therapist.

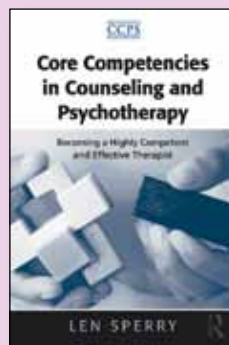
October 2011: 200pp.

Pb: 978-0-415-88530-0: £20.50/\$32.50

Series: *Core Competencies in Psychotherapy*

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Core Competencies in Counseling and Psychotherapy

Becoming a Highly Competent and Effective Therapist

Len Sperry, Florida Atlantic University, USA

Core Competencies in Psychotherapy addresses the core competencies

common to the effective practice of all psychotherapeutic approaches and includes specific intervention competencies of the three major orientations. The book provides a research-based framework to aid clinicians in applying these competencies in their own practice. It begins by identifying and describing the core competencies and skills of expert therapists, then elaborates six core competencies and related supporting competencies and skill-sets.

2010: 298pp.

Hb: 978-0-415-95249-1: £24.95/\$39.95

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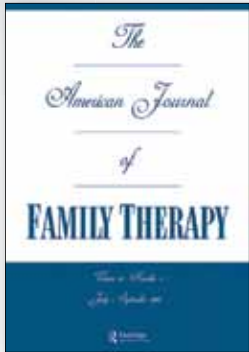
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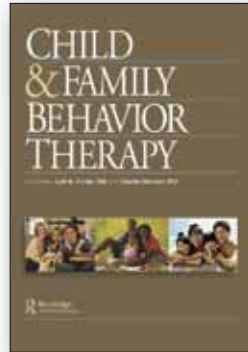
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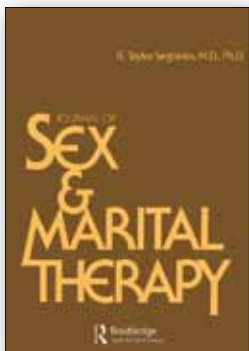
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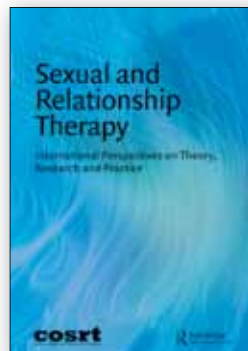
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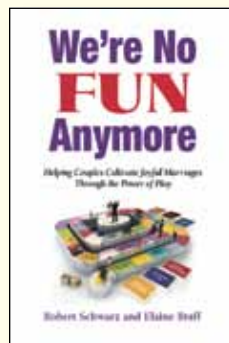
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Couples Therapy



We're No Fun Anymore

Helping Couples Cultivate Joyful Marriages Through the Power of Play

Robert Schwarz, in private practice, Pennsylvania, USA, and **Elaine Braff**, in private practice, New Jersey, USA

"Robert Schwarz and Elaine Braff are insightful, experienced therapists who present a fresh and lively approach to couples therapy that is highly practical... Focusing on the positive aspects of relationships like laughter, humor, and fun creates a common bond between the sexes that can help sustain love." - John Gray, author of Men Are from Mars, Women Are from Venus

In the 21st century, we tend to expect more than ever from our relationships without knowing how to sustain them. Often a married couple juggling the many demands of life, work and children take their bond for granted. They fail to cultivate and nurture the positive interactions they share, neglecting the fun, playful and sexy side of the relationship. Over time, this neglect creates an increasing spiral of dysfunction. *We're No Fun Anymore* reminds therapists and the couples they treat that marriage does not have to mean forfeiting the passion, playfulness and joy in a relationship. With 50 combined years of clinical experience backing it, the program outlined in this book will help to build up a relationship without first tearing it down, examining its weaknesses, or trying to fix its problems.

CONTENTS: The Power of Play in Relationships and Life: Theory and Research. The Couples' Play and Positive Interaction Assessment (CPPIA) and Marital Play Deficiency Disorder (MPDD). No Play Zone: Looking at Barriers, Permission, and the Problems of Play. Cultivating a Play it Forward Attitude. Playful Practices That Pack a Punch! Promoting Paired Play: A Play Inventory for Couples. Protecting the Play Zone: Dating in Captivity. Sex and Sexuality and Marital Play Deficiency Disorder. The Playful Therapist: Personifying Play in Your Practice.

August 2011: 216pp.

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Becoming a Solution Detective

A Strengths-Based Guide to Brief Therapy

Second Edition

John Sharry, Mater Misericordiae University Hospital, UK, and **Brendan Madden** and **Melissa Darmody**, both at Brief Therapy Group, Dublin, Ireland

Becoming a Solution Detective is a practical, how-to guide for therapists, counselors, social workers, psychologists, nurses, and other professionals who are interested in making their practice solution-focused quickly and effectively. The authors, co-founders of the Brief Therapy Group in Dublin, Ireland, demystify the process of psychotherapy, making the concept of solution-based therapy accessible and relevant through case examples, practice exercises, and role-plays.

December 2011: 188pp.

Hb: 978-0-415-89621-4: £50.00/\$80.00

Pb: 978-0-415-89622-1: £16.95/\$29.95

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Theory, Research, and Practice

Michael A. Gass, University of New Hampshire, USA, **Lee Gillis**, Georgia College and State University, USA, and **Keith C. Russell**, Western Washington University, USA

The theory, techniques, research, and case studies illustrated in *Adventure Therapy* present the cutting edge of this particular field. It serves as the leading academic text, professional reference, and training resource for adventure therapy practices in the field of mental health. It is written by three of the leading professionals in the field, with central focuses on: the theory substantiating the adventure therapy field, an illustration of practices and case studies exemplifying best practices in the field, and research validating the immediate as well as long-term effects of these approaches/programs when properly conducted.

February 2012: 448pp.

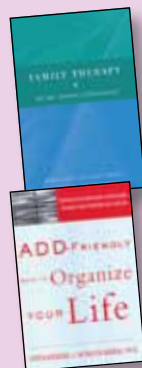
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Geoffrey L. Greif and Kathleen Holtz Deal, both at University of Maryland, USA

Friendships are given little to no attention in self-help books on families and family therapy literature, leaving the benefits of a social network largely unexplored. Friendships are important to the individual's well-being and can help people live longer, healthier, and happier lives. Couples' friendships, by extension, are also important to the individual's, the couple's, and the family's well-being. In this book, Drs. Greif and Deal use data gathered from interviews conducted with over 200 individuals (100 couples) to understand how couples seek and create friendships.

CONTENTS: Hers, His, and Ours: Couples and their Couple Friendships. How We Conducted the Study and What We Discovered. Starting Out: Couples in the First Years of Marriage/Partnership. The Middle Years: Couples Raising Families and Balancing Friendships. Older Couples and Their Couple Friendships. When Couples have been Dumped (or Dump); Like Her and Hate Him (or Vice Versa). The Impact of Divorce on Couple Friendships. When Two Couples Get It Right: An Interview About 38 Years of Couple Friendship. One Couples Group: A Possible Blueprint for Others. Building Couple Friendships for the Future. Appendix A: How We Conducted the Study and Implications for Future Research. Appendix B: Questions for Marriage Enrichment Groups. Appendix C: Take the Quiz: Are You a Seeker, Keeper, or Nester Couple?

January 2012: 240pp.

Pb: 978-0-415-87927-9: £11.99/\$21.95

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New!

Self Within Marriage

The Foundation for Lasting Relationships

Richard M. Zeitner, Greater Kansas City Psychoanalytic Institute, Missouri, USA

"This book will enrich your understanding of marriage, as it has mine, and will enable you to carry a newly enlarged understanding into the consulting room. It is destined to become a classic." - **David E. Scharff**, International Psychotherapy Institute, Maryland, USA

Scharff, International Psychotherapy Institute, Maryland, USA

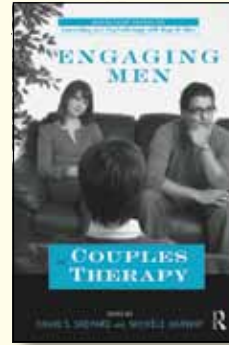
Self Within Marriage combines the theoretical orientations of object-relations theory, self psychology, and systems theory as a way of understanding and working with couples and individuals whose relationship and emotional difficulties have centered on the common conundrum of balancing individuality and intimacy. Based on detailed case examples and couple therapy techniques, *Self Within Marriage* provides individual and couple therapists with a refreshing new framework for working with clients.

CONTENTS: That Vital Balance: Being and Intimacy. The Incomplete Self. You Complete Me: Attachment as the Antidote. Marriage and Other Loving Partnerships: An Interface of Psychology, Biology, and Sociology. Functions of Sexuality in the Adult Partnership. The Centrality of the Selfdyad in the Dynamic Organization of the Couple. Context, Relationship Maintenance, and Refueling. When the Self Fails to Flourish. Introspection and its Enemies. Considerations for Treatment.

June 2011: 252pp.

Hb: 978-0-415-99732-4: £21.99/\$34.95

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Engaging Men in Couples Therapy

Edited by **David S. Shepard**, California State University, USA, and **Michele Harway**, Antioch University, California, USA

The premise of this book is that a crucial and overlooked reason for treatment failures in couples counseling may be the therapist's

inability to respond to the needs and psychological issues particular to the male partner. Through illustrative, in-depth case studies, the reader will learn how to practice male-sensitive couples counseling while still using the theoretical model that guides their treatment; how to connect the emerging literature on conducting individual psychotherapy with men to working with men in a couples context; and how to work with populations of men who require specialized knowledge and sensitivity.

CONTENTS: *Shepard, Harway*, Introduction: Setting the Stage. **Part I: Foundations of Male-sensitive Couples Therapy.** *Shepard, Harway*, The Challenges of Conducting Male-sensitive Couples Therapy: Common Pitfalls and Clinical Recommendations. *Rabinowitz*, Behind the Mask: A Primer on Understanding the Male Partner in Couples Therapy. **Part II: Theoretical Models.** *Robertson, Khamphakdy-Brown*, Early Life Memories: A Male-friendly Approach to Facilitating Couple Collaboration. *Englar-Carlson, Carlson*, Adlerian Couples Therapy: The Case of the Boxer's Daughter and the Momma's Boy. *Luquet*, Relational Growth in Men Using Imago Relationship Therapy. *Greenman, Faller, Johnson*, Finding the Words: Working with Men in Emotionally Focused Therapy (EFT) for Couples. *Baucom*, Integrative Behavioral Couple Therapy: A Male-sensitive Perspective. *Bergental*, The Gottman Method: Theory and Case Study. *Gordon, Purcell*, The PAIRS Program: Engaging Men Through a Unique Psychoeducational Approach. **Part III: Special Populations and Problems.** *McCarthy, Breetz*, Male-affirmative Couple Sex Therapy. *Kadin, Lusterman*, Male Sensitive Couples Therapy with Unfaithful Men. *Cervantes*, Brothers of Color in Couples Therapy: Managing the Rainfall and Storms of Discrimination and Racism for Latino and African American Men. *Brooks*, Male-sensitive Therapy for the Returning Veteran and His Partner. *Wexler*, Male-sensitive Couples Counseling: Fathering Issues.

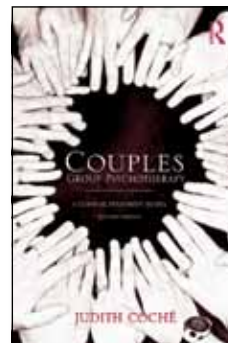
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A Clinical Treatment Model

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"This down-to-earth book, based on broad scholarship and clinical experience, will add immeasurably to the field of couples group interventions." - **Sue Johnson**, University of Ottawa, Canada

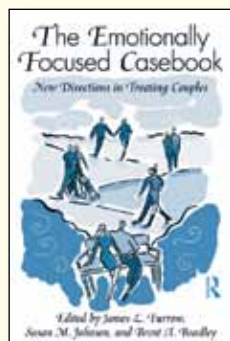
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From **Susan M. Johnson**,
Ottawa Couple and Family Institute,
Ontario, Canada



Read and Recommend!

The Emotionally Focused Casebook New Directions in Treating Couples

Edited by **James L. Furrow**, Fuller Theological Seminary, California, USA, **Susan M. Johnson**, Ottawa Couple and Family Institute, Ontario, Canada, and **Brent A. Bradley**,

University of Houston-Clear Lake, Texas, USA

"This new, exciting volume extends emotionally focused couple therapy beyond the treatment of general relationship distress to a broad spectrum of emotional and physical health concerns. This is a 'must read' for every couple and family therapist and a treasure of clinical wisdom and practical advice." - **Douglas K. Snyder**, Texas A&M University, USA

There is currently no single resource that compiles the various applications to the many clinical populations being served by Emotionally Focused Therapy (EFT) today. *The Emotionally Focused Casebook* fills that void as a substantive reference for clinicians, students, professors, and supervisors using and teaching EFT. Each chapter utilizes a hands-on case study approach with concrete guidelines and illustrations for the adaptation and application of EFT with specific treatment populations.

CONTENTS: *Furrow, Johnson, Bradley*, Introduction. **Part I: Foundations for Innovation.** *Furrow, Bradley*, Emotionally Focused Couple Therapy: Making the Case for Effective Couple Therapy. *Johnson*, The Attachment Perspective on the Bonds of Love: A Prototype for Relationship Change. *Bradley*, New Insights into Change in Emotionally Focused Couple Therapy. **Part II: Application of Emotionally Focused Couple Therapy.** *Denton, Coffee*, Depression: Enemy of the Attachment Bond. *Stiell, Gailey*, Emotionally Focused Therapy for Couples Living with Aphasia. *Naaman, Radwan, Johnson*, Emotionally Focused Couple Therapy in Chronic Medical Illness: Working with the Aftermath of Breast Cancer. *Johnson, Faller*, Dancing with the Dragon of Trauma: Emotionally Focused Therapy for Couples Who Stand in Harm's Way. *Landau-North, Johnson, Dagleish*, Emotionally Focused Couple Therapy and Addiction. *Zuccarini, Johnson*, Treating Sexual Issues in Emotionally Focused Couple Therapy. *Makinen, Ediger*, Rebuilding Bonds After the Traumatic Impact of Infidelity. **Part III: Specific Treatment Populations and Emotionally Focused Couple Therapy.** *Furrow, Palmer*, Emotionally Focused Therapy for Remarried Couples: Making New Connections and Facing Competing Attachments. *Liu, Wittenborn*, Emotionally Focused Therapy with Culturally Diverse Couples. *Zuccarini, Karos*, Emotionally Focused Therapy with Gay and Lesbian Couples: Strong Identities, Strong Bonds. *Furrow, Johnson, Bradley, Amodeo*, Spiritually and Emotionally Focused Couple Therapy: Exploring Common Ground. *Furrow, Bradley, Johnson*, Conclusion: Lessons Learned: Expanding the Practice of Emotionally Focused Couple Therapy.

March 2011: 413pp.

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Becoming an Emotionally Focused Couple Therapist

The Workbook

Susan M. Johnson, Ottawa Couple & Family Institute, Ontario, Canada, **Brent Bradley**, University of Houston-Clear Lake, Texas, USA, **Jim Furrow**,

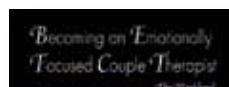
Fuller Theological Seminary, California, USA, **Alison Lee**, in private practice, Ontario, Canada, **Gail Palmer**, Carleton University and St. Paul's University, Ottawa, Canada, **Doug Tilley**, in private practice, USA, and **Scott Woolley**, Alliant International University, California, USA

An invaluable tool for clinicians and students, *Becoming an Emotionally Focused Therapist: The Workbook* takes the reader on an adventure – the quest to become a competent, confident, and passionate couple and family therapist.

2005: 416pp.

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Training Set!

The Emotionally Focused Therapist Training Set

The Emotionally Focused Therapist Training Set offers two valuable products, *Becoming an Emotionally Focused Couple Therapist: The Workbook* and *The Casebook* at a discount of 10%. Written primarily by Sue Johnson, the originator of Emotionally Focused Therapy (EFT), her *Workbook* is an accessible

resource for training and supervision and contains contributions from seven expert therapists who lead the reader through the nine essential steps of EFT.

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Johnson: The Practice of Emotionally Focused Couple Therapy: Creating Connection, Second Edition

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New Edition!

Handbook of Clinical Issues in Couple Therapy

Second Edition

Edited by **Joseph L. Wetchler**,
Purdue University, Indiana, USA

"This book is a leap forward for the study and practice of couple therapy. The

authors bring breadth, depth, and penetrating insight to a wide range of important clinical issues. Well done!" - Fred P. Piercy, Virginia Tech, USA

Now updated in its second edition, *Handbook of Clinical Issues in Couple Therapy* provides a comprehensive overview of emerging issues that impact couple therapy. Unlike other guides that concentrate more on theoretical approaches, this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice. Carefully referenced, it explores a range of issues that include intimate partner violence, posttraumatic stress disorder and its effect on couple relationships, divorce therapy, remarriage and cohabitation issues, cultural issues, and couple therapist training.

CONTENTS: *Wetchler*, Introduction. Part I: Biological and Physiological Issues. Part II: Traumatic Issues. Part III: Divorce and Remarital Issues. Part IV: Sociological Issues. Part V: Primary Prevention Issues. Part VI: Training Issues.

February 2011: 372pp.

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New Directions in Sex Therapy is founded on the notion that different theoretical perspectives can allow therapists to think broadly about how to deal with sexual concerns. The variety of theoretical orientations represented in this book provides readers with illustrations of how these different models can offer therapists new options in clinical practice, thereby broadening the field of sex therapy. Substantially updated with six new chapters, this second edition still retains the useful clinical illustrations and clear organization that made the book so indispensable to students and practitioners in the field.

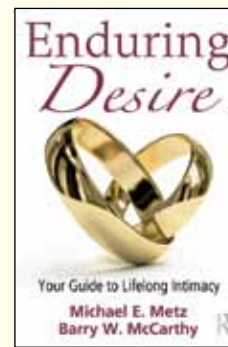
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Books from Barry McCarthy



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Association of Sexuality
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Enduring Desire Your Guide to Lifelong Intimacy

Michael E. Metz, in private practice,
Minnesota, USA, and **Barry W.
McCarthy**, American University,
Washington DC, USA

Co-authors of *Men's Sexual Health*, Michael Metz and Barry McCarthy have come together to inspire and motivate readers in their newest book, *Enduring Desire*. Real-life examples and clear, helpful individual and couple exercises allow readers to reach for realistic and high quality sexual satisfaction as a couple. Throughout the book, the authors promote positive, realistic sexual expectations without commercialism and the hyped, exotic promises that only set people up for disappointment.

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Sexual Awareness

Your Guide to Healthy Couple Sexuality

Fifth Edition

Barry McCarthy, American University, Washington DC, USA,
and **Emily McCarthy**, author, USA

The new mantra in sex therapy includes desire, pleasure, eroticism, and satisfaction. In *Sexual Awareness*, veteran authors Barry and Emily McCarthy provide psychological, biological, and relational information, guidelines, and case studies that model health sexuality.

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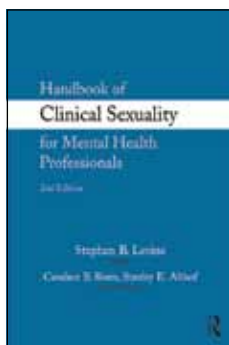
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Eating Disorders



Handbook of Clinical Sexuality for Mental Health Professionals

Second Edition

Edited by **Stephen B. Levine**, Case Western Reserve University, Ohio, USA, and Associate Editors: **Candace B. Risen** and **Stanley E. Althof**, both at Case Western Reserve University, Ohio, USA

"A wonderful and inspiring book, for both beginners and experienced therapists in the field of sexual health... All health care providers can be inspired by this book." - **Annamaria Giraldi, Clinic of Sexology, Copenhagen, Denmark**

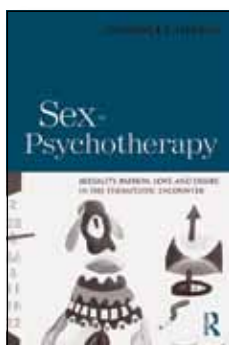
This second edition of *Handbook of Clinical Sexuality for Mental Health Professionals* is a thoroughly revised and expanded edition of the first indispensable handbook. With a well thought-out and updated organizational structure, this second edition will be even more informative and consequential than their first.

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Sex in Psychotherapy

Sexuality, Passion, Love, and Desire in the Therapeutic Encounter

Lawrence E. Hedges, Listening Perspectives Study Center, California, USA

Sex in Psychotherapy takes a psychodynamic approach to understanding recent technological and theoretical shifts in the field of psychotherapy. Lawrence Hedges

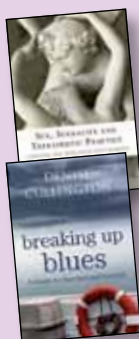
provides an expert overview and analysis of a wide variety of new perspectives on sex, sexuality, gender, and identity; new theories about sex's role in therapy; and new discoveries about the human brain and how it works.

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Butler et al., Eds.: Sex, Sexuality and Therapeutic Practice: A Manual for Therapists and Trainers

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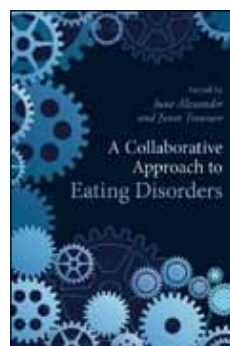
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Cullington: Breaking Up Blues: A Guide to Survival and Growth

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Pb: 978-0-415-45547-3: 2008: 296pp. £9.99/\$18.00

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New!

A Collaborative Approach to Eating Disorders

Edited by **June Alexander**, writer, Australia, and **Janet Treasure**, Maudsley Hospital and King's College London, UK

"Professionals and families need to work together to help people with eating disorders. This book tells us why this is

true and offers specific strategies to make it happen. This is a terrific book and long overdue!" - **James Lock, Stanford University, California, USA**

A Collaborative Approach to Eating Disorders draws on up-to-date evidence based research as well as case studies and clinical vignettes to illustrate the seriousness of eating disorders and the impact on both the sufferer and their loved ones.

With contributions from key international figures in the field, this book will be a valuable resource for students and mental health professionals including family doctors, clinicians, nurses, family therapists, dieticians and social workers.

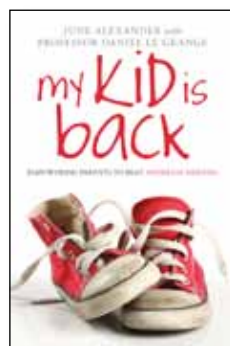
SELECTED CONTENTS: *Katzman*, Foreword. Part I: Understanding Risk and Resilience for Eating Disorders. Part II: Treatment. Part III: Clinical Presentations. Part IV: Changing the Culture.

July 2011: 344pp.

Hb: 978-0-415-58145-5: £70.00/\$110.00

Pb: 978-0-415-58146-2: £24.99/\$39.95

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My Kid is Back

Empowering Parents to Beat Anorexia Nervosa

June Alexander, writer, Australia, with **Daniel Le Grange**, University of Chicago, Illinois, USA

"Alexander and Le Grange have combined heart, history and healing in this thoughtful book. My Kid is Back should be required reading for any parent with the slightest suspicion that an eating disorder

may be developing in their child." - **Lynn S. Grefe, Chief Executive Officer, National Eating Disorders Association (NEDA), USA**

My Kid is Back explains how family-based treatment can greatly reduce the severity of anorexia nervosa in children and adolescents, allowing the sufferer to return to normal eating patterns, and their families to return to normal family life.

In this book ten families share their experiences of living with anorexia. Parents describe their frustrations in seeking help for their child and dealing with their behaviour and sufferers discuss how the illness gets into their mind and takes over their personality.

2010: 272pp.

Pb: 978-0-415-58115-8: £9.99/\$17.95

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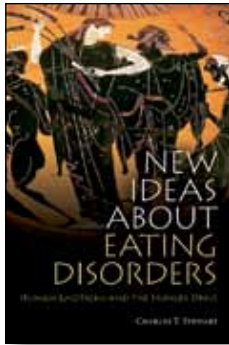
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New!

New Ideas about Eating Disorders

Human Emotions and the Hunger Drive

Charles T. Stewart, in private practice, California, USA

New Ideas About Eating Disorders presents clinical case studies of individuals from infancy to adulthood

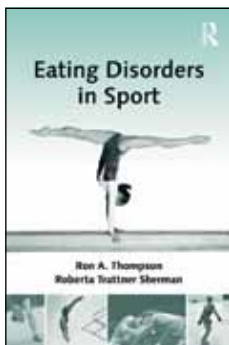
suffering from various eating disorders, a new theory as to their etiology, and suggestions for treatment and prevention. This book will be essential reading for all professionals engaged in caring for patients experiencing an eating disorder and for those developing theories to deepen our knowledge of these disturbances.

August 2011: 200pp.

Hb: 978-0-415-55469-5: £60.00/\$99.00

Pb: 978-0-415-55470-1: £21.99/\$34.95

www.routledgehealth.com/9780415554701



Eating Disorders in Sport

Ron A. Thompson and Roberta Trattner Sherman, both in private practice, Indiana, USA

Over the past fifteen years, there has been a great increase in the knowledge of eating disorders in sport and effective means of treatment. In this book, the authors draw on their extensive clinical experience to discuss how to identify,

manage, treat, and prevent eating disorders in sport participants. They begin by examining the clinical conditions related to eating problems, including descriptions of specific disorders and a review of the relevant literature. Special attention is given to the specific gender and sport-related factors that can negatively influence the eating habits of athletes.

2010: 300pp.

Hb: 978-0-415-99836-9: £28.00/\$49.95

www.routledgehealth.com/9780415998369

Gerontology



New!

The Aging Intellect

Douglas H. Powell, Harvard Medical School, Massachusetts, USA

The Aging Intellect describes more than a dozen specific characteristics that distinguish older people who remain cognitively vigorous from the majority who are aging normally or are at risk for cognitive impairment. In addition, this book provides professionals with

evidence-based recommendations that can help their aging patients and clients minimize the effects of predictable cognitive changes and more fully use their mental abilities.

CONTENTS: Maximizing Intellectual Powers in the 3rd Age of Life. How Health Affects the Intellect. How the Mind Ages. Health Lifestyle Habits Benefitting the Aging Body and Mind. Direct Actions that Benefit the Intellect. Optimal Cognitive Aging. Normal Cognitive Aging. High-risk Cognitive Aging. What I've Learned About the Aging Intellect. Glossary of Terms.

May 2011: 319pp.

Hb: 978-0-415-99685-3: £19.50/\$34.95

www.routledgehealth.com/9780415996853



New!

Ageing and Older Adult Mental Health

Issues and Implications for Practice

Edited by **Patrick Ryan** and **Barry J. Coughlan**, both at University of Limerick, Ireland

"Ryan and Coughlan are to be congratulated for editing a highly accessible book on ageing and mental health. This volume should be required reading on all postgraduate courses for mental health professionals who are being trained to provide services to older adults with psychological problems." - **Alan Carr, University College Dublin, Ireland**

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group.

Throughout the book the contributors emphasise the notion of 'healthy ageing,' and the importance and significance of this concept as part of the life-cycle process. As such *Ageing and Older Adult Mental Health* will be key reading not only for mental health professionals, but also for those involved in policy making for older adults.

CONTENTS: Ryan, O'Rourke, Ward, Aherne, Ageing: Historical and Current Perspectives. Flynn, Ryan, The Biology of Ageing: What Works, What Slows, What Stops? Lalor, Ryan, Ageism: Myth or Fact? O'Connell-Kehoe, Coughlan, Assessment of Mental Health Issues: Approaches and Frameworks. Dempsey, Coughlan, Treatment of Mental Health Issues: Reality versus Best

Grief and Bereavement

Series in Death, Dying, and Bereavement

Practice. *O'Reilly, Lavin, Coughlan*, Ageing and Dementia: Assessment and Intervention. *Ryan, Coughlan, Shahid, Aherne*, Older Adults' Experience of Loss, Bereavement and Grief. *O'Donoghue, Ryan*, Depression and Ageing: Assessment and Intervention. *Smith*, Elder Abuse: Understanding Pathways and Processes. *Smith, Long*, Elder Abuse: What Works and Does Not Work to Prevent it? *Barker*, Ageing and Attachment. *Ryan, Dudley, MacMahon, Feeney, Bonham*, Ageing, Relationships and Sexuality. *Ryan, Wroblewska*, Caring for Older Adults: Who Cares and Does Not? *Greve, Ryan, Aherne*, The Paradox of Ageing: Why Do Older People Look So Happy When They Have Nothing To look Forward To? *Ryan, O'Sullivan, Smyth*, Older Adults: Key to the Success of Younger Generations.

January 2011: 296pp.

Hb: 978-0-415-58289-6: £60.00/\$100.00

Pb: 978-0-415-58290-2: £21.99/\$34.95

www.routledge.com/9780415582902



Counseling Older Adults

John Blando, San Francisco State University, California, USA

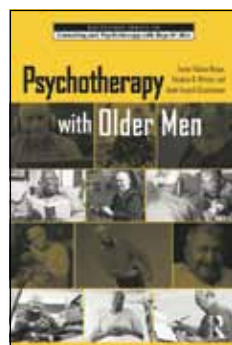
This text provides an introduction to gerontological counseling, integrating the basic skills of working with older adults with theories of counseling and aging. Specific counseling issues discussed include mental health counseling, career counseling, rehabilitation counseling, and family counseling.

2010: 442pp.

Pb: 978-0-415-99051-6: £26.95/\$39.95

www.routledge.com/9780415990516

Examination copy available



Psychotherapy with Older Men

Tammi Vacha-Haase, Colorado State University, USA, **Stephen R. Wester** and **Heidi Fowell Christianson**, both at University of Wisconsin-Milwaukee, USA

"This is an invaluable and stunningly good book for readers who want to provide competent services to older men."

- **Melba J. T. Vasquez**, in private practice, Texas, USA

Growing older can be a time of great joy and satisfaction for men as they look back on their accomplishments and gain more free time, but it can also be a challenging and distressing experience, especially for those men raised with the very traditional notions of what it means to be a "real man." This book will help practitioners working with older and aging men understand the eras in which these men were raised, how they view the world and the gender role conflicts they experience.

2010: 212pp.

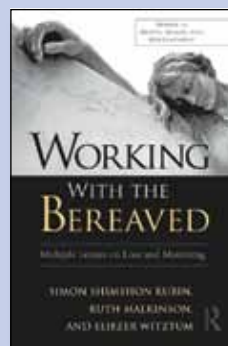
Hb: 978-0-415-99862-8: £50.00/\$90.00

Pb: 978-0-415-99863-5: £19.00/\$34.95

Routledge Series on Counseling and Psychotherapy with Boys and Men

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Forthcoming!

Working With the Bereaved Multiple Lenses on Loss and Mourning

Simon Shimshon Rubin, University of Haifa, Israel, **Ruth Malkinson**, Tel Aviv University, Israel, and **Eliezer Witztum**, Ben-Gurion University of the Negev, Israel

Working With the Bereaved summarizes the major themes in bereavement research and clinical work and uses the authors' own cutting-edge research to show mental-health practitioners how to integrate these themes into their practice.

October 2011: 280pp.

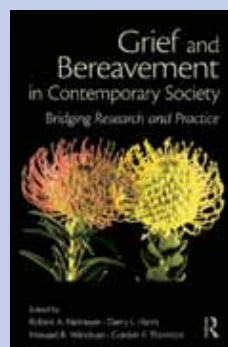
Hb: 978-0-415-88165-4: £52.99/\$95.00

Pb: 978-0-415-88166-1: £19.99/\$34.95

Series in Death, Dying, and Bereavement

www.routledge.com/9780415881661

e-Examination copy available



New!

Grief and Bereavement in Contemporary Society Bridging Research and Practice

Edited by **Robert A. Neimeyer**, University of Memphis, Tennessee, USA, **Darcy L. Harris**, King's University College, Ontario, Canada, **Howard R. Winokuer**, The Winokuer Center for Counseling and Healing, North Carolina, USA, and **Gordon F. Thornton**, Indiana University of Pennsylvania, USA

Grief and Bereavement in Contemporary Society is an authoritative guide to the study of and work with major themes in bereavement. Its chapters synthesize the best of research-based conceptualization and clinical wisdom across 30 of the most important topics in the field, including the implementation of specific models in clinical practice, family therapy for bereavement, complicated grief, spirituality, and more.

May 2011: 472pp.

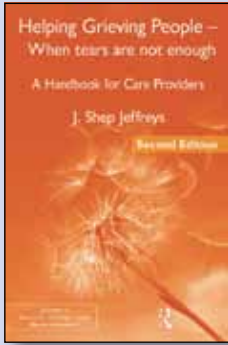
Hb: 978-0-415-88480-8: £62.50/\$100.00

Pb: 978-0-415-88481-5: £28.99/\$49.95

Series in Death, Dying, and Bereavement

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New Edition

Helping Grieving People – When Tears Are Not Enough

A Handbook for Care Providers

Second Edition

J. Shep Jeffreys, in private practice, Maryland, USA

"Making an excellent book even better, Jeffreys' updated edition richly integrates professional and personal information to provide caregivers with the tools to best enable coping in the dying and bereaved. A superb resource!" - Therese A. Rando, The Institute for the Study and Treatment of Loss, Rhode Island, USA

Helping Grieving People is a handbook for care providers who provide service, support and counseling to those grieving death, illness, and other losses. This book is also an excellent text for academic courses as well as for staff development training. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief.

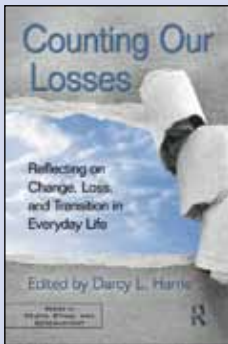
April 2011: 421pp.

Hb: 978-0-415-87701-5: £24.95/\$44.95

Series in Death, Dying, and Bereavement

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e-Examination copy available



Counting Our Losses

Reflecting on Change, Loss, and Transition in Everyday Life

Edited by **Darcy L. Harris**, King's University College, Ontario, Canada

"This book is a wonderful gift... This work will become a classic, broadening our understanding of grief." - Kenneth J. Doka, The College of New Rochelle, New York, USA

This text is a valuable resource for clinicians who work with clients dealing with non-death, nonfinite, and ambiguous losses in their lives. It explores adjustment to change, transition, and loss from the perspective of the latest thinking in bereavement theory and research.

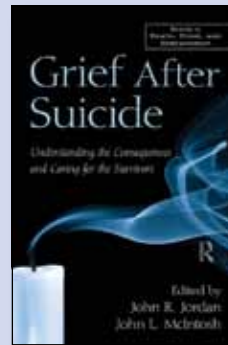
2010: 291pp.

Hb: 978-0-415-87528-8: £53.00/\$95.00

Pb: 978-0-415-87529-5: £19.95/\$34.95

Series in Death, Dying, and Bereavement

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Grief After Suicide

Understanding the Consequences and Caring for the Survivors

Edited by **John R. Jordan**, The Family Loss Project, Massachusetts, USA, and **John L. McIntosh**, Indiana University-South Bend, USA

This edited volume addresses the need for an up-to-date, professionally-oriented summary of the clinical and research

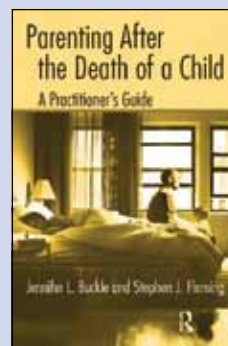
literature on the impact of suicide bereavement on survivors.

2010: 574pp.

Hb: 978-0-415-99355-5: £24.95/\$39.95

Series in Death, Dying, and Bereavement

www.routledge mentalhealth.com/9780415993555



Parenting After the Death of a Child

A Practitioner's Guide

Edited by **Jennifer L. Buckle**, Memorial University of Newfoundland, Canada, and **Stephen J. Fleming**, York University, Ontario, Canada

"Buckle and Fleming have made an important contribution to the underdeveloped literature on parenting

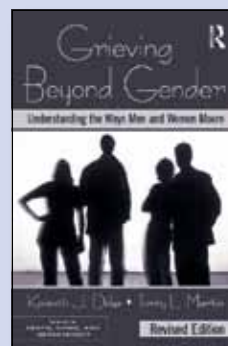
after the death of a child. This book should be in the library of anyone who works with bereaved parents." - Stephen R. Connor, National Hospice and Palliative Care Organization, USA

2010: 226pp.

Hb: 978-0-415-99573-3: £22.00/\$39.95

Series in Death, Dying, and Bereavement

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Grieving Beyond Gender

Understanding the Ways Men and Women Mourn

Revised Edition

Edited by **Kenneth J. Doka**, The College of New Rochelle, New York, USA, and **Terry L. Martin**, Hood College, Maryland, USA

Grieving Beyond Gender is a revision of

Men Don't Cry, Women Do. In this work, Doka and Martin elaborate on their conceptual model of "styles or patterns of grieving" and explore the different ways that individuals grieve.

2010: 258pp.

Hb: 978-0-415-99571-9: £53.00/\$95.00

Pb: 978-0-415-99572-6: £19.00/\$34.95

Series in Death, Dying, and Bereavement

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New Edition!

When Parents Die

Learning to Live with the Loss of a Parent

Third Edition

Rebecca Abrams, freelance journalist and bereavement counsellor, UK

Drawing on her personal and professional experiences, as well as the stories of many others, Rebecca Abrams provides a compassionate and insightful exploration of the experience of losing a parent.

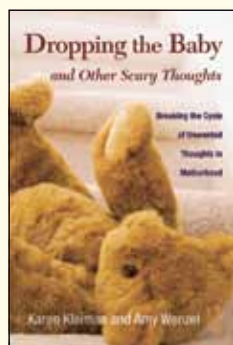
March 2012: 224pp.

Hb: 978-0-415-59011-2: £70.00/\$110.00

Pb: 978-0-415-59012-9: £17.99/\$32.95

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Parenting



d!

Dropping the Baby and Other Scary Thoughts

Breaking the Cycle of Unwanted Thoughts in Motherhood

Karen Kleiman, The Postpartum Stress Center, Pennsylvania, USA, and Amy Wenzel, University of Pennsylvania, USA

"This book removes the shame and stigma surrounding a scary topic that is rarely addressed because it is so highly misunderstood... Kleiman and Wenzel offer specific strategies and reassurance for new mothers who have scary thoughts, while furthering the understanding of those professionals who treat them." - Diana Lynn Barnes, Past President of Postpartum Support International, USA

What if I drop my baby when I go down the steps? What if I burn the baby in the bathtub? Thoughts like these can be frightening to new mothers, but are a common symptom pregnant and postpartum women can experience. *Dropping the Baby and Other Scary Thoughts* addresses the nature of these intrusive, negative and unwanted thoughts. Kleiman and Wenzel offer answers to the women who seek information, clarification, and validation in this useful resource for healthcare professionals working with these mothers.

2010: 267pp.

Hb: 978-0-415-87700-8: £13.99/\$24.95

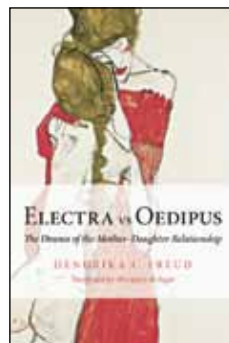
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Also by Karen Kleiman



Therapy and the Postpartum Woman: Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek their Help

Hb: 978-0-415-98996-1: 2008: 360pp. £27.95/\$44.95

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Electra vs Oedipus

The Drama of the Mother-Daughter Relationship

Hendrika C. Freud, in private practice, The Netherlands

Translated by Marjolijn de Jager

Electra vs Oedipus explores the deeply complex and often turbulent relationship between mothers and daughters. In contrast to Sigmund

Freud's conviction that the father is the central figure, the book puts forward the notion that women are in fact far more (pre) occupied with their mother.

2010: 216pp.

Hb: 978-0-415-54796-3: £60.00/\$99.00

Pb: 978-0-415-54797-0: £22.99/\$36.95

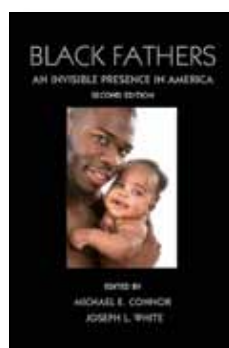
www.routledge.com/9780415547970**New Edition!**

Black Fathers

An Invisible Presence in America

Second Edition

Edited by Michael E. Connor, Alliant International University, California, USA, and Joseph L. White, University of California-Irvine, USA



This book offers a broader, more positive picture of African American fathers. Featuring case studies of African-descended fathers, this edited volume brings to life the achievements and challenges of being black fathers in America. Leading scholars and practitioners provide unique insight into this understudied population.

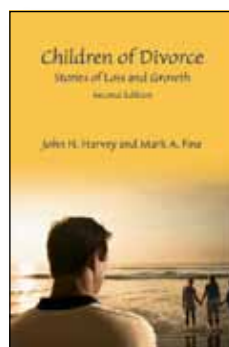
April 2011: 302pp.

Hb: 978-0-415-88366-5: £54.95/\$90.00

Pb: 978-0-415-88367-2: £24.95/\$39.95

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Children of Divorce

Stories of Loss and Growth

Second Edition

John H. Harvey, University of Iowa, USA, and Mark A. Fine, University of Missouri-Columbia, USA

Featuring excerpts of essays collected from over one thousand young adults while in the throes of divorce, this book paints a picture of the pain and the hope shown by the storytellers.

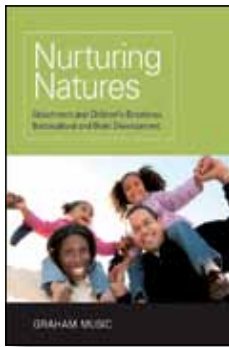
2010: 192pp.

Hb: 978-0-415-87256-0: £29.95/\$49.95

Pb: 978-0-415-87258-4: £17.50/\$29.95

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Nurturing Natures Attachment and Children's Emotional, Sociocultural and Brain Development

Graham Music, Tavistock Clinic, London, UK

"This book is a tour de force... This superb book should be on the bookshelf of all child mental health professionals." - **Peter Fonagy**, University College London, UK

This book provides an indispensable account of current understandings of children's emotional development. Integrating the latest research findings from areas such as attachment theory, neuroscience and developmental psychology, it weaves these into a readable and easy to digest text.

2010: 336pp.

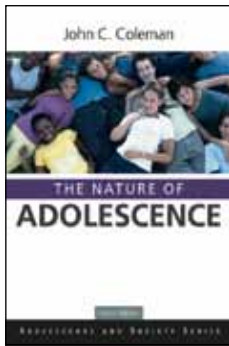
Hb: 978-1-84872-052-7: £45.00/\$80.00

Pb: 978-1-84872-057-2: £24.95/\$42.50

Published by Psychology Press

www.psypress.com/9781848720572

e-Examination copy available



The Nature of Adolescence

Fourth Edition

John C. Coleman, Oxford University, UK

The new edition of this successful textbook provides an up-to-date introduction to all of the key features of adolescent development. While drawing on the North American literature on adolescence, it highlights European perspectives and also provides unique

coverage of the topic by summarising and reviewing what is known about adolescence from a British viewpoint.

2010: 288pp.

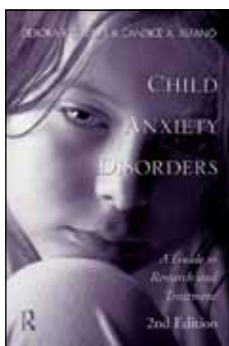
Hb: 978-0-415-56419-9: £52.50/\$95.00

Pb: 978-0-415-56420-5: £19.95/\$31.95

Series: *Adolescence and Society*

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Examination copy available



New Edition!

Child Anxiety Disorders A Guide to Research and Treatment

Second Edition

Deborah C. Beidel, University of Central Florida, Florida, USA, and **Candice A. Alfano**, The George Washington University School of Medicine, Washington D.C., USA

Childhood anxiety disorders represent one of the most common psychological disorders found among the general population. They can be serious, distressful, and functionally impairing, so much so that there has been an explosion of interest in their treatment, primarily from pharmacological and cognitive-

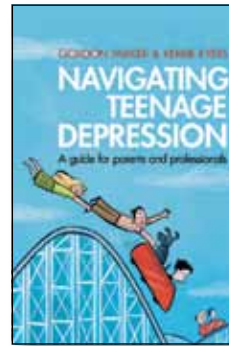
behavioral perspectives. Addressing these perspectives is the second edition of *Child Anxiety Disorders*, by Drs. Beidel and Alfano.

CONTENTS: Part I: Overview of Childhood Anxiety Disorders. An Introduction to Children's Fears. An Introduction to Childhood Anxiety Disorders. Developmental Considerations. Sleep and Anxiety Disorders. Etiological Factors in the Development of Anxiety Disorders. **Part II: Anxiety Disorders in Children.** Excessive Worry and Generalized Anxiety Disorder. Sleep Phobias. Separation Anxiety Disorder. Social Phobia and Selective Mutism. Obsessive-Compulsive Disorder and Trichotillomania. Panic Disorder. Posttraumatic Stress Disorder.

January 2011: 544pp.

Hb: 978-0-415-87373-4: £27.95/\$49.95

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Navigating Teenage Depression

A Guide for Parents
and Professionals

Gordon Parker and **Kerrie Eyers**, both at Black Dog Institute, Sydney, Australia

"A 'must' read for parents and for professionals." - **Professor Sir Michael Rutter**, Institute of Psychiatry, London, UK

First symptoms of depression often occur during teenage years, and it can be a disturbing and confusing time for families as well as the teenager themselves. In this book experienced clinician and researcher Gordon Parker explains how to systematically identify different mood disorders and contributing factors.

2010: 240pp.

Pb: 978-0-415-58337-4: £9.99/\$17.95

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CBT with Children, Adolescents and Families Series



Smith et al.: Post Traumatic Stress Disorder

Hb: 978-0-415-39163-4: 2009: 224pp. £60.00/\$95.00

Pb: 978-0-415-39164-1: 2009: 224pp. £20.95/\$34.95

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Verduyn et al.: Depression

Pb: 978-0-415-39978-4: 2009: 216pp. £20.95/\$34.95

www.routledge.com/9780415399784

Gowers/Green: Eating Disorders

Hb: 978-0-415-44462-0: 2009: 200pp. £60.00/\$95.00

Pb: 978-0-415-44463-7: 2009: 200pp. £20.95/\$34.95

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Waite/Williams: Obsessive Compulsive Disorder

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Pb: 978-0-415-40389-4: 2009: 208pp. £20.95/\$34.95

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Stallard: Anxiety

Hb: 978-0-415-37256-5: 2008: 224pp. £65.00/\$110.00

Pb: 978-0-415-37255-8: 2008: 224pp. £20.95/\$34.95

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From Garry L. Landreth

New Edition!

Play Therapy

The Art of the Relationship

Third Edition

Garry L. Landreth, University of North Texas, USA

Play Therapy: The Art of the Relationship is a text for graduate-level counseling students in play therapy courses. It provides comprehensive and detailed information for creating therapeutic relationships with children and facilitating the play therapy process. Landreth stresses the importance of understanding the child's world and perspective, allowing play therapists to fully connect with them. Although there is this emphasis on the experiential aspect, the relevant research and theory are still considered. The author presents descriptions of play and the history of play therapy, child and therapist characteristics, play room set-up and materials, and working with parents. Guidelines, transcripts, and case examples are provided for governing sensitive issues at every stage of the therapeutic process, from the first meeting to the end of the relationship.

January 2012: 448pp.

Hb: 978-0-415-88681-9: £27.95/\$44.95

www.routledgeentalhealth.com/9780415886819

Examination copy available



Bratton et al.: Child Parent Relationship Therapy (CPRT) Treatment Manual: A 10-Session Filial Therapy Model for Training Parents

Pb: 978-0-415-95212-5: 2006: 272pp. £24.95/\$39.95

www.routledgeentalhealth.com/9780415952125



Winner – Best Practices in Parent/Family Education Award for 2010 from the Texas Association of Parent Educators!

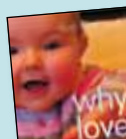
Landreth/Bratton: Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model

Hb: 978-0-415-95110-4: 2005: 512pp. £27.95/\$44.95

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Also Available



Gerhardt: Why Love Matters: How Affection Shapes a Baby's Brain

Pb: 978-1-58391-817-3: 2004: 256pp. £9.99/\$18.00

www.routledgeentalhealth.com/9781583918173



Strahan et al.: Parenting with Reason: Evidence-Based Approaches to Parenting Dilemmas

Hb: 978-0-415-41328-2: 2009: 376pp. £37.50/\$69.95

Pb: 978-0-415-41329-9: 2009: 376pp. £11.95/\$19.95

Series: *Parent and Child*

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From Howard G. Rosenthal



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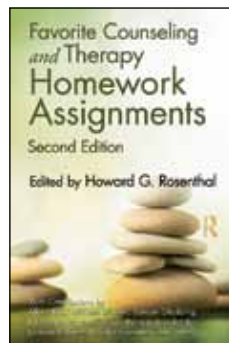
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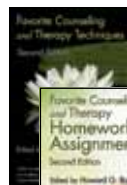
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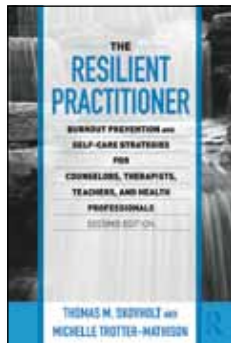
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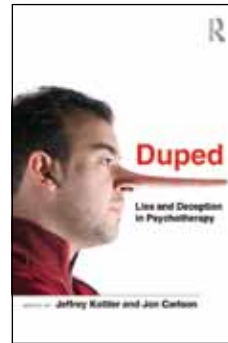
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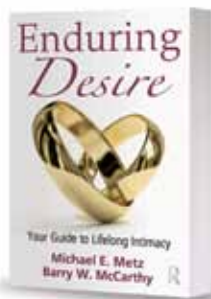
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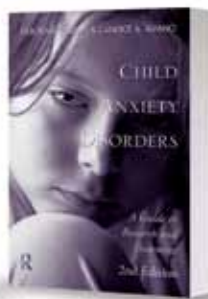
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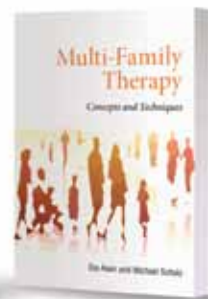
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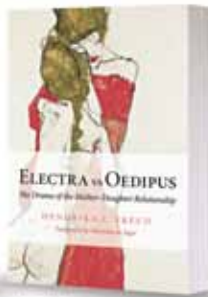
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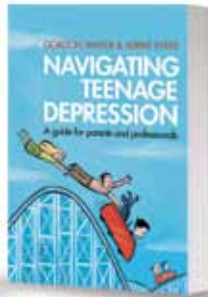
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