

Questionnaire 3: Features in your job

(A printable version of this questionnaire is available at www.psypress.com/joyofwork)

Considering all aspects of your job in the past few weeks, please summarize that by placing a circle around the appropriate number in each case below.

		The amount of the feature available to me is:						
		Very much too low	Much too low	Slightly too low	About right	Slightly too high	Much too high	Very much too high
1	Personal influence (What you can change)	1	2	3	4	5	6	7
2	Using your abilities (Applying your strengths)	1	2	3	4	5	6	7
3	Demands and goals (What you have to do)	1	2	3	4	5	6	7
4	Variety (Different activities)	1	2	3	4	5	6	7
5	Clear requirements and outlook (Not too much uncertainty)	1	2	3	4	5	6	7
6	Social contacts (Enough and good dealings with others)	1	2	3	4	5	6	7

		Very much too low	Much too low	Slightly too low	About right	Quite acceptable	Very acceptable	Extremely acceptable
7	Money (Getting paid)	1	2	3	4	5	6	7
8	Adequate physical setting (Working conditions)	1	2	3	4	5	6	7
9	A valued role (Social consequences and self-worth)	1	2	3	4	5	6	7
10	Supportive supervision (Helpful in getting the job done)	1	2	3	4	5	6	7
11	Good career outlook (Security and prospects)	1	2	3	4	5	6	7
12	Fair treatment (For employees and others)	1	2	3	4	5	6	7

Today's date: